



**SEVEN SEAS CRUISES®**

**OPTIONAL SHORE EXCURSIONS**

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**BARCELONA, SPAIN to ROME (CIVITAVECCHIA), ITALY**

**SS MARINER May 30, 2023**

**Welcome Ashore!**

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call.

Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

**Shore Excursion Points of Distinction**

Professional English-speaking experts to guide you through your journey.

Peace of mind knowing that your excursions are monitored by the ship's staff.

A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port.

Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

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You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit [www.rssc.com](http://www.rssc.com) today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

## ❖ VALENCIA, SPAIN

### VLC-001 SPLENDORS OF VALENCIA - PANORAMIC & WALKING TOUF

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: May 31, 2023 08:30 AM

Acquaint yourself with Valencia's captivating landmarks on this enlightening panoramic coach tour. Survey the most modern part of the city, starchitect Santiago Calatrava's astonishing City of Arts and Sciences, five distinct, extraordinary buildings linked by a common design concept that comprise Europe's largest cultural-educational complex. Traveling to the historic city center, you'll see La Lonja de la Seda, a stunning former silk market recognized as a UNESCO World Heritage site, and the early 19th-century Mercado Central, emblematic of Spain's art nouveau era. Admire the 13th-century Valencia Cathedral and Chapel of the Holy Chalice, which contains the cup believed to have been used by Jesus at the Last Supper, and the Basilica de la Virgen de los Desamparados, dedicated to Our Lady of the Abandoned, Valencia's patron. Conclude your scenic journey at the formidable 14th-century Torres de Serranos, one of the twelve gates that formed part of ancient Valencia's defensive city walls. You'll rejoice in your discovery of Valencia's enthralling sites, both ancient and modern.

- Take in the breathtaking City of Arts and Sciences, one of Santiago Calatrava's signature architectural achievements.
- View La Lonja de la Seda, a UNESCO World Heritage site, and the art nouveau Mercado Central in Valencia's historic city center.
- Appreciate the Valencia Cathedral and Chapel of the Holy Chalice, which houses a cup purportedly used in the Last Supper.
- Behold the 17th-century basilica dedicated to Our Lady of the Abandoned, Valencia's patron.
- Gaze at the imposing Torres de Serranos, one of the city's ancient defensive gates.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic in nature with walking at the guest's discretion during free time in the town center and a brief walk between the city center and drop-off and pick-up points.

### VLC-001SG SPLENDORS OF VALENCIA - PANORAMIC & WALKING TC

Duration: 3.00 Hrs Tour Price: \$49.00

Retail Price: \$199.00



Date: May 31, 2023 08:40 AM

Acquaint yourself with Valencia's captivating landmarks on this enlightening panoramic coach tour. Survey the most modern part of the city, starchitect Santiago Calatrava's astonishing City of Arts and Sciences, five distinct, extraordinary buildings linked by a common design concept that comprise Europe's largest cultural-educational complex. Traveling to the historic city center, you'll see La Lonja de la Seda, a stunning former silk market recognized as a UNESCO World Heritage site, and the early 19th-century Mercado Central, emblematic of Spain's art nouveau era. Admire the 13th-century Valencia Cathedral and Chapel of the Holy Chalice, which contains the cup believed to have been used by Jesus at the Last Supper, and the Basilica de la Virgen de los Desamparados, dedicated to Our Lady of the Abandoned, Valencia's patron. Conclude your scenic journey at the formidable 14th-century Torres de Serranos, one of the twelve gates that formed part of ancient Valencia's defensive city walls. You'll rejoice in your discovery of Valencia's enthralling sites, both ancient and modern.

- Take in the breathtaking City of Arts and Sciences, one of Santiago Calatrava's signature architectural achievements.
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- Appreciate the Valencia Cathedral and Chapel of the Holy Chalice, which houses a cup purportedly used in the Last Supper.
- Behold the 17th-century basilica dedicated to Our Lady of the Abandoned, Valencia's patron.
- Gaze at the imposing Torres de Serranos, one of the city's ancient defensive gates.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic in nature with walking at the guest's discretion during free time in the town center and a brief walk between the city center and drop-off and pick-up points.

### VLC-017 VALENCIA HOP-ON HOP-OFF

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$59.00



Date: May 31, 2023 09:00 AM

Admire the highlights of Valencia at your own pace by riding a double-decker bus around the city, hopping on and off whenever you please at the attractions you find most intriguing. You will first be dropped off at Plaza de la Reina, a lovely plaza in the heart of Old Town. Whenever you are ready, use the complimentary bus pass to explore the destinations that are most appealing to you. Simply hop on one of the buses and then hop off when it reaches an attraction of interest from the nearly 20 designated stops on the two different bus loops. Stay for as long as you like, and then hop on another bus whenever you're ready. The buses operate throughout the day and make continuous loops around Valencia's must-see landmarks. Once onboard, you will receive a route map that describes the destinations, making it easy to choose your favorite ones. You can remain in the city for up to five hours.

- Use the included bus pass to see the attractions in Valencia that you find most intriguing.
- Stay for as long as you like at attractions and then hop on another bus when you're ready.
- Choose destinations by using the supplied route map that describes them.
- Stay up to five hours in Valencia, visiting attractions ranging from the cathedral to the zoo.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

As the HOHO buses are shared with non-cruise tourists; Guests can expect long lines and wait times between buses. Walking on this tour is at the guests' discretion if they choose to get off the bus. This tour is not recommended for guests who utilize a wheelchair. Guests with mobility concerns should evaluate their ability and stamina before joining the tour. The lower deck of the bus is air-conditioned, the open-top upper deck is not. The tour's duration will vary based upon the guests' choice of stops and time spent at each. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## VLC-021 TAPAS AND FLAMENCO SHOW IN VALENCIA

Duration: 4.00 Hrs Tour Price: \$179.00

Retail Price: \$329.00



Date: May 31, 2023 09:00 AM

Watch an authentic flamenco performance while dining at a restaurant in Valencia that has been presenting these mesmerizing shows for more than a decade. As an introduction to the local culture, you will first stop for a glass of chilled horchata, a milky beverage made with a vitamin-rich superfood known as chufa. The restaurant La Bulería will offer an even more in-depth immersion into the Valencian lifestyle through its cuisine and flamenco show. As you dine on traditional foods such as Iberian ham, a Spanish omelet and foie gras croquettes, you will be treated to a passionate flamenco performance. UNESCO added this centuries-old art form to its Intangible Cultural Heritage of Humanity list because it is so artistically expressive. Through dance, song and guitar music, the seductive gypsy art of flamenco will tell stories with themes ranging from love to oppression. You can't help but be caught up in the highly emotional performance.

- Watch a highly expressive flamenco performance that fuses dancing, singing and music.
- Dine on traditional cuisine made with ingredients locally sourced in Valencia.
- Pause for a glass of horchata, a milky drink synonymous with the area.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes a minimal amount of walking mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## VLC-022 TRADITIONAL VALENCIAN PAELLA

Duration: 4.00 Hrs Tour Price: \$129.00

Retail Price: \$279.00



Date: May 31, 2023 09:00 AM

Cruise across a freshwater lake in Albufera Natural Park and dine on traditional paella in a centuries-old farmhouse nearby. As you cruise across this largest lake in Spain, you will see an abundance of water birds and seemingly endless fields of rice, one of the key ingredients in paella. A once-humble dish, paella originated in the area in the 15th or 16th century and has become synonymous with Valencia. Traditional versions are made with rabbit, chicken, snails and a variety of vegetables such as butter beans and artichokes. Smoked paprika and saffron are commonly used as spices. One of the favorite parts is the socarrat, which is the caramelized crust that forms at the bottom of the paella pan as the rice simmers undisturbed in the broth. The version of paella that you will be served at the restaurant La Genuina – which appropriately means “The Genuine” – will be as authentic as it gets.

- Dine on authentic paella, a once-humble dish that is synonymous with Valencia.
- Enjoy the ambiance of the 200-year-old farmhouse that is now La Genuina restaurant.
- See the area where paella originated as you cruise across a lake in Albufera Natural Park.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes a minimal amount of walking mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and boat and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## VLC-GL2 PAELLA TRADITION: BECOME A LOCAL

Duration: 5.00 Hrs Tour Price: \$99.00

Retail Price: \$249.00



Date: May 31, 2023 09:00 AM

Learn to make traditional paella at a farm in nearby L'Horta, an agricultural region on the outskirts of Valencia where most of the ingredients grow or can be found. Valencians often spend weekends in L'Horta to relax and enjoy a dinner of paella. The gathering is a ritual of sorts, in which families come together to socialize and dine on a dish that was first prepared in this area in the 15th or 16th century. The owner of the farm will show you around the grounds and point out some of the many garden items that will end up in your paella. You will then join a hands-on workshop and learn the basics of preparing this once-humble dish from scratch. While the dish is simmering in a large circular pan, you will toast the upcoming meal with a glass of sangria. When the paella is finished, you might taste it straight from the pan, another Valencian tradition.

- Visit the farming region of L'Horta, where Valencians often spend weekends relaxing.
- Tour a farm where many of the ingredients for paella are grown.
- Learn to make traditional paella in a hands-on workshop on the farm.
- Dine on the freshly made paella, perhaps straight from the pan, which is a tradition.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour involves minimal walking. It is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour must be purchased at least 3 days prior to the operating date. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



Go Local Tour



Accessible Tour

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## VLC-015 PANORAMIC DRIVE, ALBUFERA PARK & BOAT RIDE

Duration: 2.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: May 31, 2023 09:15 AM

Appreciate the diversity of the Valencian region viewing an ultra-modern cultural complex in the city's heart and a vast, pristine wetlands south of the city. Survey the most modern part of Valencia, starchitect Santiago Calatrava's astonishing City of Arts and Sciences, five distinct, extraordinary buildings linked by a common design concept that comprise Europe's largest cultural-educational complex. Following a stop for photos, you'll continue your driving tour of Valencia before heading south to nearby Albufera Natural Park. Learn that the park is one of the most important wetlands on the Iberian Peninsula but only a slim strip of coastline composed of sandy dunes and a pine forest protects it from the sea. You'll find that Albufera is home to diverse species of flora and fauna that features a large variety of birds, such as black-winged stilts, crested coots or migratory birds including bee-eaters. Discover a traditional barraca house, which illustrates how local residents live in harmony with their environment, and board a small boat for a cruise around Albufera's heart, a serene lake that is the largest in Spain. Absorb the fascinating dichotomy of the Valencian region's exquisite modern architecture and its magnificent natural beauty.

- Take in the breathtaking City of Arts and Sciences, one of Santiago Calatrava's signature architectural achievements.
- Experience mesmerizing Albufera Natural Park, one of the Iberian Peninsula's most significant wetlands.
- Revel in the myriad examples of lush flora and fauna found throughout the park.
- Watch for Albufera's diverse avian species, such as black-winged stilts or the migratory bee-eaters.
- Understand how locals integrate into nature at a traditional barraca house.
- Cruise the placid waters of Spain's largest lake during a relaxing boat tour.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate walking. There will be some uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and is not recommended for guests with mobility concerns. Guests must be able to enter and exit the tour boat with limited assistance. Wildlife sightings are not guaranteed.

## VLC-002 VALENCIA'S HISTORICAL CENTER AND FALLAS MUSEUM

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: May 31, 2023 09:30 AM

Discover Valencia's notable landmarks and delight in a museum of colorful larger-than-life characters on this illuminating tour. Enjoy a drive along the seafront and pass starchitect Santiago Calatrava's spectacular City of Arts and Sciences on your journey to Valencia's age-old center, where you'll begin a guided walking tour at the picturesque city hall. You'll visit La Lonja de la Seda, a stunning former silk market recognized as a UNESCO World Heritage site, and the early 19th-century art nouveau Mercado Central, one of Europe's largest covered markets. Stroll to the marvelous Plaza Redonda, where you'll cherish free time to browse its shops or admire the bewitching Gothic Santa Catalina Church. Reboard your coach and travel to the Fallas Museum, where you'll be charmed by myriad ninots, wonderful firecracker-filled puppets that are burned during the annual Fallas Festival to honor Saint Joseph, and learn that the best are placed on display here, rather than incinerated during the festivities. You're sure to treasure your introduction to Valencia's wondrous beauty and fascinating traditions.

- Take in the breathtaking City of Arts and Sciences, one of Santiago Calatrava's signature architectural achievements.
- View La Lonja de la Seda, a UNESCO World Heritage site, in Valencia's historic city center.
- Experience the 19th-century art nouveau Mercado Central, one of Europe's most expansive indoor markets.
- Savor free time to browse the inviting shops of circular Plaza Redonda.
- Examine large-scale puppets that were spared the flames of Valencia's Fallas Festival at the Fallas Museum.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to enter a church during free time, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes considerable walking, plus any additional walking at the guest's discretion during free time.

## VLC-003 VALENCIA'S L'OCEANOGRAFIC

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: May 31, 2023 09:30 AM

Treasure the best of modern Valencia and the city's historical heart on this absorbing tour. Journey to the oft-photographed City of Arts and Sciences, a spectacular attraction comprised of five futuristic buildings designed by Spanish starchitect Santiago Calatrava. You'll view the massive Museo de las Ciencias Príncipe Felipe, where a guide will provide an overview then escort you to the Oceanographic Center, the largest marine park in Europe. Marvel at approximately 500 different specimens of marine life representing varied world climatic zones, all showcased in arched tanks designed for you to pass under, allowing the sea life to swim overhead. After a drive into the historic city center, embark on a guided walking tour to several medieval landmarks, including the 13th-century Valencia Cathedral and the Basilica de la Virgen de los Desamparados, dedicated to Our Lady of the Abandoned, the city's patron. You'll see La Lonja de la Seda, a stunning former silk market recognized as a UNESCO World Heritage site, and the early 19th-century Mercado Central, a covered market that is representative of Spain's art nouveau era. Savor free time at the expansive market to shop or enjoy a refreshment to cap off your immersion into enthralling Valencia.

- Stand in awe at the breathtaking L'Oceanografic, Europe's largest marine park, designed by celebrated architect Santiago Calatrava.
- Explore over 500 marine species in tanks designed so that visitors walk beneath them.
- Behold the 13th-century Valencia Cathedral and a 17th-century basilica dedicated to Valencia's patron.
- View the 19th-century art nouveau Mercado Central market and La Lonja de la Seda, a UNESCO World Heritage site.
- Appreciate time on your own in the bustling market to shop and bask in the vibrant ambience.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ miles of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and steps to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## VLC-004 THE LLADRO FACTORY AND VALENCIA PANORAMA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: May 31, 2023 09:30 AM

Rejoice in an overview of magnificent Valencia and a tour of the revered City of Porcelain on this captivating tour. Relax during an approximately 20-minute drive to the town of Tabernes Blanques, home of the Lladró Factory, known as the City of Porcelain. You'll experience the production chain and learn about the esteemed family business by watching an intriguing documentary on the company's beginnings and its venerated founders, the Lladró brothers. Appreciate time to browse the famous porcelain before departing for a panoramic tour through Valencia's historic city center, viewing sites such as the formidable Torres de Serranos, one of the twelve gates that formed part of the ancient defensive city walls. You'll also relish a photo stop at the breathtaking City of Arts and Sciences, an array of five futuristic buildings by starchitect Santiago Calatrava and a modern marvel that should firmly set Valencia among the must-see cities on everyone's bucket list.

- Visit the renowned Lladró Factory, known as the City of Porcelain.
- Absorb fascinating details about Lladró's history and production techniques.
- Revel in the opportunity to shop for highly regarded Lladró porcelain at its birthplace.
- Pass striking historic landmarks on a panoramic tour of Valencia's age-old city center.
- Gaze at the imposing Torres de Serranos, one of the city's ancient defensive gates.
- Capture memorable photos at Santiago Calatrava's magnificent City of Arts and Sciences.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes flat, easy walking, including any additional walking at the guest's discretion during free time.

## VLC-005 EXPLORE SAGUNTO & VALENCIA

Duration: 7.00 Hrs Tour Price: \$99.00

Retail Price: \$249.00



Date: May 31, 2023 09:30 AM

Trace the region's fascinating and turbulent history at a frequently conquered village and view stunning Valencian landmarks on this engaging tour. Take a scenic journey northeast to Sagunto, an ancient village founded by the Greeks and captured by both the Romans and the Carthaginians under Hannibal, who battled over it during the Second Punic War. On a walking tour of the village, you'll wander through narrow alleyways in the well-preserved Jewish Quarter, passing whitewashed houses and through several stone lancet arches. Experience a Spanish National Monument, a 6,000-seat Roman theater that overlooks the sea and see from the distance a castle complex built during an Arab occupation. Return to Valencia, where you'll stop for photos at starchitect Santiago Calatrava's astonishing City of Arts and Sciences. In the historic city center, on a short walking tour you'll see the 13th-century Valencia Cathedral and the art nouveau Mercado Central, one of Europe's largest covered markets. Savor a hearty traditional Spanish lunch as a fitting finale to your unforgettable excursion.

- Examine evidence of the region's numerous occupiers during a walking tour through ancient Sagunto.
- Meander past whitewashed houses and stone lancet arches in Sagunto's well-kept Jewish Quarter.
- Visit a Roman theater, a designated National Monuments of Spain.
- Capture memorable photos at Santiago Calatrava's magnificent City of Arts and Sciences.
- Behold the exquisite Valencia Cathedral and the 19th-century art nouveau Mercado Central.
- Relish a delicious lunch of Spanish favorites.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Carry a bottle of water, as you may require hydration.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of walking. There will be uneven surfaces and significant inclines to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns.

## VLC-006 VALENCIA AT A GLANCE & WINE TASTING

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: May 31, 2023 09:30 AM, 11:00 AM

Celebrate Valencia's architectural diversity in its stunning landmarks and sample several distinctive regional wines on this pleasant coach and walking tour. Travel to the City of Art and Sciences for a photo stop at this breathtaking complex, designed by acclaimed Spanish architect Santiago Calatrava, and stand in awe before the graceful and futuristic planetarium, science museum, oceanographic park and performing arts center. You'll drive past the neoclassical Plaza de Toros bullring and striking Estación del Norte, the city's main railway station, then arrive at the imposing 15th-century Torres de Quart, part of Valencia's ancient defensive city walls. Begin a walking tour to nearby D.O. Valencia, where you'll taste up to five different wines, perhaps including the region's renowned dessert wine crafted from moscatel grapes. Following your sampling, stroll to the medieval 13th-century Valencia Cathedral and the art nouveau 19th-century Mercado Central for an exterior visit. You'll long remember the sights and flavors of resplendent Valencia.

- Capture memorable photos at Santiago Calatrava's magnificent City of Arts and Sciences.
- See Valencia's neoclassical bullring and eye-catching main railroad station.
- Enter Valencia's historic city center at the commanding 15th-century Torres de Quart.
- Sample up to five characteristic Valencian wines at D.O. Valencia.
- Behold the exquisite Valencia Cathedral and the 19th-century art nouveau Mercado Central.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Carry bottled water, as you may require hydration.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of walking. There will be some uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. The order of sites viewed or visited may vary. Participants must be at least 21 years of age to be served alcoholic beverages.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## VLC-012 BOCAIRENT: A GLIMPSE TO THE MEDIEVAL

Duration: 5.50 Hrs Tour Price: \$0.00

Retail Price: \$119.00



Date: May 31, 2023 09:30 AM

Discover the medieval charm of Bocairent, a hilltop village built almost entirely of stone, including a bullring that was carved from solid rock in the 19th century. It took the villagers years to complete the excavation, but the bullring is still used today. Because almost every building is constructed from rock or carved into rock, Bocairent has an engaging medieval ambiance. The historic quarter is particularly atmospheric, as it was laid out in an Arabic style that reflects a Moorish influence. The streets twist and turn, rise and fall and often end in charming squares and cul-de-sacs. While sometimes challenging to negotiate, Bocairent's old quarter is visually breathtaking, especially from areas that offer panoramic views of the countryside. To enhance your appreciation of the local culture, you will visit a local artisan shop that makes regional liquors such as anise-flavored herbero from mountain flora. While tasting his concoctions, you can't help but marvel at the setting—his shop is inside a cave.

- Explore Bocairent, a village built almost entirely of stone, giving it a medieval ambiance.
- Marvel at the bullring that was pickaxed and chiseled out of the solid-rock hillside.
- Meander the winding, hilly streets of Bocairent's atmospheric Old Town.
- Sample a glass of local anise-flavored herbero made with mountain flora.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 2½ hours of walking. It is not recommended for guests who utilize a wheelchair. Guests with mobility concerns should evaluate their ability and stamina before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

## VLC-016 PANORAMIC VALENCIA

Duration: 2.50 Hrs Tour Price: \$0.00

Retail Price: \$89.00



Date: May 31, 2023 09:30 AM

Uncover glorious Valencia, viewing its outstanding landmarks before spending time on your own in the historic heart of the city. Take a leisurely drive past some of Valencia's most iconic sites, such as the state-of-the-art Marina Real Juan Carlos I, which accommodates nearly 650 yachts and was built to host the America's Cup. You'll wind through downtown Valencia and marvel at architect Santiago Calatrava's astonishing City of Arts and Sciences, five distinct, extraordinary buildings linked by a common design concept that comprise Europe's largest cultural-educational complex. See the 15th-century Torres de Quart, once part of Valencia's ancient defensive city walls. You'll pass the striking Estación del Norte, the city's main railway station. Cherish the bustling Gaudí-inspired art nouveau Columbus Market, which is adorned with colorful window panels and mosaics and gives you an authentic snapshot of Valencia's daily life. Following your panoramic journey through the city, savor nearly an hour of free time in the historic city center to shop or simply soak up the sophisticated atmosphere.

- Admire sleek yachts moored at the Marina Real Juan Carlos I, built to host the America's Cup.
- Take in the breathtaking City of Arts and Sciences, one of Santiago Calatrava's signature architectural achievements.
- Gaze at the captivating Torres de Quart, once part of the city's defensive walls.
- Delight in the enchanting Estación del Norte, the city's main railway station, and the Baroque City Hall.
- Watch bustling daily life unfold at the Gaudí-influenced art nouveau Columbus Market.
- Appreciate time at your leisure in the historic city center for shopping or independent sightseeing.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic in nature with walking at the guest's discretion during stops and free time. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them.

## VLC-019 TREASURES OF THE ALBUFERA: ANNA

Duration: 6.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: May 31, 2023 09:30 AM

Explore a fabulous Moorish palace known the "Alhambra of Valencia" and a nearby lake teeming with wildlife. The nickname of the Palace of the Counts of Cervellon is derived from its elaborate Islamic decorations, which include ceramic mosaics, coffered ceilings and exquisite plasterwork similar to the features found in the larger, more famous Alhambra in Granada. The architecture exudes history as do the museums within the palace, one of which is ethnological in nature. For a glimpse into the natural world, you will visit the Albufera of Anna, a recreational lake within a serene reserve. The vegetation ranges from pine forests to banana groves, a setting that attracts all sorts of animals. Birds are particularly prevalent in the surrounding wetlands, and you may spot herons, ducks and geese. Birds such as grebes and plovers also pause here during their long migratory journeys.

- Browse an elaborate Moorish palace nicknamed the "Alhambra of Valencia."
- Admire the natural beauty and serenity of the Albufera of Anna lake.
- Look for water birds and migratory species that flock to the surrounding wetlands.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 1 hour and 45 minutes of moderate walking/standing. Guests will need to manage flat and uneven surfaces as well as 4 steps throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## VLC-BB1 BEHIND THE DESIGN - VALENCIA

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$119.00



Date: May 31, 2023 09:30 AM

Discover how Valencia's vision for the future is being realized by touring the most cutting-edge buildings with an architect that will offer an insider's perspective of the innovative engineering behind the ground-breaking architecture. You will first behold Veles e Vents, the America's Cup ultramodern, asymmetrical office building. Your architect guide will explain the designer's intentions and the structural challenges that were overcome. The guide will delve even deeper into the engineering back story of the nearby City of Arts and Sciences, an avant-garde complex that has changed the very face of Valencia. Ten years in the making at triple the original budget, this iconic cluster of six buildings is the ambitious creation of local architect Santiago Calatrava. The project has been controversial since the first building opened in 1998, and chances are you will either love it or not. Regardless, you will find the details of its construction – both good and bad – to be captivating.

- Tour the most innovative buildings in Valencia, a city the Romans founded in 138 BC.
- Learn infatuating details about the buildings' engineering from your architect guide.
- Focus on the innovative and highly controversial City of the Arts and Sciences.
- Gain an insider's perspective of the architecture that would otherwise be unattainable.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of moderate walking/standing over uneven surfaces including approximately 40 steps to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. If cancellation of this tour is made within 3 days of arrival in the excursion port, there will be a 100% cancellation fee charged to the guest's shipboard account.

## VLC-011 VALENCIA BY BIKE

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: May 31, 2023 09:45 AM

Pedal across both modern and historic Valencia on this exhilarating bicycle adventure. After being outfitted with your bike and equipment, take off with your guide on a bicycle tour that makes its first stop at Santiago Calatrava's astonishing City of Arts and Sciences, where you may take pictures or enjoy a brief visit. Continuing along a former riverbed that is now an urban garden, you'll cross under historical bridges, pass the Concert Hall and Viveros Gardens then reach the San José Bridge. You'll enter into Valencia's historic city center at the Torres de Serranos, one of the twelve gates that formed the ancient city wall. Make your way along Serranos Street, taking in the sights, and stop briefly at the arresting Plaza de la Virgen, surrounded by the 13th-century Valencia Cathedral, the grand 15th-century Gothic Palacio de la Generalidad and a basilica dedicated to Our Lady of the Abandoned, Valencia's patron. You'll discover the Palacio de Marqués de Dos Aguas, the city's finest Baroque monument, and find other notable landmarks, including the marvelous Jardín de la Glorieta, a lush garden showcasing monuments to eminent Valencians and yet another of the many enchanting sites you'll glide past during your agreeable outing.

- Bicycle to the breathtaking City of Arts and Sciences, one of Santiago Calatrava's signature architectural achievements.
- Pass myriad highlights of Valencia, such as the Concert Hall and Viveros Gardens.
- Access the ancient city center at the Torres de Serranos, one of the city's medieval defensive gates.
- Stop at the Plaza de la Virgen to see the Valencia Cathedral, an impressive Gothic palace and a basilica dedicated to Valencia's patron.
- Delight in the Palacio de Marqués de Dos Aguas, a Baroque masterpiece.
- Take in the verdant Jardín de la Glorieta, which features monuments depicting illustrious Valencians.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe sports shoes.
- Bring a hat, sunglasses and sunscreen.

This tour is only recommended for participants who are in good physical condition. Guests should be experienced bike riders and have recently ridden or be confident on a bicycle. Participants must be comfortable with hand brakes and with riding downhill. All participants must sign a waiver of liability. Helmets are provided and are mandatory. The order of sites viewed or visited may vary. The operation of this excursion is dependent upon prevailing weather conditions.

## VLC-020 TUK-TUK THROUGH VALENCIA

Duration: 2.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: May 31, 2023 10:00 AM, 12:30 PM

See the real Valencia by comfortably riding around town in a tuk-tuk, an open-air vehicle that resembles an oversized golf cart. It is the ultimate way to become immersed in the rhythms of the city as you travel through this city that the Romans founded more than 2,000 years ago. During stops along the way, you might experience the Colon Market, and the modern City of Art and Sciences, Valencia's cultural hub. That's the kind of diversity that makes this jaunt around the city so enthralling. You can also expect to pause for photos at Serrano Towers, the largest Gothic gateway in Europe. The Palau de la Música is another iconic building as its contemporary design features a huge glass dome that has become a symbol of the city.

