



**SEVEN SEAS CRUISES®**

**OPTIONAL SHORE EXCURSIONS**

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**DUBAI, UAE to CAPE TOWN, SOUTH AFRICA**

**SS MARINER April 16, 2023**

**Welcome Ashore!**

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call.

Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

**Shore Excursion Points of Distinction**

Professional English-speaking experts to guide you through your journey.

Peace of mind knowing that your excursions are monitored by the ship's staff.

A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port.

Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

**Reserve Your Excursions Online!**

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website [www.rssc.com](http://www.rssc.com) offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit [www.rssc.com](http://www.rssc.com) today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

## ABU DHABI, UAE

### ABU-010 HOP ON, HOP OFF - ABU DHABI CITY TOUR

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$75.00



**Date:** April 17, 2023 08:30 AM, 09:00 AM

Enjoy the ultimate in sightseeing freedom during this hop-on, hop-off bus tour of the United Arab Emirates' capital city of Abu Dhabi. Explore any site you wish however you wish on an open-top Big Bus sightseeing adventure that includes a ticket valid for the entire day. With over 20 stops to choose from, visit any or all of the city's famed landmarks, from the opulent Grand Mosque, also known as the Sheikh Zayed Mosque, to historic Heritage Village. When aboard the bus, appreciate informative recorded commentary in a number of languages, including English. You'll enjoy specially arranged benefits while using your tour ticket, such as free admission to the Sky Tower at Marina Mall, the Etihad Modern Art Gallery, Heritage Village and an Arabian dhow cruise, plus half off on entry to the Observation Deck at 300, which offers birds-eye vistas over the entire city from the 74th floor of Etihad Towers. If time permits, join the complimentary Yas Island tour, home of the Ferrari-themed amusement park, an indoor facility featuring over 20 attractions and one of the world's fastest roller coasters.

- Revel in an independent exploration of Abu Dhabi during this hop-on, hop-off excursion.
- Gain access to many of the city's landmarks from the over 20 stops available.
- Deepen your knowledge of the city with recorded commentary in English provided on the bus.
- Tour famed Abu Dhabi landmarks such as the splendid Grand Mosque or beguiling Heritage Village.
- Take advantage of free or discounted admission to the city's most popular attractions, including the Marina Mall Sky Tower and the Etihad Modern Art Gallery.
- Experience a free Yas Island tour, home of an indoor Ferrari-themed amusement park, if time permits.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to visit the Sheikh Zayed Mosque; men should wear long trousers and women should cover their hair, arms and knees.
- Bring a hat, sunglasses and sunscreen.

As the HOHO buses are shared with non-cruise tourists; Guests can expect long lines and wait times between buses. Walking on this tour is primarily at the guest's discretion. Guests must be able to negotiate a step to enter and exit the bus and approximately six-to-eight steep, narrow steps to reach the upper-deck seating. The upper deck is open and is partially air-conditioned. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The tour ticket is valid for the entire day. Buses arrive every 30 minutes for the red loop (city tour) with the last bus departing from stop number one at 5 p.m. The blue loop (Yas Island Tour) is available every 60 minutes from stop number 5 (Sheikh Zayed Mosque). The Yas Island loop is two hours in duration. The recorded commentary is available in eight languages, including English, German, Spanish, French, Italian, Chinese, Arabic and Russian. Duration noted is the total time of the full loop, not including any optional time guests may spend at the stops. The mosque is not open to visitors on Friday.

### ABU-002 AL KHATIM DESERT BY OFF-ROAD VEHICLE

**Duration:** 4.00 Hrs **Tour Price:** \$79.00

**Retail Price:** \$229.00



**Date:** April 17, 2023 09:00 AM

Explore the Al Khatim Desert around Abu Dhabi during this exhilarating off-road adventure. Travel from the pier in an off-road vehicle with a professional driver through Abu Dhabi and on to the Al Khatim Desert. Once there, traverse the world's tallest sand dunes that rise to imposing heights up to 934 feet. You'll pause for refreshments among the dunes and marvel at the stunning beauty of this arid, undulating terrain of tranquil Arabian sand.

- Venture off-road on an exploration of the breathtaking Al Khatim Desert.
- Crisscross dunes that rise to heights of nearly 1,000 feet, the world's tallest.
- Enjoy refreshments surrounded by stark, mystical Arabian dunes.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves travel over bumpy, uneven terrain. It is not recommended for guests with back and/or neck issues. Children must be at least four years old and accompanied by a parent to participate on this tour. Parents are advised to provide the age and height of the child so proper seats and safety belts can be arranged. There are no restrooms in the desert; a restroom stop will be made at a fuel station before entering and after exiting the desert.

### ABU-006 ABU DHABI CITY TOUR

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$129.00



**Date:** April 17, 2023 09:30 AM

Delve into the history, architecture and culture of the United Arab Emirates during this enriching and scenic tour of its capital city, Abu Dhabi. Acquaint yourself with this stunning capital, founded in 1761 and situated on a small peninsula surrounded by a cluster of islands. Explore Sheikh Zayed Mosque, also known as the Grand Mosque, the largest in the U.A.E. and eighth-largest mosque in the world. You'll appreciate the approximately 1,000 columns covered by more than 20,000 panels inlaid with semi-precious stones including lapis lazuli, red agate, amethyst, abalone shell and mother-of-pearl. Delight in a leisurely drive along the spectacular Corniche, a seaside roadway replete with cycle paths, fountains and parks. Enjoy spectacular views of Abu Dhabi, known as the Manhattan of the Gulf for its ultra-modern skyscrapers and impressive skyline, and discover the Emirates Palace Hotel, dramatically rising at the end of a palm-lined promenade. You'll visit Q'asr al Hosn Fortress, the city's oldest stone building that has stood watch since the 18th century, and marvel at its ventilation system that allows sea breezes to circulate and cool the interior, an ingenious example of innovation in this city of architectural wonders.

- Revel in the architecture and setting of Abu Dhabi, the stunning capital of the United Arab Emirates.
- Appreciate Sheikh Zayed Mosque, also known as the Grand Mosque, the eighth largest in the world.
- Understand why Abu Dhabi's dramatic skyline inspired its nickname, the Manhattan of the Gulf.
- View the spectacular Emirates Palace Hotel, perched on a turquoise half-moon bay.
- Visit the city's oldest stone building, Q'asr al Hosn Fortress, and learn about its unique ventilation system.
- Wear casual, weather-appropriate clothing and comfortable, non-slip walking shoes.
- Dress appropriately for a mosque visit; men should wear long trousers and women should cover their hair, arms and knees.
- Bring a light jacket or a cardigan for your comfort.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of walking and includes some steps to negotiate. It is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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#### ABU-004 ABU DHABI ORIENTATION & HIGH TEA AT EMIRATES PALACE

Duration: 4.00 Hrs Tour Price: \$139.00

Retail Price: \$289.00



Date: April 17, 2023 09:45 AM

Embrace the beauty and traditions of the United Arab Emirates during an enlightening tour of Abu Dhabi, accompanied with high tea at the spectacular Emirates Palace Hotel. Acquaint yourself with the stunning capital city of the U.A.E., founded in 1761 and situated on a small peninsula surrounded by a cluster of islands. Discover the speedy side of striking Yas Marina, home to the Abu Dhabi Grand Prix, at Ferrari World, the world's first Ferrari-themed amusement park. Delve deeper into the culture at the Grand Mosque, the country's largest, and at Heritage Village, a reconstruction of a traditional desert village with craft workshops. You'll adore the famous Corniche, a seaside roadway replete with cycle paths, fountains and park areas, and marvel at incredible views of the city skyline and its compelling high-rise glass buildings. Arrive at the spectacular Emirates Palace, the U.A.E.'s most prestigious hotel, for a walking tour of the exquisite grounds followed by high tea, an enchanting conclusion to your exploration of this unforgettable city.

- Discover the wonders of Abu Dhabi, breathtaking capital city of the United Arab Emirates.
- Satisfy your inner race car driver at Ferrari World, a Ferrari-themed amusement park.
- View the city's captivating highlights, including Yas Marina, the Grand Mosque, Heritage Village and the famous Corniche Road.
- Capture views of the extraordinary city skyline and its imposing high-rise glass buildings.
- Sip high tea in the striking Emirates Palace Hotel following a walking tour of its stunning grounds.
- Wear smart-casual clothing.
- Bring a hat, sunglasses and sunscreen.

No shorts, jeans, T-shirts, slippers or flip flops are allowed. Men cannot wear open-toe shoes and should wear a shirt with a collar. Smart Elegant and closed toe shoes is the dress code for the Emirates Palace.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## SALALAH, OMAN

### SLL-001 ARABIAN HERITAGE

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$149.00



**Date:** April 20, 2023 08:30 AM

Experience the scenic beauty, diverse terrain and ancient history of the region surrounding Salalah during this orientation tour, which includes the Land of Frankincense, a UNESCO World Heritage site. As you journey through Salalah, you'll notice the contrast between the city's monsoon-fed lush vegetation and the adjacent desert landscape, where you're likely to see roaming camels. In the ancient fishing village of Taqa, visit a fascinating fort and view traditional houses where the local fishermen dwell. Observe how the buildings are constructed with elegant white stones, which are sourced nearby for their heat-resistant quality. Continue to Khor Rori creek, site of the ruins of the age-old city of Sumhuram, once the capital of Arabia's exotic frankincense trade and now part of the Land of Frankincense UNESCO World Heritage site. Gaze at excavations that reveal evidence of a centuries-old city with trade links to settlements in the Far East and even distant Greece. Enjoy a photo stop at the Prophet Mohammed Bin Ali's tomb, whose architecture and especially its twin domes are fine examples of medieval Islamic architecture, another compelling example of the deep historic heritage found in this nearly untouched corner of the world.

- Wonder at the disparity between Salalah's dense vegetation and the arid landscapes beyond.
- Look for the unique silhouettes of camels on your coach drive through the desert.
- Admire the fishing village of Taqa's commanding fort and homes built with white stones that resist heat.
- Discover the remains of Sumhuram, a long-gone settlement included in the Land of Frankincense UNESCO World Heritage site.
- Study the twin domes and beguiling Islamic architecture of the Prophet Mohammed Bin Ali's tomb.
- Wear casual, conservative, weather-appropriate clothing and comfortable walking shoes.
- Due to Muslim traditions, shorts, beachwear or sleeveless shirts are not appropriate.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of moderate walking/standing. There will be some steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may make arrangements with the guide to not participate in some portions of the tour. The order of sites viewed or visited may vary.

### SLL-003 SCENIC SALALAH

**Duration:** 4.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$149.00



**Date:** April 20, 2023 08:45 AM

Uncover the distinct beauty and historical sites of Salalah, also known as the Garden City, during this enlightening tour, which includes a visit to a UNESCO World Heritage site. While driving through Salalah, you'll appreciate the stark contrast between the Garden City's luxuriant greenery, which benefits from monsoon rains, and the barren landscape of the adjoining desert. Arrive at the impressive Grand Mosque, an airy sanctuary with two soaring minarets that was personally commissioned by Oman's Sultan Qaboos. After a pause for refreshment, proceed to the Al-Baleed archaeological excavation, part of the Land of Frankincense UNESCO World Heritage site. You'll relish an opportunity to get up close to a storied frankincense tree and learn how its coveted aromatic resin is extracted. In Al-Baleed's archaeological museum, study ancient paintings and writings from the Dhramut Dynasty, captivating Bedouin artifacts and Austro-Hungarian Empire coins dating to the reign of Maria Theresa. Travel to the bustling Al Husn Souq, where you'll enjoy time on your own to wander among colorful stalls heaped with frankincense, myrrh, bottles of fragrant perfume oils and a wide array of enticing goods that are sure to make perfect mementos of enthralling Oman.

