



SEVEN SEAS CRUISES®

OPTIONAL SHORE EXCURSIONS

ATHENS (PIRAEUS), GREECE to ROME (CIVITAVECCHIA), ITALY

SS MARINER July 03, 2023

Welcome Ashore!

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call.

Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Shore Excursion Points of Distinction

Professional English-speaking experts to guide you through your journey.

Peace of mind knowing that your excursions are monitored by the ship's staff.

A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port.

Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

Reserve Your Excursions Online!

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website www.rssc.com offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit www.rssc.com today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

❖ ISTANBUL, TURKEY

IST-007 MAGNIFICENT LEGACIES WITH SPICE MARKET

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: July 05, 2023 08:15 AM

Date: July 06, 2023 08:00 AM

Cherish revered landmarks included in Istanbul's UNESCO World Heritage site designation on this engaging tour, including a 16th-century mosque, a museum housed in a historic church and a massive underground cistern, and roam an aromatic bazaar. Drive to the mid-16th-century Rustem Pasa Mosque, designed by architect Mimar Sinan and famed for its exquisite red tiles. You'll learn this color was much more difficult to achieve, so the preponderance of red-hued Iznik tiles distinguishes this mosque from all others. Appreciate its intricately carved doors and gilded trim work, which exemplify the small mosque's artistic beauty. You'll discover the 8th-century Byzantine Greek Orthodox Church of the Holy Savior, now the Chora Museum, esteemed for its mosaics and frescoes that depict themes from the Bible. At the Basilica Cistern, the largest of several hundred ancient cisterns lying beneath Istanbul, marvel at the more than 300 beautiful columns of various designs that support its vaulted brick roof. You'll stroll the sprawling and exotically fragranced Spice Market, constructed in 1664 as part of an imperial mosque complex, and experience the sights, sounds and smells of its seemingly endless supply of spices, dried fruits and locally made merchandise such as jewelry and pottery.

- Visit the enchanting Rustem Pasa Mosque, renowned for its use of red Iznik tiles.
- Survey Bible-themed mosaics and frescoes at the Chora Museum, once a Greek Orthodox church.
- Explore the stunning Basilica Cistern and view its barrel-vaulted brick roof, which is supported by over 300 columns.
- Wander the bustling Spice Market, which brims with spices, dried fruits and myriad locally produced products.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a mosque visit; men should wear long trousers and women should cover their hair, arms and knees.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of walking. There will be numerous steps and uneven surfaces to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them, but it is not recommended. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Wheelchairs are not allowed in the Rustem Pasa Mosque and guests who utilize a wheelchair must wait outside in the garden. The order of sites viewed or visited may vary to avoid crowds. Please expect dense traffic conditions in Istanbul. The Chora Museum is closed on Wednesdays and will be replaced with a visit to Hagia Sophia. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-GL3 ASIAN ISTANBUL - FROM KADIKOY TO MODA

Duration: 6.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00



GL



Date: July 05, 2023 08:20 AM

Take the ferry across the Golden Horn to the Asian side of Istanbul and experience local life in two engaging, trend-setting neighborhoods. A short tram ride will then bring you to the Moda district, a gentrified area with a creative edge. While meandering about, you will see Greek and Armenian churches next to mosques and a wonderful mix of people from all nationalities. You will get an even more authentic feel while pausing for a cup of coffee at a café. A downtown walk will bring you to Kadikoy, a once sleepy neighborhood that has become a hip hotspot full of cafés and bars. Along the way, you will pass a variety of antique shops and stores selling merchandise ranging from household goods to the traditional candy lokum. Also called Turkish Delight, lokum is often flavored with coconut, dates, almonds or ginger. Lunch follows, after which you will meander through a market that will be abuzz with activity.

- Take a ferry across the Golden Horn, one of the primary inlets of the Bosphorus.
- Explore the creative, gentrified neighborhood of Moda and pause for a cup of coffee.
- Meander through the hip neighborhood of Kadikoy and enjoy a traditional lunch.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes two to three hours of walking and standing with some inclines and cobblestone surfaces to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-001 BYZANTINE HIGHLIGHTS OF ISTANBUL

Duration: 7.00 Hrs Tour Price: \$79.00

Retail Price: \$229.00



Date: July 05, 2023 08:30 AM

Explore the most iconic attractions in Istanbul, many of them erected when the city was known as the Byzantine capital Constantinople. For an introduction into that time period, you will browse the Chora Museum, home to an array of mosaics and frescoes that reflect the rebirth of Byzantine art. After passing the remains of the 3rd-century Hippodrome, you will discover the treasures within the Hagia Sophia museum. Although known for its one-of-a-kind artwork, the Hagia Sophia is even more famous for its dome, an engineering feat that was revolutionary when constructed in the 6th century. The former cathedral was once the world's largest building. Istanbul is just as fascinating underground, as you will see at an enormous ancient cistern that was built to store water for the palace. Free time follows at the Grand Bazaar, the world's largest and oldest covered marketplace. It contains more than 5,000 shops selling everything imaginable.

- See signature attractions that have defined Istanbul over the centuries.
- Browse the extraordinary collections of art in the Chora Museum and Hagia Sophia.
- Pass the remains of the 3rd-century Hippodrome, which could hold 100,000 spectators.
- Behold a sprawling 6th-century underground cistern that is dramatically illuminated.
- Spend free time shopping the Grand Bazaar, which has more than 5,000 shops.
- Dress in weather-appropriate clothing. · Wear flat comfortable walking shoes.

This tour includes moderate walking with long periods of standing. The underground cistern is not wheelchair accessible. On Wednesdays, the Chora Museum is closed and will be replaced by the Archaeological Museum. Guests who choose to be dropped off at the Grand Bazaar following the tour must make their way back to the ship via taxi at their own expense. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

2

IST-004 BEST OF ISTANBUL

Duration: 7.00 Hrs Tour Price: \$99.00

Retail Price: \$249.00



Date: July 05, 2023 08:30 AM

Admire Istanbul's must-see landmarks on this fascinating tour that features several sites included in the city's coveted UNESCO World Heritage site designation as well as a delicious lunch. Enjoy a short drive to the early 17th-century Blue Mosque, the world's only mosque featuring six minarets, which was built and named after Sultan Ahmed I and whose colorful moniker derives from the 21,000 blue-green Iznik tiles that adorn the interior. Nearby, you'll notice the remains of the city's ancient hippodrome, once a popular circus for entertainment and sporting events, especially chariot racing, during the glory days of Constantinople. Experience the remarkable Hagia Sophia and stand in awe of the green and purple columns supporting the massive dome, purple being a sacred color of the Byzantine Empire. Atop the hill where the Acropolis of Byzantium once stood, you'll discover the walled Topkapi Palace, official residence of Ottoman sultans for nearly 400 years and now a museum focused on the imperial era. Following a delightful buffet lunch at an exclusive Istanbul hotel, savor time on your own at the Grand Bazaar, the world's largest and oldest covered market, the perfect way to cap off your marvelous excursion.

- Tour key landmarks included in Istanbul's UNESCO World Heritage site designation.
- Visit the 17th-century Blue Mosque, which features six minarets and an interior showcasing 21,000 blue-green Iznik tiles.
- See the remains of the hippodrome, popular for sporting events during Constantinople's heyday.
- View breathtaking Hagia Sophia, which many historians consider the 8th Wonder of the World.
- Explore gorgeous Topkapi Palace, the long-time residence of Ottoman sultans.
- Relish a tasty buffet lunch at a chic hotel before appreciating free time at the famed Grand Bazaar.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a mosque visit; men should wear long trousers and women should cover their hair, arms and knees.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 3 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Topkapi Palace will be replaced on Tuesdays with the Beylerbeyi Palace. The covered section of the Grand Bazaar is closed on Sundays and will be replaced with an orientation drive along the Golden Horn and city walls. Hagia Sophia Museum is closed on Mondays and will be replaced with the Chora Museum. The Blue Mosque will be closed to all visitors until after 2:30pm on Fridays. Morning tours will have an exterior visit only. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-018 ISTANBUL LANDMARKS

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$109.00



Date: July 05, 2023 08:30 AM

Date: July 06, 2023 08:30 AM

Visit several iconic landmarks recognized by UNESCO as pearls of Istanbul's World Heritage site designation and roam a bustling bazaar on this arresting tour. Travel to the early 17th-century Blue Mosque, the world's only mosque featuring six minarets, and whose colorful moniker derives from the 21,000 blue-green Iznik tiles that adorn the interior. Nearby, you'll notice the remains of the city's ancient hippodrome, once a popular circus for entertainment and sporting events, especially chariot racing, during the glory days of Constantinople. Visit remarkable Hagia Sophia, first erected by Emperor Constantine in AD 325 as a Greek Orthodox Christian basilica, later converted to an Ottoman imperial mosque and now a museum, a storied sanctuary nominated by many historians to be the 8th Wonder of the World. Gaze at the sculptural minarets towering above the dome and learn they were added in 1453 after Istanbul's conquest. You'll enjoy an approximately one-hour stroll through the spectacular Grand Bazaar, Turkey's oldest and largest covered marketplace, and find a staggering wealth of merchandise in its more than 4,000 shops, a delightful end to your illuminating excursion.

- Take in several landmarks included in Istanbul's UNESCO World Heritage site designation.
- Visit the 17th-century Blue Mosque, which features six minarets and an interior showcasing 21,000 blue-green Iznik tiles.
- See the remains of the hippodrome, popular for sporting events during Constantinople's heyday.
- View breathtaking Hagia Sophia, which many historians consider the 8th Wonder of the World.
- Look up at Hagia Sophia's soaring minarets, added in the 15th century after the Ottoman conquest.
- Discover an astonishing amount of merchandise available at over 4,000 shops of the Grand Bazaar.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a mosque visit; men should wear long trousers and women should cover their hair, arms and knees.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately just over 2 ½ hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some steps to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests who utilize a wheelchair but who are not able to climb the steps may wait outside the mosque. Guests with mobility concerns are cautioned to carefully evaluate their personal level of ability and stamina. The order of the sites viewed or visited may vary in order to avoid the crowds. Please expect dense traffic conditions in Istanbul. The Blue Mosque will be closed to all visitors until after 2:30 pm on Fridays. Morning tours will have an exterior visit only. On Mondays, the Hagia Sophia Museum will be replaced with the Chora Museum. On Sundays, the Grand Bazaar is replaced with a visit to the Spice Market. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

3

IST-019 OTTOMAN WONDERS WITH VISIT TO SPICE MARKET

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$79.00



Date: July 05, 2023 08:30 AM

Date: July 06, 2023 08:40 AM

Rejoice in the stunning architecture and enticing aromas of Istanbul on this alluring tour of the Suleymaniye Mosque and Topkapi Palace, the latter included as jewels of Istanbul's UNESCO World Heritage site designation, and roam a fragrant market. Travel to Suleymaniye Mosque, a magnificent monument atop the waterfront skyline of Istanbul. It is a work, which typifies the Ottoman Empire at its peak, and holds the graves of Sultan Suleymaniye, and the greatest imperial architect of the era, Mimar Sinan. Upon the hill where the Acropolis of Byzantium once stood, discover the walled Topkapi Palace, official residence of Ottoman sultans for nearly 400 years. Marvel at its mosques, expansive harem and elaborate pavilions, where rich collections of French, Japanese and Chinese porcelain are on display. You'll visit the sprawling and exotically fragranced Spice Market, constructed in 1664 as part of an imperial mosque complex, and experience the sights, sounds and smells of its seemingly endless supply of spices, dried fruits and locally made merchandise such as jewelry and pottery. You'll long remember your immersion into Istanbul's bewitching wonders.

- Admire key landmarks included in Istanbul's UNESCO World Heritage site designation.
- Visit the Suleymaniye Mosque, which symbolizes the Ottoman Empire at its peak
- Explore gorgeous Topkapi Palace, the long-time residence of Ottoman sultans.
- Survey Topkapi Palace's extensive harem, impressive fountains and ornate pavilions.
- Wander the bustling Spice Market, which brims with spices, dried fruits and myriad locally produced products.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a mosque visit; men should wear long trousers and women should cover their hair, arms and knees.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be steps to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to carefully evaluate their personal level of ability and stamina. The Topkapi Palace is closed on Tuesdays, so a visit to Beylerbeyi Palace will be substituted. The Blue Mosque will be closed to all visitors until after 2:30 pm on Fridays. Morning tours will have an exterior visit only. The order of the sites viewed or visited may vary to avoid the crowds. Please expect dense traffic conditions in Istanbul. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-GL1 OLD NEIGHBORHOODS OF ISTANBUL

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$119.00



Date: July 05, 2023 08:30 AM, 01:15 PM

Date: July 06, 2023 09:15 AM

Explore three distinctly different neighborhoods on the Asian side of the Bosphorus, each enchanting in its own way. A drive through the Eurasia Tunnel will bring you to the Kuzguncuk district, which has long been admired for its history of peaceful coexistence. Jews, Greeks, Armenians and Turks live there in harmony side by side, and you will notice a mosque, church and synagogue right next to each other. Later, you will pass the Kulelli Military High School where Kemal Atatürk, the founder and first president of the Republic of Turkey, studied. It is on the way to Cengelkoy, another area known for its civility. There, in the shade of a 700-year-old plane tree, you will enjoy a beverage and the serenity. The fishing village of Kanlica is known first and foremost for its firm, creamy yoghurt made with castor sugar. You will enjoy a cup of the yoghurt in the village now synonymous with it.

- Travel from Europe to Asia on a five-minute drive through the Eurasia Tunnel.
- Observe a harmonious neighborhood where different ethnicities live side by side.
- Admire the serenity of Cengelkoy, another well-known highly civil neighborhood.
- Sample a style of Turkish yoghurt in a town synonymous with it.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about two hours of walking and standing with some inclines and cobblestone surfaces to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-GL2 OTTOMAN INNS OF ISTANBUL

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$119.00



Date: July 05, 2023 08:30 AM, 01:30 PM

Date: July 06, 2023 08:45 AM

Travel through some of the most atmospheric districts in Istanbul, exploring the historical inns where visiting merchants from around the world once stayed. On the way, you will pass the Sirkeci train station, where passengers first boarded the Orient Express in 1883. Upon reaching the nearby Sultanhamam district, you will browse several Ottoman inns as the guide describes how the trade system worked and how it has changed in modern times. You will then walk across the Galata Bridge that spans the Golden Horn and explore a district where Greeks and Jews primarily lived during the Ottoman period. A subway ride follows along a route that was part of an underground railway system that was constructed in the late 1870s. Upon arriving in the Beyoglu district, you will meander down Istiklal Street, which features stunning 19th-century neoclassical and art nouveau architecture. As you will see, the inns here are also impressive.