- Ride through Valencia in a four-passenger tuk-tuk that resembles an oversized golf cart.
- See the absolute icons of the city at ground level for a more immersive experience.
- Gain a historical understanding of Valencia, which was founded more than 2,000 years ago.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the participant's discretion. Guests must be able to get in and out the tuk-tuk on their own. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. For these guests, the photo stop and walk through the Old Quarter can be replaced by extended driving. Each tuk-tuk can accommodate up to four participants and one driver/guide. Guests will have the opportunity to stay in town and return to the ship on their own or they can take the tuk-tuk return ride to the pier.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## VLC-WT1 HEALTHY STROLL ALONG TURIA GARDENS

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: May 31, 2023 10:15 AM

Take an invigorating walk through a garden-like park in downtown Valencia and then enjoy a glass of refreshing vitamin-rich horchata and sponge cake. Although its roots are ancient, Valencia has transitioned into one of Europe's most sophisticated modern cities, as you will discover at the City of Arts and Sciences, a cluster of futuristic-looking buildings. From there, you will begin walking along the former bed of the Turia River, which was drained and re-routed following a devastating flood in 1957. Known as the Garden of the Turia, the lush sunken park features cascading fountains, serene ponds and paths edged in flowers. Your destination will be the 14th-century Serrano Towers, the largest Gothic gateway in Europe. You will pause for photos of the twin towers, which flank an arched opening that was once the main entry to walled Valencia. As the walk should have whetted your appetite, you will then stop at a café for a glass of horchata, a nut-based milky drink.

- Walk through the lush Garden of Turia that now occupies a drained riverbed.
- Stroll two miles from the modern cultural center to the 14th-century Serrano Towers.
- Toast your walk with a glass of milky, nutty horchata and a slice of sponge cake.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 4½ miles of walking on flat paved surface with a few little inclines. It is not recommended for guests who utilize a wheelchair. Those with mobility concerns should evaluate their ability and stamina before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

## VLC-GG1 ECO-FARMING & CITRUS FRUITS

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: May 31, 2023 10:30 AM

Enjoy a behind-the-scenes look at a citrus farm that grows fruit much like it did in the 19th century, when the farm was established. Family-owned Huerto San Eusebio grows a variety of organic fruit, including famed Valencia oranges, grapefruits, kumquats and lemons. While touring the farm with the owner, you will also likely see rarer fruits such as a multi-fingered citron known as Buddha's hand and citrus caviar, a stout finger-shaped lime native to Australia. Most of the products are sold locally to maintain freshness and to minimize the environmental impact of transporting them over long distances. No chemicals or herbicides are used and monoculture farming is avoided because it can deplete the soil's natural nutrients and endanger the crops. You will learn some of the more fascinating specifics during a tasting of fruits and citrus jams. In contrast to this traditional experience, you will pause for photos at the modernistic City of Arts and Sciences, Valencia's cultural hub.

- Tour a family-owned farm that grows organic citrus using eco-friendly methods .
- Sample organic fruits and jams that taste far superior to produce grown conventionally .
- Snap photos of Valencia's most modern attraction— City of Arts and Sciences .
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 1.5 hours of moderate walking over uneven, cobblestoned surfaces. The sights on this tour are not wheelchair accessible and therefore, it is not available to wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Comfortable, flat walking shoes, sunscreen, sunglasses, light clothing and a hat are recommended. The citrus fruits for the tastings will depend of the time of the year. Wildlife is not guaranteed

## VLC-GG2 ECOSYSTEM RECOVERY AT ALBUFERA NATURAL PARK

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$109.00



Date: May 31, 2023 11:30 AM

Join a biologist for an enlightening walk and boat cruise through Albufera National Park to see how its former rice fields were transformed into a natural reserve. Decades of harmful agricultural practices deteriorated the water quality and threatened the wildlife within the area that is now the Tancat de la Pipa reserve. Once the rice fields were converted to freshwater wetlands, the wildlife—particularly water birds—returned in great numbers. The biologist will describe the transformative process and how the reserve's spring-fed waters are naturally filtered. A leisurely cruise on a boat will provide you with a different perspective of the wetlands and the chance to observe the flourishing biodiversity. You may spot black-winged stilts, crested coots, little-ringed plovers and countless migratory birds such as bee-eaters. Marsh harriers are also abundant. These raptors can be easily identified in the air by their long tails and wings, which they typically hold in a shallow "V."

- Follow a biologist through a national park, parts of which were once used for farming .
- Gain insight into how the land was transformed from rice fields into freshwater wetlands .
- Cruise through the reserve in a boat and observe the abundant water birds .
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of moderate walking / standing over mostly flat, sandy surfaces. The sights on this tour are not wheelchair accessible and therefore, it is not available to wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Comfortable, flat walking shoes, sunscreen, sunglasses, light clothing and a hat are recommended.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ PALMA DE MALLORCA, SPAIN

### PMI-006 SOLLER VINTAGE TRAIN RIDE

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$149.00



**Date:** June 01, 2023 08:15 AM

Experience Mallorca's dramatic scenery on this tour to the fetching village of Sóller that includes free time and a fabulous vintage train ride. Relax during an approximately one-hour drive to Sóller, a peaceful and scenic town nestled at the foot of rugged mountains. You'll learn that its location in the lush Serra de Tramuntana Valley has long attracted visitors, writers and artists lured by the gorgeous setting, favorable light, refreshingly cool mountain air and laid-back way of life. Upon arrival, you'll enjoy a guided tour of the town center followed by time at your leisure to explore or do some shopping. As an unforgettable conclusion to your excursion, hop aboard the vintage Palma-Sóller train, an old-fashioned wooden conveyance that has preserved its traditional character for over a century. Rejoice in a ride of approximately 50 minutes as your train languidly traverses Mallorca's entrancing countryside, a resplendent patchwork of orange and olive groves, almond and locust-bean trees, enchanting villages and pine-covered mountains. Surrender to the idyllic charms of Mallorca on this fascinating outing filled with wonders both natural and man-made.

- Roam the inviting streets of Sóller, an unspoiled hamlet set against a backdrop of dramatic mountains.
- Appreciate time on your own to shop and further uncover the charms of Sóller.
- Traverse the glorious landscapes of Mallorca aboard a vintage wooden train.
- See Mallorca's timeless scenery of pine forests, orderly farms and picture-perfect villages.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces, numerous steps and a slight incline to negotiate. The tour is not available to guests who utilize a wheelchair and may not be suitable for those with mobility concerns, who are cautioned to evaluate their personal level of ability and stamina. While there are restrooms available at the train station in Sóller, there are none on the train. The tour may be operated in reverse.

### PMI-002 TASTE OF THE PAST

**Duration:** 5.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$129.00



**Date:** June 01, 2023 08:45 AM

Embrace multifaceted Mallorca during visits to a spectacular castle, an imitation pearl factory and a countryside estate. Wonder at Bellver Castle, a revered Gothic landmark from the 14th century boasting an unusual round design and seemingly impregnable fortifications punctuated by towers of varying heights. You'll realize its hilltop placement affords terrific views of vibrant Palma and the sparkling Mediterranean. Journey to the village of Montuiri for a tour of a traditional Majorcan pearl factory and gain invaluable insight into the manufacture of these coveted ornaments, which are crafted from natural marine products and are nearly indistinguishable from the real thing. Continuing on, you'll travel to Pla de Sant Jordi, or Saint George's Plain, where picturesque windmills dot the landscape. Marvel at Els Calderers, a stately 18th-century manor house that is now an intriguing museum filled with period furnishings. Stroll the great hall, hunting room, kitchen and wine cellar, where you may sample some locally produced vintages, and envision pastoral life more than 200 years ago in this unspoiled and sheltered land.

- Admire commanding Bellver Castle and its unusual round shape peppered with elegant towers.
- Visit a manufacturer of Mallorca's renowned imitation pearls and witness how these flawless jewels are created.
- Rejoice at the sight of postcard-ready windmills strewn about the landscape of Pla de Sant Jordi.
- Wander the house and grounds of Els Calderers, an 18th-century manor featuring period furnishings.
- Savor a selection of local wines in the well-stocked cellar of Els Calderers.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking. There will be some uneven surfaces and a few steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Weather appropriate clothing; sun cap; sunglasses; and flat, comfortable walking shoes are recommended. Participants must be at least 21 years of age to be served alcoholic beverages.

### PMI-003 THE CAVES OF DRACH, AN UNDERGROUND WORLD

**Duration:** 5.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$129.00



**Date:** June 01, 2023 08:45 AM

Explore one of Europe's largest cave systems and shop for renowned Majorcan pearls on this survey of the island's extraordinary gifts. Relax during a leisurely drive through the countryside past windmills and farms to the spellbinding Coves del Drach, a series of spacious interconnected caverns of otherworldly ambience. You'll wander among unusual formations with fanciful names like the Fairies' Theater and Diana's Bath, and learn that the cave's massive stalactites and stalagmites have grown a mere half-inch since being fully explored in the 1880s, a testament to the prehistoric age of the caverns. Discover one of the world's largest subterranean lakes, Llac Martel, which shimmers supernaturally due to strategically placed lights shining from above. Back above ground, tour a traditional Majorcan imitation pearl factory and gain invaluable insight into the manufacture of these coveted ornaments, which are crafted from natural marine products and are nearly indistinguishable from the real thing. You'll appreciate the lustrous quality of Majorcan pearls, manufactured since the 19th century, and contemplate the many pleasant surprises found both above and below ground in enthralling Mallorca.

- See a bucolic landscape of farms and windmills as you drive through the Majorcan countryside.
- Discover the magnificent rock formations of the Coves del Drach, one of Europe's largest cave systems.
- Gaze in awe at the mesmerizing illuminated waters of an underground lake that is among the world's largest.
- Visit a manufacturer of Mallorca's renowned imitation pearls and witness how these flawless jewels are created.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Carry a jacket or sweater, as the caves can be humid and cold.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximate two hours of moderate walking. There may be some slippery surfaces, along with a few steps, to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Caves will be explored independently without a guide and are not exclusive to our guests.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## PMI-WT1 MALLORCA MEDITATION IN MOTION

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: June 01, 2023 08:45 AM

Achieve inner and outer balance while practicing tai chi on one of Mallorca's idyllic beaches. Soothe your soul with the ancient custom of tai chi, which is inspired by the philosophical principles of Taoism and Confucianism. You'll learn that over the centuries tai chi has evolved from an age-old Chinese martial art to an accessible form of exercise that promotes serenity through smooth, flowing motions. Travel to an exquisite seaside setting, where the swaying palms and vivid blue waters will inspire inner peace as you slowly move on the soft sands of the beach. Appreciate the guidance of a professional instructor, who will lead you in stretching and achieving each position, with each one flowing into the next so that your body is constantly in motion. Feel your muscles relax and your breathing deepen as you become aware of your body's sensations, and benefit from increased flexibility, balance, muscle tone and energy. Thanks to tai chi's gentle nature, with minimal impact on joints and muscles, you'll leave the luminous beach with a new and improved body and sense of self.

- Practice the ancient Chinese exercise of tai chi on a serene Majorcan beach.
- Allow a professional instructor to guide you in this activity, which is suitable for all ages and skill levels.
- Flow through a series of gentle motions that effortlessly transition from one to the next.
- Gain improved muscle tone, flexibility and balance during your calming session.
- Wear casual, comfortable, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.



## PMI-009 PALMA SCENIC DRIVE & LOCAL PEARL FACTORY

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$49.00



Date: June 01, 2023 09:00 AM

Take in the architectural gems of Palma and visit an imitation pearl factory to watch artisans create lustrous, perfectly formed Majorcan pearls. You'll transfer to Bellver Castle, a revered Gothic landmark from the 14th century, and notice its unusual round design and seemingly impregnable fortifications, which are punctuated by towers of varying heights. Discover that the gracefully colonnaded interior was primarily used as a prison, and step outside to survey vibrant Palma from the castle's ideal placement atop a hill. Appreciate an introductory panoramic tour of the city, during which you may see the ornate Gran Hotel and the elegant 1667 Teatre Principal. Journey to the village of Montuïri for a tour of a traditional Majorcan pearl factory and gain invaluable insight into the manufacture of these coveted ornaments, which are crafted from natural marine products using a closely guarded technique developed more than a century ago, making them nearly indistinguishable from the real thing.

- Admire commanding Bellver Castle and its unusual round shape peppered with elegant towers.
- See Palma de Mallorca's highlights, including the exquisite Gran Hotel, during a brief panoramic tour.
- Visit a manufacturer of Mallorca's renowned imitation pearls and witness how these flawless jewels are created.
- Select from a wide array of gorgeous jewelry at the pearl factory's shop, if you wish.
- Revel in free time to do as you please in the heart of Palma, perhaps strolling to the outstanding cathedral.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to enter the cathedral during free time, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes uneven surfaces and a few steps to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to carefully evaluate their personal level of ability and stamina. Timing may vary, but the same sites are always visited. On Sundays and during local festivities, shops in the city center may be closed.

## PMI-010 MALLORCA, WINE TASTING AND SPANISH TAPAS

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: June 01, 2023 09:00 AM

Glory in Palma de Mallorca's superlative La Seu cathedral and taste a selection of wines at an esteemed estate that has been operating for over 300 years. Relax during a brief but enlightening drive through Palma, a city whose diverse architecture reflects the influence of its many conquerors, and pause to explore La Seu, the city's spectacular Gothic cathedral. You'll delight in the beautiful golden sandstone exterior, the remarkable flying buttresses, the enormous rose window and the wrought-iron canopy over the main altar, which was designed by idiosyncratic Catalan architect Antonio Gaudí. Travel inland to the village of Consell and reach Bodega Ribas, a venerable winery dating to 1711 whose captivating history will be shared with you during a tour of the estate. Learn how the unique terroir influences the grapes and see unusual varieties such as manto negro, prensal and nearly-extinct gargollasa in the vineyards. Sit for a timely wine tasting, during which you may sample a complex red blend called Ribas de Cabrera, a Ribas Blanc with a white fruit nose and Sió 300, an expressive red named for the winery's 300th anniversary, a palate-pleasing finale to a most rewarding day of discovery.

- Marvel at Palma's cathedral, La Seu, a golden-hued Gothic masterpiece featuring soaring flying buttresses.
- Gaze at the cathedral's impressive rose window and metalwork by Gaudí over the main altar.
- Journey to a centuries-old winery, Bodega Ribas, in the island's fertile interior.
- Tour the 1711 estate and acquaint yourself with its storied history and rare grape varieties.
- Sample several first-rate wines, including a sophisticated red blend and a white with notes of fruit.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 hours of walking over mostly flat but some cobblestone and unpaved ground, plus 5 steps at the winery. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## PMI-021 PANORAMIC COASTAL VISTAS

Duration: 5.00 Hrs Tour Price: \$89.00

Retail Price: \$239.00



Date: June 01, 2023 09:00 AM

Gaze out over the sea from several spectacularly scenic hilltops, where you will tour a 14th-century castle and the former palace of an Austrian archduke. After departing from the pier, you will soon arrive at Bellver Castle, a spectacular Gothic landmark from the 14th century. Its round design is unusual among Spanish castles, and although seemingly impenetrable, the fortress never served a defensive purpose. As you ramble about the hilltop castle taking photos, you will appreciate the origin of its name, which means "lovely view" in Catalan. Few panoramas are quite so beautiful. Continuing on, you will enjoy a picturesque drive inland, passing through Valldemossa, the island's highest town. Still renowned for Polish composer Frédéric Chopin and French author George Sand spending the winter of 1838-1839 in a monastery here, the town has retained its atmospheric charm. Nearby, you will find Son Marroig, the former palace of Archduke Luis Salvador of Austria. The estate is handsomely decorated with period furnishings and makes quite the setting for you to enjoy an aperitif under the Carrara marble rotunda that overlooks the sea. The oddly shaped rock formation that you will see jutting into the water is Na Foradada, which means "pierced rock," a reference to the gaping 60-foot vertical hole in the center of the rock. The panoramic view from the nearby Mirador de Na Foradada restaurant will be just as magnificent. Lunch will consist of a traditional mixed paella cooked over a wood-fired grill. Please note: The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour includes approximately one hour of walking and few steps to negotiate. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## PMI-022 GASTRONOMY WITH GUSTO

Duration: 5.00 Hrs Tour Price: \$69.00

Retail Price: \$219.00



Date: June 01, 2023 09:00 AM

Take in the staggering array of culinary treats at Palma's primary market and then sample an inspiring selection of delicacies at a gastronomic kitchen space within the market. After departing from the pier, you will enjoy a brief but enlightening drive through lovely Palma de Mallorca, whose horizon is dominated by the 14th-century Bellver Castle. From city hall in the lovely Plaza de Cort, you will begin a leisurely walk to Olivar Market, where you will behold a cornucopia of garden-fresh fruits and vegetables, Mallorcan-made cheeses and succulent seafood. Being the city's main market, it is always abuzz with locals shopping. While meandering about on your own, you will gain great insight into the gastronomy of Palma. Most of the stalls have been at the market for decades, and you will likely see every imaginable sort of local delicacy from traditional to exotic. Many of the vendors have their own boats, ensuring the freshest seafood. Local farmers supply the produce, and artisans make the bulk of the sausages and cheeses. Olivar Market is an extraordinary destination to observe daily life as the residents engage in lively conversation and a bit of friendly haggling with the vendors. Following this eye-opening introduction to the market, you will head for Kamaleonico Restaurant to taste an array of representative Mallorcan foods. The menu usually includes Iberian pork, a potato omelet, black bread toast with grilled vegetables and a coiled pastry known as ensaimada. A selection of wines and liqueurs will also be served.

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour includes approximately 1.5 hours of walking and few steps to negotiate. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## PMI-023 A PASSION FOR WINE

Duration: 5.00 Hrs Tour Price: \$89.00

Retail Price: \$239.00



Date: June 01, 2023 09:00 AM

Sample a thoughtfully chosen selection of wines at Tianna Negre, a vineyard that produces several lines of wine made with indigenous Mallorcan grapes. After departing from the pier, you will enjoy a panoramic drive through Palma de Mallorca, during which the guide will point out historical landmarks such as Bellver Castle. The famed Gothic landmark has overlooked the city since the 14th century. Continuing on into the island's interior, you will soon arrive at Tianna Negre, a family-owned and operated winery originally planted entirely with Manto Negro grapes. As you will discover while touring the estate, other grape varieties now flourish in the two vineyards. In fact, Tianna Negre is dedicated to recovering native Palma grape varieties that disappeared following the phylloxera scourge that destroyed countless vineyards in the 19th century. During brunch and a tasting in the cellar, you can expect to sample as many as a half-dozen wines that reflect the terroir and the lime-rich, clay textured soil. You may be served a namesake Tianna Negre red blend made from Manto Negro and Syrah grapes, a Tianna Blanc with notes of ripe fruit from Giró Ros grapes, and a pink rosé with hints of grapefruit. If you sample a wine from the vineyard's Ses Nines line, you will notice that the label features a photo of a child skipping rope. The child became the mother of the winery's founders. She inherited a small vineyard that over time grew to become Tianna Negre. Please note: The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour includes approximately 1.5 hours of walking and few steps to negotiate. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## PMI-024 MALLORCAN MEDLEY

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 01, 2023 09:00 AM

Recognize the great diversity within Palma through a medley of experiences that include dining on authentic Mallorcan cuisine, watching pearls being manufactured and shopping. After departing from the pier, you will settle in for a leisurely drive through Palma de Mallorca to a locally loved venue known for its authentic Mallorcan cuisine, which you will enjoy for brunch. Mallorcan entrees typically feature locally caught fresh fish and succulent pork generously seasoned with garlic and olive oil. For instance, you can expect to be served *sobrassada*, a cross between spicy pork sausage and *paté* that can be eaten plain, fried or on bread. A Mallorcan appetizer known as *coca de trampó* is also usually on the menu. This flatbread is traditionally topped with fresh vegetables such as tomatoes, green peppers and onions. As a complement, you will sample a selection of Mallorcan wines and liqueurs that may include *palo*, an aperitif first produced in the 19th century with plants known to combat malaria. Artificial pearls have also been manufactured on the island since the 19th century, and you will see how at a factory in Palma. You will also have the opportunity to shop in the on-site store, where you can closely examine the pearls, which are prized for being extraordinarily lustrous. Following this enlightening tour, you will continue to Old Town for more shopping. Stores carrying exquisite jewelry and high-end fashions are particularly prevalent. Please note: The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour includes approximately 2 hours of walking and few steps to negotiate. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## PMI-025 NATIVE WINES & MALLORCAN CUISINE

Duration: 5.00 Hrs Tour Price: \$89.00

Retail Price: \$239.00



Date: June 01, 2023 09:00 AM

Taste a selection of wines made from indigenous Mallorcan grapes at a family-owned vineyard and browse a downtown market full of local products that you will enjoy sampling. After departing from the pier, you will drive through Palma and on to the winery *Tianna Negre* in the island's interior. As you will discover while touring the estate, *Tianna Negre* is dedicated to recovering native grape varieties that disappeared following the *phylloxera* scourge that destroyed countless vineyards in the 19th century. During brunch and a tasting in the cellar, you can expect to sample a selection of wines that reflect the *terroir* and the lime-rich, clay textured soil. You may be served a namesake *Tianna Negre* red blend made from *Manto Negro* and *Syrah* grapes, a *Tianna Blanc* with notes of ripe fruit from *Giró Ros* grapes, and a pink *rosé* with hints of grapefruit. Fresh-baked bread and extra virgin olive oil made from the estate's olives will complement the wines. Back in Palma, you will browse energetic *Olivar Market*, where you will behold a cornucopia of garden-fresh fruits and vegetables, Mallorcan-made cheeses and succulent seafood. While meandering about, you will gain great insight into the gastronomy of Palma and daily life, as the market is typically abuzz with residents shopping and conversing with the vendors. Following this eye-opening introduction to the market, you will head for *Kamaleonico Restaurant* to taste an array of representative Mallorcan foods. A selection of indigenous wines and liqueurs will also be served.

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour includes approximately 2 hours of walking and few steps to negotiate. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## PMI-029 TRANQUIL ALFABIA GARDENS

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$169.00



Date: June 01, 2023 09:00 AM

Stroll the cobblestone paths of *Alfabia Gardens*, an oasis of greenery that surrounds an estate dating to the 13th century. An official Cultural Heritage Site, the gardens contain rare species from all over the world. While meandering about, you may see pomegranate trees with twisted trunks, Indian horse chestnuts, Spanish firs and the *Queen's Garden*, an enchanting greenspace redesigned for *Isabella II's* visit in the mid-19th century. Even so, the highlight may be the 72-column pergola adorned with dozens of sculptures and concealed jets that shoot graceful arcs of water through the air. Following a leisurely lunch in the gardens, you will visit *Bellver Castle*, a spectacular Gothic landmark from the 14th century. Its round design is unusual among Spanish castles and the seemingly impenetrable fortress is just as fascinating inside. As you ramble about the hilltop castle, you will appreciate the origin of its name *Bellver*, which means "lovely view" in Catalan.

- Enjoy the serenity of *Alfabia Gardens*, a botanical gem built around a 13th-century estate.
- Follow the cobblestone paths through one exotic garden area after another.
- Explore the 14th-century Gothic landmark *Bellver Castle* and take in the panoramic views.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 1 hour and 45 minutes of moderate walking/standing. There will be 4 steps to enter/exit the motor coach. Guests will have to manage 40 steps as well as paved and cobble stone surfaces throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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### PMI-030 PALMA DE MALLORCA ATTRACTION PASS

Duration: 7.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: June 01, 2023 09:00 AM

Use your Attraction Pass to explore the most popular destinations in Palma de Mallorca without the hassle of arranging transportation, waiting in lines or having to pay the entrance fees. It couldn't be easier to travel from place to place; simply hop on any of the buses that make continuous loops through the city. Hop off at an attraction of interest, stay as long as you like and then hop on another bus bound for the next attraction. It's the best way to maximize your time in Palma de Mallorca and get a genuine feel for the city's history and culture. Visit remarkable attractions, including Baluard museum, an alluring art gallery house of some impressive modern day works of art, Palma Cathedral, Bellver Castle, an architectural landmark in the city. Choose wisely what you want to do and when you want to do it, according to the time you have in Palma de Mallorca, and adventure yourself on this amazing trip!

- Use the Attraction Pass to see Palma's best attractions at no additional cost.
- 6 attractions included: City Sightseeing Hop On Hop Off Bus, City Sightseeing Boat Tour, Bellver Castle, Es Baluard Museum, Sangria Tasting, and Palma Cathedral.
- Ride a bus around town, stopping at the attractions that you find most appealing.
- Stay as long as you like at each attraction to enhance your understanding of it.
- Hop on another bus whenever you please and ride it to another intriguing destination.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

As the HOHO buses are shared with non-cruise tourists; Guests can expect long lines and wait times between buses. Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

### PMI-031 CRUISE & SWIM ALONG THE FORMENTOR COAST

Duration: 5.50 Hrs Tour Price: \$139.00

Retail Price: \$289.00



Date: June 01, 2023 09:00 AM

Sail along northern Mallorca's beautiful Formentor coast and stop along the way to swim in the sparkling blue waters. You will cruise in a traditional llaut, a style of boat originally used for fishing throughout the Balearic Islands because of its stability. The boat's design dates to the Middle Ages although today it has been altered slightly to accommodate leisurely sailing. As you cruise along the Formentor coast, which rims the island's northernmost point, you will be treated to sweeping views of the wild, rugged landscape. It's no wonder that pirates often hid in the secluded coves that the sea has carved into the rocky shoreline. You will pause to swim in at least one of these out-of-the-way coves. While on board, a traditional Mallorcan lunch will be served and the crew will describe some of the history behind the Formentor peninsula, all of which Mallorcan poet Miquel Costa i Llobera once owned.

- Sail across Pollensa Bay in a wooden llaut, a traditional boat originally used for fishing.
- Swim in a wonderfully secluded cove along the wild, rugged coastline.
- Enjoy a Mallorcan lunch on board while taking in the gorgeous scenery.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes minimal walking however the boat is not wheelchair accessible and therefore the tour is not available for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Tour participants taking part in any water activities do so at their own risk and responsibility. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

### PMI-GL1 VISITING ARTISTS IN THEIR STUDIOS

Duration: 4.25 Hrs Tour Price: \$129.00

Retail Price: \$279.00



Date: June 01, 2023 09:00 AM

Visit three acclaimed artists in their studios in the village of Valldemossa, where you will have time to admire their works and discuss the creative process. The village is an inspiring setting that is just as beautiful as it was when Polish composer Frédéric Chopin and French novelist George Sand wintered there in the 19th century. Valldemossa still attracts musicians, writers and most prominently painters, who come to capture the natural beauty. While there, you will visit the studio of Slovenia-born artist Bruno Zupan, where you will most likely see his glowing landscape paintings and limited-edition serigraphs and lithographs. You will also spend time with Natasha Zupan, Bruno's immensely talented daughter. She typically works in mixed media and describes her style as "the search for the heart of the matter." The third artist is Guillermo Rodríguez, known simply as Guillermin. Many of his works are in white or black or a combination of the two hues.

- Browse the studios of three artists in Valldemossa, an inspiring scenic village.
- See the work of a Slovenia-born artist and his daughter and discuss their creative processes.
- Visit an artist that works in black and white and discover what the colors represent to him.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes nearly three hours of walking and standing with some cobblestone surfaces to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



Go Local Tour



Accessible Tour

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## PMI-001 PALMA CITY HIGHLIGHTS

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: June 01, 2023 09:15 AM

Delve into Mallorca's grand capital city of Palma on a guided visit to two stunning Gothic landmarks, La Seu Cathedral and Bellver Castle, and stop at a purveyor of Majorcan pearls. Enter resilient Palma, a city repeatedly invaded over the centuries due to its strategic position in the Mediterranean, and learn how each conqueror left their mark at La Seu, the city's spectacular Gothic cathedral. You'll delight in its enormous rose window, which casts a beautiful light into the church, and the wrought-iron canopy over the main altar, which was designed by idiosyncratic Catalan architect Antonio Gaudí. Enjoy a guided stroll to the city center, where you'll discover an imitation pearl shop and learn the process behind the manufacture of these remarkable jewels. After some free time to shop and wander, continue to Bellver Castle, a revered 14th-century Gothic landmark. Gaze in awe at its unusual round design and seemingly impregnable fortifications, punctuated by towers of varying heights, and find a patio with a double gallery of arches, the Capella de San Marc chapel and the Palma History Museum. You'll celebrate the Gothic treasures of Palma on this enlightening tour.