- Wonder at the disparity between Salalah's dense vegetation and the arid landscapes beyond.
- Rejoice in the towering minarets and Islamic flourishes of the city's Grand Mosque.
- Explore the remains of Al-Baleed, which is included in the Land of Frankincense UNESCO World Heritage site.
- See a frankincense tree and hear about the process used to extract its fragrant resin.
- Examine diverse items such as Dhramut Dynasty paintings and Austro-Hungarian coins at Al-Baleed's archaeological museum.
- Immerse yourself in the vibrant Al Husn Souq, where you'll have time at your leisure to shop.
- Wear casual, conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a mosque visit; men should wear long trousers and women should cover their hair, arms to the wrists and legs to the ankles.
- Due to Muslim traditions, shorts, beachwear or sleeveless shirts are not appropriate.
- Slip-on shoes are recommended, as shoes will be removed before entering the mosque.
- Bring a hat, sunglasses and sunscreen.

This tour will include approximately two hours of moderate walking/standing, including any additional walking at the guest's discretion during free time. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may make arrangements with the guide to not participate in some portions of the tour. The museum at Al-Baleed is closed on Thursdays and visits will not be included on that day. Photography of any kind is not allowed in the museum. The Grand Mosque is open from Saturday to Thursday from 8:00 a.m. to 11:00 a.m. On days when the ship arrives later or on Fridays, there will only be an outside visit of the Grand Mosque. Food, drink and smoking are strictly prohibited in the mosque.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



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Accessible Tour

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## SLL-004 MUGHSAIL BEACH & JOB'S TOMB

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: April 20, 2023 09:00 AM

Glory in the highlights of Salalah, also referred to as the Garden City, during this splendid tour to Mughsail Beach, the Tomb of Job and the Al Husn Souq. Keep an eye out for camels loping beside the roadway during your scenic drive to Mughsail Beach, a nearly two-mile long stretch of unspoiled white sand bookended by dramatic cliffs. Should your arrival coincide with high tide, you might witness the beach's spectacular blow holes, an entertaining display of nature's power. You'll journey to the revered Tomb of Job, a sacred place of pilgrimage for Muslims, Christians and Jews as it is believed to be where the remains of the Old Testament prophet lie. From this hallowed place, survey panoramic vistas of the striking Qara Mountains and the monsoon-fed Jubriah Plain. Travel to the bustling Al Husn Souq, where you'll enjoy time on your own to wander among colorful stalls heaped with frankincense, myrrh, bottles of fragrant perfume oils and a wide array of enticing goods. You're sure to gain a keener understanding of Oman on this visit to sites both buoyant and contemplative.

- Look for the unique silhouettes of camels on your coach drive through the desert.
- Discover the white sands of Mughail Beach, where sea water sprays from blow holes during high tide.
- Stand in reverence at the purported Tomb of Job, prophet of the Old Testament.
- Take in views of the striking Qara Mountains and the lush Jubriah Plain from the tomb's hillside location.
- Immerse yourself in the vibrant Al Husn Souq, where you'll have time at your leisure to shop.
- Wear casual, conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress modestly to respect local culture and traditions; shorts and skirts must reach the knee and shoulders must be covered.
- Due to Muslim traditions, shorts, beachwear or sleeveless shirts are not appropriate.
- Ladies will need a scarf as a head covering while visiting the Tomb of Job.
- Slip-on shoes are recommended, as shoes will be removed before entering the mosque.
- Bring a hat, sunglasses and sunscreen.

This tour includes a moderate amount of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## SLL-005 SALALAH BEACH BREAK

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: April 20, 2023 09:00 AM

Unwind on the lengthy beach and palm-shaded swimming pools of the fabulous, 5-star Crowne Plaza Resort on the Arabian Sea. Begin with a leisurely drive through Salalah, Oman's second-largest city, built near the ancient port of Sumhuram along the Frankincense trade route and once a royal stronghold for the country's sultans. Arrive at the luxurious Crowne Plaza Resort, beautifully situated on 42 acres of oceanfront property, a magnificent oasis in which to while away approximately three hours. Perhaps you'll lie on the beach, basking in the sun or under an umbrella while reading the latest bestseller, or walk along the long stretch of powdery sand, occasionally wading out into the ocean for a refreshing swim. If you prefer fresh water, head to the resort's three interconnected swimming pools, settling into one of the plentiful lounge chairs found under the shade of graceful coconut palms. Should you desire refreshments, take advantage of the inviting outdoor bar. You'll agree the setting is so conducive to relaxation, it's no wonder that a palace was built nearby for none other than the legendary Queen of Sheba.

- Glimpse alluring Salalah during your drive to the beachfront, 5-star Crowne Plaza Resort.
- Stroll along the soft sands of the resort's expansive beach.
- Take a dip in the gentle waves of the Arabian Sea or in any of the resort's three fresh-water pools.
- Find bliss poolside or by the beach on one of the plentiful lounge chairs.
- Avail yourself of the resort's poolside bar whenever you need refreshments, if you wish.
- Wear casual, weather-appropriate clothing and comfortable beach shoes.
- Bring a hat, sunglasses, sunscreen and swimwear.
- Pack a towel from the ship.

Walking on this tour is mainly at the guest's discretion. There will be sandy and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to carefully evaluate their personal level of ability and stamina. Food and drink will be available for purchase at the resort.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

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Accessible Tour

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## ❖ PRASLIN (LA DIGUE), SEYCHELLES

### LAD-001 LA DIGUE HIGHLIGHTS

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: April 24, 2023 07:45 AM, 08:30 AM, 09:15 AM, 10:00 AM

Experience the Old World beauty and charm of the Seychelles during an orientation tour of picturesque La Digue. Enjoy a scenic drive to L'Union Estate, where you'll gain insight into La Digue's history at the estate's old Creole house and coconut factory, and delight in daily life characterized by a decidedly relaxed pace punctuated by bicycles. Continue to La Digue's beaches, considered to be among the world's finest, including nearby Anse Source D'Argent, which has been called a bather's and photographer's dream. You'll thrill to the soft white sands and dramatic granite boulders that have long enchanted visitors to the island. Keep a sharp lookout for the resident avian wonders, as you might catch sight of a Seychelles paradise flycatcher, a rare bird endemic to these islands that sports glossy black plumage with elongated tail feathers.

- Visit intriguing L'Union Estate and see a coconut factory, a traditional Creole house and oxcarts that evoke the island's colonial past.
- Appreciate La Digue's white-sand beaches, recognized as some of the world's most stunning.
- Search for one of the island's splendid endemic birds, the exotic Seychelles paradise flycatcher.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to swim at the beach, wear swimwear under your clothes and pack a towel from the ship.
- Bring a hat, sunglasses and sunscreen.

Part of the drive is over packed sand roads which can be bumpy. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns. Guests who participate in any water activities do so at their own risk and responsibility. Wildlife sightings, while likely, are not guaranteed.

### LAD-003 ARIDE ISLAND

Duration: 6.50 Hrs Tour Price: \$159.00

Retail Price: \$309.00



Date: April 24, 2023 07:45 AM

Delight in the pristine beauty of the Seychelles during this boat ride and excursion to an unspoiled island where nature abounds. Board a motorboat for an enjoyable ride to lush Aride Island, which is preserved by the Royal Society of Nature Conservation and is one of the most striking of the Seychelles' granitic islands. You'll discover the islet's sheer escarpments offer spectacular views and numerous photo opportunities. Learn that Aride is also home to several avian species, such as frigate birds, brush warblers, roseate terns, red-tailed trop birds and the largest concentration of noddy and sooty terns of any granitic island in the Seychelles. You'll wander along a nature trail, gaze at panoramic views of the surrounding islands and see the endangered Wright's gardenia, unique to Aride Island. Savor time at your leisure to go for a swim in the Indian Ocean's transparent waters or perhaps bask in the brilliant sun. As a memorable and tasty conclusion to your visit to this tropical wonderland, you'll partake in a barbecue-style lunch on the glorious white-sand beach.

- Cruise on a motorboat to verdant Aride Island, property of the Royal Society of Nature Conservation.
- Marvel at Aride's dramatic escarpments, expansive views and plethora of photo opportunities.
- Watch for birds like the brush warbler, noddy tern, frigate bird or the red-tailed trop flit among the trees.
- Stroll an inviting nature trail in search of the rare and fragrant Wright's gardenia.
- Refresh with a dip in the glittering Indian Ocean or relax in the warm sunshine.
- Feast on a barbecue-style repast served on a fabulous, sun-kissed beach.
- Wear swimwear under a cover-up and comfortable beach shoes.
- Pack a towel from the ship.
- Bring a hat, sunglasses and sunscreen.

This tour includes an approximately one-hour boat ride from La Digue to Aride. Zodiacs will be used to disembark in Aride; be prepared for a wet landing. The tour is only recommended for active guests who can easily embark/disembark moving boats. It is not recommended for guests who utilize a wheelchair or guests with mobility concerns. The Creole barbecue lunch includes a choice of bottled water and soda only. Masks and snorkels will be provided. Guests who participate in any water activities do so at their own risk and responsibility. Wildlife sightings, while likely, are not guaranteed.

### LAD-004 VALLEE DE MAI NATURE WALK

Duration: 3.50 Hrs Tour Price: \$0.00



Date: April 24, 2023 08:00 AM, 08:45 AM, 09:30 AM, 03:15 PM

Embrace the exquisite beauty of the Vallée de Mai Nature Reserve, a UNESCO World Heritage site, on this pleasurable walking tour. Board a local ferry for a leisurely cruise to the charming island of Praslin, where you'll embark on a coach ride to the lush Vallée de Mai Nature Reserve. Set off on an informative and enchanting guided tour surrounded by tropical vegetation and numerous species of exotic endemic palms, including the uncommon double coconut, or coco de mer, which bears the largest nut in the plant kingdom. Keep a sharp watch for the national bird of the Seychelles, the elusive black parrot, as it calls this island home and feeds on the reserve's abundant fruit. You'll enjoy refreshments before you leave this captivating haven, where your spirit and soul will surely be stirred by the wealth of nature's bounty.