- Wander through historical Ottoman inns where foreign and local merchants stayed.
- Learn how the trade system worked during the Ottoman period and how it has changed.
- Ride the subway along a route that was constructed nearly 150 years ago.
- See the extraordinary neoclassical and art nouveau architecture in the Beyoglu district.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 2½ hours of walking and standing with some inclines and cobblestone surfaces to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

IST-016 BEYLERBEYI PALACE & ASIAN ISTANBUL

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$119.00



Date: July 05, 2023 08:40 AM

Date: July 06, 2023 09:00 AM

Spend time in Asian Istanbul, surveying a massive palace and a stirring modern mosque, then enjoying a relaxing seaside tea. Settle in for a drive across the world's fifth-longest suspension bridge to the Asian side of the city, and arrive at the opulent Beylerbeyi palace. You'll discover that the 19th-century royal residence, built by Sultan Abdul Aziz, contains 26 rooms and several large halls and was designed for use as a summer palace and guest house for foreign dignitaries visiting the Ottoman Empire. View an elaborately decorated reception hall, which features a twisting staircase surrounded by splendid examples of Islamic art and style. Notice the Egyptian hasir, or reed mats, on the floors and examine the solid marble pool and fountain. After your interior tour, admire the royal stables and terraced gardens, which offer sweeping views of the cobalt Bosphorus. On the shores of the glittering Marmara Sea, find the contemporary Sakirin Mosque, a feast of circular design and futuristic arches, and the Salacak neighborhood, where you'll savor tea and marvel at enticing views of Istanbul's historic Old Town as you review your precious memories of Asian Istanbul's delights.

- Journey to the Asian side of Istanbul across the world's fifth-longest suspension bridge.
- Tour the luxurious 19th-century Beylerbeyi Palace, a 26-room royal residence designed by a sultan.
- Take in the palace's elaborate decoration, impressive Islamic artwork, royal stables and panoramic Bosphorus vistas.
- View the modern Sakirin Mosque, featuring numerous arches and circular design.
- Relish delicious tea and absorbing views of Istanbul's Old Town and the Marmara Sea.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a mosque visit; men should wear long trousers and women should cover their hair, arms and knees.
- Bring a hat, sunglasses and sunscreen.

This tour involves extensive walking and standing. There will be steps negotiate. The tour is not available to guests who utilize a wheelchair and is not recommended for guests with mobility concerns. The duration of the excursion may be affected by dense traffic congestion. The order of sites viewed or visited may vary. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-009 CRUISE ON THE BOSPHORUS

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: July 05, 2023 08:45 AM

Date: July 06, 2023 08:30 AM

Blend an exploration of a renowned private Turkish museum with a scenic Bosphorus cruise for an especially enjoyable and illuminating tour. Take a leisurely drive through Istanbul to the marvelous Sadberk Hanim Museum, which is the first private museum in Turkey and is attractively housed in a restored waterfront villa. You'll examine an impressive collection of Ottoman art and furnishings, beguiling Anatolian antiquities and captivating Islamic art. After your museum visit, board a boat for a cruise along the picturesque Bosphorus, which snakes through Istanbul, dividing its European and Asian portions. Along the strait's heavily populated shores, view spectacular vistas of seaside mansions, mosques, palaces and the imposing Rumelihisari, or Bogazkesen Castle, a 15th-century medieval fortress. Gliding along with sea breezes wafting around you, revel in the idyllic charm of this seagoing excursion filled with postcard-perfect sights.

- Visit the inviting Sadberk Hanim Museum, a private museum located in a restored seaside villa.
- Survey the museum's intriguing displays of Ottoman, Anatolian and Islamic art and antiquities.
- Cruise the glittering Bosphorus, sighting mosques, palaces and mansions on the European and Asian sides.
- Sail past the Rumelihisari, a stately 15th-century medieval fortress.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of walking. There will be a staircase to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The order of the sites viewed or visited may vary to avoid the crowds. Please expect dense traffic conditions in Istanbul. The Sadberk Hanim Museum is closed on Wednesdays and will be replaced with a visit to the Spice Market instead. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-010 PANORAMIC ISTANBUL

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$79.00



Date: July 05, 2023 09:00 AM

Date: July 06, 2023 09:00 AM

As you journey through this splendid city, you will see the best of both continents, beginning with a motorcoach ride from the pier, across the bridge spanning the lovely Bosphorus, and into Asia. Your guide will point out Dolmabahce Palace, a 19th-century Neo-Classical palace sitting gracefully on the European shore. Heading back across to Europe, you'll pass the ancient city walls and arrive at the Byzantine Hippodrome that once seated 100,000, and from there your guide will give you explanations about the history of Blue Mosque and St. Sophia Museum from outside. Final stop will be at the Grand Bazaar, the legendary covered market, the largest in the world, where you can take a slice of Istanbul home with you.

- Cross the first suspension bridge built across the glittering Bosphorus, which divides Europe from Asia.
- Marvel at the myriad architectural influences found in the city's churches, synagogues, mosques and houses.
- Take in landmarks included in Istanbul's UNESCO World Heritage site designation.
- Discover an astonishing amount of merchandise available at over 4,000 shops in the Grand Bazaar.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 1 hour of walking plus any additional walking at the guests' discretion during free time. It is available to wheelchair guests who are able to make their way on and off the coach. Comfortable, flat walking shoes are strongly recommended. When Grand Bazaar is closed (on Sundays), the visit will be replaced by Spice Market and the tour duration will be shortened by 30 min. The order of the sites visited may change to avoid the crowds. Please expect dense traffic conditions in Istanbul. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

5

IST-022 A DAY AT DOLMABAHÇE PALACE

Duration: 7.00 Hrs Tour Price: \$179.00

Retail Price: \$339.00



Date: July 05, 2023 09:00 AM

Discover how the last Ottoman sultan lived by browsing Dolmabahçe Palace and the magnificent museum now housed inside. Dolmabahçe means “filled garden,” a reference to the palace being built atop fill dirt that was added to a shallow bay on the European side of the Bosphorus Strait. You will visit the palace’s three main sections: the administrative apartments, the ceremonial hall and the imperial harem. All of them are lavishly decorated, as befitting a 19th-century palace. Portraits created to immortalize the sultans of the Ottoman Empire hang in the National Palaces Painting Museum that now occupies the former crown princes’ residence. In keeping with the palatial theme, lunch follows at the former Ciragan Palace, now a hotel with a spectacular restaurant overlooking the Bosphorus. Later, you will cruise this legendary strait that divides Europe to the west from Asia to the east. From the water, you will gain an entirely different perspective of Istanbul.

- Explore lavish Dolmabahçe Palace, the 19th-century home of the last Ottoman sultan.
- Browse the art museum in the former residence of the crown princes.
- Dine at a restaurant in a former palace overlooking the Bosphorus Strait.
- Cruise the Bosphorus for a unique perspective of Istanbul from the water.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 3 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-023 DISCOVER THE HISTORICAL BOSPHORUS

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: July 05, 2023 09:00 AM

Date: July 06, 2023 08:45 AM

Cruise the Bosphorus Strait that divides Europe from Asia and explore a spectacularly historical district on each continent. Along the way, you will pass under iconic bridges and past ornate mansions known as yalis. Commentary will describe key landmarks such as the 19th-century Dolmabahçe Palace, a home so lavish its construction nearly bankrupted the imperial family. Your private boat will dock at Ortaköy so you can explore this enticing district on the European side of Istanbul. Highlights include the Esma Sultan mansion, a former yali whose fire-damaged shell now wraps a magnificent event space. You will likely see mosques, churches and synagogues side by side, a testament to the religious harmony within the district. More fascinating sights await you in Kanlica on the Asian side of Istanbul. Despite the many beautiful waterfront villas, Kanlica is known more for its creamy yoghurt traditionally made with castor sugar. A tasting will reveal why it is so celebrated.

- Cruise the legendary Bosphorus Strait that forms the boundary between Europe and Asia.
- Walk through Ortaköy, an architecturally rich district on the European side of Istanbul.
- Browse the Kanlica district on the Asian side of Istanbul and sample its famed yoghurt.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking. Due to cobbled stone streets and boats are not being wheelchair accessible this tour is not recommended to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

IST-024 TOUR GOLDEN HORN & BALAT DISTRICTS

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: July 05, 2023 09:15 AM

Date: July 06, 2023 09:00 AM

Cruise the glorious Golden Horn as a prelude to meandering through Balat, a historical yet trendy neighborhood known for its colorful architecture. A large natural harbor on the European side of Istanbul, the Golden Horn is named for its shape and the shimmering golden color it takes on at sunset. It is magnificent to cruise any time of the day as you will discover on the way to Balat, one of Istanbul’s oldest districts. As you walk its lively cobbled streets, the guide will describe the many Jewish, Greek, Turkish and Latin influences that reflect the wonderful diversity within Balat. Architectural treasures include a Bulgarian Orthodox church made with prefabricated cast-iron elements and the oldest surviving Greek Orthodox school, known as the Red Castle for its castellated red-brick façade. In the late 1400s, the sultan welcomed Jews to Balat that were persecuted under the Spanish Inquisition, but many of them left after the devastating 1894 earthquake.

- Cruise the famed Golden Horn, a natural harbor named for its golden hue at sunset.
- Meander through Balat, one of Istanbul’s oldest and most ethnically diverse districts.
- Enjoy Balat’s vibrant, fashionable ambiance while admiring its colorful architecture.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking. Due to cobbled stone streets and boats are not being wheelchair accessible this tour is not recommended to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

6

IST-005 DOLMABAÇE AND TEA AT THE CİRAGAN

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: July 05, 2023 01:30 PM

Discover Istanbul's beauty, culture and history during scenic visits to the magnificent Dolmabahçe Palace and arresting Çiragan Palace, now the deluxe Kempinski Hotel. Applaud the glorious Dolmabahçe Palace, built between 1843 and 1856 by the chief architect of Sultan Abdülmecid, Garabet Balyan, who created an intriguing blend of several European styles. During your guided walking tour, you'll find the palace's extraordinary décor is still largely intact. Marvel at ornate wood parquet floors, fine silk and wool carpets, paintings by renowned artists of the day, brilliant crystal chandeliers, candelabras, fireplaces and a wide array of handmade objects. After viewing the Sultan's exquisite alabaster bathroom, see a lovely ballroom that showcases a 4 ½-ton chandelier hanging from its 117-foot-high dome. In the palace's harem section, you'll observe the bedrooms of the Sultan, his mother, his harem and servants. At the Çiragan Palace, now the sought-after Kempinski Hotel, you'll take tea in the hotel's inviting palace section, which features alluring views of the glittering Bosphorus, and imagine the opulent life of past royalty in these superb residences.

- Consider the privileged life of a Sultan as you tour two spectacular Istanbul palaces.
- Explore the mid-19th-century Dolmabahçe Palace, a blend of several European architectural styles.
- Admire Dolmabahçe Palace's paintings, silk carpets, parquet floors and 4 ½-ton crystal chandelier.
- See the bedchambers of the sultan and his ornately carved alabaster bathroom.
- Savor tea in the breathtaking Çiragan Palace, now the acclaimed Kempinski Hotel, which overlooks the cobalt Bosphorus.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes a considerable amount of walking. There will be a staircase to negotiate. The tour is not recommended for guests with mobility concerns or guests who utilize a wheelchair. This tour must be pre-booked at least 48 hours in advance. It cannot operate on Mondays or Thursdays as the Dolmabahçe Palace is closed. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

IST-013 ISTANBUL BY NIGHT

Duration: 3.50 Hrs Tour Price: \$79.00

Retail Price: \$229.00



Date: July 05, 2023 07:30 PM

Enjoy a panoramic drive through the most historical areas of Istanbul at night, when the city will be illuminated and absolutely mesmerizing. To reach the Old Town, you will cross Galata Bridge, which spans the Golden Horn, a waterway named for the shimmering golden color it takes on as the sun sets. You will then pass the so-called new mosque, which was constructed in the 17th century, on the way to expansive Sultanahmet Square. As you will see firsthand, the square offers extraordinary views of the Blue Mosque and the Hagia Sophia, a former cathedral that was converted into a museum. Both iconic buildings will radiate in the up-lighting, which casts bold shadows that make features such as the soaring minarets look even more dramatic. Upon reaching the Kumkapi quarter, you will settle in at an atmospheric restaurant for a traditional dinner. Chances are, seafood will be on the menu as Kumkapi is renowned for it.

- Drive through Istanbul in the evening, when it will be dramatically illuminated.
- Behold both the Blue Mosque and the Hagia Sophia from Sultanahmet Square.
- Dine on Turkish cuisine at a seafood restaurant in the bustling Kumkapi quarter.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can both make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

7

❖ IZMIR, TURKEY

IZM-013 EPHEBUS & HOUSE OF THE VIRGIN MARY

Duration: 8.75 Hrs **Tour Price:** \$0.00

Retail Price: \$179.00



Date: July 07, 2023 10:15 AM

View the home of the Virgin Mary following the death of Christ until her Assumption, or Dormition, and explore Ephesus, one of the best-preserved ancient cities in the world. Journey to the location believed to be where the Virgin Mary spent her last days and which has become a pilgrimage site for both Christians and Muslims. You'll marvel at 3rd-century BC Ephesus, a UNESCO World Heritage site and once the location of the Temple of Artemis, one of the Seven Wonders of the Ancient World. Discover countless remains of this once-thriving city, such as the 2nd-century Library of Celsus and the Odeon Theater. You'll marvel at the perfect acoustics of the 24,000-seat Great Theater, which is still used today for musical performances. At a lovely five-star hotel, enjoy a bountiful buffet lunch before you travel to the nearby resort town of Kusadasi to shop for souvenirs or famous Turkish carpets. In Selçuk, near Izmir, visit the Ephesus Archaeological Museum to survey collections unearthed from Ephesus' many excavations, including statues of the gods and goddesses who inspired this heavenly region.