- Explore La Seu Cathedral, a Gothic masterpiece featuring an impressive rose window and metalwork by Gaudí.
- Visit a purveyor of Mallorca's renowned imitation pearls and discern how these flawless jewels are created.
- Relish time on your own to browse enticing shops or simply absorb the city's beguiling atmosphere.
- Admire commanding Bellver Castle and its unusual round shape peppered with elegant towers.
- Roam the castle's alluring spaces, including the Capella de San Marc chapel and a patio ringed by arcades.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and numerous steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. On Sunday calls, only exterior visits are possible at the cathedral.

## PMI-001SG PALMA CITY HIGHLIGHTS - SMALL GROUP

Duration: 4.50 Hrs Tour Price: \$49.00

Retail Price: \$199.00



Date: June 01, 2023 09:15 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Delve into Mallorca's grand capital city of Palma on a guided visit to two stunning Gothic landmarks, La Seu Cathedral and Bellver Castle, and stop at a purveyor of Majorcan pearls. Enter resilient Palma, a city repeatedly invaded over the centuries due to its strategic position in the Mediterranean, and learn how each conqueror left their mark at La Seu, the city's spectacular Gothic cathedral. You'll delight in its enormous rose window, which casts a beautiful light into the church, and the wrought-iron canopy over the main altar, which was designed by idiosyncratic Catalan architect Antonio Gaudí. Enjoy a guided stroll to the city center, where you'll discover an imitation pearl shop and learn the process behind the manufacture of these remarkable jewels. After some free time to shop and wander, continue to Bellver Castle, a revered 14th-century Gothic landmark. Gaze in awe at its unusual round design and seemingly impregnable fortifications, punctuated by towers of varying heights, and find a patio with a double gallery of arches, the Capella de San Marc chapel and the Palma History Museum. You'll celebrate the Gothic treasures of Palma on this enlightening tour.

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- Admire commanding Bellver Castle and its unusual round shape peppered with elegant towers.
- Roam the castle's alluring spaces, including the Capella de San Marc chapel and a patio ringed by arcades.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and numerous steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. On Sunday calls, only exterior visits are possible at the cathedral.

## PMI-004 PANORAMIC VALLDEMOSA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: June 01, 2023 09:15 AM

Venture into the Majorcan countryside and discover a magnificent monastery, an imitation pearl factory and a photo-worthy Gothic Castle. You'll travel through a landscape of mountains and plains brimming with almond and olive trees en route to Valldemossa, a serene town that has inspired artists for generations. Arrive at the splendid Cartoixa de Valldemossa, a former Carthusian monastery perched 1,200 feet above the Musa Valley, and embark on an approximately one-hour tour of the sanctuary. You'll learn the stone-built structure dates to 1309, with its church added in the 15th century, and that in the winter of 1838-39, Aurora Dupin, who went by the nom de plume George Sand, along with her lover, Frédéric Chopin, spent three months here hoping to conquer the composer's tuberculosis. In the town of Valldemossa, enjoy time on your own with an opportunity to visit a traditional Majorcan imitation pearl shop for invaluable insight into the manufacture of these coveted ornaments. During your return to Palma, you'll stop to capture photos of Bellver Castle, a revered 14th-century Gothic landmark. Gaze in awe at its unusual round design and seemingly impregnable fortifications, punctuated by towers of varying heights, another highlight of endlessly bewitching Mallorca.

- Journey into Mallorca's scenic countryside, where olive and almond trees coat the hills and plains.
- Admire the marvelous former Carthusian monastery of Cartoixa de Valldemossa.
- Absorb the monastery's fascinating history, including a curative stay by lovers Frédéric Chopin and George Sand.
- Explore the tranquil town of Valldemossa during time at your leisure.
- Visit a purveyor of Mallorca's renowned imitation pearls and discern how these flawless jewels are created.
- Admire commanding Bellver Castle and its unusual round shape, peppered with elegant towers
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of easy-to-moderate-walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and a few steps to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to participate only to the extent of their personal ability and stamina and may make arrangements with the guide to not take part in some of the walking portions of the tour. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## PMI-007 BODEGA RAMANYA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: June 01, 2023 09:15 AM

Partake in premium Majorcan wines on this journey to the Bodega Ramanya cellars and see highlights of Palma on a panoramic tour. Board your coach for an introduction to Palma's main attractions, including a photo stop at La Seu, the city's spectacular Gothic cathedral. After an approximately 30-minute lovely drive to the center of the island, find acclaimed Bodega Ramanya, a family-run estate that produces several wines under the prized designation of origin Binissalem Mallorca. Study a collection of more than 2,000 age-old tools and artifacts, some dating from the 17th century, for a vivid picture of farming techniques in days long past. You'll hear about the unique microclimate of the Tramuntana Mountains, which benefits from the soft Mediterranean breeze and has a beneficial effect on the winery's French grape varieties. Observe the techniques used in the production of Ramanya's high-quality wines, and then sample their vintages during a tasting accompanied by a traditional Majorcan snack, a singularly satisfying way to cap off your viticultural adventure.

- See the landmarks of Palma de Mallorca, including the city's majestic cathedral, on a panoramic tour.
- Journey to the celebrated Bodega Ramanya winery, located in the heart of Mallorca.
- Examine over 2,000 agricultural implements dating back as far as the 17th century.
- Gain an understanding of the favorable climatic conditions and winemaking processes that contribute to the region's excellent vintages.
- Taste Bodega Ramanya's superb wines along with a classic Majorcan treat.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking/standing, plus any additional walking at the guest's discretion during stops. There will be some uneven surfaces and a few steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to carefully evaluate their personal level of ability and stamina. The tour is not suitable for children and participants must be at least 21 years of age to be served alcoholic beverages.

## PMI-008 PALMA, TAPAS & FLAMENCO SHOW

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$179.00



Date: June 01, 2023 09:15 AM

View landmarks of Palma de Mallorca and thrill to an authentic flamenco performance while being treated to delicious traditional tapas. Make your way to the city center aboard your coach, passing alluring sights during your comfortable ride, and embark on a walking tour that features exterior visits to La Seu, the city's utterly magnificent cathedral, and the stately Palau Reial de l'Almudaina, a royal palace. As you stroll through the narrow streets of the handsome Old Quarter, you'll admire gracious historic residences inhabited today by Palma's elite. Relish free time after your guided walk to dip into inviting shops or bask in the city's magnetic ambiance. To experience the true spirit of Spain, you'll savor a typical tapas lunch served with sangria, all while enjoying a rousing flamenco performance. Applaud this exhilarating dance, a stirring blend of clicking heels and castanets, Spanish guitar and emotive bravado, a perfect encapsulation of the impassioned and irrepressible soul of this magical land.

- Take in highlights of Palma de Mallorca as you drive into the city's historic heart.
- Gaze at the exterior of two spectacular landmarks, the city's vast cathedral and the noble Palau Reial de l'Almudaina.
- Behold elegant historic homes now occupied by the wealthiest citizens of Palma.
- Appreciate time on your own to wander and select a memento or two from a tempting shop.
- Feast on traditional Spanish tapas accompanied by sangria.
- Rejoice in a showcase of flamenco, the fiery and uniquely Spanish dance.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of moderate walking/standing, plus any additional walking at the guest's discretion during the free time. There will be uneven surfaces and a few steps to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages.

## PMI-015 HOP ON HOP OFF - PALMA DE MALLORCA

Duration: 1.00 Hrs Tour Price: \$0.00

Retail Price: \$59.00



Date: June 01, 2023 09:30 AM

Ride a double-decker bus through Palma de Mallorca, hopping on and off at the destinations that interest you the most and stay as long as you like. You will board the first bus by the cruise terminal at Estació Marítima and follow one of two routes through the city. Use the complimentary bus pass to hop on and off the buses whenever you please, so you will never feel rushed or compelled to leave a destination until you are ready. Audio commentary on the buses will explain the destinations, making it easy to choose favorites from the 20 or so that are available. Shoppers may choose to browse Plaça Mayor, a historical square where you will find everything from local crafts to Mallorcan pearls. The Mediterranean-style Mercat de O'livar is a bustling venue where locals shop for produce in Old Town. Plenty of restaurants are nearby. Art lovers won't want to miss the museum dedicated to Spanish artist Joan Miró.

- Ride a bus around Palma de Mallorca, stopping at the attractions that you find most appealing.
- Stay as long as you like in each attraction to enhance your understanding of it.
- Hop on another bus whenever you please and ride it to another must-see destination.
- Use the provided route map and audio commentary to easily plan your exploration of the city.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

As the HOHO buses are shared with non-cruise tourists; Guests can expect long lines and wait times between buses. Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Weather appropriate clothing; sun cap; sunglasses; sunscreen; an umbrella; and flat, comfortable walking shoes are recommended. While the lower deck of the bus is air-conditioned, the open-top upper deck is not. The duration will vary based upon the guests' choice of stops and time spent at each.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## PMI-GG1 DISCOVER ENVIRONMENTAL TECHNOLOGIES

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$109.00



Date: June 01, 2023 09:30 AM

Enjoy a highly informative, behind-the-scenes look at how the island of Mallorca recycles and manages its waste. The setting will be the Environmental Technology Park, a cutting-edge facility with the ambitious goal of helping Mallorca reduce its waste to zero in the future. Your immersion into waste management will begin in the boardroom, where you will watch an introductory video that explains the facility's objectives and advanced processes. You will learn how waste is recovered and transformed into usable materials such as toys, which are displayed in an on-site museum. An electric train will transport you through other areas of the technology park, parts of which have been built with recycled products. Plastic is processed in one area, wastewater sludge in another and organic material in yet another part of the facility. You can expect the experience to be educational, eye-opening and inspirational.

- Tour an Environmental Technology Park that recycles waste into usable materials .
- Understand how waste from throughout the island of Mallorca is separated and recycled .
- Watch videos that explain the processes and ride an electric train through the facility .
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 1.5 hours of walking and standing. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## PMI-GG2 ECOLOGICAL OLIVE OIL & GOLDEN TREASURE

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: June 01, 2023 09:30 AM

Discover how olive oil is produced in an eco-friendly manner and enjoy a tasting that will reveal the nuances of the various oils. The Son Miranda farm near the center of the island will be the setting for your immersion into the production of organic olive oil. The experience will include an enlightening tour of the olive groves, an explanation of how the olives are harvested and a look at the mill that produces the LA Organic brand oils. The olives are grown without chemicals or herbicides and manually harvested using traditional methods. Grazing sheep and horses take care of any unwanted vegetation and enrich the soil with natural fertilizer. The result is an array of delicious, subtly flavored organic olive oils, many of which you will sample. Some of them contain single varieties of olives, others are produced from a coupage or blend of varieties. You can expect a surprising range of tastes, from delicate to intense.

- Tour a farm that produces organic olive oil using environmentally friendly methods .
- Gain insight into how the olives are grown without chemicals or herbicides .
- Sample a variety of olive oils with tastes ranging from delicate to intense .
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 1 hour of walking. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ MAHON (MINORCA), SPAIN

### MAH-002 HIGHLIGHTS OF MINORCA

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$89.00



**Date:** June 02, 2023 09:00 AM

Discover Menorca, one of the loveliest and most unspoiled islands in the Mediterranean. Step back in time at Fornells, a traditional fishing village strategically nestled in a sheltered harbor, where you'll find several centuries-old fortresses built as a bulwark against marauding pirates. Stroll the tidy streets lined with quaint boutiques and restaurants serving lobster stew, Fornells' signature dish. Atop Monte Toro, you'll agree that the sweeping panoramic vistas extending to the turquoise Mediterranean are well worth the journey. Hear of the legend of a bull, or toro, that led some monks to a statue of the Virgin Mary hidden within a nearby cave. You'll learn the cave is now a pilgrimage site sheltered within a whitewashed convent, itself built over the ruins of a 17th-century monastery. Along the picturesque, jagged southern coast of the island, find Binibeca, a 1970s upscale village designed to resemble a much older fishing hamlet. You'll delight in the maze of narrow passages winding through whitewashed homes and Moorish arches, all designed by acclaimed architect Antoni Sintes Mercadal. Let Menorca's easy way of life soothe you like a gentle Mediterranean breeze.

- Delight in Fornells, a traditional fishing village protected by ancient fortresses.
- Take in expansive views of Menorca and the azure Mediterranean from Monte Toro, the island's highest point.
- View a whitewashed convent protecting a sacred cave, a revered pilgrimage site atop Monte Toro.
- Meander among whitewashed homes and beneath Moorish arches in the recreated fishing village of Binibeca.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour involves walking for approximately three-quarters of a mile. There will be several steps and some uneven surfaces to negotiate. The tour may not be suitable for guests who utilize a wheelchair or guests with mobility concerns.

### MAH-009 FROM NORTH TO SOUTH

**Duration:** 4.50 Hrs **Tour Price:** \$0.00

**Retail Price:** \$99.00



**Date:** June 02, 2023 09:00 AM

Discover the naturally beautiful villages that rim Menorca's north shore and then loop south into the island's panoramic interior before driving on to the largest beach. After departing from the pier, you will settle in for a spectacularly scenic drive north, pausing along the way for photos of seaside Port d'Addaia and lovely Arenal d'en Castell. Both towns are revered for their naturally beautiful settings, fine marinas and wide beaches. Not far away, you will find Fornells, a traditional fishing village on the north shore of Menorca. The village of meticulously preserved whitewashed buildings revolves around the sea and has become a favorite destination for sailors, windsurfers and divers. Historical attractions include a church dedicated to Saint Antoni and the ruins of several fortresses. The interior of Menorca is just as impressive, as you will discover on the way to Es Mercadal, another atmospheric whitewashed village. Its backdrop is El Toro, the island's highest point and supposedly its spiritual center. The mountain has been a pilgrimage site since the 13th century and a small church and sanctuary now sit atop the summit. After relaxing over a beverage and pastry at a bakery in Es Mercadal, you will continue south to Son Bou, the island's largest beach. As pretty as it is, the ruins of the early Christian basilica nearby may be even more noteworthy. Now enclosed by a protective wall, the stone basilica was probably constructed in the 5th century. Please note: This tour includes approximately 2.5 hours of walking. Tour not suitable for guests with limited mobility. Surfaces present inclines, cobblestones and dirt track. During the summer months, due to traffic and congestions at some sites, coach must be forced to park further away to the site and guests could be asked to walk some 10 minutes to reach the site. Guests have the option of staying on the bus if they prefer. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Tour not suitable to guests with limited mobility.

### MAH-GL1 SHEPARD FOR A DAY

**Duration:** 3.50 Hrs **Tour Price:** \$99.00

**Retail Price:** \$249.00



GL

**Date:** June 02, 2023 09:00 AM

Experience the life of a sheep farmer and shepherd by visiting a characteristic farm that produces dairy products from highly prized Menorcan sheep. After departing from the pier, you will enjoy a scenic drive through the idyllic countryside to Son Triay (Ferrerries). Upon arriving, you will be welcomed at a family farm that tends a substantial herd of sheep. After an enlightening introduction to the family's lifestyle and the operation of the farm, you will walk into the fields where the sheep are grazing. The farm's Menorcan-bred sheep are milked to produce one of the island's few cheeses made with sheep's milk. Other cheeses usually contain lesser amounts of sheep's milk, which is then blended with raw or pasteurized cow's milk. You can taste the sea salt in Menorcan cheeses, the result of strong winds that soak the grazing fields with an ocean mist. The farmers may demonstrate how to milk sheep and shear them. Wool from Menorcan sheep has been prized for centuries, and the farmers will explain the attributes that make it so desirable. Following your immersion into shepherding and sheep farming, you will savor a tasting of farm-to-table dishes such as fresh-baked bread, cheeses, typical sausages and wine.

- Experience rural life on a farm that produces dairy products from Menorcan sheep.
- Watch demonstrations of sheep milking and shearing.
- Sample a variety of farm-to-table dishes including cheeses made from sheep's milk.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about two hours of walking and standing with some cobblestone surfaces and inclines to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. This tour has limited capacity, so pre-book it as early as possible.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## MAH-001 CIUADELLA CITY HIGHLIGHTS

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$89.00



Date: June 02, 2023 09:15 AM

Enjoy a guided walking tour among the Moorish and Spanish-influenced medieval landmarks of Ciutadella, former capital of Menorca. In the Old Quarter of the city, known as Es Born, you'll wander down narrow cobblestone streets brimming with character. Discover Born Square, the beating heart of the Old Quarter, which is punctuated by an impressive obelisk commemorating a valiant but ultimately unsuccessful attempt to defeat the Turks in 1558. Despite the calamitous result, you'll appreciate how Ciutadella was rebuilt in a grand style with gorgeous, fairytale-like architecture, much of which still stands today. Admire more recent buildings as well, including the 19th-century castle-like city hall overlooking Born Square, which was constructed atop the ruins of an Arab citadel. During your walk, you'll pass several splendid palaces, including the opulent Palau Salort. At the city's magnificent cathedral, recognize a variety of styles ranging from Gothic to neoclassical to Baroque. Stand at the high altar and bask in the sunlight fragmented into kaleidoscopic beams by the intricate stained-glass windows. You'll relish over an hour of free time after your tour to further explore this enchanting island metropolis.

- Discover the alluring medieval Old Quarter of Ciutadella on a guided walking tour.
- Gaze skyward at the soaring obelisk memorializing a crushing defeat by Turkish forces in 1558.
- Examine the captivating 19th-century city hall, designed to evoke a medieval castle.
- Walk past several elegant palaces, including the extravagant Palau Salort.
- Delight in the architectural hodge-podge of Ciutadella's cathedral, an enchanting mix of Gothic, neoclassical and Baroque.
- Enjoy over an hour of free time to continue your exploration of captivating Ciutadella.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes 90 minutes of moderate-to-strenuous guided walking. There will be numerous steps and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Participants should be in good physical condition.

## MAH-005 ISLAND DISCOVERY

Duration: 7.00 Hrs Tour Price: \$0.00

Retail Price: \$109.00



Date: June 02, 2023 09:15 AM

Immerse yourself in this all-encompassing tour through Menorca's charming fishing villages and peaceful inland towns. Step back in time at Fornells, a traditional fishing hamlet strategically nestled in a sheltered harbor, where you'll find several centuries-old fortresses built as a bulwark against marauding pirates. On the southern coast, marvel at stunning Cala Galdana, a horseshoe-shaped inlet so breathtaking that locals affectionately call it the Queen of the Coves. Enjoy a leisurely tour of the surrounding village and visit Binissuès an 18th century English-style manor house. Learn how the Salort family used to spend their spring holidays in the 19th century. Relish time to shop in the 13th-century town of Ferrerias before heading to Monte Toro, where you'll agree that the sweeping panoramic vistas extending to the turquoise Mediterranean are well worth the journey. Hear the legend of a bull, or toro, that led some monks to a statue of the Virgin Mary hidden within a nearby cave, now a pilgrimage site sheltered within a whitewashed convent. North to south and east to west, you're sure to delight in Menorca's seemingly endless charms. Time at leisure will be scheduled at Fornells for lunch at leisure or further exploration.

- Delight in Fornells, a traditional fishing village protected by ancient fortresses.
- Tour Cala Galdana, a hamlet on a pristine horseshoe-shaped cove beloved by Menorcans.
- Visit Binissuès an ochre-hued country manor from the 18th century.
- Take in expansive views of Menorca and the azure Mediterranean from Monte Toro, the island's highest point.
- Survey a whitewashed convent protecting a sacred cave, a revered pilgrimage site atop Monte Toro.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate walking/standing, with some uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. The tour may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of stamina and ability.

## MAH-010 MENORCA BRITANNIA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: June 02, 2023 09:15 AM

Trace the British influence on Menorca by visiting one fort that the soldiers expanded while occupying the island and then sampling gin at distillery that the British opened. After departing from the pier, you will soon arrive at Fort Marlborough, an early 18th-century fort named for the British general John Churchill, the first Duke of Marlborough. Starting in 1713, the British ruled Menorca on and off for nearly 100 years, and their influence can still be seen throughout Mahon, especially in military fortifications. While meandering around Fort Marlborough, you will learn about its construction, which features a well-concealed entry tunnel, and how the Spanish partially destroyed the fort during a siege in 1782. After the visit of the fort, you will be transferred to Es Castell: situated on the Port of Maó, it is the most British town in Spain. It was built during the 18th century by the British engineers and formally known as Georgetown (in the honor of George III of Britain). If you take a look at the street plan you will note that the streets preserve the original cross-sectioned streets reflecting its British roots and that there is a parade square together with the British barracks, with Georgian architecture featuring bow windows and typical "guillotine" windows. After a guided visit at the square, you will have some free time to visit the small fishing port. Leaving Es Castell, as further evidence of the British influence, you will visit a gin distillery that they opened in the 18th century. While touring, be sure to notice the original copper still and then enjoy a sampling of the gin.

This tour involves approximately 3 hours of walking, some of which will include inclines, steps, uneven and cobbled ground. It is not recommended for guests who utilize a wheelchair or suffer from claustrophobia. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## MAH-004 SAND, SEA & LEISURE IN MINORCA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$49.00



Date: June 02, 2023 09:30 AM

Let your cares melt away at one of the finest beaches along Menorca's idyllic southern coast. Indulge yourself at Son Bou, an unsullied and beautiful beach rimming the turquoise Mediterranean. Float in the gin-clear waters, stroll along the fine sand or simply relax under the sun's warming rays. You might wish to browse the nearby shops, seaside bars and restaurants, or perhaps venture farther down the picturesque coastline to the ruins of the early-Christian Basilica de Son Bou. Should you feel more adventurous, you may rent equipment on the beach for watersports such as snorkeling. Whether lazing on the sand or floating in the sea, you'll appreciate your rejuvenating outing on this Spanish island paradise.

- Enjoy a peaceful day on Son Bou, a pristine beach stretching along Menorca's southern shore.
- Swim in the transparent waters of the Mediterranean, wander along the soft sand or simply soak in the abundant sunlight.
- Find snorkeling equipment for rental, should you wish to explore beneath the calm, turquoise waters.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Wear a hat, sunglasses, sunscreen and, if you wish to swim, swimwear under a cover-up.
- Pack a towel from the ship.
- Carry bottled water, as you may require hydration.

Walking on this tour is at the guests' discretion. There will be sandy surfaces to negotiate at the beach. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Those who participate in any water activities do so at their own risk and responsibility. Guests are asked to be at the appointed pick-up location on time for the return transfer; those not present are responsible for making their own way back to the ship at their own expense.

## MAH-003 THE ARCHAEOLOGY OF MAHON

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: June 02, 2023 09:45 AM

Explore Menorca's intriguing archaeological and spiritual landmarks, from a whitewashed convent to a mysterious T-shaped stone. Atop Monte Toro, you'll agree that the sweeping panoramic vistas extending to the turquoise Mediterranean are well worth the journey. Hear of the legend of a bull, or toro, that led some monks to a statue of the Virgin Mary hidden within a nearby cave. You'll learn the cave is now a pilgrimage site sheltered within a chalk-white convent, itself built over the ruins of a 17th-century monastery. At the Torre d'en Gaumes site, explore the remains of a large hilltop town constructed 3,500 years ago during the Talayotic Era, so named for the large stones known as talayots used to build towers and other structures. Wander among the intriguing stone houses, water cisterns and storage halls that have been unearthed at this ancient settlement. You'll view more age-old remains at nearby Torralba d'en Salord, where the most memorable landmark is a massive T-shaped stone known as a taula, a centuries-old sacred monument that is a testament to Menorca's timeless allure.

- Take in expansive views of Menorca and the azure Mediterranean from Monte Toro, the island's highest point.
- View a whitewashed convent protecting a sacred cave, a revered pilgrimage site atop Monte Toro.
- Survey the ancient remains of Torre d'en Gaumes, a stone settlement built over 3,500 years ago.
- Gaze in awe at an enigmatic T-shaped monument in Torralba d'en Salord.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 2 ½ hours of moderate walking with uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. The tour may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of stamina and ability.

## MAH-006 FORNELLS, MAHON AND WINE TASTING

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: June 02, 2023 09:45 AM

Revel in Menorca's fascinating contrasts by visiting both one of its largest towns and one of its smallest villages, then savor a wine tasting at a renowned countryside estate. Step back in time at Fornells, a traditional fishing village strategically nestled in a sheltered harbor, where you'll find several centuries-old fortresses built as a bulwark against marauding pirates. Stroll the tidy streets lined with quaint boutiques and restaurants serving lobster stew, Fornells' signature dish. You'll return to modern times at Hort Sant Patrici, a country estate known for its handcrafted cheeses and fine wines. Enjoy an enlightening walk through the vineyard and a presentation of traditional cheese-making methods. You'll relish a tasting of the estate's signature cheeses and wines crafted with merlot, cabernet sauvignon and syrah grapes. Try a cherry-red Hort Cayetana, with fresh aromas of jasmine and orange blossom, or perhaps an Hort Cupatage, with mint and spice notes. Back in Mahon, enjoy a tour among elegant buildings that evoke the island's British occupation in the 18th century. You'll appreciate Menorca's eclectic traditions on this cultural and gastronomic journey across the island.

- Delight in Fornells, a traditional fishing village protected by ancient fortresses.
- Tour a vineyard and witness cheese-making techniques at Hort Sant Patrici, a famed country estate.
- Sample the estate's uniquely Menorcan wines and cheeses.
- Study Mahon's British-influenced architecture, a reminder of the island's 18th-century occupation.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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**STE-003 AIGES MORTES EXPERIENCE**

**Duration: 4.00 Hrs**    **Tour Price: \$0.00**

**Retail Price: \$119.00**



**Date: June 03, 2023 08:15 AM**

Explore the stunning medieval town of Aigues-Mortes, once a departure harbor for the Crusades of Saint Louis. Relax on a leisurely drive that takes you past La Grande Motte, a modern resort of striking pyramid-style buildings that stand in contrast to age-old Aigues-Mortes. You'll discover the 13th-century town is surrounded by unbroken and seemingly impregnable walls built in a nearly perfect rectangle. During your approximately one-hour guided walking tour, you'll see Constance Tower, an impressive castle that overlooks the surrounding salt marshes and once served to alert Aigues-Mortes' citizens about incoming Saracens. You'll admire the round and nearly windowless edifice, which is topped by a quaint lookout tower. Enjoy approximately one hour at your leisure to wander the easily navigable grid of streets or ascend for a stroll along the impressive ramparts, which afford wonderful views of the surrounding multi-hued marshes. If you've built up an appetite, dine at one of the town's excellent eateries and perhaps shop for the Camargue region's fabled fleur de sel, a delicate sea salt and yet another centuries-old legacy of this marvelous feudal city.

- Pass the unique pyramidal buildings of La Grande Motte resort during a picturesque drive.
- Behold the commanding 13th-century walls that completely enclose Aigues-Mortes.
- Visit the superlative Constance Tower, a round fortification that once warned of Saracen attacks.
- Enjoy approximately an hour on your own to dine or explore further after your guided walking tour.
- Choose to stroll atop the formidable ramparts or shop for the region's famed fleur de sel.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Travel time to Aigues-Mortes is approximately one hour by coach in each direction.

**STE-004 MONTPELLIER & FLAUGERGUES CASTLE**

**Duration: 5.00 Hrs**    **Tour Price: \$0.00**

**Retail Price: \$129.00**



**Date: June 03, 2023 08:30 AM**

Discover the 1,000-year-old city of Montpellier and a marvelous château on this delightful tour that includes a wine tasting. Settle in for a lovely journey to Montpellier, a splendid town bursting with evocative architecture. You'll pass through the exceptional Antigone District, designed by famed Catalan architect Ricardo Bofill in the late 1970s in a grand neoclassical style. Enjoy a one-hour walking tour through the Old Town's charming courtyards of 17th- and 18th-century townhouses, cozy squares seemingly lifted from much smaller villages and expansive plazas such as café-lined Place Jean-Jaurès and majestic Place de la Comédie. You'll welcome approximately 45 minutes on your own for further exploration before a brief journey to the dazzling Château de Flaugergues. Delight in the estate's monumental staircase, 17th-century Flemish tapestries and beautiful French-style gardens punctuated with rare varieties of trees. You'll learn that vineyards have thrived here since Roman times and savor a tasting of the distinctive wines produced from their grapes. From graceful architecture to sophisticated vintages, you'll rejoice in the wonders of glorious Montpellier.