- Ride a ferry to sublime Praslin Island for a visit to the Vallée de Mai Nature Reserve, a UNESCO World Heritage site.
- Delight in a guided stroll through myriad species of lush, tropical vegetation.
- See the endemic coco de mer palm, or double coconut, which produces the largest nut of any plant worldwide.
- Try to catch sight of the rare black parrot, the Seychelles' national bird.
- Savor a welcome refreshment amid picturesque natural surroundings.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 1 ½ hours of walking. There will be uneven ground and exposed roots to negotiate. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns. Wildlife sightings, while likely, are not guaranteed.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## LAD-002 COCO ISLAND SNORKELING ADVENTURE

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: April 24, 2023 08:30 AM

Discover an abundance of diverse and colorful marine life during this superb snorkeling adventure in the teeming waters off diminutive Coco Island. Transfer to a jetty in La Digue and embark your awaiting catamaran for a cruise to idyllic Coco Island, a small granite outcrop boasting a few palm trees but hiding a magnificent treasure in its surrounding depths. You'll find you need not worry if you have no snorkeling experience, as your professional crew will be on hand to provide assistance throughout your outing. After receiving instruction and your snorkeling gear, plunge into the translucent waters of this natural aquarium. You'll swim above a wealth of coral amid turtles and hundreds of vividly multi-hued fish, rejoicing as blue tangs, Moorish idols and scissortail sergeants dart to and fro. You're certain to cherish your immersion into this magical underwater world.

- Cruise on a catamaran to beguiling Coco Island and snorkel its crystalline waters.
- Receive guidance and equipment from experts, so no snorkeling experience is necessary.
- Relish time in the gin-clear waters, sighting turtles, colorful fish and striking corals.
- Spot vibrant blue tangs, eye-catching Moorish idols and striped scissortail sergeants.
- Wear swimwear under a cover-up and comfortable beach shoes.
- Pack a towel from the ship.
- Bring a hat, sunglasses and sunscreen.

This tour is not recommended for guests who utilize a wheelchair or guests with mobility concerns. Masks, snorkels and snorkeling vests will be provided. Guests who participate in any water activities do so at their own risk and responsibility. Wildlife sightings, while likely, are not guaranteed.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ MAHE, SEYCHELLES

### SEZ-005 SPICES AND CORAL

**Duration:** 4.00 Hrs **Tour Price:** \$109.00

**Retail Price:** \$259.00



**Date:** April 25, 2023 07:30 AM, 12:30 PM

Experience highlights of Mahé during a satisfying coach and catamaran tour of a picturesque plantation, a rain forest and the island's pristine coastline. Journey to breathtaking Jardin du Roi, a postcard-ready, 85-acre working plantation situated high in the rainforest valley of southern Mahé. You'll discover that the plantation is home to a wide variety of spice plants, tropical fruit trees, essential oil plants and endemic palms, and that descendants of the founding Green family still manage the plantation, which was established in 1860. After a delightful pick-me-up of refreshing fruit juice at Jardin du Roi, continue your excursion on a comfortable catamaran. You'll revel in cooling soft drinks and water as you sail toward Victoria, accompanied by the mellow sounds of a talented guitarist. Stop along southwest Mahé's unspoiled coastline for swimming, snorkeling or simply relaxing aboard the spacious boat. You'll find knowledgeable crew on hand to provide lightweight flotation vests that allow even the novice snorkeler to participate in this memorable experience, the perfect coda to your beguiling Mahé sojourn.

- Tour a working, 85-acre plantation nestled in a lush rainforest valley.
- Admire the abundant spice and essential oil plants growing at the plantation, along with endemic palms and tropical fruit trees.
- Board a spacious catamaran for a relaxing sail along Mahé's virgin coastline.
- Savor cooling beverages and melodious guitar music as you cruise the crystalline waters.
- Drop anchor along the way to swim, snorkel or soak in the sun.
- Appreciate helpful assistance and snorkeling flotation vests provided by the catamaran's professional crew.
- Wear casual, weather-appropriate clothing and comfortable beach shoes.
- If you wish to swim or snorkel, wear your swimsuit under a cover-up.
- Pack a towel from the ship.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 45 minutes of walking. There will be uneven ground and exposed roots to negotiate. Transfer to the catamaran is by rubber dinghy, so guests should expect to get wet. Guests who participate in any water activities do so at their own risk and responsibility.

### SEZ-004 BOTANICAL GARDENS & MISSION LODGE

**Duration:** 3.50 Hrs **Tour Price:** \$0.00

**Retail Price:** \$149.00



**Date:** April 25, 2023 07:45 AM, 12:45 PM

Exult in Victoria's enthralling landmarks during this enjoyable tour of the city, botanical gardens and Mission Lodge. Relax on a lovely drive through Victoria, one of the world's smallest capital cities yet possessed of a great deal of history and charm. You'll pass captivating sites such as the National Library, the Creole-style old courthouse, the National Museum and numerous other colonial-era buildings. Discover a silver clock tower erected in 1903 to celebrate the Seychelles becoming an English colony and find it's a replica of the Vauxhall Clock Tower, located outside London's Victoria Station. You'll appreciate Victoria's wooden houses, which feature colorful corrugated tin roofs and wrought-iron balconies. Visit the Seychelles National Botanical Gardens and spot giant Aldabra land tortoises, fruit bats and more than 200 species of indigenous flora, including elephant apple trees, octopus trees and double coconut palms, or coco de mer. Enjoy a photo stop at an ideally placed lookout offering wonderful panoramic vistas of Victoria, its port and yacht basin. Conclude your excursion at Mission Lodge, the ruins of a school for children of freed slaves, where you'll walk among the 100-year-old sandragon trees and revel in splendid views of Mahé's marvelous coast.

- Take in enchanting Victoria's colonial-era buildings, such as the Creole-style old courthouse and the National Museum.
- Gaze at a silver clock tower modelled after the Vauxhall Clock Tower at London's Victoria Station.
- Admire wooden houses with multi-hued tin roofs and sculptural wrought-iron balconies.
- Roam the National Botanical Gardens to survey giant tortoises and indigenous flora, including the unique double coconut palm.
- Capture stunning photos at a well-placed viewpoint and at Mission Lodge, once a school for children of emancipated slaves.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves approximately 1 ½ hours of walking. There will be uneven surfaces and exposed roots to negotiate. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns. Shops are closed on Sundays.

### SEZ-003 CORAL CRUISE

**Duration:** 3.50 Hrs **Tour Price:** \$0.00

**Retail Price:** \$149.00



**Date:** April 25, 2023 08:00 AM, 12:45 PM

Discover the magic of the Seychelles during this captivating visit to its mesmerizing underwater realm. After embarking on your catamaran, depart the pier for a delightful cruise over coral reefs to lush Moyenne Island. Upon arrival, you'll receive safety instructions and snorkeling equipment, then begin exploring the island's fascinating aquatic ecosystem, glimpsing tropical species that include scorpion, parrot and butterfly fish, as well as red gorgonian coral fans. After your snorkeling adventure, transfer from your catamaran to a semi-submarine viewer featuring a window through which you can behold the abundant marine life and, with the assistance of a helpful guide, thrill to hand-feeding the fish who call these warm waters home. You'll surely cherish your immersion into the undersea world of the idyllic Seychelles.

- Board a catamaran for a relaxing cruise to verdant Moyenne Island.
- Receive snorkeling gear and safety information from a knowledgeable guide.
- Swim past living corals and myriad species of colorful fish such as parrot and butterfly fish.
- Observe the glorious underwater panorama from the comfort of a semi-submersible viewer.
- Hand-feed the fish with assistance from a helpful expert.
- Wear a swimsuit under a cover-up and comfortable beach shoes.
- Pack a towel from the ship.
- Bring a hat, sunglasses and sunscreen.

Participants must be able to board a boat which has no gangway and board the semi-submersible in open waters. There are steps to manage during the tour. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## SEZ-008 THE NORTHERN HIGHLIGHTS

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: April 25, 2023 08:30 AM, 12:30 PM

Treasure Mahé's exceptional beauty during this alluring drive through the central and northern parts of the Seychelles' largest island. Settle in for a leisurely ride through Mahé, which is renowned for the greatest contrast in scenery found anywhere in the Seychelles archipelago. You'll discover spectacular views and photo opportunities as you pass towering granite peaks and travel through luxuriant vegetation, small villages and magnificent white-sand beaches. Visit the Seychelles National Botanical Gardens and spot giant Aldabra land tortoises, fruit bats and more than 200 species of indigenous flora, including elephant apple trees, octopus trees and double coconut palms, or coco de mer, before making a stop at a picturesque hotel in Victoria for refreshments; take a quick dip in the Indian Ocean, if you wish. While in Victoria, you'll enjoy a brief guided walking tour of the town center and see local landmarks, including a clock tower that is a replica of the one outside London's Victoria Station. During your gratifying stroll, view the old courthouse, the National Museum, lively markets and numerous colonial-era buildings, creating everlasting memories of this bewitching island.

- Admire the lush vegetation, quaint villages, powder-sand beaches and dramatic granite peaks of Mahé, the Seychelles' largest island.
- Roam the National Botanical Gardens to survey giant tortoises and indigenous flora, including the unique double coconut palm.
- Refresh with a quick swim in the gin-clear Indian Ocean at an inviting hotel in Victoria.
- Gaze at a clock tower modelled after London's Vauxhall Clock Tower during a guided walking tour of Victoria.
- Take in enchanting Victoria's colonial-era buildings, such as the Creole-style old courthouse and the National Museum.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to swim at the hotel, wear swimwear under your clothes.
- Pack a towel from the ship.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 1 ¼ hours of moderate walking. There will be some uneven and sandy grounds to negotiate. The tour is not recommended for guests who utilize a wheelchair or guests with mobility concerns. The markets and shops are closed in downtown Victoria on Sundays and public holidays. Guests who participate in any water activities do so at their own risk and responsibility.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ NOSY BE, MADAGASCAR

### NOS-001 NOSY KOMBA - ISLE OF LEMURS

**Duration:** 3.75 Hrs **Tour Price:** \$159.00

**Retail Price:** \$309.00



**Date:** April 27, 2023 10:15 AM, 12:00 PM

Connect with villagers and be amused by whimsical lemurs on this entertaining tour to Nosy Komba. Board a local boat and cruise past the lush Lokobe evergreen forest to the island of Nosy Komba. Reaching the fishing village of Ampangoriana, you'll tender ashore and have a bit of time to mingle with the locals and browse for souvenirs. Approximately 500 yards from the village, find the Black Lemur Sanctuary, home to Madagascar's most playful residents. During your visit, you'll learn that male lemurs are black and females are rust-colored, and observe these lively creatures as they leap from tree to tree. Leaving the sanctuary, stroll to a nearby snack bar, where you'll be treated to a light bite to eat while you relax in the shade of a Tamarind tree and take in wonderful views of the Lokobe Reserve and surrounding islands. During your break, appreciate ethnic Sakalava embroiderers as they give you a demonstration on tablecloth-making, and delight in a brief folk show performed by the village children. Savor free time to stroll on the beach, shop for souvenirs or perhaps take a dip in the ocean in this impossibly beautiful island paradise.