- Discover the site thought to be the last home of the Virgin Mary until her Assumption.
- Visit the striking and well-preserved ruins of Ephesus, a UNESCO World Heritage site.
- Marvel at Ephesus' 24,000-seat Great Theater, 2nd-century Library of Celsus and the Odeon Theater.
- Enjoy a delicious buffet lunch at a luxury hotel.
- Relish time to shop for souvenirs, jewelry or handmade Turkish carpets.
- Explore the Ephesus Archaeological Museum to view treasures from the ancient city.
- Wear casual, weather-appropriate clothing.
- Closed-toe athletic shoes or hiking boots are mandatory.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate-to-strenuous walking, plus any additional walking at the guest's discretion during free time. There will be steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. The tour may not be suitable for guests with mobility concerns, who are cautioned to evaluate their personal level of ability and stamina.

IZM-011 PERGAMUM ACROPOLIS & ASCLEPION

Duration: 7.50 Hrs **Tour Price:** \$0.00

Retail Price: \$179.00



Date: July 07, 2023 10:20 AM

Explore Pergamum's most revered ruins, which exemplify its reputation as an ancient center of learning and science. Journey through fertile plains to Pergamum, a UNESCO World Heritage site settled by one civilization after another until its golden age, approximately AD 300, when its citizens invented parchment. You'll tour the remains of the city's library, which contained 200,000 volumes and put Pergamum on par with Alexandria as a cultural center of the Roman Empire. Walk around the acropolis atop a steep hill and realize the city was built to be an inaccessible fortress. You'll also view a 10,000-seat theater built into the hillside, the temples of Trajan and Dionysus, the Altar of Zeus, the Sanctuary of Demeter and the agora. Continue via a sacred road lined with monuments to 4th-century BC Asclepiion, built in honor of Asclepius, Greek god of medicine. Learn the site was an ancient healing center where people came to be cured of diseases diagnosed from their dreams. See remnants of the rehabilitation center, the sacred spring and the mysterious psychotherapy tunnel. Enjoy a flavorful lunch at a specially selected restaurant to cap off your exploration of Turkey's bewitching past.

- Investigate the ruins of Pergamum, a UNESCO World Heritage site where parchment was invented.
- Discover an ancient library that once contained 200,000 books, making Pergamum a noted Roman cultural center.
- Stroll Pergamum's acropolis, whose strategic hilltop placement assured it was nearly impenetrable.
- Survey striking remains such as the Temple of Trajan, the Sanctuary of Demeter and the agora.
- Visit 4th-century BC Asclepiion, an ancient healing center honoring the Greek god of medicine.
- Savor a delicious lunch at a local restaurant.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate-to-strenuous walking/standing. There will be uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Transportation to the acropolis will be by a continuously running cable car, which seats eight guests and takes approximately three to four minutes.

IZM-009 DISCOVER EPHEBUS W/AN EXPERT

Duration: 5.50 Hrs **Tour Price:** \$99.00

Retail Price: \$249.00



Date: July 07, 2023 10:30 AM

Journey back in time during this exclusive, limited-participation tour of the ruins of Ephesus, a UNESCO World Heritage site. After a leisurely drive, you'll arrive in 3rd-century BC Ephesus, one of the largest Roman archaeological sites in the eastern Mediterranean and once the location of the Temple of Artemis, one of the Seven Wonders of the Ancient World. Meet your guide, an expert archaeologist, who will lead you in a discussion about the site. You'll visit the Ephesus Museum's Hall of Artemis and view artifacts and statues unearthed during the excavations of the temple and other key locations around Ephesus. Discover countless remains of this once-thriving city, such as the beautifully restored 2nd-century Library of Celsus and the Odeon Theater. Marvel at the 24,000-seat Great Theater and see the Terrace Houses where Ephesus' wealthiest citizens lived. Savor a delicious repast at a specially selected restaurant in Selçuk, adjacent to the ruins.

- Discover ancient Ephesus, a UNESCO World Heritage site, under the tutelage of an expert archaeologist.
- View parts of Ephesus off-limits to most visitors with a guided look at some of its most breathtaking ruins.
- See relics of the Temple of Artemis, one of the Seven Wonders of the Ancient World.
- Relish a flavorful lunch at a restaurant located near the ancient site.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. There will be some uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Lunch will be provided either before or after the visit in Ephesus, dependent upon your tour departure time. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

8

IZM-003 EPHEBUS & TERRACE HOUSES

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$169.00



Date: July 07, 2023 12:30 PM

Feel modern civilization slip into the ancient past, exploring remains of one of the most vibrant metropolises of the ancient world and its most tony residences on this enthralling tour. After a vista-filled drive, arrive in 3rd-century BC Ephesus, one of the largest Roman archaeological sites in the eastern Mediterranean and once the location of the Temple of Artemis, one of the Seven Wonders of the Ancient World. Discover countless remains of this once-thriving city, a UNESCO World Heritage site, such as the stunning two-story, 2nd-century Library of Celsus, built to honor a Roman senator, and the Odeon Theater, a small salon for plays and concerts that seated 1,500 people. You'll marvel at the perfect acoustics of the 24,000-seat Great Theater, a storied venue where Saint Paul once preached that is still used today for musical performances. To see where Ephesus' wealthiest citizens lived, survey the Terrace Houses, which are richly decorated with mosaics and frescoes and once featured running water, a treasured amenity in the Roman Empire.

- Visit the striking and well-preserved ruins of Ephesus, a UNESCO World Heritage site.
- Admire the authentically restored façade of the AD 125 Library of Celsus, named for a Roman Senator.
- Study striking excavated treasures, such as the Odeon Theater and the public baths.
- Gaze at the breathtaking Great Theater, which seats 24,000 spectators and is still in use.
- Explore the richly ornate Terrace Houses, where the wealthiest residents lived.
- Wear casual, weather-appropriate clothing.
- Closed-toe athletic shoes or hiking boots are mandatory.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 3 hours of walking. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

IZM-012 ANCIENT SARDIS

Duration: 7.50 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: July 07, 2023 12:45 PM

Visit Sardis, capital of the ancient kingdom of Lydia and a flourishing city during the 7th-century BC Persian Empire, on this coach and walking tour. You'll journey to Sardis, the inland terminus of the famous King Road that connected Persia to the Western territories of Asia Minor and the Aegean Sea. Learn that this city was home to King Croesus, whose wealth was famed across empires. You'll explore Sardis' remains via a majestically colonnaded road and pass what was once a massive, two-story gymnasium complex that includes the ruins of a Roman-era synagogue, a shopping arcade, a Roman bath and a Hellenistic theater. Notice the Pactolos River, which bisects the ancient town, and learn it contained gold that was used to strike the kingdom's coins. You'll view the remains of a stadium and the 3rd-century BC temple dedicated to the goddess Artemis, a stunning example of Ionian style. In nearby Salihli, relish a delicious repast of local specialties before your return to Izmir, where you'll enjoy a brief orientation tour of the city.

- Experience the ancient Lydian capital of Sardis, entering the city by roads lined with stately columns.
- See an impressive two-story gymnasium complex that once housed a synagogue.
- Explore remains of a 3rd-century BC temple dedicated to the goddess Artemis.
- Savor an enticing lunch of local specialties in a Salihli restaurant.
- Appreciate a brief familiarization tour of Izmir.
- Wear casual, weather-appropriate clothing.
- Closed-toe athletic shoes or hiking boots are mandatory.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 90 minutes of moderate-to-strenuous walking/standing, plus any additional walking at the guest's discretion during free time. There will be steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. The tour may not be suitable for guests with mobility concerns, who are cautioned to evaluate their personal level of ability and stamina.

IZM-004 PANORAMIC IZMIR

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$169.00



Date: July 07, 2023 01:15 PM

Familiarize yourself with the historical delights of Turkey's third-largest city, known as Smyrna in antiquity. Visit Izmir's Museum of History and Art to browse classical sculptures and artifacts collected during excavations in and near the city. You'll marvel at the open-air Smyrna agora, now called the Izmir Agora Museum, which was the commercial, judicial and political hub of the ancient metropolis and its center for artistic activities and teaching. Discover the base of the northern basilica gate, the ancient shopping center and the stoa, or portico. You'll find the Hellenistic structure was rebuilt in the 2nd century during the Roman era after its destruction in AD 178 by an earthquake. Learn that its reconstruction, under the emperor Marcus Aurelius, followed a plan drawn by Hippodamos, considered the father of European urban design. At the 18th-century Kizlaragasi Hani Bazaar, one of the oldest markets in the city, you'll relish free time to browse, savor a cup of Turkish coffee or perhaps find a perfect memento of your foray into Izmir's ancient past.

- Explore Izmir's Museum of History and Art, one of the country's richest repositories of ancient artifacts.
- Roam the open-air Izmir Agora Museum, site of an ancient agora that was Smyrna's heart.
- See vestiges of stunning freestanding colonnades and covered walkways known as stoa.
- Enjoy time on your own at the 18th-century Kizlaragasi Hani Bazaar to shop or sip a Turkish coffee.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven ground and steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

9

SANTORINI, GREECE

JTR-004 HIGHLIGHTS OF SANTORINI

Duration: 5.75 Hrs **Tour Price:** \$0.00

Retail Price: \$149.00



Date: July 08, 2023 11:30 AM

Appreciate the many highlights of alluring Santorini, visiting a quaint village clinging to rugged cliffs, strolling through a traditional hamlet and savoring local specialties in an inviting taverna. Travel to Oia, a charming village built on the dramatically steep slope of a now-submerged caldera and view pastel-colored mansions and homes nestled into niches hewn into the volcanic rock. Stroll along Oia's narrow, cobbled streets during time on your own and admire the stunning views of the azure Aegean Sea. You'll ascend the rocky caldera wall to the early 18th-century walled Mount Profitis Ilias monastery, which rests on the island's highest peak, and rejoice in breathtaking views. In the nearby traditional village of Pyrgos, you'll see remains of a Venetian castle sitting atop a nearby hill and take a guided walking tour through labyrinthine lanes to a unique, circle-shaped taverna, where you'll enjoy local favorites and magnificent views of the island, the caldera's rim and the sea. Following your tour, return to Fira near the striking Orthodox Metropolitan Cathedral and choose to remain in town for sightseeing or shopping, if you wish.

- Journey to Santorini's northern shore and find enchanting Oia, once a wealthy fishing village.
- Delight in free time to wander along Oia's cobblestone lanes and past pastel-hued mansions.
- Discover the early 18th-century Mount Profitis Ilias Monastery, protected by fortress-like walls.
- Enjoy delicious mezes and postcard-ready views at a circular taverna in Pyrgos village.
- Remain in enchanting Fira to explore or shop after your tour, if you choose.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves strenuous walking. There will be a steep, uphill walk, uneven surfaces and steps to negotiate. The tour is not considered suitable for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. At the conclusion of the tour, guests have the option of descending to the port via cable car or staying in town and returning to the ship independently. There may be lines for the cable car during the busy summer season.

JTR-004SG HIGHLIGHTS OF SANTORINI - SMALL GROUP

Duration: 5.75 Hrs **Tour Price:** \$79.00

Retail Price: \$229.00



Date: July 08, 2023 11:30 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Appreciate the many highlights of alluring Santorini, visiting a quaint village clinging to rugged cliffs, strolling through a traditional hamlet and savoring local specialties in an inviting taverna. Travel to Oia, a charming village built on the dramatically steep slope of a now-submerged caldera and view pastel-colored mansions and homes nestled into niches hewn into the volcanic rock. Stroll along Oia's narrow, cobbled streets during time on your own and admire the stunning views of the azure Aegean Sea. You'll ascend the rocky caldera wall to the early 18th-century walled Mount Profitis Ilias monastery, which rests on the island's highest peak, and rejoice in breathtaking views. In the nearby traditional village of Pyrgos, you'll see remains of a Venetian castle sitting atop a nearby hill and take a guided walking tour through labyrinthine lanes to a unique, circle-shaped taverna, where you'll enjoy local favorites and magnificent views of the island, the caldera's rim and the sea. Following your tour, return to Fira near the striking Orthodox Metropolitan Cathedral and choose to remain in town for sightseeing or shopping, if you wish.

- Journey to Santorini's northern shore and find enchanting Oia, once a wealthy fishing village.
- Delight in free time to wander along Oia's cobblestone lanes and past pastel-hued mansions.
- Discover the early 18th-century Mount Profitis Ilias Monastery, protected by fortress-like walls.
- Enjoy delicious mezes and postcard-ready views at a circular taverna in Pyrgos village.
- Remain in enchanting Fira to explore or shop after your tour, if you choose.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves strenuous walking. There will be a steep, uphill walk, uneven surfaces and steps to negotiate. The tour is not considered suitable for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. At the conclusion of the tour, guests have the option of descending to the port via cable car or staying in town and returning to the ship independently. There may be lines for the cable car during the busy summer season. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

10

JTR-006 SANTORINI'S BOUTARI WINERY, OIA & FIRA VISITS

Duration: 8.00 Hrs Tour Price: \$199.00

Retail Price: \$349.00



Date: July 08, 2023 11:30 AM

Regent Seven Seas Cruises is proud to partner with Food & Wine Trails, America's foremost culinary travel company, in the offering of this tour. Food & Wine Trails tours are always kept intimate and visit sites not typically offered by mainstream travel suppliers. Their tours are always led by a knowledgeable, English-speaking sommelier, wine or food expert, cooking instructor or chef, who enjoys introducing visitors to some of the best and most authentic food and wine of their region. Discover Santorini's bewitching beauty and exquisite vineyards and enjoy a tour and lunch at a winery owned by a family recognized as the "Mondavis of Greece" on this captivating tour. You'll explore Santorini with a local expert and tour guide, beginning your day in enchanting Oia, a quaint village once home to wealthy seafarers that is built on the dramatically steep slope of a now-submerged caldera formed in a volcanic eruption around 3,500 years ago. Appreciate tips from your sommelier guide for sites to explore or perhaps shop for handmade ceramics, paintings and semi-precious jewelry. Across the island, you'll find the pretty hamlet of Megalochori, home of the renowned Boutari Winery. Learn that its founder, Yiannis Boutari, is a Greek vintner whose influence on the country's wine industry has been compared by Wine Spectator to that of the late Robert Mondavi's imprint on Napa Valley. After a guided tour, you'll sample a selection of their award-winning wines and enjoy a sumptuous luncheon featuring local specialties. Back in Fira, relish free time to shop or relax with a coffee, gazing at stunning vistas and contemplating your magnificent day.