- Wonder at the neoclassical flourishes of Montpellier's magnificent Antigone District.
- Relish a walking tour through elegant 17th- and 18th-century neighborhoods and squares.
- Wander at your leisure during free time in regal Montpellier.
- Tour the alluring grounds and interior of a fabulous country estate, the Château de Flauberges.
- Taste the château's venerable wines, in production since Roman times.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of easy-to-moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages. Travel time to Montpellier is approximately 45 minutes by coach in each direction.

**STE-004SG MONTPELLIER & FLAUGERGUES CASTLE - SMALL GROU**

**Duration: 5.00 Hrs**    **Tour Price: \$69.00**

**Retail Price: \$219.00**



**Date: June 03, 2023 08:30 AM**

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- Taste the château's venerable wines, in production since Roman times.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of easy-to-moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages. Travel time to Montpellier is approximately 45 minutes by coach in each direction.

## STE-001SG HIGHLIGHTS OF ARLES & SAINTES MARIES - SMALL GR

Duration: 8.00 Hrs Tour Price: \$149.00

Retail Price: \$299.00



Date: June 03, 2023 08:45 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Visit two charming and distinctive French villages rich in history on this guided walking tour. Enjoy a scenic 90-minute drive to Arles, a wonderful city settled on the banks of the Rhone River. You'll learn the town has been designated a UNESCO World Heritage site for its outstanding Roman ruins, some of which date back to the 1st century BC. During your guided walking tour, view two magnificent Roman venues still in use today, the arched amphitheater and the Antique Theater, which was built during the Augustan Age for 7,000 spectators. Uncover the city's later treasures, including the Church of Saint-Trophime, whose Romanesque cloister is particularly exquisite. You'll hear of Van Gogh, as the artist spent a turbulent year in Arles painting over 200 canvases, eventually severing his own ear. Relish time at your leisure to dip into a bistro for lunch before traveling to Saintes-Maries-de-la-Mer, once a sacred site for Celts, Romans, Christians and now for the Romany people. Admire the town's 12th-century fortress-like church, a revered pilgrimage site that increases Saintes-Maries' population by the thousands every May. As you stroll about this sacred seaside village, you'll understand the inspiring devotion of the itinerant Romany.

- Discover the city of Arles, a UNESCO World Heritage site that boasts stunning Roman ruins.
- See Arles' well-preserved Antique Theater and amphitheater, which are still used for performances.
- Gaze at the Church of Saint-Trophime's remarkable Romanesque cloister.
- Learn of Vincent Van Gogh's troubled year in Arles as you walk on streets once trod by the artist.
- Appreciate time on your own for lunch and to meander through delightful Arles.
- View the fortified church of Saintes-Maries-de-la-Mer, a seaside town that hosts a yearly Romany pilgrimage.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes two hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## STE-002 THE WALLED CITY OF CARCASSONNE

Duration: 8.00 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: June 03, 2023 08:45 AM

Delve into the atmospheric cobbled streets of Carcassonne, deemed a UNESCO World Heritage site for its outstanding medieval heritage, which includes two concentric fortified walls boasting more than 50 towers. Settle in for a picturesque drive inland to Carcassonne, a fortified hilltop settlement in existence since pre-Roman times. During your guided walking tour, you'll see the 13th-century Narbonne Gate, which features two large, pointed towers and an asymmetrical drawbridge intended to slow down attackers. See the gate's double-closure system of inner and outer walls, which sheds light on the evolution of military architecture over the centuries. You'll visit the Saint-Nazaire Basilica, a Romanesque and Gothic sanctuary with extraordinary stained glass windows, and behold a 12th-century castle that was once the seat of power for the Trencavels, Viscounts of Carcassonne. Enjoy time on your own, perhaps walking the imposing ramparts, pausing for photos on the beautiful Pont-Vieux Bridge or simply meandering the cobblestone streets lined with shops and restaurants. Should you choose to have lunch, try one of the region's renowned cassoulets, a delectable conclusion to this unforgettable journey back to the Middle Ages.

- Relax on a pleasant drive through the bucolic landscape of southern France.
- Admire the nearly intact feudal architecture of Carcassonne, an astonishing UNESCO World Heritage site.
- Gaze at the Narbonne Gate's insurmountable drawbridge, double walls and guard towers.
- Delight in the exquisite stained glass of the Romanesque and Gothic Saint-Nazaire Basilica.
- Stand in awe before the town's 12th-century castle, once home to the Viscounts of Carcassonne.
- Shop or explore during time at your leisure, perhaps dining on the region's famed cassoulet.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 75 minutes of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Travel time to Carcassonne is approximately two hours by coach in each direction.

## STE-002SG THE WALLED CITY OF CARCASSONNE - SMALL GROUP

Duration: 8.00 Hrs Tour Price: \$149.00

Retail Price: \$299.00



Date: June 03, 2023 08:45 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Delve into the atmospheric cobbled streets of Carcassonne, deemed a UNESCO World Heritage site for its outstanding medieval heritage, which includes two concentric fortified walls boasting more than 50 towers. Settle in for a picturesque drive inland to Carcassonne, a fortified hilltop settlement in existence since pre-Roman times. During your guided walking tour, you'll see the 13th-century Narbonne Gate, which features two large, pointed towers and an asymmetrical drawbridge intended to slow down attackers. See the gate's double-closure system of inner and outer walls, which sheds light on the evolution of military architecture over the centuries. You'll visit the Saint-Nazaire Basilica, a Romanesque and Gothic sanctuary with extraordinary stained glass windows, and behold a 12th-century castle that was once the seat of power for the Trencavels, Viscounts of Carcassonne. Enjoy time on your own, perhaps walking the imposing ramparts, pausing for photos on the beautiful Pont-Vieux Bridge or simply meandering the cobblestone streets lined with shops and restaurants. Should you choose to have lunch, try one of the region's renowned cassoulets, a delectable conclusion to this unforgettable journey back to the Middle Ages.

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- Stand in awe before the town's 12th-century castle, once home to the Viscounts of Carcassonne.
- Shop or explore during time at your leisure, perhaps dining on the region's famed cassoulet.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 75 minutes of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Travel time to Carcassonne is approximately two hours by coach in each direction.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## STE-005 PICTURESQUE PEZENAS & VALMAGNE ABBEY

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: June 03, 2023 01:30 PM

Visit two extraordinary treasures of southern France, the beguiling village of Pézenas and the stirring Valmagne Abbey, on this enlightening tour. You'll travel for approximately 45 minutes to Pézenas, a charming town situated on the River Peyne amid plains strewn with vineyards. During your guided walking tour, discover the village was once the residence of the governors of Languedoc and eventually became the region's royal seat. In the Old Town, see mansions boasting elegant balconies and ornate doorways, narrow streets unchanged since the 17th century and artisans occupying medieval workshops. You'll relish time on your own to uncover the town's wealth of galleries and sidewalk cafés before continuing to the rose-colored Valmagne Abbey, which rises serenely above the surrounding Languedoc vineyards. Marvel at the outstanding monastery, founded under the Benedictine Order in 1138 and once one of the richest Cistercian abbeys in the south of France. During your visit, view the cloister's charming Tuscan garden, the chapter house and the Gothic church where Valmagne wine is now stored. As you wander among hallowed chambers, ponder the tranquil existence of the nearly 3,200 monks who once called this remarkable sanctuary home.

- Enjoy a panorama of southern France's bucolic landscape of farms and vineyards.
- Soak up the authentic 17th-century atmosphere of Pézenas's delightful Old Town.
- Step into the town's welcoming cafés and galleries during time at your leisure.
- Admire the superb Valmagne Abbey, a sprawling sanctuary once home to almost 3,200 monks.
- Walk through the abbey's chapter house, Gothic church and the Tuscan garden planted in the cloister.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes two hours of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ MONTE CARLO, MONACO

### MON-002 STARS OF THE COTE D'AZUR-CANNES, GRASSE, ST. PAUL

Duration: 8.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 04, 2023 09:15 AM

Discover Cannes, Grasse and Saint-Paul-de-Vence, three enthralling villages of the Côte d'Azur, on this captivating tour. In Cannes' chic seaside Boulevard de La Croisette, stroll between swaying palms and stylish hotels, and on glitzy Rue d'Antibes, find one exclusive boutique after another. You'll drive through the pastoral countryside to Grasse. While touring a perfume manufacturer, you'll learn this region is considered the birthplace of French perfumes due to its abundance of water and ideal conditions for growing aromatic plants. Journey to feudal Saint-Paul-de-Vence, a town perched atop a spur of land between two deep valleys, a protected location that has preserved its 13th-century ramparts. Make your way along impossibly quaint cobbled streets once trod by Matisse and Chagall to Great Fountain Square or the grand Collegiate Church, whose construction stretched from the 14th to the 18th centuries. Browse the village's galleries, where work by local artisans is displayed, and seek French fashions or confections at a welcoming boutique or café.

- Shop along Cannes' exclusive Rue d'Antibes and view grand hotels on Boulevard de la Croisette.
- Tour a perfume maker in Grasse, a medieval village blessed with an abundance of aromatic greenery.
- Wander the feudal hamlet of Saint-Paul-de-Vence, which inspired artists from Chagall to Modigliani.
- Appreciate time on your own for lunch or exploration of the town's narrow, cobbled streets.
- Browse local art at an inviting gallery and select French creations at one of the village's many boutiques.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves approximately four hours of walking. There will be uneven surfaces and steps to negotiate. The tour is not considered suitable for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

### MON-001 JEWELS OF THE COTE D'AZUR - NICE, EZE, MONACO

Duration: 8.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 04, 2023 09:30 AM

Delight in walking tours of three of the Côte d'Azur's fabulous towns, medieval Èze, Belle Époque Nice and glamorous Monaco. In the quaint feudal hamlet of Èze, perched on a craggy peak above the Mediterranean, enjoy a leisurely walk along the winding, pedestrian-only streets. Journey to sophisticated Monaco, passing the monumental Oceanographic Museum on your way to the Prince's Palace, a 12th-century fortress and official residence of the Prince of Monaco. Appreciate the revered Cathedral of Our Lady of the Immaculate Conception, site of Prince Rainier III and Grace Kelly's wedding and now their final resting place. Gaze at the regal Place du Casino, which is anchored by the fabled Casino de Monte Carlo, the striking Hotel de Paris and the glorious Café de Paris. You'll agree the Côte d'Azur's dazzling jewels are on vivid display on this enchanting tour.

- Roam the pedestrian-only streets of Èze, a splendid medieval hamlet crowning a promontory.
- Revel in stunning views of the French Riviera's chic villages as you drive along the Côte d'Azur.
- Breathe in the divine scents of garden-fresh produce, fragrant spices and colorful flowers in the stalls lining Cours Saleya.
- Applaud Monaco's wonderful cathedral and the superb Prince's Palace during your guided walking tour.
- Marvel at the illustrious Casino de Monte Carlo, an architectural gem set in the Place du Casino.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. There will be steep hills and uneven surfaces to negotiate. The tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. Interior visits to the Grand Casino are not included. The Grand Casino is only open in the afternoon, from 2:00 p.m. onwards. Interior visits are not included. To enter casino during free-time, Passport is required and there is an entrance fee of 17 Euros. Casino reserves the right to refuse admission.

### MON-006 EZE WITH FRAGONARD & MONACO

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 04, 2023 09:30 AM, 09:45 AM

Admire the magnificent attractions of the Principality of Monaco and browse artist's workshops in Èze, a medieval hilltop village with spectacular views of the sea. You'll drive to the feudal hamlet of Èze, perched on a craggy peak 1,400 feet above the Mediterranean. Enjoy a guided walking tour along the alluring pedestrian-only streets, perhaps exploring the ruins of the 12th-century castle crowning the hamlet. Shop for locally crafted artwork and perfumes or stroll to the town's botanical garden, renowned for its rare plants as well as its remarkable vistas of the glittering Côte d'Azur. You will have a nice visit to the Fragonard Perfume Factory and have the opportunity to see how various perfumes are created. Return along picturesque byways to Monaco, one of the world's smallest and most prosperous countries. You'll embark on a walking tour of the Old Town, wandering down narrow streets leading to the revered Cathedral of Our Lady of the Immaculate Conception, site of Prince Rainier III and Grace Kelly's 1956 wedding and now their final resting place. View the exterior of the Prince's Palace, a 12th-century fortress that is the official residence of the Prince of Monaco, and if the timing is right, see the perfectly choreographed changing of the guard. Bask in the surprising and fascinating contrasts of the Côte d'Azur on this marvelous tour.

- Tour the pedestrian-only streets of Èze, a splendid medieval hamlet crowning a promontory.
- Take in astonishing views from Èze's 12th-century castle and botanical gardens.
- Shop in Èze's seductive perfumeries and artist workshops.
- Cherish dazzling panoramas of the French Riviera as you travel between Monaco and Èze.
- View Monaco's venerated cathedral, where Grace Kelly and Prince Rainier III are interred.
- Stop at the Prince's Palace, perhaps catching the delightfully precise changing of the guard.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves an approximately 25-minute walk up a steep incline. There will be uneven surfaces to negotiate. The tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. The entrance fee to the castle and exotic garden is not included in the tour.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## MON-007 ROTHSCHILD FOUNDATION AND VILLEFRANCHE

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: June 04, 2023 09:30 AM

Behold the treasures of exquisite Cap Ferrat on this scenic tour of the Villa & Gardens Ephrussi de Rothschild and visit to the tiny hamlet of Villefranche. Travel through the marvelous landscapes of the French Riviera to chic Cap Ferrat, where you'll discover the former residence of the Baroness Béatrice Ephrussi de Rothschild, a pink-and-white confection surrounded by verdant grounds arranged into themed gardens. Explore the wonderful estate, inspired by Italian Renaissance palazzini, and learn of the Baroness' turbulent marriage, divorce and steely independence around the turn of the 20th century. You'll enjoy a walking tour of the villa's interior, whose impressive contents include furniture ranging from the Middle Ages and the Renaissance to the 18th century, the Baroness' most favored period. Among Béatrice's myriad priceless possessions, you'll delight in her outstanding collection of French and German porcelain from Sèvres, Vincennes and Meissen. Following your enlightening visit, drive to the nearby fishing village of Villefranche, a lovely seaside town that perfectly encapsulates the exuberant spirit of the French Riviera.

- Absorb the beguiling panorama of the French Riviera's scenery as you journey to Cap Ferrat.
- Admire the Baroness Béatrice Ephrussi de Rothschild's former villa, an Italianate marvel.
- Stroll the estate's magnificent 14-acre gardens, which are divided into themed landscapes.
- Tour the villa's interior, whose rooms are furnished with beautifully maintained period pieces
- Linger over the Baroness' superlative collection of Meissen, Vincennes and Sèvres porcelain.
- Visit the quintessential French Riviera seaside village of Villefranche.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves considerable walking. It will include hills to negotiate. The tour is not recommended for guests who utilize a wheelchair or guests with mobility concerns.

## MON-009 MONACO HIGHLIGHTS

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 04, 2023 09:30 AM, 09:45 AM

Explore the chic Principality of Monaco on this coach and walking tour of the tiny country's highlights that includes free time to shop, stroll or visit the glamorous Casino de Monte Carlo. In sophisticated Monaco-Ville, walk past the monumental Oceanographic Museum, which rises out of a sheer cliff overlooking the sea. Delight in the revered Cathedral of Our Lady of the Immaculate Conception, site of Prince Rainier III and Grace Kelly's 1956 wedding and now their final resting place, and view the Prince's Palace, a 12th-century fortress that is the official residence of the Prince of Monaco. After time on your own for further exploration, you'll rejoin your coach for a brief drive along Monaco's thrilling Formula One race track, the Grand Prix. Spend time at your leisure exploring, shopping or visiting the fabled 1863 Casino de Monte Carlo, where familiar games such as blackjack and roulette, or the more unusual chemin de fer and punto banco, will make you feel as if you're starring in a Bond movie.

- Admire Monaco-Ville's venerated cathedral, where Grace Kelly and Prince Rainier III are interred.
- Gaze at the Prince's Palace, residence of the Grimaldi royal family for over seven centuries.
- Appreciate time at your leisure to wander or shop the fascinating area surrounding the palace.
- Drive along a section of the city's exhilarating Formula One race track.
- Marvel at the illustrious Casino de Monte Carlo, an architectural gem set in the Place du Casino.
- Relish time on your own, perhaps tempting Lady Luck at the Casino de Café de Paris.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- If you wish to visit the cathedral, dress appropriately for a religious venue; shoulders and knees must be covered.
- If you wish to visit the casino during free time, bring your passport and a photo ID and take note of the required dress code.

This tour involves ½ mile of walking on level surfaces in Monaco. It is not considered suitable for guests who utilize a wheelchair or those guests with mobility concerns. Interior visits to the casino are not included. The order of sites viewed or visited may vary. To reach the Old Town area, guests will first walk from the parking area to the elevator then up the steps to the terrace. During the day, casual attire is permitted for visiting the casino and formal wear is required at night. Ripped or stonewashed jeans, sleeveless T-shirts, tracksuits, sports clothing, shorts and beachwear, sandals and flip-flops will not be permitted. To enter the casino, passport is required and there is an entrance fee of approximately 17 Euros. The Casino is only open in the afternoon from 2:00 p.m. onward for gambling. Casino reserves the right to refuse admission.

## MON-016 NICE & HILLTOP VILLAGES OF SAINT-PAUL-DE-VENCE & E:

Duration: 8.50 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: June 04, 2023 09:30 AM

Visit three wonderfully historical and captivating towns on the French Riviera and enjoy sweeping views as you travel between them. You will enter Saint-Paul-de-Vence through the main gate and then wander the winding pedestrian-only streets and alleyways. It's one of the oldest medieval villages on the French Riviera with plenty of lovely churches, shaded squares and fortified towers. Following free time, during which you might browse the shops, you will drive on into the Old Town of Nice. The labyrinthine streets are wonderfully atmospheric and lead to baroque churches, bustling markets and leafy squares. You will then enjoy more free time to dine on your own, perhaps on favorites such as salade nicoise, which originated in Nice. The ancient village of Eze is just as spectacular, as you will discover by walking its narrow cobblestone streets and alleyways. It is no stretch that Eze feels medieval, as the castle there was built in the 12th century.

- Explore three French Riviera gems: Nice, Saint-Paul-de-Vence and Eze.
- Meander along pedestrian-only streets that lead to extraordinary attractions.
- Revel in the medieval ambiance while exploring further on your own.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour involves about 4½ hours of walking over uneven surfaces, steps and cobblestone streets. The walking is steep and uphill in Saint-Paul-de-Vence and Eze. Guests must walk about 15 minutes from the bus to Old Town in Nice. This tour is not considered suitable for wheelchair guests or for those with mobility concerns. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## MON-021 NICE & MOLINARD PERFUME CREATION

Duration: 4.50 Hrs Tour Price: \$99.00

Retail Price: \$249.00



Date: June 04, 2023 09:30 AM

Create your own custom fragrance at the Molinard perfumery in the heart of Nice, followed by a guided tour to explore the city's Old Town. During the hands-on workshop, you will design your own perfume from a selection of natural essences that you find most appealing. Using classic techniques refined by Molinard's perfumers, you will compose a personal scent that will be bottled for you to bring home. It will be an extraordinary sensory experience, as the family operated Molinard has been creating perfumes, creams and soaps since 1849. Continuing on to the Cours Saleya just a few blocks off the sea, you will enjoy time on your own to stroll the pedestrianized street. You might browse the abundant markets, snack on Nicoise cuisine and meander over to the Promenade des Anglais. It is lined with elegant hotels such as the legendary Negresco, sidewalk cafés and miles of exclusive beach.

- Create a custom fragrance to your liking at the famed Molinard perfumery in Nice.
- Bring home your personalized perfume as a memento of the experience.
- Browse the markets, shops and cafés in Nice's atmospheric Old Town.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking/standing; There will be some steps and cobblestone surfaces to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Weather appropriate clothing; sun cap; sunglasses; and flat, comfortable walking shoes are recommended.

## MON-023 MONACO HOP ON HOP OFF WITH CASINO VISIT

Duration: 6.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: June 04, 2023 09:30 AM

See the attractions that you find most appealing and stay as long as you wish by hopping on and off buses as they make continuous loops around Monte Carlo. There are a dozen stops along the route, so you will have plenty of options. You could even remain on board the whole time and take in the sights through the windows or from atop the double-deck bus. The amount of time that you spend at each destination will be entirely up to you. You might hop off at the Oceanographic Museum, the Prince's Palace and the Cathedral of the Immaculate Conception, where in 1956 Prince Rainier II married Grace Kelly. The Princess Grace Rose Garden that the prince created as a poignant monument to his late wife is another popular spot. The entrance fee to the Monte Carlo Casino is included, so you can see the gaming rooms, boutiques and cafés of this opulent architectural masterpiece.

- Ride a double-decker bus around Monte Carlo, taking in the sights along the way.
- Hop off the bus at attractions that you find most intriguing and stay as long as you like.
- Hop on another bus whenever you wish and ride it to the next interesting attraction.
- Hear commentary that describes each attraction, so you can easily pick your favorites.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

As the HOHO buses are shared with non-cruise tourists; Guests can expect long lines and wait times between buses. Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Weather appropriate clothing; sun cap; sunglasses; sunscreen; an umbrella; and flat, comfortable walking shoes are recommended. While the lower deck of the bus is air-conditioned, the open-top upper deck is not. The duration will vary based upon the guests' choice of stops and time spent at each. To enter Palace du Casino, a passport is required and there is an entrance fee of approximately 17 Euros. This tour is not considered suitable for wheelchair guests and those guests with mobility concerns. The Grand Casino is only open in the afternoon from 2:00 p.m. onwards. During the day casual attire is permitted for visiting the casino and formal wear is required at night. Ripped or stonewashed jeans, sleeveless t-shirts, tracksuits, sports clothing, shorts and beachwear, sandals and flip-flops will not be permitted. City shorts, tee-shirts, and sports-type shoes will be tolerated. Casino reserves the right to refuse admission.

## MON-GL1 CONTRAST BETWEEN LOCALS & BILLIONAIRES

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$119.00



GL

Date: June 04, 2023 09:30 AM

Gain an understanding of two lifestyles that are polar opposites: that of the working people that live on the outskirts of Monte Carlo and that of the billionaires in town. The railway is a vital mode of transportation for many residents of Monaco, known as Monegasques, who commute to and from more reasonably priced districts by train. You will see a cross-section of those commuters before riding a public bus to industrial Fontvieille, where the guide will explain the working-class lifestyle. Another bus will bring you to La Condamine, a 19th-century covered market where you will observe a genuine slice of daily life while snacking and browsing the stalls. Back in Monte Carlo, where a third of the residents are millionaires and billionaires, you will see the places where they spend lavishly, including the boutiques and casino. Understanding the billionaire lifestyle in particular will be eye-opening and quite the contrast to most everything you have seen previously.

- Ride the bus with Monaco's working-class commuters for a genuine slice of daily life.
- Browse a covered market and mingle with the residents as they shop for necessities.
- See the boutiques and casino where Monaco's billionaires spend lavishly.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about four hours of walking and standing with some inclines and cobblestone surfaces to negotiate, plus any additional walking at the guests' discretion during free time. This tour is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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**MON-001SG JEWELS OF THE COTE D'AZUR - NICE, EZE, MONACO - :****Duration: 8.00 Hrs****Tour Price: \$99.00****Retail Price: \$249.00****Date: June 04, 2023 09:45 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Delight in walking tours of three of the Côte d'Azur's fabulous towns, medieval Èze, Belle Époque Nice and glamorous Monaco. In the quaint feudal hamlet of Èze, perched on a craggy peak above the Mediterranean, enjoy a leisurely walk along the winding, pedestrian-only streets. Journey to sophisticated Monaco, passing the monumental Oceanographic Museum on your way to the Prince's Palace, a 12th-century fortress and official residence of the Prince of Monaco. Appreciate the revered Cathedral of Our Lady of the Immaculate Conception, site of Prince Rainier III and Grace Kelly's wedding and now their final resting place. Gaze at the regal Place du Casino, which is anchored by the fabled Casino de Monte Carlo, the striking Hotel de Paris and the glorious Café de Paris. You'll agree the Côte d'Azur's dazzling jewels are on vivid display on this enchanting tour.

- Roam the pedestrian-only streets of Èze, a splendid medieval hamlet crowning a promontory.
- Revel in stunning views of the French Riviera's chic villages as you drive along the Côte d'Azur.
- Breathe in the divine scents of garden-fresh produce, fragrant spices and colorful flowers in the stalls lining Cours Saleya.
- Applaud Monaco's wonderful cathedral and the superb Prince's Palace during your guided walking tour.
- Marvel at the illustrious Casino de Monte Carlo, an architectural gem set in the Place du Casino.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. There will be steep hills and uneven surfaces to negotiate. The tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. Interior visits to the Grand Casino are not included. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible. To enter casino during free-time, Passport is required and there is an entrance fee of 17 Euros. Casino reserves the right to refuse admission.

**MON-004 SCENIC FRENCH RIVIERA & FRAGONARD PERFUME FACT****Duration: 4.00 Hrs****Tour Price: \$0.00****Retail Price: \$129.00****Date: June 04, 2023 02:15 PM**

Journey past fashionable villages along the awe-inspiring Corniches (middle and lower), one of France's most picture-perfect roadways, on this panoramic tour with a photo stop. As you wind your way uphill along this legendary route, you'll glimpse the entirety of glittering Monaco-Ville and Monte Carlo from above. You'll absorb expansive views of the French Riviera's coastal hills from the Middle Corniche, along which the medieval village of Èze rests prettily. Capture memorable photos from a square at the foot of the mountains during an approximately 30-minute stop. Back in your coach, watch a potpourri of iconic French villages come into view, including Beaulieu, Saint-Jean-Cap-Ferrat, Villefranche, Nice and Cap d'Antibes. You will have a nice visit to the Fragonard Perfume Factory and have the opportunity to see how various perfumes are created. As you ease into the Lower Corniche, you'll revel in even more impossibly beautiful scenery and tony seaside towns before returning to Monte Carlo, the ultimate gem in this necklace of French pearls.

- See the superb Principality of Monaco from above as you ascend into the hills.
- Bring out your camera during a leisurely break in the timeless village of Èze.
- Watch classic French towns slipping by on your drive along the Middle and Lower Corniches.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

A visit of Eze village is not included. It is available to guests with limited mobility who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them.

**MON-003 SCENIC ST. PAUL DE VENCE****Duration: 4.00 Hrs****Tour Price: \$0.00****Retail Price: \$139.00****Date: June 04, 2023 02:30 PM**

Experience sublime Saint-Paul-de-Vence, a medieval village that has long inspired artists. Approaching Saint-Paul-de-Vence, you'll see the town perched atop a spur of land between two deep valleys, a protected location that has preserved its 13th-century ramparts. Immerse yourself in the town's winding pedestrian-only streets, passing lovely churches, shaded squares and fortified towers. You'll understand why this setting has been a muse to artists through the ages, especially in the 1920s when Signac, Modigliani and Bonnard put brush to canvas surrounded by picturesque views. Make your way along impossibly quaint cobbled streets once trod by Matisse and Chagall, perhaps dipping into Saint-Paul-de-Vence's galleries, where work by local artisans is on display, or lingering at an enticing market brimming with freshly-cut flowers and irresistible treats. You'll awaken your own inspiration on this unforgettable visit to magical Saint-Paul-de-Vence.