- Cruise to verdant Nosy Komba, an isle renowned for its resident lemurs.
- Meet friendly villagers and look over their enticing wares.
- Visit the Black Lemur Sanctuary and rejoice in the antics of the lemurs as they frolic in their habitat.
- Sit for a light snack while you rest in the shade of a Tamarind tree.
- Enjoy a folk performance enacted by children and a tablecloth-making demonstration by Sakalava embroiderers.
- Relish free time to walk on the beach, take a dip in the cooling waters or shop for the perfect memento.
- Wear casual, weather-appropriate, light-weight clothing and comfortable walking shoes.
- Wear a swimsuit under your clothing if you wish to swim at the beach.
- Bring a towel from the ship.
- Bring insect repellent.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of moderate walking, plus any additional walking at the guest's discretion during free time. The tour is not available to guests who utilize a wheelchair and may not be suitable for guests with mobility concerns. Guests must be able to make their own way on and off a small boat and note that it will be a "wet" landing. Guests who participate in water activities may do so at their own risk and responsibility. While the lemurs are used to interacting with people, guests are reminded that they are still wild animals and their behavior can be unpredictable. Guests should bring along small denominations of euros or U.S. dollars for any purchases they may wish to make. Wildlife sightings are not guaranteed. The transportation used is the best available in this destination; however, it may not be up to the same standards found in other parts of the world.

### NOS-002 HIGHLIGHTS OF NORTHWESTERN NOSY BE

**Duration:** 4.50 Hrs **Tour Price:** \$0.00

**Retail Price:** \$149.00



**Date:** April 27, 2023 10:30 AM

Experience the tropical charms of northwestern Nosy Be on this relaxing tour of its key destinations. Board your coach in Hell-Ville, a colonial capital whose forbidding name actually derives from 19th-century French Admiral Louis de Hell, and journey to a lively marketplace where locally grown vegetables, colorful fruits and exotic spices are on offer. You'll learn that many of the merchants are Sakalavans, the island's first inhabitants and most prevalent ethnic group. Drive on through the luxuriant countryside, passing Malagasy villages and plantations. During brief stops, inhale the heady aromas of bountiful crops that may include coffee, pepper and the coveted ylang-ylang tree, from which perfume is made. Farther along, see unusual balloon-shaped homes in Dzamandzar, Nosy Be's second largest city, and stop at Mont Passot to take in stunning views of the Ampharihibe crater lakes and surrounding plantations. On Madirokely Beach, considered one of the island's best, you might choose to refresh with a quick dip in the crystalline turquoise waters before enjoying a beverage at a hotel, the perfect way to conclude your delightful exploration.

- Discover a bustling Hell-Ville marketplace brimming with vegetables, fruits and spices.
- Travel through the lush countryside, viewing Malagasy villages and expansive plantations.
- Breathe in pleasing aromas of crops such as coffee, pepper and ylang-ylang trees, a source of perfume.
- Marvel at the balloon-shaped homes in Nosy Be's second largest city of Dzamandzar.
- Appreciate expansive views from Mont Passot, overlooking glistening crater lakes and verdant plantations.
- Enjoy a swim or walk on picturesque Madirokely Beach before sipping a cooling beverage at a nearby hotel.
- Wear casual, weather-appropriate, light-weight clothing and comfortable walking shoes.
- Wear a swimsuit under your clothing if you wish to swim at the beach.
- Bring a towel from the ship.
- Bring insect repellent.
- Bring a hat, sunglasses and sunscreen.

This tour includes a limited amount of walking, mainly at the guest's discretion during stops. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests who participate in water activities do so at their own risk and responsibility. Guests should bring along small denominations of euros or U.S. dollars for any purchases they may wish to make. The transportation used is the best available in this destination; however, it may not be up to the same standards found in other parts of the world.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## NOS-005 A GLIMPSE OF NOSY BE

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: April 27, 2023 10:45 AM

Acquaint yourself with Nosy Be's main points of interest on this illuminating overview tour. Take in the sights around enchanting Nosy Be, also referred to as The Perfume Island due to its abundant ylang-ylang trees, whose fragrant flowers contain treasured oils used to produce perfumes and lotions. After a drive through the island's colonial capital of Hell-Ville, whose forbidding name actually derives from 19th-century French Admiral Louis de Hell, you'll stop at an ylang-ylang distillery, where you can witness the intricate process of extricating the flowers' essential oil. Continue your coach journey around the island, passing expansive sugar fields and thriving fruit and spice plantations, and breathe in intoxicating scents produced by the bountiful crops. You'll ascend Mont Passot for breathtaking views of the twin lakes of Sakatia Island and surrounding plantations before wrapping your exploration of captivating Nosy Be.

- Drive through Hell-Ville, the island's colonial capital, named for 19th-century French Admiral Louis de Hell.
- Tour an ylang-ylang distillery, where oil is extracted from these sweet-smelling flowers for the creation of perfumes and lotions.
- Inhale the pleasing aromas produced by abundant crops of fruit, spices and sugar as you traverse the beguiling countryside.
- Marvel at expansive views from Mont Passot, overlooking the glistening twin lakes of Sakatia Island.
- Wear casual, weather-appropriate, light-weight clothing and comfortable walking shoes.
- Bring insect repellent.
- Bring a hat, sunglasses and sunscreen.

This tour includes a limited amount of walking, mainly at the guest's discretion during the stops. There will be natural and uneven surfaces to negotiate. The tour available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests should bring along small denominations of euros or U.S. dollars for any purchases they may wish to make. The transportation used is the best available in this destination; however, it may not be up to the same standards found in other parts of the world and may not be air-conditioned

## NOS-003 HIGHLIGHTS OF EASTERN NOSY BE

Duration: 3.75 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: April 27, 2023 11:00 AM

Explore the eastern side of the island with a visit to historic Marodoka and other notable landmarks on this excursion that combines both culture and relaxation. Settle in for a leisurely drive with a photo stop before arriving at the remains of the 17th-century Arab-Indian village of Marodoka, whose huge banyan trees seem to stand as a silent memorial to those who once lived here. Continue to an ylang-ylang distillery, where you'll learn how oil is extracted from these flowers and used in the production of perfumes and lotions, then briefly visit a compact zoo to see the resident lemurs, reptiles and chameleons as well as a stunning orchid garden. Discover the over-200-year-old Sacred Tree, one of the island's most important cultural sites of the Malagasy people, and pause at a souvenir market to browse a wide variety of goods including intricate woodcarvings, embroidery, raffia baskets and spices. Upon returning to your port of Hell-Ville, you'll stop at sun-drenched Ambatoloaka, one of island's best beaches, where you'll enjoy a soft drink and folk performance at the Espadon Hotel and perhaps take a stroll along the warm, golden sand.

- Experience the intriguing remains of Marodoka, a 17th-century Arab-Indian village.
- Tour an ylang-ylang distillery, where oil is extracted from these sweet-smelling flowers for the creation of perfumes and lotions.
- Roam a small zoo and observe spirited lemurs, chameleons and an exotic orchid garden.
- Contemplate the over-two-century-old Sacred Tree, a revered cultural site of the Malagasy people.
- Search for the perfect souvenir at a market whose offerings include intricate wood carvings, embroidery, baskets and spices.
- Enjoy a soft drink and traditional folk entertainment at the beachside Espadon Hotel.
- Wear casual, weather-appropriate, light-weight clothing and comfortable walking shoes.
- Bring insect repellent.
- Bring a hat, sunglasses and sunscreen.

This tour includes a limited amount of walking, mainly at the guest's discretion during stops. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests should bring along small denominations of euros or U.S. dollars for any purchases they may wish to make. The transportation used is the best available in this destination; however, it may not be up to the same standards found in other parts of the world.

## NOS-006 LOKOBE NATURAL RESERVE

Duration: 3.50 Hrs Tour Price: \$139.00

Retail Price: \$289.00



Date: April 27, 2023 11:00 AM

Stroll through a virginal forest in the Lokobe Natural Reserve, where you may see colorful birds and endemic species such as black lemurs, before relaxing on the reserve's beach. Board a small boat for a brief cruise across the bay to the densely forested Lokobe Natural Reserve, which protects most of the island's native vegetation and several species of animals, including the black lemur. As you walk through the reserve, you might spot one of these curious-looking, social creatures, which are primitive relatives to monkeys and apes, and notice the males are black while the females are rust-colored. Watch for Madagascar pygmy kingfishers, Madagascar long-eared owls, sleek snakes, leaf-tailed geckos and boldly colored panther chameleons. Following your guided walk through the forest, you'll spend approximately one hour relaxing or taking a cooling dip at the beach. Celebrate a performance of traditional folk dancing by Sakalavan women, the island's original and most prevalent ethnic group, and enjoy a snack and beverages surrounded by the wonders of this lush land.

- Cruise aboard a small boat to the heavily wooded Lokobe Natural Reserve.
- Walk with a guide through the verdant reserve, keeping alert for the endemic black lemur.
- Glimpse pygmy kingfishers, Madagascar long-eared owls, leaf-tailed geckos and colorful panther chameleons.
- Linger on a beach at the reserve, perhaps choosing to take a refreshing swim.
- Enjoy a traditional folk dance as you relish a refreshing snack and beverage.
- Wear casual, weather-appropriate, light-weight clothing and comfortable walking shoes.
- Wear a swimsuit under your clothing if you wish to swim at the beach.
- Bring a towel from the ship.
- Carry bottled water, as you may require hydration.
- Bring insect repellent.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of guided walking, plus any additional walking at the guest's discretion during free time at the beach. There will be natural and possibly muddy, uneven surfaces to negotiate, including sand. Participants must be able to enter and exit the boat with limited assistance. The tour is not available to guests who utilize a wheelchair and may not be suitable for those with mobility concerns, who are cautioned to carefully evaluate their personal level of ability and stamina. There are no changing facilities and no restrooms at the beach. Those who take part in any water activities do so at their own risk and responsibility. Wildlife sightings, while likely, are not guaranteed.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



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## NOS-007 OPEN-AIR MARKET & SACRED TREE

Duration: 3.25 Hrs Tour Price: \$0.00

Retail Price: \$189.00



Date: April 27, 2023 11:15 AM

Discover exotic crops and trees that thrive in Nosy Be's fertile soil by visiting an open-air market, walking through a plantation's fields and relaxing under the Sacred Tree. Begin a leisurely drive across Hell-Ville, one of Madagascar's most developed areas and the island's colonial capital. You'll stop at one of the city's busy open-air markets and experience an authentic slice of daily life, watching locals shopping for spices, tamarind, mangoes and other fresh produce. At a nearby plantation, breathe in the heady fragrance of the ylang-ylang tree's flowers, whose essential oils are used to produce perfumes and lotions. Learn that while coffee and peppers also flourish here, the Sacred Tree is Nosy Be's most iconic plant. You'll sit in its shade and hear why the Malagasy people revere this over-200-year-old ficus tree, which covers an area of more than 5,000 square feet. Wander through the tree's maze of aerial roots or sit back and enjoy a folkloric performance by a live band while sipping a refreshing beverage. Following your respite, you'll appreciate a brief pause to purchase some souvenirs of your unforgettable excursion.