- Journey to Santorini's northern shore and explore enchanting Oia, once a wealthy fishing village.
- Receive knowledgeable suggestions from your sommelier guide for sightseeing or shopping in Oia.
- Visit the world-class Boutari Winery in the village of Megalochori.
- Learn about the significant impact Boutari's founder has on Greece's wine industry.
- Tour the estate before rejoicing in a selection of their award-winning vintages and a delectable lunch.
- Savor time on your own in Fira to sightsee, shop or revel in the breathtaking views.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking, plus any walking at the guest's discretion during free time. There will be uneven surfaces to negotiate. The tour is not recommended for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages. On occasion, due to last-minute operational issues at the wine estate, an alternate winery of similar quality and ranking may be substituted. The meal on this excursion is set, so guests with dietary restrictions should advise the Destination Services Desk a minimum of 48 hours prior to the tour. If this tour is cancelled within 3 days of arrival in the excursion port, there will be a one-hundred percent cancellation fee charged to the guest's shipboard account.

JTR-009 QUINTESSENTIAL SANTORINI

Duration: 7.50 Hrs Tour Price: \$119.00

Retail Price: \$269.00



Date: July 08, 2023 11:30 AM

See how volcanic activity has altered the course of Santorini's history, shaped the landscape and left the soil abundantly fertile. The devastation of a volcanic eruption thousands of years ago will be evident in the village Akrotiri, the so-called Pompeii of the Bronze Age. Excavations have uncovered homes with colorful frescoes and streets lined with commercial buildings that reveal urban life in the Minoan period. Another historical perspective awaits you in the village of Pyrgos, where you will see a 13th-century Venetian castle. The vineyards surrounding neighboring Episkopi have taken advantage of Santorini's mineral-rich volcanic soil to produce extraordinary wines, a sampling of which you will enjoy as a prelude to a traditional Greek lunch. You may notice that the white wines have an appealing citrus aroma. Finally, you will visit cliff-top Oia, which offers spectacular views of an ancient caldera that a volcanic eruption left in its wake. It's a classic whitewashed village to ramble through during free time.

- Explore four villages, each with its own allure and historical significance.
- See the excavated ruins of Akrotiri that were once covered in volcanic ash.
- Sample a selection of wines made from grapes that flourish in Santorini's volcanic soil.
- Behold the beauty of Oia, a classic whitewashed village perched high above the sea.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 3 hours of moderate walking/standing. Guests will have to manage flat surfaces along with 25 steps throughout the excursion. Any additional walking through out the tour will be at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

JTR-008 SANTORINI WINES AT VENETSANOS WINERY

Duration: 4.50 Hrs Tour Price: \$139.00

Retail Price: \$289.00



Date: July 08, 2023 11:45 AM

Visit three of the island's most exceptional wineries to sample their signature vintages, many of which will be thoughtfully paired with delectable local mezes. Take in marvelous views and captivating scenery before arriving at the family-owned Venetsanos Winery, which overlooks the spectacular submerged Santorini caldera. After a guided tour, you'll sample three premier wines in their cellar, which may include a dry white made from the island's flagship assyrtiko grape, a red with fruit aromas produced from mandilaria grapes and a full-bodied rosé. You'll learn that the volcanic composition of the island's soil, scant rainfall and strong winds contribute to the terroir that lends Santorini's wines their unique characteristics. At the Santo Winery, participate in a tasting while the vintner explains the kouloura method of hand pruning, in which the vines are shaped into a spiral close to the ground to protect them from strong winds. You'll delve even deeper into Santorini's wine-making heritage in the tasting room at Domaine Sigalas, where their vintages will be paired with local delicacies such as white eggplant, goat cheese and olives. Relish this glimpse into the widely acclaimed and luscious world of Santorini's wines.

- Journey to the family-owned Venetsanos Winery, which perches over Santorini's magnificent submerged caldera.
- Enjoy a tasting of three of Venetsanos' premier vintages following a guided tour.
- Learn the effect Santorini's terroir has on the distinctive character of the island's wines.
- Sample Santo Winery's selections and learn a unique pruning method that protects the vines from wind.
- Appreciate fine wines from Domaine Sigalas paired with local delicacies.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes mostly easy walking. There will be some uneven ground and some steps to negotiate. The tour is not recommended for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

11

JTR-GL1 SANTORINI'S MUSICAL HERITAGE

Duration: 4.75 Hrs Tour Price: \$179.00

Retail Price: \$339.00



GL

Date: July 08, 2023 11:45 AM

Gain an understanding of how local craftsmen make traditional Greek musical instruments and take in the island's natural beauty. Pyrgos is known for its 13th-century Venetian castle, the classic Cycladic design of its homes and the panoramic views from its hilltop location. It will be an ideal setting to pause for a cup of coffee and a Greek sweet. Megalochori is equally picturesque, as you will discover while meandering the village's atmospheric cobbled streets lined with neoclassical houses. The intriguing Museum of Musical Instruments honors the history of the instruments that make Greek music so recognizable. You will learn how classic instruments such as the bouzouki and laouto are handmade and have the chance to play some of them. Afterwards, you will visit the family-owned Gavalas Winery, which has been producing traditional wines such as Katsano and Nykteri since the 19th century. There you will sample wines indicative of Santorini's terroir and snacks that pair perfectly with them.

- Pause for a snack and to revel in the village of Pyrgos' classic Cycladic setting.
- Discover how some of the most recognizable Greek musical instruments are hand-crafted.
- Sample a selection of traditional wines and local delicacies at a family-owned winery.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about two hours of walking and standing with some cobblestone, uneven surfaces and inclines to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

JTR-WT1 YOGA & WINE TASTING OVERLOOKING CALDERA

Duration: 3.50 Hrs Tour Price: \$179.00

Retail Price: \$339.00



Date: July 08, 2023 11:45 AM

Reach for a heightened sense of peace during an outdoor yoga session at a hilltop winery and sample a selection of their premium vintages on this serenity-filled tour. After a short journey, arrive at the family-owned Venetsanos winery, which overlooks Santorini's spectacular underwater caldera. With this stunning backdrop, you'll exult in a yoga session, led by a practiced instructor, that is designed to achieve peace in both body and mind. Through controlled breathing and stretching, expect to feel a release of tension, an increased awareness and added flexibility as you gently move from pose to pose. Following your session, you'll sample several of Venetsanos' premier wines, which may include a dry white made from the island's flagship assyrtiko grape, a red with fruit aromas produced entirely from mandilaria grapes and a full-bodied rosé. You'll learn that the volcanic composition of the island's soil, scant rainfall and strong winds contribute to the terroir that lends Santorini's wines their unique characteristics. Following your tour, return to captivating Fira and choose to remain in town for sightseeing or shopping, if you wish.

- Journey to the family-owned Venetsanos Winery, which perches over Santorini's magnificent submerged caldera.
- Rejoice in a relaxing, meditative yoga session on an outdoor terrace at the winery.
- Enjoy a tasting of three of Venetsanos' premier vintages.
- Learn the effect Santorini's terroir has on the distinctive character of the island's wines.
- Remain in enchanting Fira to explore or shop, if you choose.
- Wear casual clothing that allows freedom of movement and comfortable trainers or walking shoes.

This tour includes approximately 20 steps. It is not recommended for guests who utilize a wheelchair. Participants must be at least 21 years of age to be served alcoholic beverages.

JTR-001 SANTORINI SHOPPING EXPERIENCE

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$109.00



Date: July 08, 2023 12:00 PM

Rejoice in sightseeing and shopping in the charming villages and shops of Santorini on this enjoyable tour. Settle in for a scenic coach ride to the island's northern tip and visit Oia, a quaint village once home to wealthy seafarers and built on the dramatically steep slope of a now-submerged caldera formed in a volcanic eruption around 3,500 years ago. View the town's aged, two-story mansions painted in refreshing pastel colors and homes nestled in niches hewn into the volcanic rock. During a walking tour through Oia's narrow, cobbled streets, discover myriad tiny shops that offer a varied and unusual collection of handmade ceramics, paintings and semi-precious jewelry. Perhaps you'll catch a glimpse of Nea Kameni, an active island volcano, and Fira, Santorini's capital, from one of the coffee shops at the cliff's edge. Following your visit to Oia, return to Fira near the striking Orthodox Metropolitan Cathedral and choose to remain in town for sightseeing or shopping, if you wish.

- Journey to Santorini's northern shore and explore enchanting Oia, once a wealthy fishing village.
- Delight in a guided walking tour of Oia along cobblestone lanes and past pastel-hued mansions.
- Browse inviting shops for handmade ceramic art, paintings and unique jewelry.
- View the active volcano Nea Kameni and the capital city of Fira from a cliffside café or shop.
- Remain in enchanting Fira to explore or shop after your tour, if you choose.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes a moderate amount of walking mainly at the guest's discretion. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. This tour includes many steps and cobblestone sidewalks. Lines may be encountered for the cable cars during the busy summer season.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

12

JTR-007 WINDMILLS & AMAZING AKROTIRI

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$119.00



Date: July 08, 2023 12:00 PM

Uncover ancient Santorini landmarks that reveal life on the island 3,500 years ago, when a volcanic eruption created a huge caldera in the island's center that filled with the Aegean Sea. You'll travel south to the picturesque windmill ruins that have become a Santorini icon and marvel at sweeping panoramic views of the sparkling Aegean Sea and beyond. Discover remains of the ancient village of Akrotiri, preserved in ash since a powerful volcanic eruption in the middle of the 2nd-millennium BC and systematically excavated since 1967. After a brief stroll through the contemporary sections of Akrotiri, delve into the primary archeological site to view the remains of commercial buildings that once lined the main street, prominent two-story homes with colorful frescoes and large earthen jars with traces of olive oil, fish and onion inside, all which offer a mesmerizing step back into urban life during the Minoan period. Following your exploration of Akrotiri, you'll return to Fira, where you may choose to remain in town for sightseeing or shopping, if you wish.

- Discover the captivating ruins of Santorini's oft-photographed windmills.
- View Akrotiri village's surviving remains from a devastating volcanic eruption.
- Marvel at excavations begun in 1967 that exposed ancient commercial buildings and two-story homes.
- Examine frescoes and earthenware jars that were preserved for millennia in volcanic ash.
- Remain in enchanting Fira to explore or shop, if you choose.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes two hours of significant walking, plus any additional walking at the guest's discretion during free time. There will be inclines and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and it may not be suitable for guests with mobility issues, who are cautioned to evaluate their personal level of ability and stamina. At the conclusion of the tour, guests have the option of descending to the port via cable car or staying in town and returning to the ship independently. There may be lines for the cable car during the busy summer season.

JTR-003 VOLCANO, HOT SPRINGS AND WINERY VISIT

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: July 08, 2023 12:15 PM

Peer into the crater of a still-active volcano, swim in warm thermal springs and tour a local winery on this adventurous tour. Board a caique, a traditional fishing boat, and sail to the lava rock islet of Nea Kameni, where you'll take an approximately 20-minute walk up an unpaved path among lava fragments and volcanic rock formations toward the crater of a still-active volcano. Perhaps you'll observe steam rising from the crater's walls and capture photos of the fascinating phenomenon. Re-board the caique for a short cruise to the thermal springs at the nearby island of Palea Kameni and enjoy a dip in the warm, sulfur-enriched waters. Back on the mainland, rejoin your coach and ascend the steep sides of the rocky caldera wall on your way to a popular local winery. You'll tour the cellars and participate in a tasting of three of their most celebrated wines, accompanied by barley rusks and local cheese. In captivating Fira, the island's capital built on the rim of the caldera wall, you'll appreciate free time to explore the town or simply soak up magnificent panoramic views of this stunning volcanic island and the cobalt Aegean Sea.

- Climb to the crater's rim of a still-active volcano on the islet of Nea Kameni.
- View lava fragments, volcanic rock formations and steam likely rising from the crater.
- Enjoy a refreshing swim in a warm thermal spring at Palea Kameni, a tiny island.
- Discover a popular local winery and sample three of their most well-known vintages.
- Savor time on your own in Fira to sightsee, shop or revel in the breathtaking views.
- Wear casual, weather-appropriate clothing and closed-toe, rubber sole walking shoes.
- If you wish to swim, wear swimwear under a cover-up and bring a towel from the ship.
- Bring a hat, sunglasses and sunscreen.

This tour includes challenging and strenuous walking. There will be uneven surfaces and steep hills to negotiate. Participants should be in good physical condition. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Guests who participate in any water activities do so at their own risk and responsibility. Due to the high sulfur content of the springs, bathing suits could become discolored. Cancellation due to weather conditions is at the discretion of the tour operator and the itinerary is subject to change without notice. Participants must be at least 21 years of age to be served alcoholic beverages. Guests making wine purchases at the winery for shipment to their homes are advised that, due to Customs regulations, delivery can take up to three months.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

13

❖ CHANIA (CRETE), GREECE

CAA-011 KNOSSOS AND AROLITHOS

Duration: 8.00 Hrs **Tour Price:** \$89.00

Retail Price: \$239.00



Date: July 09, 2023 08:30 AM

Discover the ancient history and rich traditions of Crete on this coach and walking tour of the excavated palace of the mythological King Minos and the village of Arolithos. After a relaxing drive to Knossos, once the capital of ancient Minoan Crete, arrive at the seat of power of the legendary King Minos. You'll learn that this area, a UNESCO World Heritage site, was first inhabited in the 7th millennium BC. View the excavations led by British archaeologist Sir Arthur Evans from 1900 to 1931 and see royal quarters, shrines, banquet halls and other preserved monuments reflecting the glory of the Minoan civilization. Explore a modern re-creation of a traditional Cretan village in Arolithos, founded in 1988 but appearing centuries older. Watch Cretan artisans, such as weavers and potters, crafting wonderful handicrafts along cobbled walkways, lending the hamlet an air of authenticity. In Arolitho's intriguing cultural museum, you'll examine art objects from throughout Crete. Cap your tour with a traditional Cretan lunch, accompanied by a spirited folkloric show, and time for shopping in this charming village.

- Visit the painstakingly excavated palace of legendary King Minos, a UNESCO World Heritage site.
- Inspect royal quarters and banquet halls amidst the archaeological excavations led by Sir Arthur Evans in the early 20th century.
- Wander the charming cobbled walkways of Arolithos, a re-created ancient Cretan village.
- Observe potters, ironsmiths and weavers crafting extraordinary handiwork.
- Study antique objects from across Crete in Arolithos' alluring cultural museum.
- Relish a traditional Cretan lunch and joyous folkloric show before shopping for that perfect memento.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may make arrangements with the guide to not participate in some walking portions of the tour. The tour includes approximately 3 ¾ hours of travel time by coach.