- Uncover one of France's most quaint feudal towns, the walled hamlet of Saint-Paul-de-Vence.
- Wander the narrow, cobbled streets that inspired artists from Chagall to Modigliani.
- Browse local arts and crafts at a compelling gallery and select vibrant blooms from an outdoor market.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves approximately 2 hours of strenuous walking on uneven surfaces with many steep inclines, and numerous stairs to climb along the sides of most streets and boutique entrances in the village. This tour is not considered suitable for wheelchair guests or those with mobility concerns.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

**GL** Go Local Tour

Accessible Tour

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## MON-014 EXPERIENCE THE MAGICAL CITY OF NICE BY NIGHT

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 04, 2023 05:00 PM

Spend free time in the glamorous Old Town of Nice in the evening when it shines even brighter. The capital of the Côte d'Azur radiates at night when the city lights are illuminated, and sleek yachts can be seen twinkling out in the Bay of Angels. As an introduction, you will enjoy a panoramic drive down iconic urban boulevards such as the Promenade des Anglais. You can expect to pass historical Massena and Garibaldi squares and the multi-domed St. Nicholas Russian Church, which was built in 1912 on land that Tsar Nicholas owned. Once you have gained an overview of Nice, you will enjoy hours of free time in Old Town, the epicenter of nightlife. Depending on your preferences for shopping or dining, the guide will offer suggestions as to where to go. You might linger over a glass of wine and people-watch at a café or opt for an elegant dinner. Shopping is extraordinary most everywhere.

- Settle in for a panoramic drive through Nice as an introduction to the glamorous city.
- Marvel at how Nice becomes more atmospheric and radiant when illuminated at night.
- Maximize your free time shopping and dining by following the guide's recommendations.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes walking over paved ground at the guests' discretion during free time. It is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the bus and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

## MON-015 LIGHTS OF MONACO AND MONTE CARLO

Duration: 4.25 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 04, 2023 05:45 PM

Tour ultra-wealthy Monaco during the evening, when the twinkling lights of Old Town and Monte Carlo enhance the romantic ambiance. Despite being just over three-quarters of a square mile in size, Monaco is fabulously wealthy and it shows, as you will discover while walking through the fortified Old Town, known as the Rock. As you pass the Oceanographic Museum, you may notice that it is built right into the rock cliff, making it one Monaco's most distinctive buildings. Nearby, you will find the magnificent Cathedral of the Immaculate Conception, where in 1956 Prince Rainier II married Grace Kelly in what was hailed as the wedding of the century. You will also see the palace of the reigning prince. During free time, you might further explore spacious Palace Square before continuing on to Monte Carlo, Monaco's principal residential and resort area. A scenic walk will bring you to Casino Square for a close-up view of the grand Monte Carlo Casino.

- Enjoy a leisurely walk-through Monte Carlo at night when the illuminated city radiates.
- See highlights such as the Cathedral of the Immaculate Conception and the prince's palace.
- Spend free time exploring other landmarks such as the iconic Monte Carlo Casino.
- Dress in weather-appropriate clothing.
- Suitable conservative attire is necessary to enter the cathedral.
- Wear flat comfortable walking shoes.

This excursion includes 45 minutes of walking on level surfaces and dozens of steps uphill to reach the Palace du Casino square. This tour is not considered suitable for wheelchair guests or for those with mobility concerns. Interior visits of attractions are only available during free time. Smart clothes are required to enter the casino, such as sportscoats for gentlemen. Shorts, ripped or stonewashed jeans, tee-shirts or sweat-shirts aren't permitted. A passport is required to enter the casino, as well as an entrance fee of about 17 euros. Guests must be at least 18 years old to enter the casino. Guests who go ashore do so with the understanding that they will be mixing with members of the general public. Casino reserves the right to refuse admission.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ SAINT-TROPEZ, FRANCE

### STP-001 GRIMAUD & PORT GRIMAUD

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$199.00



**Date:** June 05, 2023 08:30 AM

Explore the contemporary village of Port Grimaud, whose winding canals resemble Venice, and ascend to atmospheric medieval Grimaud on this tour of contrasts. You'll enjoy a leisurely drive along the coast to waterfront Port Grimaud, a pedestrian-friendly village designed in the 1960s to evoke Venice by means of its intricate network of canals. During your visit, you'll delight in arched bridges spanning the narrow waterways and colorful homes built to the water's edge. Travel to Grimaud, a hilltop hamlet that has lovingly retained its feudal character. Behold the ruins of an 11th-century château that overlooks the Gulf of Saint-Tropez and discover the heart of the village, a warren of narrow streets lined with beautifully restored 15th-century houses. Pass historically significant dwellings that are painted in pastel colors and feature unusual door frames carved from black lava. You'll agree the town's ancient fountains, wrought-iron balconies adorned with bright flowers and centuries-old churches make it seem as if time has stood still.

- Feel transported to Venice in Port Grimaud, a 1960s seaside village interwoven by countless canals.
- Cross quaint arched bridges over glittering canals lined with multi-hued homes.
- Visit the superb medieval village of Grimaud, set high above the Gulf of Saint-Tropez.
- Wander immaculately preserved 15th-century streets boasting historic stone-built homes.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

The tour involves 1.5 hours of walking on uneven, inclining and declining cobblestone streets, as well as approximately 30 steps to climb. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Order of sights visited may vary and the itinerary may be reversed.

### STP-006 HIKE ON THE LITTORAL TRAIL OF ST TROPEZ BAY

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$169.00



**Date:** June 05, 2023 08:30 AM

Hike the Sentier du Littoral, the path that follows the coast of St. Tropez, passing some of the most gorgeous beaches in the south of France. The trek will begin on the pine-lined stretch of sand that rims the Bay of Canebiers, a favorite beach because of its serenity. As the terrain changes from sandy to rocky, the guide will point out the varying flora and fauna such as black-headed gulls, one of the most abundant birds in the littoral zone. Other beaches along the way include bamboo-bordered Moutte and alluring Salins. In time, the guide will select the best spot for a beach break, during which you might enjoy a refreshing swim, bask in the sun or simply take in the scenery. Considering how glamorous St. Tropez has become, it is hard to imagine that until Brigitte Bardot arrived in 1956 to shoot the film "And God Created Woman," it was little more than a fishing village.

- Follow a coastal path along some of the most beautiful beaches in the south of France.
- Listen to the guide's enlightening commentary regarding the flora and fauna.
- Enjoy free time relaxing and swimming at one of the most spectacular beaches.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of moderate walking/standing; there will be some gravel, rocky and sandy surfaces guests will need to negotiate. Guests will have 60 minutes of free time at a beach to spend at their leisure. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

### STP-005 THE HISTORIC CHATEAU DE SAINT MARTIN

**Duration:** 7.00 Hrs **Tour Price:** \$239.00

**Retail Price:** \$389.00



**Date:** June 05, 2023 09:00 AM

Regent Seven Seas Cruises is proud to partner with Food & Wine Trails, America's foremost culinary travel company, in the offering of this tour. Food & Wine Trails tours are always kept intimate and visit sites not typically offered by mainstream travel suppliers. Their tours are always led by a knowledgeable, English-speaking sommelier, wine or food expert, cooking instructor or chef, who enjoys introducing visitors to some of the best and most authentic food and wine of their region. Enjoy a tasting and wine-paired luncheon at a historic château followed by a sightseeing tour of the Saint-Tropez Peninsula. After a leisurely drive through Provence's quaint farmland, you'll arrive at fabulous Château de Saint-Martin. Appreciate the winery's lovely grounds, the 15th-century cellars and modern winemaking facilities as you stroll about the property, which has been run by women since it was built in the 18th century. At the splendid manor house, you'll be treated to a sampling of two of their cru classé white wines paired with an olive tapenade appetizer. To culminate your visit, settle in for a luscious and unforgettable three-course Provençal luncheon paired with three of the estate's wines. On your return drive, you'll make your way through the picturesque forests of the Massif des Maures. Pass the historic village of La Garde-Freinet, which has a link to winemaking due to its once-thriving cork industry, and drive through the lovely medieval village of Grimaud. Back in Saint-Tropez, you'll appreciate a walking tour of the charming Old Town followed by free time to delve into this most glamorous of seaside getaways.

- Delight in Château de Saint-Martin, an 18th-century winery led by generations of women.
- Savor two of the château's cru classé white wines accompanied by olive tapenade.
- Indulge in a delectable Provençal lunch paired with three specially selected wines from the château.
- Take in marvelous vistas of the Massif de Maures and its verdant woodlands from your coach.
- See the unspoiled inland villages of the Saint-Tropez Peninsula during your journey.
- Tour Saint-Tropez's storied Old Town and relish time on your own for additional exploration.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 hours of walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and stairs to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. On occasion, due to last-minute operational issues at the wine estate, an alternate winery of similar quality and ranking may be substituted. Given a set meal is served on this excursion, guests with any dietary restrictions should advise the Destination Services Desk a minimum of 48 hours prior to tour. Participants must be at least 21 years of age to be served alcoholic beverages. If this tour is cancelled within 3 days of arrival in the excursion port, there will be a one-hundred percent cancellation fee charged to the guest's shipboard account.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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### STP-003SG ST. TROPEZ WALKING TOUR - SMALL GROUP

Duration: 2.50 Hrs Tour Price: \$49.00

Retail Price: \$199.00



Date: June 05, 2023 09:50 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Ease into the jet-setting lifestyle on a walking tour, museum visit and time on your own in fabled Saint-Tropez. During your guided walking tour, you'll explore the Old Town's charming port and the inviting, narrow streets radiating from the waterfront. Absorb local color in the Place des Lices, where you might see a game of petanque underway in the shade of the square's plane trees. Delight in a visit to the Annonciade Museum, where the importance of Post-Impressionism in Saint-Tropez is on vivid display in galleries housed inside a former chapel. During approximately one hour in the museum, study an inspiring collection of sculpture and paintings covering the period from 1890-1940, when artists such as Seurat, Matisse and Signac were at the peak of their creativity. Relish time at your leisure to shop exclusive boutiques or to explore further, perhaps lingering over a regional rosé in famed Le Café, a favorite haunt of Mick Jagger and countless other glitterati.

- Delve into Saint-Tropez during a walking tour of the Old Town's quaint stone-paved lanes and squares.
- Study remarkable works by Matisse, Seurat and others at the Annonciade Museum.
- Unleash your inner célébrité while browsing chic boutiques or people-watching at legendary Le Café during free time.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes easy walking but long periods of standing. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary, as access to the museum is limited to 25 visitors at the same time. Please note that the Annonciade Museum is closed on Tuesdays, so if your tour takes place on Tuesday, another venue will be substituted.

### STP-003 ST. TROPEZ WALKING TOUR

Duration: 2.50 Hrs Tour Price: \$0.00

Retail Price: \$89.00



Date: June 05, 2023 10:00 AM

Ease into the jet-setting lifestyle on a walking tour, museum visit and time on your own in fabled Saint-Tropez. During your guided walking tour, you'll explore the Old Town's charming port and the inviting, narrow streets radiating from the waterfront. Absorb local color in the Place des Lices, where you might see a game of petanque underway in the shade of the square's plane trees. Delight in a visit to the Annonciade Museum, where the importance of Post-Impressionism in Saint-Tropez is on vivid display in galleries housed inside a former chapel. During approximately one hour in the museum, study an inspiring collection of sculpture and paintings covering the period from 1890-1940, when artists such as Seurat, Matisse and Signac were at the peak of their creativity. Relish time at your leisure to shop exclusive boutiques or to explore further, perhaps lingering over a regional rosé in famed Le Café, a favorite haunt of Mick Jagger and countless other glitterati.

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- Study remarkable works by Matisse, Seurat and others at the Annonciade Museum.
- Unleash your inner célébrité while browsing chic boutiques or people-watching at legendary Le Café during free time.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes easy walking but long periods of standing. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary, as access to the museum is limited to 25 visitors at the same time. Please note that the Annonciade Museum is closed on Tuesdays, so if your tour takes place on Tuesday, another venue will be substituted.

### STP-002 GASSIN & WINE TASTING

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: June 05, 2023 01:30 PM

Indulge in a taste of Provence's good life on a visit to the delightful village of Gassin and a sampling at a family-run winery. You'll travel past sun-washed mountains and vineyards to Gassin, a village perched high on a promontory just a few miles from the sea. Roam narrow, winding streets past softly hued buildings set off by contrasting shutters that give the village its definitive Provençal character. However, you'll agree that its peerless views of the countryside and the Gulf of Saint-Tropez are what truly set Gassin apart from other French villages. Drive to a family-run château, where for generations vintners have passed on their expertise and passion for crafting fine wines. During a delectable tasting, savor the château's unique vintages and sample other spectacular varieties produced in this premier wine-making region. From Gassin's sweeping vistas to the intimate atmosphere of the château, the majestic and convivial sides of Provence blend beautifully on this satisfying excursion.

- Journey through the enchanting Provençal countryside to the hilltop village of Gassin.
- Walk through a maze of streets flanked by quaint homes brushed in a soft palette.
- Bask in glorious vistas of Provence's magnificent landscapes and the Gulf of Saint-Tropez.
- Try a variety of regional vintages at the cellars of a venerable wine château.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 hours of walking and/or standing. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## STP-004 PENINSULA OF HILLTOP VILLAGES

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: June 05, 2023 01:30 PM

Cherish an insider's look into the authentic, serene inland villages of the Saint-Tropez Peninsula on this enlightening tour. You'll be charmed by Ramatuelle, a village perched atop a hill that boasts wonderfully narrow streets and clusters of age-old fortified homes. In the center of town, find a 17th-century Romanesque-style church and the stirring Memorial to the Resistance. Journey to Gassin and roam winding streets past softly hued buildings set off by contrasting shutters that give the village its definitive Provençal character. However, you'll agree that its peerless views of the countryside and the Gulf of Saint-Tropez are what truly set Gassin apart from other French villages. Continue on to Grimaud, another hilltop village that has lovingly retained its feudal character. Behold the ruins of an 11th-century château that overlooks the Gulf of Saint-Tropez and explore the heart of the village, a warren of cozy streets lined with beautifully restored 15th-century houses. You'll long remember this journey to a bygone time in the Saint-Tropez Peninsula's beguiling mountain villages.

- Traverse the enchanting Provençal countryside on your visit to three superb hamlets.
- See fortified stone dwellings and a monument honoring the French Resistance in Ramatuelle.
- Walk through Gassin's maze of streets flanked by quaint homes brushed in a soft palette.
- Wander down immaculately preserved 15th-century streets boasting historic stone-built homes in Grimaud.
- Bask in glorious vistas of Provence's magnificent landscapes and the Gulf of Saint-Tropez.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## STP-004SG PENINSULA OF HILLTOP VILLAGES - SMALL GROUP

Duration: 4.00 Hrs Tour Price: \$69.00

Retail Price: \$219.00



Date: June 05, 2023 01:30 PM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Cherish an insider's look into the authentic, serene inland villages of the Saint-Tropez Peninsula on this enlightening tour. You'll be charmed by Ramatuelle, a village perched atop a hill that boasts wonderfully narrow streets and clusters of age-old fortified homes. In the center of town, find a 17th-century Romanesque-style church and the stirring Memorial to the Resistance. Journey to Gassin and roam winding streets past softly hued buildings set off by contrasting shutters that give the village its definitive Provençal character. However, you'll agree that its peerless views of the countryside and the Gulf of Saint-Tropez are what truly set Gassin apart from other French villages. Continue on to Grimaud, another hilltop village that has lovingly retained its feudal character. Behold the ruins of an 11th-century château that overlooks the Gulf of Saint-Tropez and explore the heart of the village, a warren of cozy streets lined with beautifully restored 15th-century houses. You'll long remember this journey to a bygone time in the Saint-Tropez Peninsula's beguiling mountain villages.

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- Wander down immaculately preserved 15th-century streets boasting historic stone-built homes in Grimaud.
- Bask in glorious vistas of Provence's magnificent landscapes and the Gulf of Saint-Tropez.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## TUSCANY (LIVORNO), ITALY

### LRN-002 FLORENCE'S FINEST: ACCADEMIA AND UFFIZI

**Duration:** 10.00 Hrs **Tour Price:** \$299.00

**Retail Price:** \$449.00



**Date:** June 06, 2023 08:15 AM

**Date:** June 07, 2023 07:30 AM

Examine the masterpieces held in two of Florence's superlative museums, the Galleria dell'Accademia and the Gallerie degli Uffizi, and partake in lunch at one of the city's most exclusive hotels. You'll learn Florence owes much of its splendor to the infamous Medici, who when not busy scheming also cultivated some of the greatest artists of the Renaissance. In the Galleria dell'Accademia, stand in awe before Michelangelo's colossal David, carved from a single block of marble and observable from almost every angle due to its placement in a spacious vaulted recess. Study some of Italy's most revered works of art in the 16th-century Gallerie degli Uffizi, where Italian masters including Cimabue, Giotto, Masaccio, Piero della Francesca, Botticelli, Leonardo da Vinci and Michelangelo are well represented beside exquisite works by Flemish, Spanish, Venetian, French and German artists. Sit for a delectable lunch at either the Hotel Savoy or the Grand Hotel Baglioni, venues offering luxury and style in Florence's heart. Appreciate time on your own to stroll or shop along Via dei Tornabuoni and Via della Vigna Nuova, where world-class boutiques from the likes of Armani, Gucci, Dolce & Gabbana, Prada and more await.

- Gaze at Michelangelo's imposing David, carved from one block of marble, in the splendid Galleria dell'Accademia.
- Study masterpieces by Botticelli, Leonardo da Vinci, Piero della Francesca and others in the Gallerie degli Uffizi.
- Enjoy lunch in opulence at either the Grand Hotel Baglioni or the Hotel Savoy.
- Spend time at your leisure exploring or shopping the luxurious boutiques along Via dei Tornabuoni and Via della Vigna Nuova.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to enter a religious venue during free time; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes an extensive amount of walking, plus any walking at the guest's discretion during free time. It is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. The Academy of Fine Arts is closed on Mondays. Shops will be closed during bank holidays. The order of sites viewed or visited may vary.

### LRN-006 SIENA & SAN GIMIGNANO

**Duration:** 10.00 Hrs **Tour Price:** \$59.00

**Retail Price:** \$209.00



**Date:** June 06, 2023 08:15 AM

**Date:** June 07, 2023 07:30 AM

Behold two of Tuscany's UNESCO World Heritage sites, the gracious city of Siena and tower-studded San Gimignano, on this enthralling tour. Journey for approximately two hours through the countryside of the famed Chianti region to Siena, a gorgeous medieval city whose warren of narrow Gothic streets, lined with palaces and patrician mansions, converge on the uniquely shell-shaped Piazza del Campo and its formidable Palazzo Pubblico. You'll appreciate the city's cathedral, which is Siena's highest point and a stunning conglomeration of Romanesque and Gothic styles. Discover another religious landmark of note, the Basilica di San Domenico, a vast, austere Dominican church and convent containing many impressive works of art. After free time to lunch and shop, settle in for a brief drive to iconic San Gimignano, famed for its striking medieval towers. See the lovely 14th-century Palazzo del Popolo, dominated by a soaring tower, and the nearby Palazzo Vecchio del Podestà, a 13th-century palace that boasts an expansive portico on the ground floor and its own magnificent tower. Gaze up at the twin Salvucci towers and ponder the unusual yet aesthetically harmonious vision of San Gimignano's ingenious medieval denizens.

- Drive through the lush, rolling landscapes of Tuscany's famed Chianti region to two UNESCO World Heritage sites.
- Delight in Siena's shell-shaped Piazza del Campo, an expansive gathering place ringed by Renaissance buildings.
- Visit Siena's remarkable places of worship, the Romanesque-Gothic cathedral and the Basilica di San Domenico.
- Enjoy time on your own to lunch and explore in Siena's Piazza del Campo.
- Admire San Gimignano's Palazzo del Popolo, which features one of the town's many signature towers.
- View the Palazzo Vecchio del Podestà, a striking palace with its own tower and street-level portico.
- Wear casual, weather-appropriate clothing and comfortable, non-slip walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one mile of extensive walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces stairs and inclines to negotiate. This tour is not considered suitable for guests who utilize a wheelchair or for guests with mobility concerns. Lunch is not included in this program.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

**GL** Go Local Tour



Accessible Tour

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**LRN-010 FLORENCE & PISA****Duration: 10.50 Hrs Tour Price: \$0.00****Retail Price: \$129.00****Date: June 06, 2023 08:15 AM**

Exult in visits to Florence and Pisa, where you'll find the awe-inspiring achievements of medieval and Renaissance Italy on brilliant display. Pass through the classic Tuscan countryside during your coach ride to Florence, where a walking tour of the pedestrianized historical center, a UNESCO World Heritage site, will reveal the wonders engendered by the city's centuries-long patronage by the Medicis. Admire the bravura complex of the Cathedral of Santa Maria dei Fiore, whose famed dome by Brunelleschi rises above Florence. See priceless masterpieces complementing the building, including sculptures by Donatello gracing Giotto's tour de force, the 14th-century campanile, or bell tower. After time for lunch on your own, continue to Pisa for a self-guided tour around the Campo dei Miracoli, or Field of Miracles, a UNESCO World Heritage site home to medieval architectural masterpieces. Discover the beloved Leaning Tower, listing due to the unstable soil found beneath the Campo dei Miracoli, and the outstanding duomo, or cathedral, whose multi-level colonnades and subtle interplay of marble and stone make it the archetype of the Pisan Romanesque style. Enter the elaborate circular baptistery, acclaimed for its outstanding acoustics, another mesmerizing highlight on your enlightening survey of Tuscany's glittering gems.

- Immerse yourself in two UNESCO World Heritage sites, Florence's historic center and Pisa's Campo dei Miracoli.
- Appreciate Florence's Cathedral of Santa Maria del Fiore, whose Renaissance dome by Brunelleschi is a feat of engineering.
- Applaud Giotto's 14th-century bell tower and the sculptures by Donatello nestled on its side.
- Gaze at Pisa's Leaning Tower, symbol of the city and one of the world's most beguiling structures.
- Admire the sublime colonnaded Duomo di Pisa and the ornate circular baptistery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. An official escort will be on board the coach and will provide some information and maps. No churches will be visited on Sunday mornings. Guide service will only be provided in Florence. Ascending the tower in Pisa is not included in the tour as timing restrictions make this difficult to incorporate. Shops will be closed during bank holidays. The order of sites viewed or visited may vary.

**LRN-010SG FLORENCE & PISA - SMALL GROUP****Duration: 10.50 Hrs Tour Price: \$69.00****Retail Price: \$219.00****Date: June 06, 2023 08:15 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Exult in visits to Florence and Pisa, where you'll find the awe-inspiring achievements of medieval and Renaissance Italy on brilliant display. Pass through the classic Tuscan countryside during your coach ride to Florence, where a walking tour of the pedestrianized historical center, a UNESCO World Heritage site, will reveal the wonders engendered by the city's centuries-long patronage by the Medicis. Admire the bravura complex of the Cathedral of Santa Maria dei Fiore, whose famed dome by Brunelleschi rises above Florence. See priceless masterpieces complementing the building, including sculptures by Donatello gracing Giotto's tour de force, the 14th-century campanile, or bell tower. After time for lunch on your own, continue to Pisa for a self-guided tour around the Campo dei Miracoli, or Field of Miracles, a UNESCO World Heritage site home to medieval architectural masterpieces. Discover the beloved Leaning Tower, listing due to the unstable soil found beneath the Campo dei Miracoli, and the outstanding duomo, or cathedral, whose multi-level colonnades and subtle interplay of marble and stone make it the archetype of the Pisan Romanesque style. Enter the elaborate circular baptistery, acclaimed for its outstanding acoustics, another mesmerizing highlight on your enlightening survey of Tuscany's glittering gems.

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- Gaze at Pisa's Leaning Tower, symbol of the city and one of the world's most beguiling structures.
- Admire the sublime colonnaded Duomo di Pisa and the ornate circular baptistery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. An official escort will be on board the coach and will provide some information and maps. No churches will be visited on Sunday mornings. Guide service will only be provided in Florence. Ascending the tower in Pisa is not included in the tour as timing restrictions make this difficult to incorporate. Shops will be closed during bank holidays. The order of sites viewed or visited may vary. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



Go Local Tour



Accessible Tour

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## LRN-012 HILLS OF LUCCA & WINE TASTING

Duration: 5.50 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: June 06, 2023 08:15 AM

Date: June 07, 2023 08:15 AM

Revel in a sublime tour through the rolling hills and beautiful valleys of the Tuscan countryside to wonderful Lucca, capped with a tour and tasting at a local wine cellar. During your drive to Lucca, you'll pass quaint medieval villages, golden vineyards, silvery green olives waiting to be harvested and elegant dark green cypress trees, a landscape that has long been praised by poets and artists for its pastoral allure. Enjoy ample time on your own in Lucca, perhaps strolling along the terrifically preserved Renaissance-era medieval walls. You might admire the Pisan Romanesque Duomo di San Martino and the Church of San Michele in Foro, whose exquisite colonnaded façades rival that of Pisa's own cathedral. Pass the fabulous, tree-topped Guinigi Tower, and roam Piazza Amfiteatro, once the Roman amphitheater and today a charming elliptical square surrounded by sand-colored houses. Transfer by coach to an inviting wine cellar, where you'll take a guided tour that includes a fascinating presentation on the process of winemaking and the traditional bottling methods still in practice today. Conclude your fabulous day with a generous tasting of both white and red wines, accompanied by light refreshments of local salami, olives and bread.

- See the picture-perfect countryside of Tuscany, eternal inspiration for artists, during your journey by coach.
- Appreciate time on your own in Lucca, perhaps walking atop its unbroken, Renaissance-era red-brick walls.
- Rejoice in the ornately colonnaded Pisan Romanesque churches of Lucca.
- Seek out landmarks including the 15th-century Guinigi Tower, which is capped by a copse of trees.
- Visit a characteristic wine cellar and learn of its age-old production and bottling methods.
- Sample a variety of red and white wines complemented with local olives, bread and salami.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to visit a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of walking/standing at the winery, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces to negotiate. The tour may not be suitable for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages.

## LRN-020 BOCELLI COUNTRYSIDE ESCAPE

Duration: 7.75 Hrs Tour Price: \$399.00

Retail Price: \$599.00



Date: June 06, 2023 08:15 AM

Date: June 07, 2023 08:15 AM

Appreciate the joys of Tuscany through the eyes of Andrea Bocelli by exploring medieval Volterra, seeing the beloved tenor's outdoor theater and his family's farm, sampling wines and lunching at the Officine Bocelli Restaurant and stopping in Pisa's glorious Campo di Miracoli. Settle in for a scenic drive through the Tuscan countryside to hilltop Volterra, where highlights include a well-preserved Roman theater and the Piazza dei Priori, a medieval square lined with grand Renaissance palaces. In nearby Lajatico, Bocelli's birthplace, you'll find the Teatro del Silenzio, a serene open-air amphitheater where Bocelli performs but once a year, leaving the theater almost perpetually in silence except for the sounds of nature. Learn the Bocelli's family's influence also extends into winemaking on a tour of the vineyards and farm that they have owned since 1730. Relax during a wine tasting and four-course lunch in the Officine Bocelli Restaurant, where you'll sample a selection of characteristic wines such as a lush sangiovese and a crisp, complex pinot grigio. Complete your lovely day with a visit to Pisa's Campo dei Miracoli, a UNESCO World Heritage site where the stunning cathedral, baptistery and breathtaking Leaning Tower might inspire you to burst into a joyous aria.

- Survey the remains of a Roman theater and Renaissance palaces in the medieval town of Volterra.
- Contemplate Andrea Bocelli's peaceful Teatro del Silenzio, an outdoor amphitheater where he performs only once a year.
- Visit the Bocelli family's farm and vineyards, which they have run since the 18th century.
- Indulge in a delicious four-course lunch paired with regional wines in the Officine Bocelli Restaurant.
- Journey to Pisa's Campo dei Miracoli, a UNESCO World Heritage site where the Leaning Tower famously tilts to one side.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible. It must be purchased no later than three days prior to the operating date. Cancellations made within three days or less are subject to a 100 percent cancellation penalty. Programs falling under the minimum number of required participants are subject to cancellation. Participants must be at least 21 years of age to be served alcoholic beverages. The Officine Bocelli restaurant is closed on Monday and will be substituted with the Alpemare restaurant. Admire the beauty of the Tuscan seaside as you arrive at Alpemare, new beach club of the Bocelli family.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## LRN-021 BOCELLI BACKSTAGE AND WINE

Duration: 8.50 Hrs Tour Price: \$529.00

Retail Price: \$799.00



Date: June 06, 2023 08:15 AM

Date: June 07, 2023 08:15 AM

Gain an insider's view into the life of Andrea Bocelli by recording a song at his studio, sampling wines at his family's vineyard, dining at his restaurant and touring his outdoor amphitheater. Settle in for a lovely drive through the Tuscan countryside to the studio where Andrea Bocelli often records. As an introduction to the revered tenor's musical journey, you'll watch an enlightening film on his accomplishments. Revel in a once-in-a-lifetime opportunity to record a karaoke-style version of one of his songs in a studio he frequently uses, choosing either The Prayer or Can't Help Falling in Love. In nearby Lajatico, the tenor's birthplace, learn the Bocelli's family's influence also extends into winemaking on a tour of the vineyards and farm they have owned since 1730. You'll appreciate a wine tasting with appetizers and three-course lunch in Officine Bocelli Restaurant. Drive to the Teatro del Silenzio, a serene open-air amphitheater where Bocelli performs but once a year, leaving the theater almost perpetually in silence except for the sounds of nature. Conclude your musical idyll by uncovering the tenor's life and career in the Bocelli Museum and receiving your recording, a uniquely personalized gift you're sure to forever cherish.