- Immerse yourself in a bustling Hell-Ville marketplace brimming with vegetables, fruits and spices.
- Experience the exquisite aroma of the ylang-ylang tree's flowers at a plantation.
- Contemplate the over-two-centuries-old Sacred Tree, a venerated site of the Malagasy people.
- Roam the Sacred Tree's tangle of aerial roots and applaud a live-music folkloric performance while enjoying a refreshing beverage.
- Shop for the perfect memento of your delightful excursion.
- Wear casual, weather-appropriate, light-weight clothing and comfortable walking shoes.
- Bring insect repellent.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited walking, mainly at the guest's discretion during the stops. There will be some natural surfaces to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



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## ❖ MAYOTTE, FRENCH COMOROS

### MYT-003 BEAUTIFUL NORTH ISLAND TOUR

Duration: 7.50 Hrs Tour Price: \$0.00



Date: April 28, 2023 08:00 AM, 08:15 AM, 08:30 AM

Become immersed in the scenic beauty of the northern reaches of Grande Comore, after exploring the capital of Moroni. Arab-speaking settlers founded the island around the 10th century and you will see their cultural influence at the Old Friday Mosque and in the Arabian-style medina. The island's natural beauty will take center stage on the outskirts of Moroni, where you will take in panoramas of the volcanic peaks. Stops at a spice plantation and an animal park will offer close-up looks at the indigenous flora and fauna. The islanders' creative talents will come to light as you watch demonstrations of traditional woodcarving and linen-making. Free time and a barbecue lunch follow at lovely Bouni Beach, where you might snorkel in the crystalline blue waters. Lac Sale is one of the most beautiful bodies of water nearby. Despite the folk legends about its formation, it filled a crater left after a 16th-century volcanic eruption.

- Explore the natural beauty so prevalent in the northern reaches of the island.
- Enjoy a barbecue lunch and snorkeling at Bouni Beach.
- Watch local artisans carve wooden handicrafts and make linens such as tablecloths.
- Recognize the Arab influence in the architecture and medinas in the capital of Moroni.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

### MYT-004 ITSANDRA BEACH DAY

Duration: 7.50 Hrs Tour Price: \$0.00



Date: April 28, 2023 08:00 AM, 08:15 AM, 08:30 AM

Spend a relaxing day on Itsandra Beach, an idyllic stretch of sand just north of the capital, Moroni. It won't take long to reach the beach, which will give you all the more time to enjoy the setting however you please. The waters there are typically warm, clear and refreshing, making Itsandra an ideal spot for a full day at the beach. Feel free to bask in the sun, stroll along the wide shore and linger in the shade of a coconut palm whenever the mood strikes. Snorkeling gear will be provided if you want to see the wonders underwater, which include schools of brightly colored tropical fish. Angelfish and clownfish are particularly plentiful. You may also spot green sea turtles, the most prominent of the three species of turtles found in the Comoros. However, if you want to do nothing more ambitious than lie in sun, it's your choice. This excursion is all about relaxing.

- Spend a full but leisurely day at Itsandra Beach, a short drive from the capital.
- Relax however you see fit, whether basking in the sun or enjoying the shade.

Observe a never-ending parade of marine life while snorkeling just off shore.

Dress in weather-appropriate clothing.

Bring a swimsuit, sunscreen and water.

Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested.

### MYT-001 ICONI VILLAGE & MORONI

Duration: 4.00 Hrs Tour Price: \$0.00



Date: April 28, 2023 09:00 AM, 09:15 AM, 09:30 AM, 09:45 AM, 10:00 AM, 10:15 AM

Recognize the diversity of Grande Comore by exploring a small fishing village and the island's largest city and capital, Moroni. The village of Iconi is known for the abundance of coelacanth fish just offshore, as this so-called "living fossil" was thought to be extinct for millions of years until one was caught in 1938. The villagers in Iconi will greet you with a welcoming folkloric dance before you head off to visit the ruins of an 18th-century sultan's palace. Around that time, pirates often raided villages to kidnap women for slaves. You will pause for photos at the cliffs where the many of the women committed suicide rather than be captured. On a lighter note, you will tour a plantation where spices such as vanilla and ylang-ylang are grown and browse the National Museum of the Comoros back in Moroni. Don't miss the coelacanth on display there or the carved entryway when you stop at the Old Friday Mosque.

- Gain an understanding of the island's diversity by visiting a fishing village and the capital.
- Admire the architecture of an 18th-century sultan's palace and the Old Friday Mosque.
- Browse the national museum and a fragrant spice plantation.
- See a "living fossil" coelacanth, a fish thought to be extinct for millions of years.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## MYT-002 RAINFOREST & BIRD WATCHING

Duration: 4.00 Hrs Tour Price: \$0.00



Date: April 28, 2023 09:00 AM, 09:15 AM, 09:30 AM, 09:45 AM, 10:00 AM, 10:15 AM

Enjoy a leisurely walk through a natural reserve and look for birds, many of them endemic to the Comoros Islands. As an introduction to the local flora, you will first stop to view a collection of indigenous sago palms, whose dried fruit is used to make a traditional porridge. Upon reaching the mountainous La Grille reserve, you will head into the forest, where it will be surprisingly easy to see birds in the canopy as the understory is typically open. The chances are good that you will spot endemic birds such as Comoros blue pigeons, Karthala white-eyes and red-headed fodies. The guide will point out the different species and elaborate on their calls and characteristics. You can also expect to see a variety of endemic orchids, as La Grille is a protected tropical oasis. In time, you will pause at the home of Leon Humblot, a French naturalist and botanist, after whom the Humblot's flycatcher is named.

- Follow a naturalist guide through a protected reserve full of endemic plants and birds.
- Learn fascinating facts about the species as the guide points them out.
- Visit the home of a 19th-century naturalist that discovered a flycatcher in the reserve.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ MAPUTO, MOZAMBIQUE

### MPM-006 MAPUTO WALKING TOUR

Duration: 2.50 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: May 01, 2023 08:45 AM, 12:30 PM

Stroll the wide boulevards of Mozambique's lovely capital, stopping at must-see attractions that include the ornate train station, bustling central market and an 18th-century fortress. Begin with a walk to the striking Beaux-Arts Central Railway Station, often mistakenly identified with Gustave Eiffel due to its alluring mint-green structure, iron latticework and large dome. You'll visit the Maputo Central Market, a vibrant open-air setting filled with stands of exotic fruits and vegetables, tropical nuts, colorful spices and fresh fish. At the nearby Café Continental, relax over a demitasse of espresso and a signature Maputo delicacy called a pasteis de nata, a custard tart that originated in Portugal. You'll discover the 18th-century Maputo Fortress, one of the city's most visited attractions, which provides insight into Mozambique's colonization in its intriguing museum displaying armaments and art, along with the sealed, carved wooden coffin of Ngungunhane, the final ruler of the famed African kingdom of Gaza, now southern Mozambique. You'll long remember your bewitching exploration of effervescent Maputo.

- Enjoy a leisurely walk to the eye-catching Beaux-Arts Central Railway Station.
  - Experience a cacophony of sights and sounds at the lively Maputo central market.
  - Sip a demitasse of espresso and savor a traditional custard tart at the Café Continental.
  - Survey armaments and art illustrative of Maputo's colonial days at the Maputo Fortress.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. •Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of moderate walking. There will be some uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Please be advised that Mozambique is a developing nation, and while visiting is a rewarding experience, it differs greatly from other urban destinations such as those found in South Africa. There is no formal guiding qualification required for Mozambique, and in order to support the local community, we use local escorts/guides. Many of these escorts/guides do have previous experience in guiding for visiting cruise ships. Please be aware that some of the international embassies and government buildings may be deemed military or state defense sites, and photography is not permitted. There can be serious consequences for ignoring these rules, so guests are advised to ask the tour guide before taking photos. The Central Market is undergoing renovation work. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

### MPM-004 A GLIMPSE OF MAPUTO

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: May 01, 2023 09:00 AM, 01:00 PM

Discover Maputo's rich history on a compelling tour that features highlights of this bustling capital city. Pass the striking Beaux-Arts Central Railway Station on your way to the Maputo Central Market, where you can watch locals bartering for a variety of goods and food. You'll continue to Independence Square, a city focal point and home to a statue of Samora Machel, the country's first president, the gleaming white Roman-Catholic Cathedral of Our Lady of the Immaculate Conception, the neoclassical City Hall and the splendid colonial-style French-Mozambican Cultural Center, home to art exhibitions and musical performances. You'll marvel at a house built entirely of iron, designed by Gustav Eiffel as a governor's residence but ultimately uninhabitable due to the tropical climate. Discover the appealing Natural History Museum, which boasts attractive Manueline architecture and unique exhibits, and explore the 18th-century Maputo Fortress, one of the city's most visited attractions, which provides insight into Mozambique's colonization in its intriguing museum displaying armaments and art. You'll applaud Maputo's cultural treasures during this illuminating excursion.

- Witness the lively barter of food and goods at the bountiful Maputo Central Market.
  - Visit Independence Square, ringed by the city's arresting cathedral, neoclassical City Hall and the French-Mozambican Cultural Center.
  - Stand in awe of a house made entirely of iron designed by Gustave Eiffel for the island's governor.
  - Take in one-of-a-kind exhibits at the Manueline-style Natural History Museum.
  - Survey armaments and art illustrative of Mozambique's colonial days at the Maputo Fortress.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. •Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate walking over mostly even surfaces, plus any additional walking at the guest's discretion during free time. There will be some steps and crowded conditions to negotiate. The tour is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The coaches are basic, but well-maintained, and the quality can vary considerably. There is no formal guiding qualification required for Mozambique, and in order to support the local community, we use local escorts/guides. Many of these escorts/guides do have previous experience in guiding for visiting cruise ships. Although the majority of the roads are paved, you may encounter some potholes or a few bumpy dirt roads. Please be aware that some of the international embassies and government buildings may be deemed military or state defense sites, and photography is not permitted. There can be serious consequences for ignoring these rules, so guests are advised to ask the tour guide before taking photos. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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### MPM-003 CITY & SUN

Duration: 5.50 Hrs Tour Price: \$249.00

Retail Price: \$329.00



Date: May 01, 2023 09:30 AM

Explore fascinating highlights of dynamic Maputo, Mozambique's capital and most populous city, then partake in a delicious lunch and time to relax at a hotel on this captivating tour. Pass the striking Beaux-Arts Central Railway Station on your journey to the Maputo Central Market, where you can watch locals bartering for a variety of goods and food. Continue to expansive Independence Square, a city focal point and home to a statue of Samora Machel, the country's first president, the gleaming white Roman-Catholic Cathedral of Our Lady of the Immaculate Conception, the neoclassical City Hall and the splendid colonial-style French-Mozambican Cultural Center, home to art exhibitions and musical performances. You'll marvel at a house built entirely of iron, designed by Gustave Eiffel as a governor's residence but ultimately uninhabitable due to the tropical climate, and discover the appealing Natural History Museum, which boasts attractive Manueline architecture and unique exhibits. You'll savor a tasty lunch at a nearby hotel before spending the remainder of the afternoon enjoying the hotel's facilities, perhaps sipping a cocktail by the pool and gazing across the glistening bay.

- Delight in Maputo's sensational Beaux-Arts Central Railway Station.
- Witness the lively barter of food and goods at the bountiful Maputo Central Market.
- Visit Independence Square, ringed by the city's arresting cathedral, neoclassical City Hall and the French-Mozambican Cultural Center.
- Stand in awe of a house made entirely of iron designed by Gustave Eiffel for the island's governor.
- Take in one-of-a-kind exhibits at the Manueline-style Natural History Museum.
- Relish a delectable lunch and free time to relax at a seaside hotel.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to swim at the hotel, wear swimwear under your clothing.
- Bring a towel from the ship.
- Bring a hat, sunglasses and sunscreen.