CAA-010 ARKADI AND RETHYMNO

Duration: 5.00 Hrs **Tour Price:** \$0.00

Retail Price: \$109.00



Date: July 09, 2023 08:45 AM

Immerse yourself in Cretan history by touring a 16th-century monastery and neighboring Rethymno, a town of Venetian origin. You'll explore Renaissance-style Arkadi Monastery, a honey-colored stone structure built in 1587 that has long been a pilgrimage site and symbol of resistance after being assailed by Turkish troops in 1866. See relics from that conflict proudly displayed in the monastery's small museum, including weapons and military banners, and examine religious artifacts such as a 17th-century vestment embroidered in gold that depicts Christ and His 12 disciples. Explore the nearby 16th-century city of Rethymno and appreciate the captivating Venetian-style harbor and abundance of restored historic buildings lining its narrow streets. On your guided walking tour, you might view stately Rimondi Fountain in Platanos Square, beautiful mosques and the fragrant municipal gardens. Discover imposing star-shaped Fortezza Castle, an imposing citadel perched at the edge of the city that juts out into the sea, originally built in 1590 to protect Rethymno from pirates and the Turks. You'll revel in free time to further embrace Rethymno's charm and enthralling history.

- Explore 16th-century Arkadi Monastery, a pilgrimage site that is a symbol of Cretan resistance.
- View compelling mementos of the monastery's role in a 19th-century military conflict.
- Appreciate the picturesque Venetian harbor and restored historic buildings of 16th-century Rethymno.
- Discover Rethymno's picture-perfect Remondi Fountain, mosques and fragrant gardens on a guided walking tour.
- Explore 16th-century Fortezza Castle, an imposing citadel built to protect the city from invasion.
- Relish time on your own for further exploration of captivating Rethymno.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.
- Dress appropriately for religious venues; in churches, shoulders and knees must be covered; in mosques, men should wear long trousers and women should cover their hair, arms and knees.

This tour includes approximately two hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may arrange with the guide not to participate in some walking portions of the tour.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

14

CAA-010SG ARKADI AND RETHYMNO - SMALL GROUP

Duration: 5.00 Hrs Tour Price: \$49.00

Retail Price: \$199.00



Date: July 09, 2023 08:45 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Immerse yourself in Cretan history by touring a 16th-century monastery and neighboring Rethymno, a town of Venetian origin. You'll explore Renaissance-style Arkadi Monastery, a honey-colored stone structure built in 1587 that has long been a pilgrimage site and symbol of resistance after being assailed by Turkish troops in 1866. See relics from that conflict proudly displayed in the monastery's small museum, including weapons and military banners, and examine religious artifacts such as a 17th-century vestment embroidered in gold that depicts Christ and His 12 disciples. Explore the nearby 16th-century city of Rethymno and appreciate the captivating Venetian-style harbor and abundance of restored historic buildings lining its narrow streets. On your guided walking tour, you might view stately Rimondi Fountain in Platanos Square, beautiful mosques and the fragrant municipal gardens. Discover imposing star-shaped Fortezza Castle, an imposing citadel perched at the edge of the city that juts out into the sea, originally built in 1590 to protect Rethymno from pirates and the Turks. You'll revel in free time to further embrace Rethymno's charm and enthralling history.

- Explore 16th-century Arkadi Monastery, a pilgrimage site that is a symbol of Cretan resistance.
- View compelling mementos of the monastery's role in a 19th-century military conflict.
- Appreciate the picturesque Venetian harbor and restored historic buildings of 16th-century Rethymno.
- Discover Rethymno's picture-perfect Remondi Fountain, mosques and fragrant gardens on a guided walking tour.
- Explore 16th-century Fortezza Castle, an imposing citadel built to protect the city from invasion.
- Relish time on your own for further exploration of captivating Rethymno.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.
- Dress appropriately for religious venues; in churches, shoulders and knees must be covered; in mosques, men should wear long trousers and women should cover their hair, arms and knees.

This tour includes approximately two hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may arrange with the guide not to participate in some walking portions of the tour. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

CAA-012 AGIA TRIADA MONASTERY, AKROTIRI & CHANIA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$89.00



Date: July 09, 2023 08:45 AM

Delve into Crete's history by visiting a military cemetery, a magnificent monastery known for its olive oil and Chania's spectacular Old Town. You'll understand Crete's strategic role in World War II at a cemetery overlooking Souda Bay that holds the remains of over 1,500 British soldiers lost in the 1941 Battle of Crete. On the Akrotiri Peninsula, explore the meticulously maintained 17th-century Agia Triada Monastery, revered for its olive oil and wine varieties. Appreciate the magnificent view from the modest 1936 tomb of Eleftherios Venizelos, a charismatic political figure who fought for Cretan independence and was profoundly influential in the founding of modern Greece. Gain great insight into Chania's past on a walking tour of the city's Old Town, where you'll view restored Venetian villas, palazzos and a cathedral dedicated to the Virgin of the Three Martyrs, patron saint of Chania. Surrounded by the arresting aroma of exotic herbs, browse the town's bustling marketplace, perhaps to discover the perfect souvenir of this unforgettable place.

- Honor the 1,500 soldiers who perished in the 1941 Battle of Crete at a peaceful cemetery.
- Discover the 17th-century Agia Triada Monastery, which produces renowned olive oils and wines.
- Celebrate the sweeping view from the tomb of a key figure in Crete's quest for independence.
- Enjoy a walking tour of Chania's enchanting Old Town and its restored villas and palazzos.
- Shop at Chania's bustling agora amidst the intoxicating fragrance of locally grown herbs.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may arrange with the guide not to participate in some walking portions of the tour.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

15

CAA-012SG AGIA TRIADA MONASTERY, AKROTIRI & CHANIA - SMAL

Duration: 4.00 Hrs Tour Price: \$49.00

Retail Price: \$199.00



Date: July 09, 2023 08:45 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Delve into Crete's history by visiting a military cemetery, a magnificent monastery known for its olive oil and Chania's spectacular Old Town. You'll understand Crete's strategic role in World War II at a cemetery overlooking Souda Bay that holds the remains of over 1,500 British soldiers lost in the 1941 Battle of Crete. On the Akrotiri Peninsula, explore the meticulously maintained 17th-century Agia Triada Monastery, revered for its olive oil and wine varieties. Appreciate the magnificent view from the modest 1936 tomb of Eleftherios Venizelos, a charismatic political figure who fought for Cretan independence and was profoundly influential in the founding of modern Greece. Gain great insight into Chania's past on a walking tour of the city's Old Town, where you'll view restored Venetian villas, palazzos and a cathedral dedicated to the Virgin of the Three Martyrs, patron saint of Chania. Surrounded by the arresting aroma of exotic herbs, browse the town's bustling marketplace, perhaps to discover the perfect souvenir of this unforgettable place.

- Honor the 1,500 soldiers who perished in the 1941 Battle of Crete at a peaceful cemetery.
- Discover the 17th-century Agia Triada Monastery, which produces renowned olive oils and wines.
- Celebrate the sweeping view from the tomb of a key figure in Crete's quest for independence.
- Enjoy a walking tour of Chania's enchanting Old Town and its restored villas and palazzos.
- Shop at Chania's bustling agora amidst the intoxicating fragrance of locally grown herbs.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may arrange with the guide not to participate in some walking portions of the tour. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

CAA-013 CHANIA WALKING TOUR

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$79.00



Date: July 09, 2023 09:00 AM

Stroll through Chania's irresistible Old Town, immersing yourself in Crete's history and browsing the shops around the harbor. After a brief drive, you'll arrive at Crete's former capital of Chania, and enter its Old Town, which thrived around a Venetian port. Because many civilizations have conquered and occupied Crete over the centuries, you'll observe myriad architectural styles among the Venetian buildings, Turkish fountains, churches, mosques and synagogues in the Jewish Quarter. Explore Market Hall, a shopping venue containing elaborate stalls overflowing with an abundance of merchandise that was built in 1913 in the shape of a cross to celebrate Crete's reunification with Greece. You'll end the guided portion of your tour in the harbor area and enjoy ample time to browse the galleries, tavernas and shops, where you may watch tradesmen at work. Perhaps you'll opt for a fresh seafood dish and a glass of Cretan wine while enjoying a view of the Arabian lighthouse at the harbor entrance. No matter how you choose to bring your day to a close, you're sure to have fond memories of charming Chania.

- Discover Chania's captivating Old Town, built around a Venetian harbor.
- Appreciate the city's varied architecture due to its occupation by many civilizations.
- See cross-shaped Market Hall, a shopper's paradise brimming with colorful stalls and diverse merchandise.
- Revel in free time in the harbor to shop, enjoy a Cretan seafood meal or explore delightful galleries.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 90 minutes of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some steps and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns.

CAA-014 RETHYMNON WINE TASTING & AGRECO FARM

Duration: 6.00 Hrs Tour Price: \$129.00

Retail Price: \$279.00



Date: July 09, 2023 09:00 AM

Appreciate the rich agricultural heritage of northwestern Crete by enjoying its characteristic wines and observing traditional farming practices. A leisurely walk through the medieval Old Town of Rethymnon will present an introductory glimpse into the past, as the architecture reflects Venetian and Turkish influences. An inspiring wine tasting will follow at the restaurant Avli, where you will likely sample wines made from local Vilana and indigenous Kotsifali grapes. A wine expert will explain how wine production in the rugged Cretan landscape has evolved since ancient times. Although the terrain can be challenging for growing crops, the ideal climatic conditions make up for it. As you will discover at Agreco Farm, traditional techniques are used to produce a dizzying array of organic fruits and vegetables. While meandering about the farm, you will see a traditional olive press, watermill, aviary and silkworm nursery. The livestock is only used for tasks such as clearing land and turning presses.

- Get a glimpse into medieval times while meandering through Rethymnon's Old Town.
- Sample a selection of Cretan wines, some of them made from indigenous grape varieties.
- Visit an organic farm that strictly employs traditional techniques.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 1 hour and 45 minutes of moderate walking/standing. Guests will need to manage some flat and uneven surfaces as well as 20 steps throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Guests who go ashore do so with the understanding that they will be mixing with members of the general public. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

16

❖ CATANIA (SICILY), ITALY

CTA-002 BEAUTIFUL TAORMINA & MOUNT ETNA

Duration: 9.00 Hrs **Tour Price:** \$109.00

Retail Price: \$259.00



Date: July 11, 2023 07:30 AM

Capture a seemingly endless array of memorable pictures on this guided coach and walking tour of Taormina and Mount Etna. In Taormina, you'll stroll past the exquisite Palazzo Corvaja, a beautifully ornate building whose construction began in the 15th century and which bears Arabic, Norman and Gothic influences. See the Greek theater, an architectural treasure that dates back to the 3rd century BC, a reminder of how long Taormina has been a vibrant city. You'll learn that the theater was rebuilt by the Romans in the 2nd century and is still in use today for summer performances. While roaming the fascinating remains of the auditorium, realize that its placement on the slope of a steep promontory offers what some consider to be one of the best views in all of Italy, a breathtaking panorama of Taormina, the glittering Mediterranean and volcanic Mount Etna in the distance. Before you journey to the iconic volcano, you'll stop for a relaxing lunch of Sicilian specialties at a local restaurant. Brace yourself for an exceptional climb by coach up winding roadways and past mountain villages to one of Etna's awe-inspiring craters, where the full majesty of Sicily's natural wonders is on glorious display.

- See wonderful medieval embellishments on the façade of the 15th-century Palazzo Corvaja.
- Ascend to Taormina's astonishing Greco-Roman theater, which is still in use today.
- Marvel at 360-degree views of Taormina, Mount Etna and the azure sea from the theater.
- Relish a traditional Sicilian repast during your lunch stop at a popular restaurant.
- Gaze in awe at one of Mount Etna's inactive craters, a dormant giant found over a mile above sea level.
- Wear casual, weather-appropriate clothing and sturdy, closed-toe walking shoes.
- Bring a sweater or jacket, as temperatures on Mount Etna can be windy and cool.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. There will be uneven surfaces, uphill climbs and steps to negotiate. This tour is not recommended for guests who utilize a wheelchair or guests with mobility concerns.

CTA-001 HIGHLIGHTS OF TAORMINA

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$179.00



Date: July 11, 2023 07:45 AM, 01:00 PM

Delve into dazzling Taormina on a guided walking tour of this ancient seaside city. You'll appreciate a scenic drive along a winding road to Taormina, a town graced with an extraordinary natural setting and an evocative medieval character. Stroll past the exquisite Palazzo Corvaja, a beautifully ornate building whose construction began in the 15th century and which bears Arabic, Norman and Gothic influences. Gaze at the Greek theater, an architectural treasure that dates back to the 3rd century BC, a reminder of how long Taormina has been a vibrant city. You'll learn that the theater was rebuilt by the Romans in the 2nd century and is still in use today for summer performances. While roaming the fascinating remains of the auditorium, see that its placement on the slope of a steep promontory offers what some consider to be one of the best views in all of Italy, a breathtaking panorama of Taormina, the glittering Mediterranean and striking Mount Etna in the distance. You'll descend to lively Corso Umberto, the town's main commercial street, and wander its quaint jumble of elegant homes and picture-perfect churches, an appealing meld of the old and new that perfectly captures Taormina's enduring spirit.

- Admire the lovely landscapes of Sicily as you make your way to Taormina by coach.
- See wonderful medieval embellishments on the façade of the 15th-century Palazzo Corvaja.
- Ascend to Taormina's astonishing Greco-Roman theater, which is still in use today.
- Marvel at 360-degree views of Taormina, Mount Etna and the azure sea from atop the theater.
- Meander alongside the stately homes and delightful churches of bustling Corso Umberto.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. There will be uneven surfaces, uphill climbs and steps to negotiate. This tour is not recommended for guests who utilize a wheelchair or guests with mobility concerns.

CTA-003 JOURNEY TO MOUNT ETNA

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$129.00



Date: July 11, 2023 08:00 AM, 12:30 PM

Behold dormant craters atop Mount Etna, Europe's largest active volcano and one of Earth's most astonishing natural wonders. You'll agree the vista-filled ascent to Etna's summit along circuitous roads past charming mountain villages and through barren, rocky landscapes is almost as remarkable as the volcano itself. Learn that Etna has had a profound impact on the region through the ages, from the Greek's belief that it was the workshop of Hephaestus, god of fire, to the catastrophe of 1669, when several villages and part of Catania were subsumed by lava. Arriving at the inactive Silvestri craters, more than 6,000 feet above sea level, you'll discern numerous remnants of lava streams from previous eruptions coating the craters' slopes. From your fabulous perch, you'll revel in seemingly endless vistas of the shimmering Gulf of Catania and the surrounding fertile, volcanic landscape, today protected as the island's first national park. As you stand atop one of nature's most powerful agents of change, contemplate the indelible impact of Mount Etna's wrath on the civilizations of the Mediterranean.