- Unleash your inner Andrea Bocelli while recording one of his songs in the tenor's own studio.
- Visit the Bocelli family's farm and vineyards, which they have run since the 18th century.
- Indulge in a sampling of wines and a delicious three-course lunch in the Officine Bocelli Restaurant.
- Contemplate Andrea Bocelli's peaceful Teatro del Silenzio, an outdoor amphitheater where he performs only once a year.
- Deepen your knowledge of Bocelli's life and work in a museum honoring his achievements.
- Treasure a copy of your recording as the perfect memento from your pitch-perfect excursion.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses, umbrella and sunscreen.

This tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible. The Officine Bocelli Restaurant is closed on Mondays and will be substituted with the Alpermare restaurant, the new beach club of the Bocelli family. The order of sites viewed or visited may vary. Participants must be at least 21 years of age to be served alcoholic beverages.

## LRN-027 CINQUE TERRE ON YOUR OWN

Duration: 9.75 Hrs Tour Price: \$0.00

Retail Price: \$139.00



Date: June 06, 2023 08:15 AM

Date: June 07, 2023 07:45 AM

Spend free time exploring two spectacularly beautiful coastal villages in Cinque Terre, an area so scenic that UNESCO deemed it a World Heritage site for being a landscape of great scenic and cultural value. You will first visit Vernazza, arguably the most photogenic of the villages. The main square is a great place to start exploring as the Church of Santa Margherita d'Antiochia stands there overlooking the natural harbor. Built in the Gothic-Ligurian style, the church features an octagonal bell tower that can't be missed, making it even easier to find your way around the pastel-colored town. You will next see Riomaggiore, the largest of Cinque Terre's five villages and accordingly it offers more points of interest than Vernazza. A 13th-century castle looms over the historical center, the Oratory of St. Mary Assumption holds an intriguing 15th-century triptych and the St. John the Baptist church is ornamented with black-and-white marble.

- Marvel at the countryside that earned Cinque Terre a World Heritage site designation.
- Spend free time in Vernazza, perhaps the most photogenic of the area's five villages.
- Explore Riomaggiore, the largest of the villages and the one with the most attractions.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

The amount of walking during free time is at each guest's discretion. This tour is not available to wheelchair guests. Conservative dress is required to enter churches. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

## LRN-GG3 ECO FRIENDLY CRAFTS & ART

Duration: 9.00 Hrs Tour Price: \$239.00

Retail Price: \$389.00



Date: June 06, 2023 08:15 AM

Date: June 07, 2023 08:15 AM

Settle in for a wonderfully scenic drive to Florence to meet with innovative artisans that creatively use sustainable and recycled materials. A photo stop atop Michelangelo Square will offer an overview of the spectacularly artistic city, after which you visit a designer of eco-friendly clothing. She will describe how only natural fibers are used in her fashions and why they are so superior to synthetic materials. An artisan of a different sort will enlighten you at Il Conventino, a 19th-century convent that now houses nearly two dozen artists' ateliers and workshops. There, Silvia Logi will present a collection of her artwork made with natural and recycled materials. The pieces may include colorful picture frames, sculptures, mosaic jewelry and decorative wooden panels. It will be inspiring to see how she has repurposed ordinary objects into exquisite art. To complement your immersion into contemporary art, you will enjoy free time in Florence, a city renowned for its Renaissance art.

- Meet a Florentine designer that creates fashions using only eco-friendly natural fibers.
- Visit an artist that will describe how she uses recycled materials to create her artwork.
- Take a leisurely walk-through Florence that presents some of the city's iconic architecture.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE This tour includes approximately 4 hours of moderate walking/standing including some steps to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. This tour operates with a driver only to and from the port and the guide will join upon arrival in Florence for 3 hours. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. If cancellation of this tour is made within 7 days of arrival in the excursion port, there will be a 100% cancellation fee charged to the guest's shipboard account



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## LRN-GL4 TUSCAN ORGANIC FARMING EXPERIENCE

**Duration:** 9.00 Hrs **Tour Price:** \$289.00

**Retail Price:** \$439.00



GL

**Date:** June 06, 2023 08:15 AM

**Date:** June 07, 2023 08:15 AM

Spend an enlightening day at a farm in Tuscany that produces a multitude of organic foods, many of which will be used as ingredients in your lunch. As an introduction to the artisanal practices at the Diacceroni farm, you will see how honey is produced and sample several varieties of the natural sweetener, which may include an amber chestnut honey and a floral-flavored acacia honey. Similarly, you will discover how the farmers use traditional methods to grow and harvest the crops. In preparation for the afternoon cooking class, you will gather a selection of fresh vegetables and herbs from the farm's fields and gardens. You will then use those ingredients to concoct your delicious four-course lunch under the chef's watchful eye. The dishes will be thoughtfully paired with organic wines. Afterwards, you'll spend some time with a wine expert and agronomist who will talk with you about environmental ethics and biodiversity.

- Gain insight into the organic methods used at a traditional Tuscan farm.
- See how organic honey, vegetables and wine are produced.
- Join a hands-on cooking class and prepare your four-course lunch.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 4 hours of moderate walking/standing including some steps to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. This tour operates with a driver only between each site visited and local guides at each venue. The excursion may not be suitable for those guests with food allergies or special dietary needs. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. If cancellation of this tour is made within 7 days of arrival in the excursion port, there will be a 100% cancellation fee charged to the guest's shipboard account.

## LRN-007 LUCCA BY BICYCLE

**Duration:** 4.75 Hrs **Tour Price:** \$0.00

**Retail Price:** \$129.00



**Date:** June 06, 2023 08:30 AM

**Date:** June 07, 2023 08:30 AM

Explore the Old World beauty and charm of Lucca during this memorable guided bicycle tour of the ancient walled city. After a pleasant coach ride through Tuscany's enchanting landscapes to Lucca, founded in 180 BC by the Romans, you'll notice the town's massive red-brick walls, built between 1504 and 1645 and among the best-preserved Renaissance-era defenses in Europe. You'll appreciate that, unlike many towns in Tuscany, Lucca is primarily flat, which makes it ideal for your two-wheeled exploration. Pedal to Piazza San Michele, where traders and silk merchants hawked their wares in times gone by, and view the graceful Palazzo Pretorio and the wonderful Pisan Romanesque 11th-century Church of Saint Michele in Foro. Cycle on to the bustling, elliptical Piazza Anfiteatro, a wonderful gathering place built in 1437 on the remains of the 2nd-century Roman amphitheater, and visit a few of Lucca's many historic churches, including the delightful 1438 Duomo di San Martino. Indulge in approximately one hour of free time after your tour to browse Lucca's tempting shops or simply relax with a cup of coffee at one of the breezy, open-air cafés of this captivating town.

- Thrill to a bicycle tour of Lucca, which is surrounded by unbroken, Renaissance-era red-brick walls.
- Rejoice in the ornately colonnaded façade of the Pisan Romanesque Church of San Michele in Foro.
- Pedal to an inviting oval plaza built on the site of the former Roman amphitheater.
- See the wonderful Duomo di San Martino, whose ornate façade showcases several tiers of colonnades.
- Relish time on your own to shop or relax at an open-air café, absorbing Lucca's timeless ambiance.
- Wear casual, weather-appropriate clothing and comfortable, non-slip walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

Walking on this tour is primarily at the guest's discretion during free time. Cycling is at your own risk and cycling helmets are provided. There will be cobblestone streets to negotiate. Minimum age to participate is 8 years. Few shops are open in Lucca on Sundays. In the event of rain, this tour will be substituted with Highlights of Lucca (LRN-005). There are services in some of the churches on Sunday mornings.

## LRN-014 HIGHLIGHTS OF FLORENCE

**Duration:** 10.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$149.00



**Date:** June 06, 2023 08:30 AM

**Date:** June 07, 2023 07:30 AM

Survey Florence's extraordinary architectural beauty and illustrious past during this guided walking tour to many of the highlights found in the UNESCO World Heritage site historic center. You'll delight in the Cathedral of Santa Maria del Fiore, also known as Il Duomo, which is crowned with a superb octagonal cupola designed by the Renaissance architect Brunelleschi. Nearby you'll find the master Giotto's soaring 14th-century campanile, or bell tower, and the Romanesque baptistery, which boasts stunning bronze doors by Ghiberti that are known as the Gates of Paradise. In stately Piazza della Signoria, see the crenellated Palazzo Vecchio, which served as the town's political center, and an abundance of exquisite statues that include Cellini's Perseus, Giambologna's The Rape of the Sabine Women and a replica of Michelangelo's David. Stroll the shop-lined Ponte Vecchio, or Old Bridge, where the city's butchers once toiled until they were ousted and replaced by silver and goldsmiths. Marvel at Basilica di Santa Croce, Italy's largest Franciscan Gothic church, on which the finest Florentine architects and masters labored, including Brunelleschi, Vasari, Giotto and Donatello. You'll relish free time for lunch and shopping at the conclusion of this comprehensive tour of spellbinding Florence.

- Appreciate the Cathedral of Santa Maria del Fiore, whose Renaissance dome by Brunelleschi is a feat of engineering.
- Applaud Giotto's 14th-century bell tower and Ghiberti's bronze doors for the Romanesque baptistery.
- Wander among outstanding outdoor sculptures in Piazza della Signoria, watched over by the castle-like Palazzo Vecchio.
- Hear of the history-rich past of Ponte Vecchio, or Old Bridge, occupied by butchers and later by jewelers.
- View the wonderful Franciscan Gothic Basilica di Santa Croce, combined effort of several Florentine architects and masters.
- Enjoy time on your own to dine in a tempting trattoria or shop Florence's chic boutiques.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately to visit a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour features extensive walking, plus any additional walking at the guest's discretion during free time. The tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. This tour does not include lunch. In case of long lines, the inside of Santa Maria del Fiore Cathedral will not be included in the guided tour. A walker's city, the center of Florence is a compact labyrinth of alleys and piazzas. Travel time to Florence is approximately two hours in each direction by coach. You will have approximately 2.5 hours of free time. Shops will be closed on bank holidays.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## LRN-GG2 BIODYNAMIC GARDEN

Duration: 7.50 Hrs Tour Price: \$329.00

Retail Price: \$479.00



Date: June 06, 2023 08:30 AM

Date: June 07, 2023 08:30 AM

Gain an understanding of biodynamic agriculture at a Tuscan garden and enjoy an organic lunch at an exclusive beach club that Andrea Bocelli's family owns. As an introduction to the local geology, you will first explore Antro del Corchia, a complex of caves in the Apuan Alps. Returning to ground level, you will then tour a garden that exemplifies biodynamics by using holistic, ecological and ethical means to grow its vegetables. For instance, the fertilizers are natural, not chemical, and the farmers follow lunar phases to grow their crops. After this enlightening overview of biodynamics, you will dine at the Alpermare Beach Club in Forte dei Marmi. The organic meal will perfectly complement the picturesque seaside setting. Later, you will enjoy free time in the nearby village of Pietrasanta. As you meander about, be sure to see the 16th-century Fountain of Marzocco, the Cathedral of St. Martin and sections of an ancient wall from Roman times.

- See how produce is grown in an eco-friendly manner at a biodynamic garden.
- Savor lunch and wines at the Alpermare Beach Club, which Andrea Bocelli's family owns.
- Explore the classic Tuscan town of Pietrasanta on your own.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 4 hours of moderate walking/standing including negotiate a raised metal walkway system through the caves. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. This tour operates with a private informative driver. There will be a local guide at the Biodynamic Garden venue. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. If cancellation of this tour is made within 7 days of arrival in the excursion port, there will be a 100% cancellation fee charged to the guest's shipboard account.

## LRN-GL3 EXPLORE FLORENCE LIKE A LOCAL

Duration: 9.00 Hrs Tour Price: \$119.00

Retail Price: \$269.00



GL

Date: June 06, 2023 08:30 AM

Date: June 07, 2023 08:00 AM

Experience the real Florence by mingling with the residents at a popular market, sampling Florentine delicacies and browsing the less commercialized Oltrarno district. The fun will begin at San Lorenzo Market, which occupies a beautifully restored cast-iron building constructed in the 1870s. Although you may recognize some of the delicacies, be sure to ask the guide if you can't identify something or don't know its name. Chances are, you will see lampredotto, a Florentine specialty of cow stomach slow-cooked with vegetables and served on a crunchy bun. It is considered comfort food. After sampling a selection of more well-known products such as cheese, salami and olives, you will walk toward the Piazza del Duomo in the heart of the city. The famed Basilica of Santa Maria del Fiore overlooks the square, and its dome has become a symbol of the city. Then, after stopping for a cup of creamy gelato, you will enjoy free time to explore the Oltrarno district.

- Mingle with the locals while browsing Florence's popular San Lorenzo Market.
- Sample local delicacies such as salamis and cheeses and some more exotic ones.
- Explore Florence's authentic, less commercialized Oltrarno district.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 3½ hours of walking and standing with some inclines and cobblestone surfaces to negotiate, plus additional walking at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. This tour must be purchased at least 3 days prior to the operating date. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

## LRN-003 FLORENCE ON YOUR OWN

Duration: 10.00 Hrs Tour Price: \$0.00

Retail Price: \$155.00



Date: June 06, 2023 08:45 AM

Date: June 07, 2023 07:30 AM

Indulge in time entirely on your own in resplendent Florence, allowing for ample exploration at your pace. Enjoy a picturesque drive of approximately two hours through Tuscany's legendary landscapes, and once in Florence, birthplace of the Renaissance, you'll have approximately six hours of complete freedom in the UNESCO World Heritage site historic center. Perhaps visit the extraordinary Duomo, nickname for the Cathedral of Santa Maria del Fiore, whose soaring cupola by Brunelleschi was a groundbreaking feat of engineering, and serene Basilica di Santa Croce, where Donatello's Annunciation is housed. Wander through the Galleria dell'Accademia and see Michelangelo's dazzling David or examine priceless works of art in the Gallerie degli Uffizi and the Palazzo Pitti, once owned by the Medicis. Soak up the romance of the city on the shop-lined Ponte Vecchio and the marvelous Boboli Gardens. Browse glittering boutiques from Dolce & Gabbana, Gucci, Prada and Versace, among others, along Via dei Tornabuoni and Via della Vigna Nuova. As you meander the compact labyrinth of alleys and piazzas, follow in the footsteps of Michelangelo, Leonardo Da Vinci, Dante and Machiavelli, just a few of the epochal Italians whose impact continues to reverberate through the centuries.

- Uncover the highlights of Florence, a UNESCO World Heritage site, with generous time for independent exploration.
- Visit the city's astonishing places of worship, Il Duomo and Basilica di Santa Croce.
- Take in towering achievements in Renaissance art, including Michelangelo's David, in the Galleria dell'Accademia.
- Cross the enchanting Ponte Vecchio and roam the Boboli Gardens, Florence's elegant oasis.
- Shop Italy's top designers in the enticing boutiques lining Via della Vigna Nuova and Via dei Tornabuoni.
- Appreciate Tuscany's ravishing countryside as you journey to and from Florence by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to visit a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

Walking on this tour is primarily at the guest's discretion. There will be an approximately 15-20 minute walk from the parking area to the meeting point. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The historic center of Florence is a pedestrian area. If you choose to purchase this transfer, it is advisable to acquire a good guide book to the city before leaving home. There will be no guided tour, only transportation to Florence. On Mondays, most of the shops in Florence are closed between 9:00 a.m. and 3:30 p.m., as are all the main museums. An official escort will be on the coach and will provide information about Florence and places to visit. Maps are available on the coach. Advance reservations for some of the sights are highly recommended; please inquire at the Shore Excursions desk for details.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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**LRN-004 THE GLORIES OF PISA****Duration: 4.50 Hrs****Tour Price: \$0.00****Retail Price: \$129.00****Date: June 06, 2023 08:45 AM****Date: June 07, 2023 08:45 AM**

Discover the marvels of Pisa, including its renowned Leaning Tower, during this tour of the city's most celebrated sites. After a brief drive to Pisa, you'll alight at the UNESCO World Heritage site Campo dei Miracoli, or Field of Miracles. You'll learn the medieval architectural masterpieces found here, anchored by the Leaning Tower, date from Pisa's Golden Age as a maritime power from the 11th to the 13th century. Hear the tower started listing after a mere three stories had risen due to the unstable soil found beneath the Campo dei Miracoli, and that by the time it was completed in 1350, it was too late to rectify it. Tour the outstanding duomo, or cathedral, whose multi-level colonnades and subtle interplay of marble and stone make it the archetype of the Pisan Romanesque style. See the elaborate circular baptistery and proceed into the city proper to the Piazza dei Cavalieri, which served as the civic heart of medieval Pisa and later as the headquarters of the Knights of Saint Stephen. During time on your own, behold an expressive statue of Cosimo de' Medici that sternly supervises the daily proceedings, and contemplate the enduring legacy of the miraculous Italian Renaissance.

- Journey to Pisa's Campo dei Miracoli, a UNESCO World Heritage site where eminent medieval structures stand.
- Gaze at the Leaning Tower, symbol of the city and one of the world's most beguiling structures.
- Admire the sublime Duomo di Pisa, a cathedral boasting multiple tiers of colonnades on its façade.
- Delight in the ornate circular baptistery, less known but possibly as alluring as the Leaning Tower.
- See a brilliant patchwork of Renaissance buildings and an imposing statue of Cosimo de' Medici in Piazza dei Cavalieri.
- Enjoy time on your own to stroll and shop in the maze-like lanes of entralling Pisa.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour involves a modest amount of walking, including any walking at the guest's discretion during free time and an approximately 15-minute walk each way between the parking area and Campo dei Miracoli. There will be some steps and a very challenging ascent to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Ascending the tower is not included in the tour as timing restrictions make this difficult to incorporate. The order of sites viewed or visited may vary.

**LRN-016 CASTELLO DI BOLGHERI AND EXCLUSIVE WINE TASTING****Duration: 9.00 Hrs****Tour Price: \$599.00****Retail Price: \$849.00****Date: June 06, 2023 08:45 AM**

Experience the privilege of an exclusive visit and wine tasting at the elegant Castello di Bolgheri and partake in another tasting at esteemed Le Macchiole estate on this oenophile's dream tour that includes lunch. Relax during an approximately one-hour scenic drive along gently rolling hills overlooking the sea pines and sand dunes of the Tyrrhenian Sea until you arrive at the fabulous Castello di Bolgheri, property of the Counts of Gherardesca since the 1200s. In this grand setting, you'll be served two wines produced by the estate, Castello di Bolgheri and Varvåra, along with wholesome bread, extra virgin olive oil, prosciutto and savory sheep's-milk cheese. After your tasting, enjoy a guided tour of the estate and the cellars before some free time to catch a glimpse of the village's country lifestyle. You may purchase selected wines and souvenirs at the local shops before lunch at a typical Tuscan restaurant, which is nestled in a quiet and intimate setting. Delight in Le Macchiole estate, where a guide will escort you to the noble vineyards and cellars in which their award-winning wines are produced. In a private dining room, try the estate's vintages and gladly toast to your palate-pleasing excursion.

- Watch the sand dunes and sea pines of coastal Tuscany glide past during your journey by coach.
- Sample two outstanding wines paired with traditional accompaniments at the stately Castello di Bolgheri winery.
- Shop for wine and mementoes at the local shops after a tour of the castle and its cellars.
- Sit for lunch in a classic Tuscan restaurant tucked away amid serene surroundings.
- Tour the vineyards and cellars of award-winning Le Macchiole wine estate.
- Savor Le Macchiole's acclaimed wines in the comfort of a private dining room.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves moderate walking. Due to the tour's exclusive nature, there is limited availability. Only 16 guests will be able to participate in this unique Tuscan experience. Guests must be at least 18 years old to participate. Participants must be at least 21 years of age to be served alcoholic beverages.

**LRN-026 EASY FLORENCE****Duration: 9.00 Hrs****Tour Price: \$0.00****Retail Price: \$119.00****Date: June 06, 2023 08:45 AM****Date: June 07, 2023 08:00 AM**

Enjoy the architectural and artistic splendors of Florence with minimal effort by driving around the city and spending free time in a square surrounded by fine shops and cafés. On the way there, you will stop at a leather factory. It will be an excellent introduction to Italian craftsmanship, as you will watch artisans creating exquisite leather goods by hand. Your first look at Florence will be just as memorable. While pausing for photos at hilltop Michelangelo Square, you will enjoy sweeping views and a close-up look at replicas of Michelangelo's most famous works, including David. You will be presented with other perspectives of Florence and the Arno River on the descent to St. Croce Square, where you will enjoy about 1½ hours of free time. The square couldn't be more convenient, as it allows easy access to restaurants, shops and attractions such as Santa Croce Basilica. Ponte Vecchio is within walking distance.

- Enjoy an introductory and immensely panoramic drive in and around Florence.
- Spend free time in St. Croce Square, a center of fine shops and restaurants.
- Stop at a leather factory to watch Italian craftsmen create exquisite leather goods.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This is not guided tour, but an English-speaking escort will accompany you to and from Florence and assist with any questions you may have. Conservative dress is required to enter churches. The level of exertion during free time is at each guest's discretion. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

**GL** Go Local Tour

Accessible Tour

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## LRN-018 SUVERETO AND SUPER TUSCAN ESTATE, TUA RITA

Duration: 6.75 Hrs Tour Price: \$239.00

Retail Price: \$389.00



Date: June 06, 2023 09:00 AM

Date: June 07, 2023 09:00 AM

Regent Seven Seas Cruises is proud to partner with Food & Wine Trails, America's foremost culinary travel company, in the offering of this tour. Food & Wine Trails tours are always kept intimate and visit sites not typically offered by mainstream travel suppliers. Their tours are always led by a knowledgeable, English-speaking sommelier, wine or food expert, cooking instructor or chef, who enjoys introducing visitors to some of the best and most authentic food and wine of their region. Reveal the soul of Tuscany at an unspoiled medieval village and a glorious lunch accompanied by super Tuscan wines. Discover super Tuscans were born from a group of bold winemakers' desire to create wines not in accordance with traditional blending laws. Before you visit the estate of one of these winemaking rebels and taste some of their now-celebrated vintages, begin with a brief stop in medieval Suvereto, a 10th-century hamlet surrounded by walls built to protect the stone-paved streets lined with rustic houses, historical buildings and impressive churches. Proceed to Tua Rita, a family-run winery that began as a humble family project conducted in a tiny, rustic cellar and blossomed into a staple of the cult genre. You'll marvel that every year since 1994, Tua Rita has received some of the highest ratings in the region from Wine Spectator, Wine Enthusiast, Wine Advocate and other international wine publications. As their cherished guest, you'll experience true Tuscan hospitality during a tour of their state-of-the-art cellars, followed by a delicious multi-course lunch paired with a selection of their current vintages. Hail the audacious spirit of these Tuscan wine entrepreneurs as you enjoy their exceptional bounty.

- Pause briefly in 10th-century Suvereto, a walled hamlet steeped in medieval charm.
- Discover the lauded Tua Rita winery, a pioneer in the production of sought-after super Tuscans.
- Visit the state-of-the-art cellars, where wines that have received numerous accolades are created.
- Partake in a multi-course lunch accompanied by Tua Rita's phenomenal wines.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of moderate walking/standing. There will be uneven and steep surfaces and a spiral staircase to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. On occasion, due to last-minute operational issues at the wine estate, an alternate winery of similar quality and ranking may be substituted. The super Tuscan region is famed for its red wine selection, and white wine may not be served or available during the tastings. Given that a set meal is served on this excursion, guests with any dietary restrictions should advise the Destination Services Desk a minimum of 48 hours prior to the tour. If this tour is cancelled within 3 days of arrival in the excursion port, there will be a one-hundred percent cancellation fee charged to the guest's shipboard account.

## LRN-025 FLORENCE HOP ON HOP OFF & AUDIO GUIDED WALKING

Duration: 8.50 Hrs Tour Price: \$109.00

Retail Price: \$259.00



Date: June 06, 2023 09:00 AM

Date: June 07, 2023 08:00 AM

See Florence's highlights at your own pace by riding a double-decker bus around town, hopping on and off whenever you please at the attractions you find most intriguing. After a leisurely drive through the Tuscan countryside, you'll alight in Piazza Santa Croce, where you might begin your exploration of Florence's UNESCO World Heritage site historic center by seeing the tombs of Michelangelo and Galileo, which are housed in the Basilica Santa Croce. Use your complimentary bus pass to reach the extraordinary Duomo, nickname for the Cathedral of Santa Maria del Fiore, whose soaring cupola by Brunelleschi was a groundbreaking feat of engineering. Make your way to the Galleria dell'Accademia and see Michelangelo's dazzling David or examine priceless works of art in the Gallerie degli Uffizi and the Palazzo Pitti, once owned by the Medicis. You might soak up the romance of the city on the shop-lined Ponte Vecchio and the marvelous Boboli Gardens. Browse glittering boutiques from Dolce & Gabbana, Gucci, Prada and Versace among others along Via dei Tornabuoni and Via della Vigna Nuova. With more than 40 hop-on, hop-off destinations within your reach, gracious Florence is yours to uncover.

- Visit iconic attractions of Renaissance Florence with the use of an unlimited hop-on, hop-off bus pass.
- Admire the city's astonishing places of worship, Il Duomo and Basilica di Santa Croce.
- Take in towering achievements in Renaissance art, including Michelangelo's David, in the Galleria dell'Accademia.
- Cross the enchanting Ponte Vecchio and roam the Boboli Gardens, Florence's elegant oasis.
- Shop Italy's top designers in the enticing boutiques lining Via della Vigna Nuova and Via dei Tornabuoni.
- Take as much or as little time as you wish at each landmark before you hop onto the next bus.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to visit a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses, umbrella and sunscreen.

As the HOHO buses are shared with non-cruise tourists; Guests can expect long lines and wait times between buses. Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Weather appropriate clothing; sun cap; sunglasses; sunscreen; an umbrella; and flat, comfortable walking shoes are recommended. While the lower deck of the bus is air-conditioned, the open-top upper deck is not. The duration will vary based upon the guests' choice of stops and time spent at each. The Audio Guided Walking tour of the historic center is accessible with the free App "Sightseeing Experience" and is available in 5 languages.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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### LRN-031 BOCELLI SEASIDE & FLAVOR

Duration: 6.00 Hrs Tour Price: \$329.00

Retail Price: \$499.00



Date: June 06, 2023 09:00 AM

Date: June 07, 2023 09:00 AM

Savor Tuscan cuisine and inspiring wines at an exclusive beach club that Andrea Bocelli's family owns in the picturesque town of Forte dei Marmi. As an introduction to Tuscany, you will first stop in historical Pietrasanta in the foothills of the Apuan Alps. As you meander about during free time, be sure to see the 16th-century Fountain of Marzocco, the Cathedral of St. Martin and sections of an ancient wall from Roman times. Upon arriving at the Alpemare Beach Club, you will be treated to a tasting of classic wines from the Tuscan estate that the Bocelli family has owned since 1730. The wines will be paired with seafood appetizers that perfectly complement their characteristics. To enhance the experience, the guide will describe the nuances of the wines and how they are produced. A three-course lunch follows, accompanied by yet another selection of Bocelli wines. Time will also be allotted to explore the beach club at your leisure.