This tour includes moderate walking over mostly even surfaces. There will be some steps and crowded conditions to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The coaches are basic, but well-maintained, and the quality can vary considerably. There is no formal guiding qualification required for Mozambique, and in order to support the local community, we use local escorts/guides. Many of these escorts/guides do have previous experience in guiding for visiting cruise ships. Although the majority of the roads are paved, you may encounter some potholes or a few bumpy dirt roads. Please be aware that some of the international embassies and government buildings may be deemed military or state defense sites, and photography is not permitted. There can be serious consequences for ignoring these rules, so guests are advised to ask the tour guide before taking photos. Guests who participate in any water activities do so at their own risk and responsibility. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

### MPM-005 DISCOVER MAPUTO

Duration: 5.00 Hrs Tour Price: \$109.00

Retail Price: \$249.00



Date: May 01, 2023 09:30 AM

Appreciate a multi-faceted look at Maputo that showcases the city's history and includes a delicious lunch. Pass the striking Beaux-Arts Central Railway Station on your way to the Maputo Central Market, where you can watch locals bartering for a variety of goods and food. You'll continue to Independence Square, a city focal point and home to a statue Samora Machel, the country's first president, the gleaming white Roman-Catholic Cathedral of Our Lady of the Immaculate Conception, the neoclassical City Hall and the splendid Colonial-style French-Mozambican Cultural Center, home to art exhibitions and musical performances. You'll marvel at a house built entirely of iron designed by Gustav Eiffel as a governor's residence but ultimately uninhabitable due to the tropical climate. Travel to the five-star Polana Serena Hotel, where you'll sit for a flavorful buffet lunch before returning to Maputo to view evidence of the city's burgeoning growth, passing foreign embassies and new construction. You'll conclude your tour at the fascinating Natural History Museum, which boasts attractive Manueline architecture and unique exhibits.

- Witness the lively barter of food and goods at the bountiful Maputo Central Market.
  - Visit Independence Square, ringed by the city's arresting cathedral, neoclassical City Hall and the French-Mozambican Cultural Center.
  - Stand in awe of a house made entirely of iron designed by Gustave Eiffel for the island's governor.
  - Relish a delicious lunch buffet at the luxurious Polana Serena Hotel.
  - Observe a plethora of foreign embassies and new construction, signs of Maputo's revitalization.
  - Take in one-of-a-kind exhibits at the Manueline-style Natural History Museum.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. •Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate walking over mostly even surfaces. There will be some steps and crowded conditions to negotiate. The tour is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The coaches are basic, but well-maintained, and the quality can vary considerably. There is no formal guiding qualification required for Mozambique, and in order to support the local community, we use local escorts/guides. Many of these escorts/guides do have previous experience in guiding for visiting cruise ships. Although the majority of the roads are paved, you may encounter some potholes or a few bumpy dirt roads. Please be aware that some of the international embassies and government buildings may be deemed military or state defense sites, and photography is not permitted. There can be serious consequences for ignoring these rules, so guests are advised to ask the tour guide before taking photos. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## ❖ RICHARDS BAY, SOUTH AFRICA

### RIC-002 SHAKALAND

**Duration:** 7.00 Hrs **Tour Price:** \$99.00

**Retail Price:** \$249.00



**Date:** May 02, 2023 09:30 AM

Relive the history of King Shaka, King of the Zulus, during this enriching visit to the reproduction tribal village of Shakaland. Journey through Empangeni en route to Shakaland, the location where the movie Shaka Zulu was filmed. Upon arrival, you'll meet your Zulu guide and share welcome refreshments before being invited to relive the momentous and turbulent days of King Shaka, a revered early 19th-century Zulu ruler. During your walking tour through the Zulu village, see a variety of displays, including women doing beadwork, weaving mats, sculpting pottery, baking bread and brewing beer. You'll also watch the men make a spear and shield as well as build a beehive-style grass hut. Enter the chief's hut to observe Zulu dancers performing rapturous rhythmic drum dances and witness a ritual done by the traditional healer, or sangoma, followed by a short audio-visual presentation and some time at your leisure to browse the village's enticing curio shops. Delight in a traditional Zulu buffet lunch at the Kwabonamanzi restaurant overlooking the Umhlatuze Lake, a satisfying finale to your fascinating outing.

- Tour Shakaland, which recreates the era of King Shaka, ruler of the Zulus in the early 19th century.
- View tribal women fashioning beadwork, weaving mats, sculpting pottery, making beer and baking bread.
- Discover how the Zulu men build beehive-style huts and craft implements of war.
- Rejoice in rousing rhythmic drum dances and healing rituals performed in the chief's hut.
- Relish a brief audio-visual presentation and free time to shop the village curio shops.
- Enjoy a buffet lunch of Zulu favorites at the Kwabonamanzi restaurant beside Umhlatuze Lake.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes walking over reasonably level gravel surfaces. There can be muddy surfaces to negotiate. The tour is not suitable for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. This is a "living" museum. As such, it is customary for unmarried Zulu women to be uncovered from the waist up. Guests are expected to tip the Zulu dancers for taking their photographs or filming them. Only local currency is accepted at the curio shop. The order of sites viewed or visited may vary. Travel time from the pier to Shakaland is approximately 1 ½ hours each way by coach.

### RIC-007 DUMAZULU CULTURAL VILLAGE

**Duration:** 5.00 Hrs **Tour Price:** \$0.00

**Retail Price:** \$199.00



**Date:** May 02, 2023 09:30 AM

Explore the culture and traditions of the Zulu tribe during this enlightening visit to the entrancing DumaZulu Traditional Village. Drive north to the DumaZulu Traditional Village, also known as Thundering Zulu, where more than 50 tribal residents form part of a living museum that offers a genuine Zulu cultural experience. Find that DumaZulu is the largest village of its kind in the Southern Hemisphere and the only Zulu community to be opened up to tourism by King Goodwill Zwelithini, who placed the royal Zulu stamp of approval on the village's objectives and authenticity. After enjoying a cooling refreshment, meet your guides and accept an invitation into the chief's homestead, or kraal, where you can watch and learn about the tribe's various traditions, including basket-weaving, spear- and shield-making, beadwork, pottery-sculpting, sangoma bone throwing, which is a form of divination, and fabulous dancing. You'll treasure your arresting immersion into the bewitching Zulu way of life during this remarkable excursion.

- Delve into an authentic Zulu cultural experience at the DumaZulu Traditional Village.
- Savor a cooling refreshment before meeting your knowledgeable native guides.
- Enter the chief's homestead, or kraal, to observe Zulu traditions of basket-weaving, beadwork and weapon-crafting, among others.
- See the healer, or sangoma, practicing a type of divination known as bone throwing.
- Soak up the rhythms of the Zulu's mesmerizing dancing.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves a substantial amount of walking. There will be uneven gravel surfaces to negotiate which can sometimes be muddy. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. It is customary for unmarried Zulu women to be uncovered from the waist up. No photographs or videos may be taken of the traditional healer, or sangoma. Travel time from the pier to the village is approximately 1 ½ hours each way by coach.

### RIC-GL1 RICHARDS BAY THROUGH THE EYES OF A LOCAL PINEAPPLE

**Duration:** 5.00 Hrs **Tour Price:** \$109.00



**Date:** May 02, 2023 10:00 AM

Meet with the owners of Badenhorst Boerdery, one of South Africa's largest pineapple farms, and discover what life is like for the 200 or so locals that work the fields. Estie Badenhorst will be your guide and offer a candid history of how she and her husband Casper founded the farm. You will observe each step of their farming operation by touring the fields, the processing plant and the area where the pineapples are crated. By the end of the tour, you will know more about pineapples than you ever thought possible. Badenhorst Boerdery grows Queen Victoria pineapples, an exceptionally sweet and aromatic variety that thrives in warm, humid climates such that in South Africa. Pineapples are rich in Vitamin C and contain minerals that help strengthen bones and promote healthy skin. Following the formal tour, you will enjoy free time to shop for pineapple products such as relishes, sauces and preserves made from Estie's family recipes.

- Tour one of South Africa's largest pineapple farms with one of its founders.
- Get an in-depth understanding of farm life by watching the workers.
- Discover the characteristics of Queen Victoria pineapples that make them so desirable.
- Have an opportunity to purchase pineapple products made from family recipes.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 1.5 hours of walking/standing. Guests will need to manage even, bumpy, uneven and gravel surfaces along with 10 steps throughout the excursion. Any additional walking through out the tour will be at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



Go Local Tour



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## RIC-003 ST. LUCIA WETLANDS NATURE RESERVE

Duration: 5.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: May 02, 2023 10:30 AM, 12:30 PM

Marvel at South Africa's abundant bird and wildlife species during this scenic cruise in the iSimangaliso Wetland Park, a UNESCO World Heritage site for its enormous ecological value. Drive north to the breathtaking iSimangaliso Wetland Park, where you'll board a boat for a leisurely, approximately two-hour cruise on Lake Saint Lucia, Southern Africa's largest estuarine lake, which covers an area of approximately 217 square miles. Keep a sharp eye out for bird-rich islands that are home to thousands of feeding pelicans, waders and other waterfowl that comprise the more than 526 different avian species who call the wetlands home. Catch sight of the basking and nesting sites of the famed Nile crocodile as well as the hippos that thrive in the estuary, and discover that this is the greatest confluence of both of these creatures to be found in South Africa. You're sure to cherish your time spent amid the natural wonders and teeming wildlife of this splendid region.

- Embark on a boat for an approximately two-hour exploration of the iSimangaliso Wetland Park, a UNESCO World Heritage site.
- Cruise on ecologically vital Lake Saint Lucia, Southern Africa's largest estuarine lake.
- Glimpse pelicans, waders and myriad other varieties of the wetland's 526 avian species.
- See Nile crocodiles sunning themselves on the bank or hippos peeking out of the water.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses, binoculars and sunscreen.

This tour involves walking over uneven terrain. There will be some steps to negotiate. This tour is not suitable for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Wildlife sightings, while likely, are not guaranteed.

## RIC-010 ZULU CROC REPTILE PARK

Duration: 4.25 Hrs Tour Price: \$0.00

Retail Price: \$169.00



Date: May 02, 2023 10:30 AM, 12:30 PM

Discover a diverse collection of crocodiles and snakes at an intriguing reptile park. Take a leisurely 75-minute drive past unspoiled wetlands to Zulu Croc, an unusual reptile park that provides a hands-on experience amid an alluring landscape of savanna bushveld. You'll find that here you can touch some of the world's most fascinating creatures under the supervision of expert reptile handlers. Hand feed an iguana or pose for photos with a boa constrictor draped over your shoulders, if you wish, but simply observe the more dangerous and venomous creatures. Learn that Nile crocodiles can weigh up to 1,650 pounds and grow up to 20 feet long, a size they achieve by eating any appetizing morsel within their reach. Should you feel adventurous, stroke a baby croc while it's being held and, if it's feeding time, perhaps see adults leaping vertically out of the water to chomp chunks of raw meat. Take in myriad facts about snakes such as venomous puff adders, boomslangs and black mambas or the non-venomous carpet pythons and reticulated pythons, the world's longest snakes. You'll thrill to your up-close encounters with the fearsome yet magnificent residents of this enthralling park.