- Drive up a picturesque winding road along the moon-like slopes of Mount Etna.
- Gaze in awe at the inactive Silvestri craters, dormant giants found over a mile above sea level.
- Look for the remains of decades-old lava streams frozen in time on the craters' sides.
- Delight in astonishing views of Mount Etna's fertile surroundings and the sparkling Gulf of Catania beyond.
- Wear casual, weather-appropriate clothing and sturdy, closed-toe walking shoes.
- Bring a sweater or jacket, as temperatures on Mount Etna can be windy and cool.
- Bring a hat, sunglasses and sunscreen.

This tour does not include much walking, however guests may walk to and around the Silvestri craters area at their discretion.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

17

CTA-005 MOUNT ETNA 4X4 EXPEDITION

Duration: 5.50 Hrs Tour Price: \$189.00

Retail Price: \$349.00



Date: July 11, 2023 08:00 AM

Conquer Mount Etna via coach, cable car and 4x4 mini-buses on this epic adventure. You'll agree the vista-filled ascent to Etna's summit along circuitous roads past charming mountain villages and through barren, rocky landscapes is almost as remarkable as the volcano itself. Arriving at the inactive Silvestri craters, more than 6,000 feet above sea level, you'll discern numerous remnants of lava streams from previous eruptions coating the craters' slopes. From your fabulous perch, you'll revel in seemingly endless vistas of the shimmering Gulf of Catania and the surrounding fertile, volcanic landscape, today protected as the island's first national park. If you wish, shop for souvenirs before boarding a cable car to the base of the main craters, enjoying sweeping views of the eminent mountain as you ascend. You'll transfer to specially-outfitted 4x4 mini-buses that will convey you to formidable craters found at a height of over 9,500 feet above sea level. Accompanied by a professional alpine guide, explore the exhilarating volcanic phenomena up close, perhaps opting to take a 20-minute walk to view the most recent lava flow. On this unforgettable tour, allow the unbridled, primal beauty of Mount Etna to stir your soul.

- Drive up a picturesque winding road along the moon-like slopes of Mount Etna.
- Gaze in awe at the inactive Silvestri craters, dormant giants found over a mile above sea level.
- Delight in astonishing views of Mount Etna's fertile surroundings and the sparkling Gulf of Catania beyond.
- Look for the remains of decades-old lava streams frozen in time on the craters' sides.
- Climb closer to Mount Etna's 2-mile summit by cable car and thrilling 4x4 mini-bus.
- Examine spectacular, recent craters with the capable assistance of a professional alpine guide.
- Wear casual, weather-appropriate clothing and sturdy, closed-toe walking shoes.
- Bring a sweater or jacket, as temperatures on Mount Etna can be windy and cool.
- Bring a hat, sunglasses and sunscreen.

This tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Your 4x4 vehicle will navigate over rocky and uneven terrain and is not recommended for pregnant women or guests with heart, back or neck ailments.

CTA-007 SICILIAN WINE ROADS

Duration: 5.50 Hrs Tour Price: \$0.00

Retail Price: \$179.00



Date: July 11, 2023 08:15 AM

Relish Sicily's historic winemaking traditions on this visit to a celebrated estate hugging the base of Mount Etna. You'll learn that after Tuscany and Piedmont, Sicily is Italy's third most sought-after food and wine destination, likely due to the distinct flavors imparted on the earth's bounty by the volcanic soil from Mount Etna, the smoldering volcano rising nearly 11,000 feet above the sea. Journey to the northeastern side of Mount Etna and find Linguaglossa, an attractive village where you'll enjoy a stop before continuing to the splendid Cottanera Estate, a renowned winery whose lands stretch up the northern foothills of the volcano to an altitude of about 2,300 feet above sea level. After touring the vineyard and the cellars, savor a tasting of the estate's wines, which may include reds crafted with autochthonous nerello Mascalese or cappuccio grapes and whites from the inzolia and carricante varietals, all accompanied by local delicacies. Raise a glass to Cottanera's skillful vintners and applaud the surprisingly sumptuous gifts of these lava-scarred lands.

- Relax during a picturesque drive around the base of Mount Etna to its northeastern edge.
- Pause in the photogenic hillside village of Linguaglossa.
- Visit the esteemed Cottanera Estate, which specializes in the coveted grapes that thrive in volcanic soil.
- Roam the vineyard and cellars during a tour of the handsome estate.
- Try local varietals such as a red nerello Mascalese or a white inzolia paired with delectable local bites.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes moderate walking. There will be uneven surfaces and some very steep steps to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Participants must be at least 21 years of age to be served alcoholic beverages. If guests would like to purchase wine, we recommend bringing euros, as there are no ATM machines.

CTA-009 SKETCHES OF SYRACUSE

Duration: 5.00 Hrs Tour Price: \$89.00

Retail Price: \$239.00



Date: July 11, 2023 08:15 AM

Peel away the centuries in legendary Syracuse, a UNESCO World Heritage site brimming with gems from antiquity, the Middle Ages and beyond. Settle in for a picturesque drive south to Syracuse's Old Town, an outstanding ensemble of medieval and Baroque buildings adorned with wrought iron balconies overflowing with flowers. Admire the enchanting naturally fed Fountain of Arethusa, from where you'll enjoy expansive views of the bay, and stroll to the superb Syracuse Cathedral, originally built in the 7th century over a Temple of Minerva and later utterly transformed in sublime High Sicilian Baroque style. Wander the landmark-ringed Piazza Duomo and proceed by coach to the ruins of the 5th-century BC Greek theatre, one of the largest and best preserved auditoriums of the ancient world. You'll also see the 2nd-century Roman amphitheater, perhaps envisioning untamed animals and wide-eyed gladiators emerging from its remaining gangways. Nearby, find the fascinating Cordmaker's Cave and the Ear of Dionysius, an artificial grotto whose name may refer to the 4th-century BC tyrant Dionysius' supposed use of the cave's excellent acoustics to eavesdrop on prisoners held in the cavern. You'll rejoice in time on your own for additional exploration among the exquisite landmarks of ageless Syracuse.

- Tour the outstanding highlights of ancient Syracuse, a UNESCO World Heritage site.
- Take in lovely views of Syracuse's serene bay beside the naturally fed Fountain of Arethusa.
- Exult in the Syracuse Cathedral, a 7th-century sanctuary completely overhauled in the Baroque period.
- Explore the wonderfully preserved 5th-century BC Greek and 2nd-century Roman theaters.
- Peer into the Cordmaker's Cave and the Ear of Dionysius, caverns with intriguing histories.
- Enjoy time at your leisure to further uncover the endless charms of magical Syracuse.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes a substantial amount of walking. It is not recommended for guests who utilize a wheelchair or guests with mobility concerns. In the Old Town, buses must enter a parking area and guests must be prepared to walk approximately a half-mile to the city center. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

18

CTA-004 ACIREALE, CYCLOPS RIVIERA & CATANIA**Duration: 3.50 Hrs****Tour Price: \$0.00****Retail Price: \$179.00****Date: July 11, 2023 08:30 AM, 01:00 PM**

Admire captivating rock formations born from lava streams as you travel along the Cyclops Riviera and stroll through lovely Catania on a guided walking tour. You'll drive through tiny Aci Castello, viewing a Norman castle built from black lava, and in the hillside town of Acireale, a magnificent Gothic cathedral. Looking out to sea, behold the amazing Isole dei Ciclopi, jagged offshore islets said to have been broken off Mount Etna by the Cyclops of Homeric myth and flung into the sea to stop Ulysses and his men from escaping in their ships. Back in Catania, drive past compelling sights such as the Piazza Verga and Piazza Stesicoro before embarking on your walking tour. Begin in stunning Piazza del Duomo, Catania's central square, which is renowned for its unusual black lava Elephant Fountain, now the city's symbol, and surrounded by the impressive 18th-century Municipio as well as numerous ornate university buildings. As you stroll alluring streets, you'll notice that 17th-century architect Giovanni Vaccarini used black lava in the construction of many of the striking buildings, a readily available material when the city was grandly rebuilt after the earthquake of 1693.

- Journey by coach along the storied Cyclops Riviera, a beguiling landscape formed by lava flows.
- Pass through villages boasting postcard-ready landmarks such as Aci Castello's black lava castle.
- Gaze at serrated islets that Homeric legend tells were boulders hurled at Ulysses' ships by the enraged Cyclops.
- Drive through Catania's charismatic landmarks, including the Piazzas Verga and Stesicoro.
- See Catania's symbol, the black lava Elephant Fountain, in stately Piazza del Duomo.
- Examine refined 17th-century black lava buildings during your guided walking tour of Catania.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 3 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

CTA-008 PANORAMAS OF CASTELMOLA & TAORMINA**Duration: 8.00 Hrs****Tour Price: \$169.00****Retail Price: \$319.00****Date: July 11, 2023 08:30 AM**

Sample the best of iconic Taormina and mountaintop Castelmola on this guided walking tour with lunch and time on your own. Enjoy a delightful drive of approximately 75 minutes through Sicily's remarkable landscapes to Castelmola, which clings atop the cliffs of a promontory that affords breathtaking panoramic vistas encompassing Sicily's north coast, the shimmering beaches below Taormina and majestic Mount Etna in the distance. Take a leisurely 20-minute walk to the Piazza Chiesa Madre, which boasts a checkerboard-patterned stone pavement, and continue your exploration of this alluring hamlet on an approximately 30-minute guided walking tour. In glorious Taormina, welcome free time to shop before pausing for lunch at the well-regarded Ristorante Baronessa. After your repast, you'll wander to the Greco-Roman theater, an architectural treasure that dates back to the 3rd century BC, a reminder of how long Taormina has been a vibrant city and a superlative spot from which to take in breathtaking vistas of Taormina, the glittering Mediterranean and the ever-present Mount Etna. You'll bask in the warm Sicilian spirit on this uplifting exploration of the island's unspoiled gems.

- Watch the distinctive landscapes of Sicily gliding past as you make your way to Castelmola by coach.
- Roam the narrow streets and cozy squares of cliff-top Castelmola, including checkerboard-tiled Piazza Chiesa Madre.
- Appreciate time on your own to shop along the ancient streets of marvelous Taormina.
- Savor a sophisticated Sicilian luncheon at Ristorante Baronessa, a Taormina institution.
- Ascend to Taormina's astonishing Greco-Roman theater, which is still in use today.
- Glory in far-reaching views of Sicily, Mount Etna and the turquoise sea from both Castelmola and Taormina.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes moderate walking. There will be uneven surfaces to negotiate. The tour is not recommended for guests who utilize a wheelchair or guests with mobility concerns. As lunch will include a seafood main course, guests preferring an alternative dish should advise the onboard Shore Excursion staff. The order of sites viewed or visited may vary.

CTA-014 TAORMINA & VILLAGRANDE WITH ETNA DOC WINES**Duration: 8.00 Hrs****Tour Price: \$239.00****Retail Price: \$389.00****Date: July 11, 2023 08:30 AM**

Regent Seven Seas Cruises is proud to partner with Food & Wine Trails, America's foremost culinary travel company, in the offering of this tour. F&WT tours are always kept intimate and visit sites not typically offered by mainstream travel suppliers. Their tours are always led by a knowledgeable, English-speaking sommelier, wine or food expert, cooking instructor or chef, who enjoys introducing visitors to some of the best and most authentic food and wine of their region. Indulge in the wine and food of the Mount Etna region alongside a charming, local sommelier who will gladly share their passion for the treasures found in this corner of Italy. In Taormina, which perches on a rocky terrace high above the Ionian Sea, enjoy a guided walking tour past landmarks including the exquisite 15th century Palazzo Corvaja, the bustling Corso Umberto and the marvelous 3rd-century BC Greek theater. You'll appreciate time on your own to sit in an inviting café or further explore the town's palaces, squares, staircases, and small side alleys. Learn from your sommelier guide that the Mount Etna appellation is a surging wine region, with ample praise heaped on its vintages by Wine Spectator, Wine Enthusiast and Food & Wine magazines. Upon arrival at the cellar doors of the venerable Barone di Villagrande estate, you'll receive a warm welcome from a member of the Nicolosi family. You'll hear the Nicolosis have been making wine on the fertile slopes of Mount Etna for ten generations. Savor a four-course Sicilian lunch paired with four Villagrande wines followed by a tour of the estate grounds and underground wine cellar, a fitting finale to your palate-pleasing adventure.

- See highlights of magical Taormina such as its remarkably maintained 3rd-century BC Greek theater.
- Relish time at your leisure to lose yourself in Taormina's warren of medieval streets.
- Gain essential knowledge about the Mount Etna wine-growing region from your friendly sommelier guide.
- Journey to the centuries-old Barone di Villagrande winery at the base of Mount Etna.
- Rejoice in a four-course luncheon complemented by four of the estate's wines.
- Walk off your meal with a visit to the underground cellars and the winery's grounds.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes over three hours of walking, plus any additional walking at the guest's discretion during free time. There will be steep inclines and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Given a set meal is served on this excursion, guests with any dietary restrictions should advise the Destination Services Desk a minimum of 48 hours prior to tour.

Participants must be at least 21 years of age to be served alcoholic beverages. If this tour is cancelled within 3 days of arrival in the excursion port, there will be a one-hundred percent cancellation fee charged to the guest's shipboard account.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



Go Local Tour



Accessible Tour

Page

19

❖ CATALINA ISLAND, CALIFORNIA

CTA-015 MEDITERRANEAN CUISINE IN THE CITY OF CATANIA

Duration: 4.00 Hrs **Tour Price:** \$0.00



Date: July 11, 2023 09:00 AM

OVERVIEW Dine on classic Mediterranean dishes at a restaurant in the heart of Catania, a city that UNESCO recognized as a World Heritage site for its late Baroque architecture. While walking through the historic district, you will hear about the devastating eruption of nearby Mt. Etna in 1669 and the earthquake a few decades later that caused Catania and several surrounding cities to be rebuilt in the architectural style of the day. Although the ruins of ancient Greek and Roman theatres remain, much of Catania was constructed in the early 18th century atop hardened lava. Many of the older buildings were made with dark-gray volcanic tufa limestone, the reason Catania is sometimes referred to as the Black City. Following the walking tour, you will settle in for a delightful lunch with wine at Acqualavica, a restaurant with a number of volcanic tufa walls. The dishes will be distinctly Mediterranean with an emphasis on local ingredients.