- Sample a selection of wines from the winery that the family of Andrea Bocelli owns.
  - Indulge in seafood appetizers and lunch at the Bocellis' exclusive Alpemare Beach Club.
  - Explore the classic Tuscan town of Pietrasanta on your own.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them.

### LRN-034 VOLTERRA & TUSCAN SHEEP FARMING

Duration: 6.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 06, 2023 09:00 AM

Date: June 07, 2023 09:00 AM

Settle in for a spectacularly scenic drive into the Tuscan countryside to visit the ancient walled city of Volterra and a sheep farm that still practices traditional methods. Perched above the desolate surrounding terrain, Volterra appears timeless, one of the reasons it was chosen as the setting for parts of the vampire-themed "Twilight" books. While meandering the atmospheric streets and plazas, you will view highlights such as Tuscany's oldest town hall and the Piazza dei Priori, a medieval square lined with grand palaces. Nearby, you will enjoy an insider's tour of a sheep farm and a demonstration of how the animals are milked. Much of their milk is used to make Pecorino Balze Volterrane, a Protected Designation of Origin cheese. Although it can be eaten after just three weeks of aging, longer aging lends it a spicier flavor. You can expect to sample the cheese as well as other local delicacies.

- Settle in for a panoramic drive through the stunningly beautiful Tuscan countryside.
  - See the sights in the medieval town of Volterra on an enlightening walking tour.
  - Visit a sheep farm and sample some of its cheese along with other Italian delicacies.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of walking over both even and uneven surfaces, sandy and gravel terrain. The sights are not wheelchair accessible and therefore it is not available for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests wishing to enter religious sights must wear suitable attire. Knees and Shoulders must be covered.

### LRN-035 WINE TASTING & LUNCH AT SAN MINIATO

Duration: 6.50 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 06, 2023 09:00 AM

Date: June 07, 2023 09:00 AM

Spend hours relaxing, dining and enjoying a wine tasting at a Tuscan estate that the Bonaparte family once owned in San Miniato. A wonderfully panoramic drive through the idyllic countryside will bring you to Cosimo Maria Masini, a winery that follows biodynamic agricultural principles that increase the soil's fertility, resulting in high-quality, naturally healthy crops. While touring the vineyards and wine cellar, you will gain an understanding of biodynamics and how it applies to viticulture. Biodynamically grown grapes tend to be much more expressive than grapes grown through other means. You will taste the difference while lingering over a lunch that may include eggplant parmigiana, bruschetta, cheeses and cantuccini almond biscuits. Up to five complementary wines from the estate will also be served. A red varietal made entirely from Sangiovese grapes and a white blend with herbal notes are possible choices. Afterwards, you may explore the estate on your own.

- Gain an understanding biodynamic agriculture at a centuries-old estate and winery.
  - Enjoy a leisurely meal paired with complementary wines from the estate.
  - Settle in for a panoramic drive through the stunningly beautiful Tuscan countryside.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes a minimal amount of walking mainly at the guest's discretion over some uneven and natural surfaces. It is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## LRN-036 QUARRYING CARRARA MARBLE

Duration: 5.25 Hrs Tour Price: \$109.00

Retail Price: \$259.00



Date: June 06, 2023 09:00 AM

Date: June 07, 2023 09:00 AM

Enjoy a comprehensive tour of the quarries in the Apuan Alps that have supplied Carrara marble since Roman times. The mountains contain a staggering amount of marble that was prized even before Michelangelo selected some of it to sculpt his Pietà and David. While traveling through the alps, you will pause to view Ponti di Vara, a centuries-old bridge used to transport marble, and Fantiscritti, an outdoor quarry museum of sorts that will clearly show the challenges of excavating, transporting and processing Carrara white marble. The quarry is a fascinating sight, especially considering that the mountains have yielded an endless supply of marble for more than 2,000 years. Some of it is used to make chests for aging lardo – or seasoned pure pork fat. Quarrymen have long eaten the high-energy delicacy, and you have the opportunity to sample this melt-in-your-mouth treat while enjoying other Italian dishes for lunch.

- Travel into the Apuan Alps, where Carrara marble has been quarried for 2,000 years.
- View an unusual outdoor museum that shows how the marble is quarried, step by step.
- Enjoy a lunch of Italian specialties, including a high-energy snack that quarrymen eat.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of walking over both even and uneven surfaces, sandy and gravel terrain. The sights are not wheelchair accessible and therefore it is not available for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests must wear closed toe, flat heeled shoes to participate.

## LRN-GG1 MASSACIUCCOLI NATURAL LAKE & ORGANIC WINES

Duration: 8.00 Hrs Tour Price: \$159.00

Retail Price: \$309.00



Date: June 06, 2023 09:15 AM

Date: June 07, 2023 09:15 AM

Spend a full day meandering through a natural reserve, enjoying lunch at an organic farm and exploring an estate that creates essential oils from eucalyptus trees and medicinal plants. Your appreciation of all things natural will begin with a stroll along the marshland boardwalk at Massaciuccoli Nature Park, where you will likely see a huge variety of water birds. Lunch follows at Tenuta Mariani, a Tuscan farm with vast olive groves and vineyards. Besides running entirely on renewable energy and recycling most everything possible, the estate takes a biodynamic, chemical-free approach to farming that adds vitality to the soil and plants. It is a difference you will taste in every bite. The company Versil Green also respects the Tuscan environment when creating organic products for the food, cosmetics and pharmaceutical industries. While touring, you will observe the production process and perhaps participate in an essential oils workshop. Afterwards, you will sample a craft beer made with organic hops.

- Look for water birds while strolling the boardwalk at Massaciuccoli Nature Park .
- Gain insight into biodynamic agriculture that benefits the environment at a Tuscan farm .
- Toast the day with an organic beer after touring a company that makes essential oils .
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 3-4 hours of moderate walking including several steps, over uneven and natural terrain. It is not available for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing, hat, sun screen and comfortable, flat walking shoes are suggested.

## LRN-GL2 LIVORNO'S AMBIANCE

Duration: 2.75 Hrs Tour Price: \$0.00

Retail Price: \$199.00



GL

Date: June 06, 2023 09:15 AM

Date: June 07, 2023 09:15 AM

Live like a local by browsing one of Europe's oldest markets and enjoying traditional treats and beverages. Your culinary immersion will begin at the Central Market, one of the oldest markets in Europe. With more than 200 shops and stalls, the late 19th-century Art Nouveau-style market attracts those seeking extraordinarily fresh produce, cheeses and meats. Virtually every iconic Italian food, condiment and beverage is on display. While meandering from stall to stall, you can expect the aroma of freshly ground coffee, baked goods and exotic spices to be wafting through the air. Samples may be offered to whet your appetite for the chickpea pancake tasting that follows. This popular street food is a thin flatbread that is typically crispy on the outside, soft on the inside and spectacularly flavorful. As a complement, you will visit the New Venice district for a cup of Ponce Livornese, a restorative rum-and-coffee concoction that locals often order as digestives following dinner.

- Browse the hundreds of shops and stalls in Livorno's bustling Central Market.
- Enjoy samples that vendors offer and a remarkably flavorful chickpea pancake afterwards.
- Savor a classic spiked coffee drink that locals usually order as a digestive following meals.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about two hours of walking and standing with some inclines and cobblestone surfaces to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



Go Local Tour



Accessible Tour

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### LRN-033 FLORENCE OPEN AIR SIGHTSEEING & WALKING TOUR

Duration: 7.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: June 06, 2023 09:30 AM

Date: June 07, 2023 08:00 AM

See an array of iconic attractions in Florence from the comfort of a double-decker bus that affords panoramic views of this classic Tuscan city in every direction. An immensely scenic drive through the rolling countryside will provide a hint of the beauty that awaits you in Florence, which is revered for its architectural and artistic splendor. The exact bus route will be determined in accordance with the traffic and time of day, but you can expect to view one spectacular landmark after another with stops along the way for closer looks. Florence is home to countless attractions, including Michelangelo's statue of "David," the magnificent Uffizi Gallery and the shop-lined bridge Ponte Vecchio, which has spanned the Arno River since medieval times. Chances are, you will catch sight of the Duomo, the famed cathedral that dominates the heart of Florence. Legendary 15th-century architect Filippo Brunelleschi designed its dome, which has been the skyline's most recognized structure ever since. View some of the most magnificent sights, such as:

- Piazzale Michelangelo
- Ponte Vecchio
- Santa Croce
- Piazza Santa Maria Maggiore
- Piazza Signoria
- Porta Romana
- See the highlights of Florence from a double-decker bus that offers unobstructed views.
- Stop along the way for photos and closer looks at the most iconic attractions.
- Enjoy a guided walking tour through some of the most important sites.
- Take comfort in knowing that the bus is open air rather than completely enclosed.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

It is not recommended for guests with walking difficulties. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary.

### LRN-005 HIGHLIGHTS OF LUCCA

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: June 06, 2023 02:00 PM

Date: June 07, 2023 09:00 AM

Experience compelling Tuscan art and history on this relaxing guided walking tour of scenic and off-the-beaten-path Lucca. Upon arrival in this quaint city, founded in 180 BC by the Romans, you'll notice the town's massive red-brick walls, built between 1504 and 1645 and among the best-preserved Renaissance-era defenses in Europe. Admire the Pisan Romanesque Church of San Michele in Foro, which stands on the site of the ancient Roman forum and whose exquisite colonnaded façade rivals that of Pisa's own cathedral. Pass the fabulous, tree-topped Guinigi Tower, one of several in Lucca built by the Guinigi family, rulers of the city in the 15th century, and reach the Piazza Anfiteatro, once the Roman amphitheater and today a charming elliptical square surrounded by sand-colored houses. Visit the chapel where the revered Santa Zita is interred, and tour the extraordinary Duomo di San Martino, a cathedral that holds the Volto Santo, a 13th-century wooden effigy believed by medieval pilgrims to have been carved by Christ's follower Nicodemus at the time of the Crucifixion. Conclude your tour with free time to browse Via Fillungo, the town's principal shopping street, or continue your exploration of unspoiled and magnetic Lucca.

- Appreciate an easygoing tour of Lucca, which is surrounded by unbroken, Renaissance-era red-brick walls.
- Rejoice in the ornately colonnaded façade of the Pisan Romanesque Church of San Michele in Foro.
- Look upward at the unlikely sight of trees crowning the soaring 15th-century Guinigi Tower.
- Stroll in an inviting oval plaza built on the site of the former Roman amphitheater.
- Visit the wonderful Duomo di San Martino, where a treasured 13th-century carving of Christ resides.
- Relish time on your own to shop on Via Fillungo or wander deeper into Lucca's atmospheric streets.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour involves approximately two hours of walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and a few steps to climb. The tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. Most of the shops are closed on Sundays and on Sunday mornings there are services in some of the churches.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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Date: June 06, 2023 02:00 PM

Date: June 07, 2023 08:30 AM

Treasure a tasting of characteristic Tuscan wines and enjoy free time in Bolgheri, a hillside village with a medieval atmosphere, cobbled streets and unique boutiques. You'll drive through the beautiful Tuscan countryside, where ancient Etruscans produced a variety of wines, a tradition that continues to this day at Guado al Melo estate. You'll learn its evocative name means "ford at the apple tree," a reference to an ancient apple tree that marked a safe spot to cross the stream on the property. While touring Guado al Melo, absorb its commitment to craft wine with only natural ingredients and no additives. During your tasting, you'll appreciate the meticulous attention to quality, perhaps sampling an Atis Bolgheri blend of cabernet sauvignon, cabernet franc and merlot or other selections, depending on the day. Visit nearby Bolgheri, a splendid medieval village where you'll enjoy time on your own. You might stroll the narrow, cobbled streets, pausing to study the historical stone buildings, or relax in a leafy plaza and observe the joys of the town's carefree daily life. Browse quaint shops for Tuscan pottery, crystal and local wines, admiring how everything born from Tuscany seems imbued with unmistakable beauty and grace.

- Traverse the divine landscapes of Tuscany on your way to the respected Guado al Melo winery.
- Learn the estate utilizes exclusively natural ingredients with zero additives to create its wines.
- Sip on the day's selections, which may include a blend of cabernet sauvignon, cabernet franc and merlot.
- Relish time at your leisure in Bolgheri, an authentic medieval village of cobbled and cozy streets.
- Acquire crystal, pottery and regional wines in Bolgheri's welcoming shops.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes just over 90 minutes of moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, steps and a steep incline to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Participants must be at least 21 years of age to be served alcoholic beverages.



## ❖ AJACCIO (CORSICA), FRANCE

### AJA-010 THE CALANCHE OF PIANA

Duration: 5.50 Hrs Tour Price: \$69.00

Retail Price: \$219.00



Date: June 08, 2023 07:30 AM

Surround yourself with stunning Corsican natural highlights in the lush Calanche of Piana nature on this wonderfully scenic coach tour. You'll discover that tantalizing views of enchanting hamlets such as Evisa and Vico, the former capital, provide only a hint of this island's charm. Explore 17th-century Cargese, founded by Greeks fleeing a Turkish invasion. With ample free time at your leisure, you might shop, admire the churches in the town's center or take in the expansive sea views. Behold the impressive sights at the Calanche of Piana, a nature preserve so environmentally significant it is a UNESCO World Heritage site. Examine brightly colored rock outcroppings, oddly shaped granite pinnacles and pillars emerging from the sea. Look for the rocks' uncanny resemblances to animals or people, including the well-known Bride and Groom, at a brief photo stop.

- Admire 17th-century Cargese's aged churches and breathtaking sea views.
- View colorful and uniquely shaped rock formations at the Calanche of Piana, a UNESCO World Heritage site of environmental significance.
- Glimpse the laid-back French villages of Evisa and Vico.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate to strenuous walking/standing. There will be some steps, uneven surfaces and a steep hill to negotiate in Cargese. Travel time to Cargese is approximately 75 minutes by coach. It is not available to guests who utilize a wheelchair, guests with mobility concerns or for those who suffer from motion sickness. Aside from restrooms at the restaurant where you will have lunch, restrooms in Ajaccio are not public, and those found in cafes and other venues are only available to patrons of the establishment purchasing food or beverages. Coaches are not equipped with a restroom. The order of sites viewed or visited may vary.

### AJA-002 THE PERFUMED ISLE AND PRUNELLI RIVER GORGES

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: June 08, 2023 08:30 AM

Relax on this panoramic driving tour of Corsica's spectacular interior, a land little-changed over centuries. Pass through Cuaro village and beautifully rugged, mountainous terrain, resplendent with lush forests. You'll see the dense shrubbery known as "maquis" blanketing the countryside and inhale the extraordinarily fragrant evergreen, interspersed with aromatic lavender, myrtle and wild mint. Journey past modest vineyards and cultivated fields before you enter peaceful Pineta Forest, dominated by tall, striking laricio pines, expansive chestnuts and dramatic beech trees. Enter heart-stopping Prunelli Gorges with its jagged granite walls and descend through serpentine twists and curves. Arrive ultimately at serene, man-made Tolla Lake, source of Ajaccio's hydro-electric power, and snap a postcard-worthy photo. Sharp pinnacles emerge from the forest just past Tolla, a ridge-top village nestled into the mountainside, then the amazing vista opens to an expanse of fertile valley below. Delight in numerous picturesque hamlets, including Ocana, known for austere granite homes, and imagine everyday life in this timeless land.

- View land untouched by time, traversing small villages, verdant forest and dramatic natural beauty.
- Breathe in aromatic evergreen, enhanced with fragrant lavender, myrtle and wild mint in the Pineta Forest.
- Descend into the dramatic Prunelli Gorges and marvel at the jagged granite walls.
- Delight in the azure hues of Tolla Lake, a man-made basin that provides hydro-electric power to Ajaccio.
- Appreciate the diverse landscape and small villages unchanged through the centuries.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic, with walking at the guest's discretion during stops. It is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. The tour may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of stamina and ability. It is not considered suitable for those who suffer from motion sickness or vertigo.

### AJA-002SG THE PERFUMED ISLE AND PRUNELLI RIVER GORGES - S

Duration: 3.50 Hrs Tour Price: \$69.00

Retail Price: \$239.00



Date: June 08, 2023 08:30 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Relax on this panoramic driving tour of Corsica's spectacular interior, a land little-changed over centuries. Pass through Cuaro village and beautifully rugged, mountainous terrain, resplendent with lush forests. You'll see the dense shrubbery known as "maquis" blanketing the countryside and inhale the extraordinarily fragrant evergreen, interspersed with aromatic lavender, myrtle and wild mint. Journey past modest vineyards and cultivated fields before you enter peaceful Pineta Forest, dominated by tall, striking laricio pines, expansive chestnuts and dramatic beech trees. Enter heart-stopping Prunelli Gorges with its jagged granite walls and descend through serpentine twists and curves. Arrive ultimately at serene, man-made Tolla Lake, source of Ajaccio's hydro-electric power, and snap a postcard-worthy photo. Sharp pinnacles emerge from the forest just past Tolla, a ridge-top village nestled into the mountainside, then the amazing vista opens to an expanse of fertile valley below. Delight in numerous picturesque hamlets, including Ocana, known for austere granite homes, and imagine everyday life in this timeless land.

- View land untouched by time, traversing small villages, verdant forest and dramatic natural beauty.
- Breathe in aromatic evergreen, enhanced with fragrant lavender, myrtle and wild mint in the Pineta Forest.
- Descend into the dramatic Prunelli Gorges and marvel at the jagged granite walls.
- Delight in the azure hues of Tolla Lake, a man-made basin that provides hydro-electric power to Ajaccio.
- Appreciate the diverse landscape and small villages unchanged through the centuries.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic, with walking at the guest's discretion during stops. It is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. The tour may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of stamina and ability. It is not considered suitable for those who suffer from motion sickness or vertigo.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## AJA-005 HIGHLIGHTS OF AJACCIO

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$89.00



Date: June 08, 2023 08:30 AM, 12:30 PM

Admire charming Ajaccio on this driving and walking tour that focuses on the life of pugnacious Napoleon Bonaparte. Pass historic churches, the former English quarter and notable monuments to the French emperor, born in Ajaccio or "Imperial Town" in 1769. Witness Napoleon in a celebrated pose at striking Austerlitz Square, donning his famous two-cornered hat and riding coat. Local lore holds he played here as a child, presciently pretending to be France's emperor. Commence your walking tour in Ajaccio's oldest district and discover another tribute to the emperor at the eye-catching neo-classical town hall. Amble leisurely down one of the region's first streets, aptly named Rue Bonaparte, to Napoleon's birthplace. Envision his boyhood in this unadorned home, now a museum beautifully furnished with period pieces. See the modest cathedral, site of his christening, and yet another impressive commemoration in the expansive Place de Gaulle. At the end of your enlightening tour, you may choose to remain in town to browse the engaging, shop-lined Rue Fesch, where Napoleon's image is a central theme.

- Immerse yourself in Ajaccio, also known as "Imperial City" and birthplace of Napoleon Bonaparte in 1769.
- View myriad statues and powerful monuments to the native son, the famed emperor of France.
- Glimpse Napoleon's humble beginnings at his childhood home, now a museum, and see the unassuming cathedral where he was christened.
- Shop the pedestrian-friendly Rue Fesch, filled with delightful and unique boutiques.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of easy-to-moderate walking/standing and some uneven ground. There are no inside visits included in this excursion. It is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## AJA-005SG HIGHLIGHTS OF AJACCIO - SMALL GROUP

Duration: 3.00 Hrs Tour Price: \$49.00

Retail Price: \$229.00



Date: June 08, 2023 08:30 AM, 12:30 PM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Admire charming Ajaccio on this driving and walking tour that focuses on the life of pugnacious Napoleon Bonaparte. Pass historic churches, the former English quarter and notable monuments to the French emperor, born in Ajaccio or "Imperial Town" in 1769. Witness Napoleon in a celebrated pose at striking Austerlitz Square, donning his famous two-cornered hat and riding coat. Local lore holds he played here as a child, presciently pretending to be France's emperor. Commence your walking tour in Ajaccio's oldest district and discover another tribute to the emperor at the eye-catching neo-classical town hall. Amble leisurely down one of the region's first streets, aptly named Rue Bonaparte, to Napoleon's birthplace. Envision his boyhood in this unadorned home, now a museum beautifully furnished with period pieces. See the modest cathedral, site of his christening, and yet another impressive commemoration in the expansive Place de Gaulle. At the end of your enlightening tour, you may choose to remain in town to browse the engaging, shop-lined Rue Fesch, where Napoleon's image is a central theme.

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- Glimpse Napoleon's humble beginnings at his childhood home, now a museum, and see the unassuming cathedral where he was christened.
- Shop the pedestrian-friendly Rue Fesch, filled with delightful and unique boutiques.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of easy-to-moderate walking/standing and some uneven ground. There are no inside visits included in this excursion. It is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## AJA-007 SCENIC VIZZAVONA & CORSICAN SNACKS

Duration: 3.25 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: June 08, 2023 08:30 AM, 01:00 PM

Explore the pristine mountainous terrain that blankets much of Corsica's interior, absorbing the striking natural beauty with a scenic drive before enjoying a hearty sample of Corsican food. You'll see the dense shrubbery known as "maquis" blanketing the countryside, and inhale the extraordinarily fragrant evergreen, interspersed with aromatic lavender, myrtle and wild mint. View Bocognano village, perched on a picturesque plateau, and surrounded by leafy chestnut and beech trees. Enter the pine-filled and scarcely populated Vizzavona Forest, sought by nature enthusiasts and backpackers for its wondrous vistas and inspirational hikes. You'll learn that the forest was the long-standing refuge for bandit brothers who became folk heroes in the late 1880s. One surrendered at age 75 and the other remained at large for ten more years. Savor a hearty spread of smoked ham, sausages and goat cheeses, reflective of a local workman's mid-day meal, accompanied by a glass of robust red wine. Immerse yourself in this splendid land's everyday life with ample free time after your delicious repast.

- Enjoy an extraordinarily beautiful drive into Corsica's scenic and rugged interior.
- Breathe in aromatic evergreen, enhanced with fragrant lavender, myrtle and wild mint, and view the plentiful native shrubbery, known as "maquis."
- Delight in the picturesque plateau that showcases the village of Bocognano
- Traverse Vizzayona Forest, a scarcely populated area sought by hiking and nature enthusiasts.
- Learn of the bandit-brother folk heroes who successfully used the forest as a hideout in the 1800s.
- Enjoy a delicious and hearty snack, reflective of a typical Corsican workman's mid-day meal.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic, with walking at the guest's discretion during stops. It is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The tour is not considered suitable for those who suffer from motion sickness or vertigo. Coaches are not equipped with a restroom. Participants must be at least 21 years of age to be served alcoholic beverages.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## AJA-006 IMPERIAL TOWN

Duration: 2.00 Hrs Tour Price: \$0.00

Retail Price: \$69.00



Date: June 08, 2023 09:30 AM, 01:30 PM

Explore "Imperial Town" on this enriching walking tour of Ajaccio, home of Emperor Napoleon Bonaparte, born here in 1769. Enter Old Town's expansive square with its sweeping bay view and arrive at the eye-catching neo-classical town hall dominated by a statue honoring the controversial and admired emperor. Amble down one of the city's first streets, aptly named Rue Bonaparte, to find Napoleon's birthplace. Envision his boyhood in this unadorned home, now a museum beautifully furnished with time-worn period pieces. Recognize another memorial to the Bonapartes in the Place de Gaulle, an absorbing monument of the emperor on horseback surrounded by his brothers that rises gracefully from the square. If you so desire, choose to remain in town to browse the shop-lined, pedestrian-friendly Rue Fesch following your tour, where Napoleon's image is a central theme or if time permits, Treasures of the imperial family await your inspection at a once grand palace built by order of Napoleon's uncle. Browse the remarkable collection, including the second-largest assemblage of Italian paintings in France. Works from four centuries are on display, including masterpieces by Botticelli and Titian.

- Stroll highlights of Ajaccio, birthplace of Napoleon Bonaparte in 1769, also known as "Imperial City."
- Discover myriad statues and powerful monuments to the native son, a famed emperor of France.
- Imagine Napoleon's humble beginnings at his childhood home, replete with period furnishings.
- See the palace museum, showcasing exhibits devoted to the imperial family and classical art.
- Shop the pedestrian-friendly Rue Fesch, filled with delightful and unique boutiques.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of easy-to-moderate walking/standing. There will be some steps and uneven surfaces to negotiate. It is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Dependent upon the day of week and time, there may be only one museum visit. Restrooms are available in the museums only.

## AJA-011 AN EXPERIENCE OUT OF TIME

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 08, 2023 09:30 AM, 12:30 PM

See how the influence of Napoleon Bonaparte still lingers in Ajaccio, which is known as Imperial Town in honor of the French emperor being born there. In several squares, statues depict Napoleon robed like a Roman consul and on horseback. It is almost impossible to escape his lasting impact, as you will see at the Assumption of the Blessed Virgin Mary cathedral, where he was christened, and at Rue Bonaparte, one of the first streets in Ajaccio. The entire Bonaparte family left its mark here. The Bonaparte's home since 1682 was eventually given to the French government in the 1960s and turned into a museum, where you can behold Napoleon's death mask. You will learn even more about the emperor while watching a film about his life and dining on a light Corsican lunch. To enhance the historical aspect, the wait staff will be outfitted in Napoleonic period costumes.

- See evidence of the lasting influence of Napoleon and the Bonaparte family in Ajaccio.
- Visit Napoleon's birthplace and the modest church where he was christened.
- Enjoy a light Corsican lunch served by a wait staff dressed in Napoleonic period costumes.
- Opt to remain in Ajaccio following the excursion and then walk back to the ship on your own.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of moderate walking/standing. Guests will need to manage some uneven pavements. There will need be 15 - 20 steps throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ CAGLIARI (SARDINIA), ITALY

### CAG-003 SANT' ANTIOCO

**Duration:** 5.50 Hrs **Tour Price:** \$69.00

**Retail Price:** \$219.00



**Date:** June 09, 2023 08:30 AM

Explore remote Sant'Antioco, an island renowned for its archaeological sites and museums detailing early life in southern Sardinia, on this memorable tour. You'll journey for approximately 90 minutes through southwestern Sardinia, passing through several quaint villages and terrain that becomes more dramatic as you approach Sant'Antioco. Learn the island is named for Saint Antiochus, a Christian martyr who was executed in the 2nd century after spending much of his life toiling in the local lead mines. You'll cross into Sant'Antioco over an artificial isthmus and stop at the Ferruccio Barreca Archaeological Museum, which showcases a vast collection of pottery, jewelry and inscribed steles created by the various cultures that have controlled the island, such as the Phoenicians, Romans and French. Walk to the sobering Carthaginian tophet, an ancient infant burial site surrounded by funerary urns and, a bit further, find the Ethnographic Museum, which contains an illuminating collection of antique tools and traditional artifacts used in agriculture. To conclude your tour, descend into an evocative subterranean area where the Carthaginians placed more than 1,500 tombs. You'll relish time on your own to continue uncovering the charms of alluring Sant'Antioco.

- Enjoy captivating vistas of Sardinia's unspoiled landscapes as you travel by coach to the island of Sant'Antioco.
- Uncover life in Sant'Antioco through the centuries at the city's archaeological and ethnographic museums.
- Contemplate the burial rituals of Carthaginians at a somber tophet and a subterranean tomb site.
- Appreciate time at your leisure to further explore beguiling Sant'Antioco.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate-to-strenuous walking/standing. There will be some uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for those with mobility concerns. The order of sites viewed or visited may vary.