- Explore the world of crocodiles and reptiles at Zulu Croc, an extraordinary interactive park.
- Feed an iguana or take photos with a boa constrictor wrapped around you, under a handler's supervision.
- Examine the venomous and dangerous park species from a safe, comfortable distance.
- Watch Nile crocodiles eat voraciously, should you visit during feeding time.
- Admire deadly snakes, including the black mamba, puff adder and the reticulated python, the longest snake in the world.
- Wear casual, lightweight and light-colored, weather-appropriate clothing and comfortable walking shoes.
- Bring a windbreaker.
- Carry bottled water, as you may require hydration.
- Bring a hat, sunglasses, binoculars and sunscreen.

This tour includes approximately 90 minutes of easy-to-moderate walking/standing. There will be some natural and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair. It may not be suitable for guests with mobility concerns, who are cautioned to evaluate their personal level of ability and stamina.

## RIC-006 HLUHLUWE GAME RESERVE

Duration: 5.50 Hrs Tour Price: \$259.00

Retail Price: \$409.00



Date: May 02, 2023 01:30 PM

Revel in South Africa's sublime natural beauty and wildlife during this superb game drive at the Hluhluwe-Imfolozi Park. Settle in for a picturesque drive north to the park's Memorial Gate, where you'll enjoy a brief stop to change over into your open-air, off-road safari vehicle. During your approximately two-hour game drive, marvel at the expansive views and photo opportunities of the pristine scenery surrounding you. Discover the park is well-known for its small population of rare white rhinos and a spectacular variety of bird and animal life, including elephants, lions, leopards, buffalo, blue wildebeest, zebra, giraffe, cheetahs, mountain reedbeek, kudu and warthogs. As you journey through the park's rolling landscapes, keep your camera on hand, as you may encounter many of these glorious creatures up close. Prepare to make lifetime memories during this immersion into the natural habitat of some of the world's most majestic wildlife.

- Experience an exhilarating game drive in the superlative Hluhluwe-Imfolozi Park.
- Ride in an open-air vehicle specially designed for off-road game viewing.
- Spot elephants, giraffe, lions, buffalo, leopards or some of the park's other freely roaming wildlife.
- Watch closely for a glimpse of rare white rhinos, the park's star residents.
- Capture postcard-ready photos of the reserve's stunning landscapes.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses, binoculars and sunscreen.

This tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The two-hour game viewing is from open-air safari vehicles. Children must be at least six years old to participate and must be accompanied by an adult. Wildlife sightings, while likely, are not guaranteed. Travel time from the pier to the park entrance is approximately 1 ½ hours each way by coach.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



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Accessible Tour

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## ❖ MOSSEL BAY, SOUTH AFRICA

### MOB-006 GARDEN ROUTE GAME LODGE SAFARI

Duration: 4.75 Hrs Tour Price: \$99.00

Retail Price: \$249.00



Date: May 04, 2023 09:30 AM

Look for some of Africa's most iconic animals on a game drive through a natural reserve teeming with wildlife. Upon reaching the Garden Route Game Lodge, you will drive into the bush in an open-air 4x4 vehicle in search of the Big Five—elephants, lions, leopards, rhinoceroses and Cape buffaloes. A game ranger will serve as your guide and point out the various species, as they roam freely in their natural habitat, a gorgeous setting backed by the majestic Langeberg mountain range. The ranger will periodically stop the vehicle so you can observe the animals up close. While there is no telling what you will see, you may catch sight of lions lying in the shade of a tree, elephants strolling to a water hole and zebras grazing in the grassland. Giraffes often come right up to the vehicles out of curiosity. Lesser-known animals are also abundant, including antelopes such as kudu and bontebok.

- Drive into the bush in a 4x4 vehicle for an up-close look at Africa's most iconic animals.
- Watch for the Big Five—elephants, lions, leopards, rhinoceroses and Cape buffaloes.
- Learn about the animals' behaviors and characteristic from the game ranger.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.
- Bring binoculars and sunscreen.

This tour is not suitable for guests in wheelchairs or for those with walking difficulties, as participants must climb into the 4x4 game vehicles. Using cellular phones, smoking, speaking loudly or standing up in the vehicles is not permitted on the game drives. Wildlife sightings, while likely, cannot be guaranteed.

### MOB-002 BOTLIERSKOP PRIVATE GAME RESERVE

Duration: 4.00 Hrs Tour Price: \$149.00

Retail Price: \$299.00



Date: May 04, 2023 10:00 AM

Explore the African bush on a game drive at a private reserve, where you may spy animals such as elephants, lions and giraffe. Revel in a leisurely drive inland to the beautiful Botlierskop Private Game Reserve, an area of immense biodiversity, where the variety of plants and ecosystems attract more than 200 species of birds but where the larger creatures, such as elephants, lions and giraffe, are the true attractions. Following a welcome drink at the reserve's visitor center, you'll board an open 4x4 vehicle and drive deep into the fascinating landscape. Discover that the animals wander freely, so there is no telling what you'll see over the next two hours, but it's likely you'll experience close encounters with a variety of indigenous creatures that may include white rhinos, mountain zebras, blue wildebeest, impalas and lions. Thanks to the ideal viewing conditions offered by your 4x4 vehicle, you might also spot smaller yet still delightful animals such as honey badgers, porcupines and rock hyrax, all adding to the magic of your foray into the South African wilds.

- Survey the Botlierskop Private Game Reserve on a 4x4 vehicle that is perfect for wildlife sighting.
- Keep an eye out for awe-inspiring animals such as white rhinos, elephants, lions, giraffe and blue wildebeest.
- Pass through various ecosystems, which provide habitat to over 200 species of birds.
- Glimpse some of the reserve's smaller inhabitants, including honey badgers, rock hyrax or porcupines.
- Wear light-colored, casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a windbreaker and binoculars.
- Bring a hat, sunglasses and sunscreen.

This tour is panoramic in nature. There will be gravel roads, hills and bumpy conditions to negotiate. The tour is not suitable for guests who utilize a wheelchair and is not recommended for those with mobility concerns and back or neck problems. In order to avoid disturbing the animals, guests are not permitted to talk on their mobile phones and stand or speak loudly during the game drive. Smoking is strictly prohibited. Wildlife sightings, while likely, cannot be guaranteed, and the lions are housed in a separate enclosed area. The operator requires that all guests sign a waiver before being allowed to participate in the tour. The minimum age to participate is six years of age.

### MOB-001 HIGHLIGHTS OF MOSSEL BAY

Duration: 2.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: May 04, 2023 10:30 AM, 01:30 PM

Discover highlights of beguiling Mossel Bay and explore a museum complex dedicated to the first European to land in South Africa. Enjoy an enlightening drive around Mossel Bay, a beach-blessed city in the shadow of the Outeniqua Mountains that was named by a Dutch explorer in 1601, when he found a huge collection of mussel shells in a nearby cave. As you travel along the town's charming streets, you'll learn that South Africa's first post office was established here centuries ago after sailors began leaving letters in the cleft of a milkwood tree so that other sailors could deliver them on their journeys. See that revered, 500-year-old tree, now a National Monument, standing near the Bartolomeu Dias Museum Complex, which is named for a Portuguese navigator who was the first European to set foot in South Africa in his search for a spice route to the Far East. During your time at the complex, perhaps you'll visit the absorbing Shell Museum or the Maritime Museum, where a replica of Dias' ship is on exhibit, along with early maps and navigation instruments. Experience the compelling sites and seafaring history of enchanting Mossel Bay on this captivating excursion.

- Acquaint yourself with seaside Mossel Bay on a coach tour of its intriguing highlights.
- Gaze at a 500-year-old tree, declared a National Monument for its use by sailors in times past as an ad hoc mailbox.
- Find the Bartolomeu Dias Museum Complex, named after the first European to arrive in South Africa.
- Wander the appealing museum complex, perhaps visiting the Maritime Museum or the Shell Museum.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of easy walking. There are a few steps to negotiate and ramps are available. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Arrangements may be made with the guide to not participate in the walk at the museum.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## MOB-003 KNYSNA AT LEISURE

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$119.00



Date: May 04, 2023 12:00 PM

Follow the breathtaking Garden Route to the town of Knysna, where you are free to explore the waterfront boutiques and galleries at your leisure. You'll travel eastward along the magnificent Garden Route, passing ancient forests, golden beaches and craggy peaks covered in a flowering scrub called fynbos. Traverse the stunningly gorgeous scenery of the Wilderness Lakes region and arrive at the charming town of Knysna, tucked between the Outeniqua Mountains and the Indian Ocean. You'll realize forest-rimmed Knysna is a natural paradise whose name is thought to mean "place of wood" in Khoisan, the language of the area's earliest inhabitants. Admire the cosmopolitan town, which has retained much of its original charm, and savor free time at the waterfront, where myriad shops and galleries invite you to browse for high-end crafts and restaurants entice you to try local delicacies. Because of Knysna's proximity to several estuaries, rivers and the ocean, you'll discover that seafood is a favorite, especially dishes with oysters. As you meander the inviting waterfront, looking out over the serene tidal lagoon, let the exquisite atmosphere of Knysna seep into your soul.

- Travel the picturesque Garden Route along beaches, ancient forests and rugged peaks.
- Relish time at your leisure to roam the enchanting town of Knysna, which is surrounded by verdant forests.
- Shop for upscale crafts in tempting shops along the appealing waterfront.
- Sate your appetite with a specialty oyster dish at one of the town's seafood restaurants, if you wish.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

Walking on this tour is mainly at the guest's discretion during free time. There are some steps to negotiate and ramps are available. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## MOB-005 DISCOVER OUDTSHOORN & ITS OSTRICH HERITAGE

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$139.00



Date: May 04, 2023 12:00 PM

Enjoy a scenic mountain drive to an ostrich farm on this entertaining tour. Journey along the magnificent Garden Route, passing ancient forests, golden beaches and craggy peaks covered in a flowering scrub called fynbos. As you turn inland into the Outeniqua Mountains, you'll notice the terrain quickly changes from rugged coastal to an arid, desert-like landscape known as Karoo. Cross the Outeniqua Pass along a highway that was painstakingly blasted out of nearly impenetrable bedrock and wind along marvelous, sweeping curves that offer panoramic views in all directions. Discover Oudtshoorn, set in an oasis-like location in a fertile valley, and behold the town's ornate architecture, which reflects the opulence engendered by the ostrich-feather boom of 1860-1914, when Oudtshoorn supplied exotic feathers to adorn the clothing of ladies throughout Europe. Visit a working farm to learn how these giant birds are bred and reared, perhaps even seeing ostriches hatching in the incubator rooms. Stand on an ostrich egg, which is so hard that it won't break, and even sit astride one of the statuesque birds, if you choose. As a joyous and unique way to conclude your wonderful excursion, watch jockeys demonstrate their riding prowess in a rousing ostrich derby.