- Walk through Catalonia, a city whose historic district is a UNESCO World Heritage site.
- Get an understanding of how earthquakes and volcanic eruptions have shaped the city.
- Dine on traditional Mediterranean dishes and enjoy local wines at Acqualavica restaurant.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE Any allergies must be noted when booking the tour. Coaches do not have a lift and entering and exiting must be done via stairs. This tour includes approximately 2 hours of walking and standing over even, and uneven surfaces. The sights on this tour are not wheelchair accessible; therefore, it is unavailable to wheelchair guests. The tour of the city center requires a considerable amount of walking/standing for approximately 2 hours, those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Guests will be required to wear suitable attire covering the knees and shoulders in case they want to enter religious sites.

CTA-016 CATANIA'S RIVIERA: ACI CASTELLO & ACI TREZZA

Duration: 4.00 Hrs **Tour Price:** \$0.00



Date: July 11, 2023 09:00 AM

OVERVIEW Explore two seaside fishing villages in the shadow of Mt. Etna that were heavily influenced by its volcanic eruptions. Aci Castello developed around an 11th-century Norman-built fort but it didn't really grow much until an eruption destroyed some of the neighboring towns. Although the castle endured invasions, fires, earthquakes and volcanic damage, it has been restored as a museum and makes for a fascinating visit. Just up the coast, you will find Aci Trezza, another seaside village that was partially built from igneous stone from volcanic eruptions. From the main plaza, you will see three black volcanic stacks rising out of the sea. They are known as the Cyclops Rocks because according to legend the one-eyed giant hurled them at Ulysses to prevent him from leaving the island. You will have time to discuss both villages over a seafood lunch at a Catania restaurant named for the book "I Malavoglia," which was set in Aci Trezza.

- Visit the 11th-century seaside castle in the fishing village of Aci Castello.
- Walk around Aci Trezza, a village known for its black volcanic sea stacks.
- Dine on locally sourced seafood specialties at a restaurant in Catania.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE Any allergies must be noted when booking the tour. Coaches do not have a lift and entering and exiting must be done via stairs. This tour includes approximately 1.5 hours of walking and standing over even and uneven surfaces. There are approximately 50 steps during the visit to the Aci Castello. The sights on this tour are not wheelchair accessible; therefore, it is unavailable to wheelchair guests. The guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

20

❖ CATANIA (SICILY), ITALY

CTA-010 WINE TASTING AT VILLA SAN MICHELE

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$129.00



Date: July 11, 2023 09:00 AM

Sample Sicily's world-renowned wines at the esteemed Tenuta San Michele winery, which nestles on the fertile lands at the base of Mount Etna. You'll appreciate a scenic journey through the verdant farmlands and vineyards of eastern Sicily to Tenuta San Michele, a distinguished winery that takes full advantage of the region's ideal micro-climate of cold winters, temperate summers and abundant rain. You'll learn the quality of the region's grapes is further enhanced by the lava soil, which is rich in potassium and mineral salts. Once at the estate, cherish wonderful panoramas of the surrounding landscape afforded by the high elevation. Discover the estate sprawls over 62 acres distributed across large terraces, on which unique Etna varietals are grown, including nerello Mascalese, nerello cappuccio, carricante and catarratto. Join your friendly hosts for a tasting of the estate's best vintages, enhanced by informative descriptions of the day's selections. Sip on these opulent and unexpected rewards of Mount Etna's eruptions and toast your buona fortuna.

- Wend your way along the base of Mount Etna through landscapes rich with farms and vineyards.
- Discover Tenuta San Michele, a notable winery established at the base of Mount Etna.
- Hear of the mineral-rich volcanic soil and local micro-climate's impact on the grapes grown at the estate.
- Gaze out over the dazzling expanse of Sicily's eastern coast from the winery's elevated location.
- Try several premium wines while learning how each was carefully nurtured.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited walking, to reach San Michele Estate. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. There are some steps to be negotiated inside the Wine Estate and uneven ground to visit the vineyard. Participants must be at least 21 years of age to be served alcoholic beverages.

CTA-011 DISCOVER MT ETNA & THE VINEYARD OF SAN MICHELE ES

Duration: 7.00 Hrs **Tour Price:** \$109.00

Retail Price: \$259.00



Date: July 11, 2023 09:00 AM

Experience the best of the Mount Etna region with a visit to the soaring volcano, a tasting at an illustrious winery and a traditional Sicilian lunch. Enjoy an arresting drive to Europe's largest active volcano, Mount Etna, reaching an altitude of more than 6,000 feet above sea level, where you'll discern numerous remnants of lava streams from previous eruptions coating the volcano's slopes. From your fabulous perch, revel in seemingly endless vistas of the surrounding fertile, volcanic landscape and the shimmering sea beyond. Descend to Tenuta San Michele, a distinguished winery that takes full advantage of the region's ideal micro-climate of cold winters, temperate summers and abundant rain. You'll learn the quality of the region's grapes is further enhanced by the lava soil, which is rich in potassium and mineral salts. Join your friendly hosts for a tasting of the estate's best vintages enhanced by informative descriptions of the day's selections. Cap your eye-opening exploration with a satisfying typical Sicilian lunch accompanied by local wines, a perfect encapsulation of what makes Sicily a bucket-list destination for food lovers the world over.

- See the remains of lava streams from eruptions long past covering Mount Etna's slopes.
- Delight in astonishing views of Mount Etna's fertile surroundings and the sparkling sea in the distance.
- Discover Tenuta San Michele, a notable winery established at the base of Mount Etna.
- Try several premium wines while learning how each was carefully nurtured.
- Feast on a repast of typical Sicilian specialties at a carefully chosen restaurant.
- Enjoy a brief overview of Catania, a port city overflowing with beguiling landmarks.
- Wear casual, warm and layered clothing and comfortable, closed-toed walking or sports shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. There will be uphill climbs to negotiate. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests on this tour will ascent to an altitude of 6,200 feet. This excursion may be operated by motorcoach or minibus; however, if motorcoaches are used, there is an extensive additional uphill walk. Participants must be at least 21 years of age to be served alcoholic beverages. The order of sites viewed or visited may vary.

CTA-006 TAORMINA ON YOUR OWN

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$109.00



Date: July 11, 2023 09:15 AM

Explore the timeless city of Taormina with approximately two hours on your own to do as you wish. You'll enjoy a scenic transfer along a winding road to Taormina, a town graced with an extraordinary natural setting and an evocative medieval character. You might stroll to the exquisite Palazzo Corvaja, a beautifully ornate building whose construction began in the 15th century and which bears Arabic, Norman and Gothic influences. Wander to the Greco-Roman theater, an architectural treasure that dates back to the 3rd century BC, a reminder of how long Taormina has been a vibrant city and a superlative spot from which to take in a breathtaking panorama of Taormina, the glittering Mediterranean and striking Mount Etna in the distance. Perhaps shop along Corso Umberto, the town's main commercial street, and wander the quaint jumble of elegant homes and picture-perfect churches, a reminder that for centuries Taormina has fascinated poets and artists much as it will inspire you today.

- Embrace time at your leisure in classic Taormina to explore and shop to your heart's content.
- Admire the lovely landscapes of Sicily as you make your way to Taormina by coach.
- See wonderful medieval embellishments on the façade of the 15th-century Palazzo Corvaja.
- Marvel at 360-degree views of Taormina, Mount Etna and the azure sea from the Greco-Roman theater.
- Shop alongside the stately homes and delightful churches of bustling Corso Umberto.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

Walking on this tour is at the guest's discretion. There will be some uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

21

CTA-GL1 CATANIAS STREETS & LOCAL FOOD

Duration: 6.50 Hrs Tour Price: \$0.00

Retail Price: \$199.00



GL



Date: July 11, 2023 09:30 AM

Become immersed in Sicilian cuisine by sampling fried appetizers while browsing an open-air market, followed by a hearty lunch. Upon arriving in Catania's main outdoor market, you will see locals ordering fresh produce and seafood and merchants urging passersby to sample their delectable goods. The aromas of ground spices will be wafting through the air. With your appetite sufficiently whetted, you will have the opportunity to sample some freshly fried fish and traditional arancini, which are stuffed deep-fried rice balls. To further stimulate your appetite, you will pause at a bar for an aperitif and then enjoy a bit of free time to walk around Catania. A full lunch will follow in Aci Castello, a fishing village named for the remains of its Norman castle. Chances are, the meal will include seafood such as mussels, calamari and anchovies, as all of them are routinely caught in the surrounding waters.

- Observe the bounty of fresh produce and seafood in Catania's main market.
- Sample local specialties such as fried fish and stuffed deep-fried rice balls.
- Explore Catania on your own during a bit of free time.
- Sit down to a hearty lunch in the fishing village of Aci Castello.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about three hours of walking and standing with some inclines and cobblestone surfaces to negotiate, plus any additional walking at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour.

CTA-GL2 CATANIA MORNING RAMBLE

Duration: 6.50 Hrs Tour Price: \$0.00

Retail Price: \$199.00



GL



Date: July 11, 2023 09:45 AM

Experience a typical morning in Catania through the eyes of a local by walking through the plazas and browsing markets. You will follow an everyday route that a typical resident might take. Expect to meander through the aisles of a supermarket, pause at a bakery to see what breads and pastries look freshest, and continue on into an open-air farmers market at Carlo Alberto Square that will be abuzz with activity. The cacophony of sounds and aromas wafting through the air will be wonderfully refreshing, as you watch daily life unfold without pretense. Feel free to do some shopping on your own, as the array of merchandise goes far beyond food. In the flea market section alone, you might find usual household goods, casual Sicilian clothing and handicrafts. You will also stop at a kiosk for a glass of freshly squeezed lemonade with sparkling seltzer water. A pinch of salt is usually added on hot summer days.

- Enjoy an enlightening walk through Catania, following a route that a local might take.
- Meander through a supermarket, stop at a bakery and browse a farmers market.
- Shop on your own at the farmers market, which offers merchandise far beyond food.
- Savor a favorite local beverage—freshly squeezed lemonade with sparkling seltzer water.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 3½ hours of walking and standing with some inclines and cobblestone surfaces to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

22

AMALFI/POSITANO, ITALY

AML-007 POMPEII AND SORRENTINO WINES

Duration: 8.00 Hrs **Tour Price:** \$149.00

Retail Price: \$299.00



Date: July 12, 2023 08:15 AM

Explore the storied ruins of Pompeii and enjoy a tasting at a winery that employs grapes grown on the slopes of Mount Vesuvius. Discover fabled Pompeii, a Roman town buried under ash and pumice by the catastrophic Mount Vesuvius eruption of AD 79. You'll gaze in awe at the fascinating excavations, which provide a snapshot of daily life nearly 2,000 year ago. Marvel at the frescoes and mosaics adorning largely intact villas, and observe everyday objects scattered about, nearly undisturbed since the classical era. You'll appreciate time on your own to further uncover ancient baths, temples and shops, all testament to the once-bustling daily life of this forever-silenced metropolis. At Sorrentino Vini, a family-owned winery on the southwest side of Mount Vesuvius, view vineyards that have benefitted from centuries of soil-enriching lava flows. Sample several wines while dining on local specialties such as Gragnano pasta scarpariello, salami, cheeses and homemade bread. You might try a white or sparkling Lacryma Christi, wines unique to Mount Vesuvius, as well as vintages crafted from native caprettone and falanghina grapes, such as an amber-colored fior di ginestre. You'll surely raise a glass to the indelible legacy of this exceptional corner of Italy.

- Roam ancient Pompeii, the fabled Roman city buried under the ash of Mount Vesuvius' AD 79 eruption.
- Examine frescoes, mosaics and everyday Roman artifacts in Pompeii's nearly intact villas.
- Welcome time on your own to seek out temples, shops and Roman baths frozen in time.
- Sip unique wines made from grapes grown on Mount Vesuvius at the Sorrentino Vini winery.
- Try a variety of vintages paired with sumptuous local staples including pasta, cured meats and cheeses.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 4 hours of walking/standing. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

AML-008 RAVELLO AND TRAMONTI APICELLA WINERY

Duration: 6.00 Hrs **Tour Price:** \$0.00

Retail Price: \$199.00



Date: July 12, 2023 08:15 AM

Survey the architectural splendor of hilltop Ravello and enjoy a tasting at a family-owned winery in nearby Tramonti. You'll delight in some of Italy's most dramatic scenery as you make your way to Ravello, a charming medieval town admired by luminaries such as Virginia Woolf. Perhaps see the 11th-century Romanesque cathedral, which features a rare bronze door adorned with more than 50 panels displaying figures in relief. Explore cliffside Villa Rufolo, a monumental complex of buildings described in the 13th century as having "more rooms than there are days in the year." You'll discover that the absolutely stunning Moorish-influenced villa, instantly recognized for its iconic tower, has had countless restorations that only add to its appeal and intrigue. Visit Tramonti's revered Giuseppe Apicella, a family-owned winery that has been producing extraordinary wines and grappa since the 1970s. Following a tour of the cellars, indulge in an assortment of traditional Tramonti snacks accompanied by an intensely tropical Tramonti bianco, a full-bodied Tramonti rosso or a velvety passito with fresh notes of pine needles, a perfect way to toast this wonderful day.