### CAG-004 EPIC SARDINIA

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$189.00



**Date:** June 09, 2023 08:30 AM

Feel Sardinia's compelling past come alive on this tour of the island's most significant archaeological site, complemented by a look at some of Cagliari's historic landmarks. Relax during a picturesque drive of just over one hour through lovely countryside and across the fertile Campidano plain. As you pass through the village of Villamar, look for the colorful murals painted on many of the walls, an artistic tradition prevalent throughout Sardinia's rugged interior. You'll alight in Barumini, a village famed for the nuraghic complex of Su Nuraxi, and learn that nuraghes are tower-shaped, prehistoric stone structures dating back to the 15th century BC. Tour the complex, a UNESCO World Heritage site that is dominated by a central tower and surrounded by defensive walls that once enclosed an extensive settlement. You'll see the enthralling remains of dwellings, places of worship and meeting halls where Bronze Age inhabitants gathered 3,500 years ago. After exploring this revealing ancient site, you'll return to Cagliari and tour its city center, which features protective walls around the Castello district. Cap off your tour with an ascent to Monte Urpinu on the outskirts of Cagliari for marvelous views of the city and the glittering sea beyond.

- See the remarkable landscapes of Sardinia and vibrant murals in the village of Villamar during your journey by coach.
- Discover the UNESCO World Heritage site of Su Nuraxi, built in the 15th century BC.
- Wander among the ruins of nuraghes, unique tower-shaped stone structures inhabited in the Bronze Age.
- Immerse yourself in the historic heart of Cagliari, the Castello, on a guided walking tour.
- Take in the dazzling panorama of Cagliari and the sparkling sea from atop Monte Urpinu.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate-to-strenuous walking/standing. There are some uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary.

### CAG-001 HISTORICAL CAGLIARI

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$199.00



**Date:** June 09, 2023 08:45 AM

Gain invaluable historical insight into Cagliari and enjoy a look at its considerable natural beauty from several vantage points on this outstanding coach and walking tour. Relax during a panoramic drive through Cagliari, Sardinia's historic capital, founded in the 7th century BC by Phoenicians. You'll learn that over the millennia the city has been controlled by the Romans, Pisans and Spanish among others, which is evidenced by the well-preserved landmarks dotting the city. Arrive at Cagliari's ancient hilltop citadel, known as the Castello, and begin your guided walking tour. You'll enter the Castello near the 13th-century white limestone Tower of Saint Pancras and stroll to the National Archaeological Museum, which houses a vast collection of valuable artifacts such as Phoenician tombs, Punic jewelry, Nuragic bronzes and Roman statues. Continue your walking tour through the citadel's narrow streets and alleyways, which are lined with historically significant buildings including the Archbishop's Palace, the Governor's Palace and a handsome Romanesque cathedral built by Pisans in the 13th century. As a lovely conclusion to your tour, drive to Monte Urpinu on the outskirts of Cagliari and enjoy sweeping views of the city and shimmering Poetto Beach.

- View the compelling highlights of Cagliari during a panoramic coach drive through the city.
- Immerse yourself in the historic heart of the city, the Castello, on your guided walking tour.
- Study Phoenician, Roman, Punic and myriad other artifacts at the National Archaeological Museum.
- Pass fascinating sights including the 13th-century Tower of Saint Pancras and the Pisan Romanesque cathedral.
- Take in the dazzling panorama of Cagliari and the sparkling sea from atop Monte Urpinu.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes over two hours of moderate-to-strenuous walking/standing. There will be some uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## CAG-005 ANCIENT NORA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: June 09, 2023 09:00 AM

Survey Nora, the first town ever founded on Sardinia, and tour its beautifully preserved ruins, which showcase the remains of at least three different cultures. You'll drive for approximately one hour to the seaside village of Nora, which is thought to have been the first Nuragic village founded in Sardinia. Discover that by the 8th century BC, Nora had become a Phoenician colony that was subsequently conquered by the Carthaginians and Romans, under whom the city flourished until the Roman Empire faltered, which led to invasions by opportunistic vandals and pirates. You'll learn the inhabitants eventually abandoned the village and moved to the safer interior of Sardinia, casting Nora into oblivion until it was excavated in 1952. Marvel at the treasures unearthed, which include thermal baths, a Carthaginian temple dedicated to the goddess Tanit, Roman villas adorned with colorful mosaics and, most recently, a splendid Roman forum. Back in Cagliari, enjoy a brief stop for photos at the 11th-century Church of Saint Ephisius, which is named for the town's patron saint, and ponder the endlessly absorbing history of magical Sardinia.

- Roam the superb ruins of Nora, a Phoenician, Carthaginian and Roman colony that was forgotten for centuries.
- Examine mosaic-adorned villas, thermal baths, a Carthaginian temple and a recently excavated Roman forum.
- Pause at Cagliari's 11th-century Church of Saint Ephisius, which honors the city's patron saint.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 75 minutes of moderate walking/standing. There will be some uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary.

## CAG-006 CAGLIARI & ST JOSEPH'S CONVENT

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$175.00



Date: June 09, 2023 09:00 AM

Revel in the contrasts of Cagliari with a visit to its natural attractions and a striking 14th-century convent, where you'll indulge in some local delicacies. Travel along Cagliari's coast to a rocky formation known as the Devil's Saddle, from which you'll view a small harbor that shelters pleasure craft and a beach stretching between the sea and the salt marshes. Discover the marshes take on an extraordinary scarlet color when water evaporation is at its peak, and in winter they attract a large number of migratory birds, especially the pink flamingo. Snap a few photos at Poetto Beach, a velvety stretch of very fine sand, and continue to Mount Urpino for a view of the entire area surrounding Cagliari. Appreciate a refreshing visit to the beautiful Saint Joseph Convent, where you'll sample traditional Sardinian snacks and wines. You'll learn the convent dates back seven centuries and is of enormous historic and architectural interest, as its walls exemplify the use of ladiri, a Sardinian mud brick. Conclude your tour with a brief drive through the city center, stopping at a viewpoint just outside the Old Town to contemplate the riches of this glorious island.

- Journey to the Devil's Saddle, a rocky outcropping with views of a cozy harbor and a sun-drenched beach.
- Gaze at Cagliari's impressive salt marshes and, in winter, look for migratory pink flamingoes.
- Capture memorable photos on resplendent Poetto Beach.
- Behold sublime vistas of Cagliari and the shining sea from two ideal viewpoints.
- Savor traditional Sardinian bites and wines at the Saint Joseph Convent, a 14th-century marvel.
- Drive through the heart of Cagliari for a brief look at its most significant landmarks.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

While largely panoramic, this tour does include approximately 90 minutes of moderate walking/standing. There are some uneven surfaces and steps to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to carefully evaluate their personal level of ability and stamina and may arrange with the guide to not participate in some or all of the walking portions of the tour. Participants must be at least 21 years of age to be served alcoholic beverages. The order of sites viewed or visited may vary.

## CAG-002 HIGHLIGHTS OF CAGLIARI

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$179.00



Date: June 09, 2023 09:15 AM

Appreciate an all-encompassing overview of Cagliari on this tour to many of its landmarks, from a picturesque beach to the medieval district. You'll drive to Poetto Beach and its nearby salt marsh, which attracts thousands of pink flamingoes along with purple gallinules, herons, snipes, coots and more than 175 other bird species. Enjoy expansive views over the beach and Cagliari from Monte Urpino as you make your way to the Sanctuary of Bonaria, which dates to 1324, although it has been modified many times over the centuries, including the addition of an elegant 18th-century basilica. Inside, you'll find a revered statue of the Virgin Mary that was recovered from a nearby pond in the early 1300s. Arrive at Cagliari's ancient hilltop citadel, known as the Castello, and enter near the 13th-century white limestone Tower of Saint Pancras. You'll stroll for over an hour along the citadel's narrow streets and alleyways, which are lined with historically significant buildings including the Archbishop's Palace, the Governor's Palace and a handsome Romanesque cathedral built by Pisans in the 13th century. Revel in Cagliari's gifts both natural and man-made on this comprehensive and enlightening tour.

- Discover Cagliari's Poetto Beach and adjacent salt marsh, where countless avian species including flamingoes flock.
- Take in the dazzling panorama of Cagliari and the sparkling sea from atop Monte Urpino.
- Examine a venerated 14th-century Madonna in the Sanctuary of Bonaria.
- Immerse yourself in the historic heart of the city, the Castello, on your guided walking tour.
- Pass fascinating sights including the 13th-century Tower of Saint Pancras and the Pisan Romanesque cathedral.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 75 minutes of moderate-to-strenuous walking/standing. There will be some uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## CAG-002SG HIGHLIGHTS OF CAGLIARI - SMALL GROUP

Duration: 4.00 Hrs Tour Price: \$49.00

Retail Price: \$199.00



Date: June 09, 2023 09:15 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Appreciate an all-encompassing overview of Cagliari on this tour to many of its landmarks, from a picturesque beach to the medieval district. You'll drive to Poetto Beach and its nearby salt marsh, which attracts thousands of pink flamingoes along with purple gallinules, herons, snipes, coots and more than 175 other bird species. Enjoy expansive views over the beach and Cagliari from Monte Urpinu as you make your way to the Sanctuary of Bonaria, which dates to 1324, although it has been modified many times over the centuries, including the addition of an elegant 18th-century basilica. Inside, you'll find a revered statue of the Virgin Mary that was recovered from a nearby pond in the early 1300s. Arrive at Cagliari's ancient hilltop citadel, known as the Castello, and enter near the 13th-century white limestone Tower of Saint Pancras. You'll stroll for over an hour along the citadel's narrow streets and alleyways, which are lined with historically significant buildings including the Archbishop's Palace, the Governor's Palace and a handsome Romanesque cathedral built by Pisans in the 13th century. Revel in Cagliari's gifts both natural and man-made on this comprehensive and enlightening tour.

- Discover Cagliari's Poetto Beach and adjacent salt marsh, where countless avian species including flamingoes flock.
- Take in the dazzling panorama of Cagliari and the sparkling sea from atop Monte Urpinu.
- Examine a venerated 14th-century Madonna in the Sanctuary of Bonaria.
- Immerse yourself in the historic heart of the city, the Castello, on your guided walking tour.
- Pass fascinating sights including the 13th-century Tower of Saint Pancras and the Pisan Romanesque cathedral.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 75 minutes of moderate-to-strenuous walking/standing. There will be some uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## AMALFI/POSITANO, ITALY

### AML-004 SPECTACULAR AMALFI DRIVE & SORRENTO

**Duration:** 6.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$149.00



**Date:** June 10, 2023 09:10 AM

Journey along the magnificently scenic Amalfi Drive to the graceful town of Sorrento, which crowns a cliff overlooking the sea. You'll ride on a comfortable coach for approximately two hours along one of Europe's most spectacular roads, the photogenic Amalfi Drive. As the road threads the high, rocky sea cliffs, pass through one pastel-hued village after another, all clinging precariously to the steep coastline. You'll witness a landscape so alluring and quintessentially Mediterranean that it has been deemed a UNESCO World Heritage site. In Sorrento, discover an effervescent mix of Renaissance palazzi, Romanesque churches and charming pedestrian lanes. View a demonstration of intarsia, or wood inlay, a craft long associated with Sorrento, and admire the resulting intricate, mosaic-like works of art, which are used to adorn furniture, wall panels and music boxes. You'll enjoy time at your leisure to lunch and further explore Sorrento on your own. You might visit a compelling museum, shop inviting boutiques, or simply lounge at a sidewalk café with a signature limoncello in hand while drinking in the magnificent scenery.

- Behold resplendent views of the gorgeous Amalfi Coast, a UNESCO World Heritage site, from the comfort of your coach.
- Delight in a demonstration of intarsia, or wood inlay, a craft perfected by Sorrento's artists.
- Appreciate free time in sublime Sorrento to lunch, visit a museum, shop or simply gaze at the beguiling scenery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited guided walking, with most walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of ability and stamina. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. All times are approximate, dependent upon prevailing traffic conditions.

### AML-001 SCENIC RAVELLO

**Duration:** 3.50 Hrs **Tour Price:** \$0.00

**Retail Price:** \$139.00



**Date:** June 10, 2023 09:20 AM

Enjoy an enlightening tour of Villa Rufolo, a spellbinding medieval estate, and appreciate free time to explore the enchanting village of Ravello. Delight in some of Italy's most dramatic scenery as you make your way to cliffside Villa Rufolo, a monumental complex of buildings described in the 13th century as having "more rooms than there are days in the year." You'll discover that the absolutely stunning Moorish-influenced villa, instantly recognized for its iconic tower, has had countless restorations that only add to its appeal and intrigue. Wander through the villa's exquisite Garden of the Soul and seek the iconic well that was an inspiration for Wagner's opera Parsifal. You'll relish approximately one hour at your leisure to explore the enthralling medieval village of Ravello, perhaps visiting the 11th-century Romanesque cathedral, which features a rare bronze door adorned with more than 50 panels displaying figures in relief. As you stroll Ravello's cobblestone streets, hear the distant footsteps of D.H. Lawrence, Gore Vidal, Virginia Woolf and M.C. Escher, illustrious admirers of this magical seaside village.

- Uncover the secrets of Villa Rufolo, an intriguing complex of medieval buildings and quaint gardens.
- Admire Villa Rufolo's iconic tower, the Garden of the Soul and a well that inspired Wagner.
- Appreciate time on your own in quaint Ravello, a medieval village revered by luminaries such as Virginia Woolf.
- Rejoice in some of Italy's most picturesque coastal landscapes during your journey by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to visit the cathedral during free time, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and some steps to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The drive to Ravello includes curves and hills which may cause discomfort to those who are prone to motion sickness.

### AML-007 POMPEII AND SORRENTINO WINES

**Duration:** 8.00 Hrs **Tour Price:** \$149.00

**Retail Price:** \$299.00



**Date:** June 10, 2023 09:20 AM

Explore the storied ruins of Pompeii and enjoy a tasting at a winery that employs grapes grown on the slopes of Mount Vesuvius. Discover fabled Pompeii, a Roman town buried under ash and pumice by the catastrophic Mount Vesuvius eruption of AD 79. You'll gaze in awe at the fascinating excavations, which provide a snapshot of daily life nearly 2,000 year ago. Marvel at the frescoes and mosaics adorning largely intact villas, and observe everyday objects scattered about, nearly undisturbed since the classical era. You'll appreciate time on your own to further uncover ancient baths, temples and shops, all testament to the once-bustling daily life of this forever-silenced metropolis. At Sorrentino Vini, a family-owned winery on the southwest side of Mount Vesuvius, view vineyards that have benefitted from centuries of soil-enriching lava flows. Sample several wines while dining on local specialties such as Gragnano pasta scarpariello, salami, cheeses and homemade bread. You might try a white or sparkling Lacryma Christi, wines unique to Mount Vesuvius, as well as vintages crafted from native caprettone and falanghina grapes, such as an amber-colored fior di ginestre. You'll surely raise a glass to the indelible legacy of this exceptional corner of Italy.

- Roam ancient Pompeii, the fabled Roman city buried under the ash of Mount Vesuvius' AD 79 eruption.
- Examine frescoes, mosaics and everyday Roman artifacts in Pompeii's nearly intact villas.
- Welcome time on your own to seek out temples, shops and Roman baths frozen in time.
- Sip unique wines made from grapes grown on Mount Vesuvius at the Sorrentino Vini winery.
- Try a variety of vintages paired with sumptuous local staples including pasta, cured meats and cheeses.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 4 hours of walking/standing. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

**GL** Go Local Tour



Accessible Tour

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## AML-003 BEAUTIFUL POSITANO & AMALFI

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: June 10, 2023 09:30 AM

Sail the waters of the breathtaking Amalfi Coast to quaint Positano and tour the glorious Cathedral of Saint Andrew in Amalfi, enjoying time at your leisure in both iconic seaside villages. Glide on a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. Relish ample free time in Positano to browse Mediterranean-chic boutiques, linger over a glass of crisp white wine or simply take in the spectacular views afforded by the town's dramatic setting at the edge of a steep cliff. Upon your return to Amalfi, tour the remarkable Cathedral of Saint Andrew, built in the early 13th century atop a flight of 62 steps. You'll be delighted by its striking medieval bronze doors, the first of their kind in Italy. Welcome time on your own to wander Amalfi's sun-splashed piazzas or gaze at the glittering Mediterranean, perhaps glimpsing paradise in the marvelous scenery before you.

- Skim the dazzling waters of the transcendent Amalfi Coast, a UNESCO World Heritage site.
- Take in picturesque vistas of impressive bluffs, tucked-away coves and villas built atop the cliffs.
- Enjoy ample time at your leisure in vibrant Positano, once a sleepy fishing town and now one of the world's most chic getaways.
- Visit Amalfi's magnificent Cathedral of Saint Andrew, an architectural marvel dating to the early 1200s.
- Stroll Amalfi's luminous piazzas and promenades overlooking the azure Mediterranean during free time.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions. The Positano tour portion is non-guided. Local guides will give you a brief orientation on the way to Positano so that you may better enjoy your free time there. Large boats will transport guests to Positano; the boats will only depart when all guests are boarded. The order of sites viewed or visited may vary.

## AML-003SG BEAUTIFUL POSITANO & AMALFI - SMALL GROUP

Duration: 4.00 Hrs Tour Price: \$49.00

Retail Price: \$209.00



Date: June 10, 2023 09:30 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Sail the waters of the breathtaking Amalfi Coast to quaint Positano and tour the glorious Cathedral of Saint Andrew in Amalfi, enjoying time at your leisure in both iconic seaside villages. Glide on a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. Relish ample free time in Positano to browse Mediterranean-chic boutiques, linger over a glass of crisp white wine or simply take in the spectacular views afforded by the town's dramatic setting at the edge of a steep cliff. Upon your return to Amalfi, tour the remarkable Cathedral of Saint Andrew, built in the early 13th century atop a flight of 62 steps. You'll be delighted by its striking medieval bronze doors, the first of their kind in Italy. Welcome time on your own to wander Amalfi's sun-splashed piazzas or gaze at the glittering Mediterranean, perhaps glimpsing paradise in the marvelous scenery before you.

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- Visit Amalfi's magnificent Cathedral of Saint Andrew, an architectural marvel dating to the early 1200s.
- Stroll Amalfi's luminous piazzas and promenades overlooking the azure Mediterranean during free time.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions. The Positano tour portion is non-guided. Local guides will give you a brief orientation on the way to Positano so that you may better enjoy your free time there. Large boats will transport guests to Positano; the boats will only depart when all guests are boarded. The order of sites viewed or visited may vary. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## AML-006 AMALFI'S TRAMONTI WINERY & ANCIENT ROMAN VILLA

Duration: 6.50 Hrs Tour Price: \$299.00

Retail Price: \$449.00



Date: June 10, 2023 09:30 AM

Regent Seven Seas Cruises is proud to partner with Food & Wine Trails, America's foremost culinary travel company, in the offering of this tour. Food & Wine Trails tours are always kept intimate and visit sites not typically offered by mainstream travel suppliers. Their tours are always led by a knowledgeable, English-speaking sommelier, wine or food expert, cooking instructor or chef, who enjoys introducing visitors to some of the best and most authentic food and wine of their region. Delve into the flavors and history of the Amalfi Coast on a culinary excursion that includes a visit to an ancient Roman villa, a limoncello demonstration, a vineyard tour at a family-owned winery and a wine-paired luncheon. You'll discover why globe-trotting foodies prize the Amalfi Coast for its locally grown lemons, artisan-made mozzarella cheeses and a host of other local delicacies. In the town of Minori, visit a 1st-century Roman villa, where you'll see floors decorated with beautiful mosaics and surprising evidence of an early water-heating system. Stroll to a nearby artisan limoncello producer to watch how this refreshing local liqueur is still crafted by hand, and taste the delicious results. In the village of Tramonti, visit a small, family-run winery overseen by one of the region's best-known vintners. You'll wander among the trellised vineyards and learn how grapes are grown on heritage vines, some of which are over 100 years old. Savor a lunch of authentic Tramonti dishes made with locally grown products accompanied by two varietals of wines, a perfect conclusion to your enchanting culinary adventure.

- Enjoy the rich flavors of the Amalfi Coast under the guidance of a Food & Wine Trails local wine and culinary expert.
- Tour a 1st-century Roman villa that boasts wonderful mosaics and an early system for heating water.
- Observe the manufacture of hand-crafted limoncello, a heavenly lemon-zest liqueur.
- Stroll among heritage vines, some over 100 years old, at a family-run winery in the village of Tramonti.
- Revel in a lunch of authentic Tramonti dishes paired with wines from the family's vineyards.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of easy-to-moderate walking. There will be some steps and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for those with mobility concerns. Participants must be at least 21 years of age to be served alcoholic beverages. Given a set meal is served on this excursion, guests with any dietary restrictions should advise the Destination Services Desk a minimum of 48 hours prior to tour. If this tour is cancelled within 3 days of arrival in the excursion port, there will be a one-hundred percent cancellation fee charged to the guest's shipboard account.

## AML-010 A JOURNEY CALLED PAST

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: June 10, 2023 09:30 AM

Become immersed in the world of pasta through a behind-the-scenes tour of one of Italy's oldest pasta factories, followed by a delightful pasta lunch. The venue for this enlightening experience will be Gragnano, an ancient city where durum wheat and semolina have been cultivated for thousands of years. It also has the ideal climate for air-drying pasta, a practice that is still observed to ensure quality. As you will learn while browsing an ancient mill and museum, pasta-making is a complex process that can't be rushed. In fact, to achieve its Protected Designation of Origin status, Gragnano pasta must dry gradually for as many as four days and be extruded through a bronze die that imparts a rough texture that helps the pasta sauce cling to the noodle. The results are well worth the effort as you will discover while savoring a lunch of Gragnano pasta and locally made accompaniments.

- Learn more than you ever imagined about pasta in Gragnano, a city synonymous with it.
- See how Gragnano pasta must be made to retain a Protected Designation of Origin status.
- Savor lunch that includes a Gragnano pasta dish and other Italian specialties.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of walking and/or standing. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. The journey to and from the venue is via a scenic route in the hills with curves and bends and may not be suitable for those who suffer from travel sickness.

## AML-011 FARM TO TABLE AMALFI-STYLE

Duration: 4.00 Hrs Tour Price: \$119.00

Retail Price: \$269.00



Date: June 10, 2023 09:30 AM

Enjoy an enlightening tour of a family-owned organic farm and then dine on an inspiring lunch made entirely with ingredients from the farm. Both venues are located a bit inland in Scala, a hilltop village said to be founded in the 4th century by shipwrecked Roman sailors. A member of the Ciccio family will show you around the terraced farm and describe the organic methods used in the vineyards, fruit orchards and vegetable fields. Everything is grown without chemicals or fertilizers and when the produce is harvested the natural flavors are at their absolute peak. It is a difference that you can taste as you will discover while dining on dishes prepared with ingredients from the Ciccio family farm. The menu will depend on what is freshest and seasonal that day. The views will be panoramic from the restaurant, as well as from the road as you make your way to and from Scala.

- Tour an organic farm in the village of Scala with a member of the family that owns it.
- Learn about the natural methods used to grow and harvest the various crops.
- Savor an organic lunch comprised entirely of ingredients from the farm.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of walking over even and uneven ground plus approximately 200 steps to negotiate around the farm. The sights on this tour are not wheelchair accessible and therefore, it is not available to wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## AML-012 THE WINES OF POMPEII & NEAPOLITAN CUISIN

Duration: 5.50 Hrs Tour Price: \$0.00

Retail Price: \$139.00



Date: June 10, 2023 09:30 AM

Sample characteristic wines from grapes grown in the fertile volcanic soil of Pompeii, each one thoughtfully paired with locally sourced specialties. A panoramic drive through the gorgeous Campania countryside will bring you to Pompeii, a Roman town forever known for the catastrophic eruption of Mount Vesuvius that buried it under ash and pumice in 79 AD. The 18th-century Bosco de' Medici farmhouse that will host this food and wine experience overlooks Pompeii's archaeologically important Porta Sarno necropolis. After an illuminating tour of the experimental vineyards, which are maintained using natural biodynamic methods, you will view the cellar that holds the amphoras of wine. The tasting may include a white wine made entirely from Caprettone grapes grown on the southern slope of Vesuvius. You will also be served local specialties that may include Neapolitan salami, smoked scamorza cheese, crisp grissini breadsticks and a pasta dish topped with Vesuvio Piennolo cherry tomatoes.

- Enjoy a tasting of wines produced from grapes grown in the volcanic soil of Pompeii.
- Sample local specialties such as salami and cheeses that perfectly pair with the wines.
- Delight in the setting of the 18th-century Pompeii farmhouse that serves as the venue.
- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

This tour includes approximately 2 hours of walking over even and uneven ground plus approximately 50 steps to negotiate. The sights on this tour are not wheelchair accessible and therefore, it is not available to wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. This tour must be purchased no later than 7 days prior to the operating date. Cancellations made within 7 days or less are subject to a 100% cancellation penalty.

## AML-008 RAVELLO AND TRAMONTI APICELLA WINERY

Duration: 6.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: June 10, 2023 09:40 AM

Survey the architectural splendor of hilltop Ravello and enjoy a tasting at a family-owned winery in nearby Tramonti. You'll delight in some of Italy's most dramatic scenery as you make your way to Ravello, a charming medieval town admired by luminaries such as Virginia Woolf. Perhaps see the 11th-century Romanesque cathedral, which features a rare bronze door adorned with more than 50 panels displaying figures in relief. Explore cliffside Villa Rufolo, a monumental complex of buildings described in the 13th century as having "more rooms than there are days in the year." You'll discover that the absolutely stunning Moorish-influenced villa, instantly recognized for its iconic tower, has had countless restorations that only add to its appeal and intrigue. Visit Tramonti's revered Giuseppe Apicella, a family-owned winery that has been producing extraordinary wines and grappa since the 1970s. Following a tour of the cellars, indulge in an assortment of traditional Tramonti snacks accompanied by an intensely tropical Tramonti bianco, a full-bodied Tramonti rosso or a velvety passito with fresh notes of pine needles, a perfect way to toast this wonderful day.

- Stroll quaint Ravello, a medieval village revered by luminaries such as Virginia Woolf and Gore Vidal.
- Discover the secrets of Villa Rufolo, an intriguing complex of medieval buildings and quaint gardens.
- Tour the renowned Giuseppe Apicella winery in the village of Tramonti.
- Sample a selection bold wines accompanied by traditional Tramonti delicacies.
- Gaze at some of Italy's most picturesque coastal landscapes during your journey by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 4 hours of walking/standing. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## AML-002 THE EMERALD GROTTA

Duration: 2.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: June 10, 2023 01:15 PM

Cruise the awe-inspiring Amalfi Coast and explore the interior of the Emerald Grotto, a mysterious seaside cavern brimming with vivid, aquamarine water and curiously shaped rock formations. Glide in a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. At the Emerald Grotto, board a smaller vessel in order to weave among the uniquely shaped stalagmites and stalactites punctuating the bewitchingly vivid waters, whose extraordinary green hue is due to refracted sunlight beaming in from an underwater opening. You'll be mesmerized by myriad rays reflecting on the water's surface, which in turn cast a mysterious, almost supernatural glow on the walls of the cavern. Look for the nativity scene placed just below the water's surface in 1956, a charming human touch in this otherwise pristine natural wonder.

- Skim the dazzling waters of the transcendent Amalfi Coast, a UNESCO World Heritage site.
- Take in picturesque vistas of impressive bluffs, tucked-away coves and villas perched atop cliffs.
- Bask in the otherworldly, vivid glow of the Emerald Grotto's luminescent waters.
- Seek out the nativity scene resting just below the surface of the grotto's waters.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited walking; however, guests must be able to enter and exit the boats with limited assistance. It is not available to guests who utilize a wheelchair or guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions and entrance into the grotto is subject to sea conditions at the time. Should the grotto visit not be possible, it will be replaced with a visit to the Amalfi cathedral and crypts. Should this substitution be made, guests should dress appropriately for a religious venue; shoulders and knees should be covered.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## **General Information**

### **What is Included?**

#### **Transportation:**

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

#### **Meals and Refreshments:**

Included when indicated in the tour description.

#### **Guides:**

Licensed, English-speaking, local guides accompany all tours, where available.

#### **Entrance Fees:**

Tours include all required admission fees, where applicable.

### **What Should I Wear?**

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

### **Cancellations and refunds**

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

### **Prices, Itineraries and General Information**

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

### **Please Note**

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

**IMPORTANT INFORMATION**

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

**NOTICE:**

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.