- Stroll quaint Ravello, a medieval village revered by luminaries such as Virginia Woolf and Gore Vidal.
- Discover the secrets of Villa Rufolo, an intriguing complex of medieval buildings and quaint gardens.
- Tour the renowned Giuseppe Apicella winery in the village of Tramonti.
- Sample a selection bold wines accompanied by traditional Tramonti delicacies.
- Gaze at some of Italy's most picturesque coastal landscapes during your journey by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 4 hours of walking/standing. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

AML-004 SPECTACULAR AMALFI DRIVE & SORRENTO

Duration: 6.00 Hrs **Tour Price:** \$0.00

Retail Price: \$149.00



Date: July 12, 2023 08:30 AM

Journey along the magnificently scenic Amalfi Drive to the graceful town of Sorrento, which crowns a cliff overlooking the sea. You'll ride on a comfortable coach for approximately two hours along one of Europe's most spectacular roads, the photogenic Amalfi Drive. As the road threads the high, rocky sea cliffs, pass through one pastel-hued village after another, all clinging precariously to the steep coastline. You'll witness a landscape so alluring and quintessentially Mediterranean that it has been deemed a UNESCO World Heritage site. In Sorrento, discover an effervescent mix of Renaissance palazzi, Romanesque churches and charming pedestrian lanes. View a demonstration of intarsia, or wood inlay, a craft long associated with Sorrento, and admire the resulting intricate, mosaic-like works of art, which are used to adorn furniture, wall panels and music boxes. You'll enjoy time at your leisure to lunch and further explore Sorrento on your own. You might visit a compelling museum, shop inviting boutiques, or simply lounge at a sidewalk café with a signature limoncello in hand while drinking in the magnificent scenery.

- Behold resplendent views of the gorgeous Amalfi Coast, a UNESCO World Heritage site, from the comfort of your coach.
- Delight in a demonstration of intarsia, or wood inlay, a craft perfected by Sorrento's artists.
- Appreciate free time in sublime Sorrento to lunch, visit a museum, shop or simply gaze at the beguiling scenery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited guided walking, with most walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of ability and stamina. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. All times are approximate, dependent upon prevailing traffic conditions.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

23

AML-001 SCENIC RAVELLO

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$139.00



Date: July 12, 2023 08:45 AM

Enjoy an enlightening tour of Villa Rufolo, a spellbinding medieval estate, and appreciate free time to explore the enchanting village of Ravello. Delight in some of Italy's most dramatic scenery as you make your way to cliffside Villa Rufolo, a monumental complex of buildings described in the 13th century as having "more rooms than there are days in the year." You'll discover that the absolutely stunning Moorish-influenced villa, instantly recognized for its iconic tower, has had countless restorations that only add to its appeal and intrigue. Wander through the villa's exquisite Garden of the Soul and seek the iconic well that was an inspiration for Wagner's opera Parsifal. You'll relish approximately one hour at your leisure to explore the enthralling medieval village of Ravello, perhaps visiting the 11th-century Romanesque cathedral, which features a rare bronze door adorned with more than 50 panels displaying figures in relief. As you stroll Ravello's cobblestone streets, hear the distant footsteps of D.H. Lawrence, Gore Vidal, Virginia Woolf and M.C. Escher, illustrious admirers of this magical seaside village.

- Uncover the secrets of Villa Rufolo, an intriguing complex of medieval buildings and quaint gardens.
- Admire Villa Rufolo's iconic tower, the Garden of the Soul and a well that inspired Wagner.
- Appreciate time on your own in quaint Ravello, a medieval village revered by luminaries such as Virginia Woolf.
- Rejoice in some of Italy's most picturesque coastal landscapes during your journey by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to visit the cathedral during free time, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and some steps to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The drive to Ravello includes curves and hills which may cause discomfort to those who are prone to motion sickness.

AML-003 BEAUTIFUL POSITANO & AMALFI

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: July 12, 2023 09:00 AM

Sail the waters of the breathtaking Amalfi Coast to quaint Positano and tour the glorious Cathedral of Saint Andrew in Amalfi, enjoying time at your leisure in both iconic seaside villages. Glide on a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. Relish ample free time in Positano to browse Mediterranean-chic boutiques, linger over a glass of crisp white wine or simply take in the spectacular views afforded by the town's dramatic setting at the edge of a steep cliff. Upon your return to Amalfi, tour the remarkable Cathedral of Saint Andrew, built in the early 13th century atop a flight of 62 steps. You'll be delighted by its striking medieval bronze doors, the first of their kind in Italy. Welcome time on your own to wander Amalfi's sun-splashed piazzas or gaze at the glittering Mediterranean, perhaps glimpsing paradise in the marvelous scenery before you.

- Skim the dazzling waters of the transcendent Amalfi Coast, a UNESCO World Heritage site.
- Take in picturesque vistas of impressive bluffs, tucked-away coves and villas built atop the cliffs.
- Enjoy ample time at your leisure in vibrant Positano, once a sleepy fishing town and now one of the world's most chic getaways.
- Visit Amalfi's magnificent Cathedral of Saint Andrew, an architectural marvel dating to the early 1200s.
- Stroll Amalfi's luminous piazzas and promenades overlooking the azure Mediterranean during free time.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions. The Positano tour portion is non-guided. Local guides will give you a brief orientation on the way to Positano so that you may better enjoy your free time there. Large boats will transport guests to Positano; the boats will only depart when all guests are boarded. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

24

AML-003SG BEAUTIFUL POSITANO & AMALFI - SMALL GROUP

Duration: 4.00 Hrs Tour Price: \$49.00

Retail Price: \$209.00



Date: July 12, 2023 09:00 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Sail the waters of the breathtaking Amalfi Coast to quaint Positano and tour the glorious Cathedral of Saint Andrew in Amalfi, enjoying time at your leisure in both iconic seaside villages. Glide on a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. Relish ample free time in Positano to browse Mediterranean-chic boutiques, linger over a glass of crisp white wine or simply take in the spectacular views afforded by the town's dramatic setting at the edge of a steep cliff. Upon your return to Amalfi, tour the remarkable Cathedral of Saint Andrew, built in the early 13th century atop a flight of 62 steps. You'll be delighted by its striking medieval bronze doors, the first of their kind in Italy. Welcome time on your own to wander Amalfi's sun-splashed piazzas or gaze at the glittering Mediterranean, perhaps glimpsing paradise in the marvelous scenery before you.

- Skim the dazzling waters of the transcendent Amalfi Coast, a UNESCO World Heritage site.
- Take in picturesque vistas of impressive bluffs, tucked-away coves and villas built atop the cliffs.
- Enjoy ample time at your leisure in vibrant Positano, once a sleepy fishing town and now one of the world's most chic getaways.
- Visit Amalfi's magnificent Cathedral of Saint Andrew, an architectural marvel dating to the early 1200s.
- Stroll Amalfi's luminous piazzas and promenades overlooking the azure Mediterranean during free time.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions. The Positano tour portion is non-guided. Local guides will give you a brief orientation on the way to Positano so that you may better enjoy your free time there. Large boats will transport guests to Positano; the boats will only depart when all guests are boarded. The order of sites viewed or visited may vary. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.

AML-012 THE WINES OF POMPEII & NEAPOLITAN CUISIN

Duration: 5.50 Hrs Tour Price: \$0.00

Retail Price: \$139.00



Date: July 12, 2023 09:00 AM

Sample characteristic wines from grapes grown in the fertile volcanic soil of Pompeii, each one thoughtfully paired with locally sourced specialties. A panoramic drive through the gorgeous Campania countryside will bring you to Pompeii, a Roman town forever known for the catastrophic eruption of Mount Vesuvius that buried it under ash and pumice in 79 AD. The 18th-century Bosco de' Medici farmhouse that will host this food and wine experience overlooks Pompeii's archaeologically important Porta Sarno necropolis. After an illuminating tour of the experimental vineyards, which are maintained using natural biodynamic methods, you will view the cellar that holds the amphoras of wine. The tasting may include a white wine made entirely from Capretone grapes grown on the southern slope of Vesuvius. You will also be served local specialties that may include Neapolitan salami, smoked scamorza cheese, crisp grissini breadsticks and a pasta dish topped with Vesuvio Piennolo cherry tomatoes.

- Enjoy a tasting of wines produced from grapes grown in the volcanic soil of Pompeii.
- Sample local specialties such as salami and cheeses that perfectly pair with the wines.
- Delight in the setting of the 18th-century Pompeii farmhouse that serves as the venue.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of walking over even and uneven ground plus approximately 50 steps to negotiate. The sights on this tour are not wheelchair accessible and therefore, it is not available to wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. This tour must be purchased no later than 7 days prior to the operating date. Cancellations made within 7 days or less are subject to a 100% cancellation penalty.

AML-002 THE EMERALD GROTTO

Duration: 2.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: July 12, 2023 09:30 AM

Cruise the awe-inspiring Amalfi Coast and explore the interior of the Emerald Grotto, a mysterious seaside cavern brimming with vivid, aquamarine water and curiously shaped rock formations. Glide in a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. At the Emerald Grotto, board a smaller vessel in order to weave among the uniquely shaped stalagmites and stalactites punctuating the bewitchingly vivid waters, whose extraordinary green hue is due to refracted sunlight beaming in from an underwater opening. You'll be mesmerized by myriad rays reflecting on the water's surface, which in turn cast a mysterious, almost supernatural glow on the walls of the cavern. Look for the nativity scene placed just below the water's surface in 1956, a charming human touch in this otherwise pristine natural wonder.

- Skim the dazzling waters of the transcendent Amalfi Coast, a UNESCO World Heritage site.
- Take in picturesque vistas of impressive bluffs, tucked-away coves and villas perched atop cliffs.
- Bask in the otherworldly, vivid glow of the Emerald Grotto's luminescent waters.
- Seek out the nativity scene resting just below the surface of the grotto's waters.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited walking; however, guests must be able to enter and exit the boats with limited assistance. It is not available to guests who utilize a wheelchair or guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions and entrance into the grotto is subject to sea conditions at the time. Should the grotto visit not be possible, it will be replaced with a visit to the Amalfi cathedral and crypts. Should this substitution be made, guests should dress appropriately for a religious venue; shoulders and knees should be covered.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

Page

25

AML-006 AMALFI'S TRAMONTI WINERY & ANCIENT ROMAN VILLA

Duration: 6.50 Hrs Tour Price: \$299.00

Retail Price: \$449.00



Date: July 12, 2023 09:30 AM

Regent Seven Seas Cruises is proud to partner with Food & Wine Trails, America's foremost culinary travel company, in the offering of this tour. Food & Wine Trails tours are always kept intimate and visit sites not typically offered by mainstream travel suppliers. Their tours are always led by a knowledgeable, English-speaking sommelier, wine or food expert, cooking instructor or chef, who enjoys introducing visitors to some of the best and most authentic food and wine of their region. Delve into the flavors and history of the Amalfi Coast on a culinary excursion that includes a visit to an ancient Roman villa, a limoncello demonstration, a vineyard tour at a family-owned winery and a wine-paired luncheon. You'll discover why globe-trotting foodies prize the Amalfi Coast for its locally grown lemons, artisan-made mozzarella cheeses and a host of other local delicacies. In the town of Minori, visit a 1st-century Roman villa, where you'll see floors decorated with beautiful mosaics and surprising evidence of an early water-heating system. Stroll to a nearby artisan limoncello producer to watch how this refreshing local liqueur is still crafted by hand, and taste the delicious results. In the village of Tramonti, visit a small, family-run winery overseen by one of the region's best-known vintners. You'll wander among the trellised vineyards and learn how grapes are grown on heritage vines, some of which are over 100 years old. Savor a lunch of authentic Tramonti dishes made with locally grown products accompanied by two varietals of wines, a perfect conclusion to your enchanting culinary adventure.

- Enjoy the rich flavors of the Amalfi Coast under the guidance of a Food & Wine Trails local wine and culinary expert.
- Tour a 1st-century Roman villa that boasts wonderful mosaics and an early system for heating water.
- Observe the manufacture of hand-crafted limoncello, a heavenly lemon-zest liqueur.
- Stroll among heritage vines, some over 100 years old, at a family-run winery in the village of Tramonti.
- Revel in a lunch of authentic Tramonti dishes paired with wines from the family's vineyards.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of easy-to-moderate walking. There will be some steps and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for those with mobility concerns. Participants must be at least 21 years of age to be served alcoholic beverages. Given a set meal is served on this excursion, guests with any dietary restrictions should advise the Destination Services Desk a minimum of 48 hours prior to tour. If this tour is cancelled within 3 days of arrival in the excursion port, there will be a one-hundred percent cancellation fee charged to the guest's shipboard account.

AML-010 A JOURNEY CALLED PAST

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: July 12, 2023 10:00 AM

Become immersed in the world of pasta through a behind-the-scenes tour of one of Italy's oldest pasta factories, followed by a delightful pasta lunch. The venue for this enlightening experience will be Gragnano, an ancient city where durum wheat and semolina have been cultivated for thousands of years. It also has the ideal climate for air-drying pasta, a practice that is still observed to ensure quality. As you will learn while browsing an ancient mill and museum, pasta-making is a complex process that can't be rushed. In fact, to achieve its Protected Designation of Origin status, Gragnano pasta must dry gradually for as many as four days and be extruded through a bronze die that imparts a rough texture that helps the pasta sauce cling to the noodle. The results are well worth the effort as you will discover while savoring a lunch of Gragnano pasta and locally made accompaniments.

- Learn more than you ever imagined about pasta in Gragnano, a city synonymous with it.
- See how Gragnano pasta must be made to retain a Protected Designation of Origin status.
- Savor lunch that includes a Gragnano pasta dish and other Italian specialties.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of walking and/or standing. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. The journey to and from the venue is via a scenic route in the hills with curves and bends and may not be suitable for those who suffer from travel sickness.

AML-011 FARM TO TABLE AMALFI-STYLE

Duration: 4.00 Hrs Tour Price: \$119.00

Retail Price: \$269.00



Date: July 12, 2023 10:30 AM

Enjoy an enlightening tour of a family-owned organic farm and then dine on an inspiring lunch made entirely with ingredients from the farm. Both venues are located a bit inland in Scala, a hilltop village said to be founded in the 4th century by shipwrecked Roman sailors. A member of the Ciccio family will show you around the terraced farm and describe the organic methods used in the vineyards, fruit orchards and vegetable fields. Everything is grown without chemicals or fertilizers and when the produce is harvested the natural flavors are at their absolute peak. It is a difference that you can taste as you will discover while dining on dishes prepared with ingredients from the Ciccio family farm. The menu will depend on what is freshest and seasonal that day. The views will be panoramic from the restaurant, as well as from the road as you make your way to and from Scala.

- Tour an organic farm in the village of Scala with a member of the family that owns it.
- Learn about the natural methods used to grow and harvest the various crops.
- Savor an organic lunch comprised entirely of ingredients from the farm.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of walking over even and uneven ground plus approximately 200 steps to negotiate around the farm. The sights on this tour are not wheelchair accessible and therefore, it is not available to wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

Page

26

General Information

What is Included?

Transportation:

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:

Included when indicated in the tour description.

Guides:

Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:

Tours include all required admission fees, where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

Please Note

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

NOTICE:

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.