- Travel the picturesque Garden Route along beaches, ancient forests and rugged peaks.
- Observe the changing landscape as you venture inland to a dry, semi-desert terrain known as Karoo.
- Marvel at a highway blasted from solid bedrock to provide access through dramatic Outeniqua Pass.
- Appreciate the ornate architecture of Oudtshoorn, once the premier supplier of ostrich feathers for European high fashion.
- Tour an ostrich farm for insight into how the birds are bred and reared, and perch atop an ostrich, if you wish.
- Delight in the sight of agile jockeys riding in a rollicking ostrich derby.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring binoculars.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of moderate walking. There will be some gravel and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and is not recommended for guests with mobility concerns.

## MOB-004 SCENIC MOUNTAIN PASSES

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$139.00



Date: May 04, 2023 12:15 PM

Cut through the majestic Outeniqua Mountains, taking in sublimely beautiful semi-desert terrain and fertile valleys, on this vista-filled tour. Settle in for a relaxing drive east along the magnificent Garden Route, passing ancient forests, golden beaches and craggy peaks covered in a flowering scrub called fynbos. Upon reaching the town of George, established in the early 1800s as a timbering outpost, you'll turn inland into the Outeniqua Mountains and notice the terrain quickly change from rugged coastal to an arid, desert-like landscape known as Karoo. Cross the Outeniqua Pass along a highway that was painstakingly blasted out of nearly impenetrable bedrock and wind along marvelous, sweeping curves that offer panoramic views in all directions. You'll learn the history of the pass, which was named after the indigenous people that once lived here, then arrive in the town of Oudtshoorn, set in an oasis-like location within a fertile valley. Behold the town's elaborate architecture, which reflects the opulence engendered by the ostrich-feather boom of 1860-1914, when Oudtshoorn supplied exotic feathers to adorn the clothing of ladies throughout Europe. You'll enjoy a brief stop for refreshments before making your way back to Mossel Bay through glorious Robynson Pass.

- Travel the picturesque Garden Route along beaches, ancient forests and rugged peaks.
- Observe the changing landscape as you venture inland to a dry, semi-desert terrain known as Karoo.
- Marvel at a highway blasted from solid bedrock to provide access through dramatic Outeniqua Pass.
- Hear the engrossing history of the pass and its earliest inhabitants.
- Appreciate the ornate architecture of Oudtshoorn, once the premier supplier of ostrich feathers for European high fashion.
- Savor a delightful refreshment before returning to Mossel Bay via spectacular Robynson Pass.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring binoculars.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic in nature with limited walking at the stops. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## ❖ CAPE TOWN, SOUTH AFRICA

### CPT-019 CAPE PENINSULA TOUR

**Duration:** 8.50 Hrs **Tour Price:** \$139.00

**Retail Price:** \$289.00



**Date:** May 05, 2023 10:00 AM

Familiarize yourself with the gorgeous biodiversity of the Cape Peninsula, which contains a UNESCO World Heritage natural site, on this entrancing tour. Start with a lovely drive through Cape Town's seaside suburbs to Camps Bay, nestled beneath the impressive peaks of the Twelve Apostles. Continue along the Atlantic seaboard toward Hout Bay, a small fishing village, then pass Chapman's Peak and the coastal suburb of Scarborough en route to the Cape of Good Hope Nature Reserve, part of the Cape Floral Region Protected Areas, a UNESCO World Heritage site. You'll ride a funicular to the top of Cape Point for incredible views of dramatic sea cliffs and nearly 20,000 pristine acres teeming with indigenous flora and fauna. After lunch at a nearby restaurant, you'll pause at an African penguin colony, glimpse the colorful fishing harbor of Kalk Bay and enjoy sublime vistas of Muizenberg and False Bay from Boyes Drive. Glory in the Kirstenbosch National Botanical Garden, 1,384 acres spread on the eastern slopes of Table Mountain that are part of the UNESCO site. You'll stroll among thousands of species of local plants before ending your remarkable outing with a pleasant drive past some of Cape Town's most alluring landmarks.

- Cross the handsome waterfront suburbs of Cape Town as you make your way to the Cape of Good Hope.
- Admire a panorama of the city's impressive promontories, including the Twelve Apostles, Chapman's Peak and Table Mountain.
- Climb Cape Point via funicular for stunning views of the Cape Floral Region Protected Areas, a UNESCO World Heritage site.
- Bask in the vast variety of plant species thriving at the Kirstenbosch National Botanical Garden.
- Discover a fascinating African penguin colony, a vibrant fishing village and highlights of Cape Town.
- Pause for lunch at a specially selected restaurant during your day of discovery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes over 3-hours of walking/standing on paved surfaces, wooden walkways and some uneven ground. Although tour is not suitable for guests with mobility concerns, it is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the transportation and have an able-bodied companion to assist them. The road along Chapman's Peak Drive is extremely steep, narrow and winding. Should Chapman's Peak be closed, the tour will travel via Constantia Nek and Ou Kaapse Weg. Tour is not recommended for guests with a fear of heights or who suffer from vertigo.

### CPT-022 WINELAND TOUR

**Duration:** 7.50 Hrs **Tour Price:** \$139.00

**Retail Price:** \$289.00



**Date:** May 05, 2023 10:00 AM

Soak up the beauty and flavors of South Africa during this revealing tour of the fertile Cape Winelands region. Relax during a pretty drive to Paarl, a town known as the Pearl of the Berg River Valley for its romantic ambiance, which permeates streets shaded by oak trees and jacarandas. After visiting the unique Taal Monument, erected in honor of the Afrikaans language, you'll stop at a wine estate for a guided cellar tour and a taste of the local wines. Travel to the village of Franschoek, whose rich culture, historical heritage and viticultural traditions date back to 1688, when some 200 French Huguenots were apportioned land in the district, and time permitting see the elegant Huguenot Monument. Treasure a tranquil picnic or buffet lunch under the majestic oak trees of a leading wine estate before continuing to Stellenbosch, South Africa's second-oldest town and home to age-old oak trees, some of which have been declared National Monuments. Appreciate an orientation tour of the storied town, which is famed for its characteristic Afrikaner Cape Dutch architecture, a compelling reminder of the profound European influence on this distant corner of the globe.

- Contemplate the town of Paarl's sinuous Taal Monument, which commemorates the Afrikaans language.
- Enjoy a visit to the cellars of a wine estate and sample some regional vintages.
- Journey to Franschoek, a fetching village founded in 1688 by French Huguenots.
- Relish a flavorful picnic or buffet lunch at a wine estate.
- See South Africa's second-oldest town, exquisite Stellenbosch, which boasts elegant Cape Dutch architecture.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of walking/standing, some on uneven ground and steps. Tour is not available for wheel chair guests and not recommended for those with mobility concerns.

### CPT-026 ROBBEN ISLAND

**Duration:** 4.25 Hrs **Tour Price:** \$0.00

**Retail Price:** \$179.00



**Date:** May 05, 2023 10:00 AM, 12:00 PM

Ponder the struggle against apartheid at Robben Island, a UNESCO World Heritage site best known as the prison where Nelson Mandela was incarcerated. You'll learn that for over four centuries, Robben Island was a place of punishment for exiles and criminals as well as a place of confinement for lepers, lunatics and the sick, and from 1960 was used by the apartheid regime to isolate political prisoners such as Mandela. Discover that the last of the political inmates was released in 1991 and the site subsequently opened to the public as the Robben Island Museum, with many of the former political prisoners becoming guides. After a pleasant ferry ride with Cape Town and Table Mountain as your backdrop, arrive at Robben Island and board a bus for a 45-minute orientation drive, seeing the old leper colony, a Muslim shrine and a shipwreck before visiting the limestone quarry where political inmates performed backbreaking labor. Embark on an approximately 45-minute walking tour through the maximum-security block and cherish an opportunity to look into Mandela's compact former cell. As you return to the mainland by ferry, let your thoughts linger on this stirring and uplifting sojourn.

- Explore infamous Robben Island, once the prison that held Nelson Mandela and today a UNESCO World Heritage site.
- Tour the island by coach, passing a shipwreck, a Muslim shrine and a former leper colony.
- Gaze at a limestone quarry where political prisoners, including Mandela, arduously toiled.
- Roam the maximum-security block and peer into the tiny cell where Mandela spent most of his time.
- Take in splendid vistas of Cape Town and Table Mountain during the ferry crossings to and from the island.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Bring a hat, windbreaker, sunglasses and sunscreen.

This tour includes a substantial amount of walking, at times over uneven terrain, grass and sand, and there are many steps to negotiate. Tour is not available for wheel chair guests and not recommended for those with mobility concerns. The ferry ride is approximately 30 minutes in each direction and is strictly weather dependent. As the local government provides the guide and vehicles on the island, all tours are shared experiences. They also can change allocation of ferries without prior notice and some of the vessels can take 45-60 minutes to reach Robben Island.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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## CPT-020 GOURMET EXPERIENCE

Duration: 7.50 Hrs Tour Price: \$199.00

Retail Price: \$349.00



Date: May 05, 2023 10:15 AM

Indulge in the wines and foods of the Cape Winelands on this visit to three estates, including a gourmet lunch as well as wine, olive oil and cheese tastings. You'll drive to Somerset West, a town lying in the lush valley beneath the Hottentots Holland Mountains, and reach the Vergelegen Estate, which dates back over 300 years and is recognized as one of South Africa's leading wine producers. After a tasting of the estate's excellent vintages, take a brief stroll through the octagonal garden and historic manor house. Journey to the next Wine Estate, where you'll tour the cellar and then sample their wine and extra virgin olive oil. In glorious Stellenbosch, South Africa's second-oldest town and home to age-old oak trees, you'll settle into an outstanding restaurant for a gourmet lunch accompanied by fine vintages from the adjoining winery. Continuing to the day's final estate, feast on award-winning, hand-made Forest Hill cheeses, which you'll try along with their exceptional wines, a marvelous finale to this oenophile's dream tour.

- Journey to the Cape Winelands, a land of flourishing vineyards and superb wine estates.
- Tour the grounds and taste the wines of the venerable Vergelegen Estate, which is among the country's top wineries.
- Enjoy prestigious extra virgin olive oil, wonderful wines at another leading Estate.
- Sit for a lunch of gourmet specialties paired with a selection of vintages at a restaurant adjoining a winery.
- Discover a third estate and savor award-winning Forest Hill cheeses along with delectable wines.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of walking/standing, and some steps to negotiate. Tour is not available for wheel chair guests and not recommended for those with mobility concerns.

## CPT-023 HIGH TEA AT MOUNT NELSON

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: May 05, 2023 12:00 PM, 03:00 PM

Applaud a precious South African tradition performed in style during a visit to the sumptuous, Mount Nelson Hotel. You'll journey to the exclusive Belmond Mount Nelson, a beloved Cape Town landmark now over a century old. Find the hotel in the very heart of Old Cape Town, amid nine acres of luxuriant, park-like gardens on a historic site at the foot of Table Mountain. You'll learn the property opened its doors on March 6, 1899, and was the brainchild of shipping magnate Sir Donald Currie, who envisioned a counterpart to the finest hotels in London, then the world's capital of upscale hostelry. Discover he was soon gratified with reviews that heaped praise on his enterprise, which surpassed all expectations and even exceeded comparisons with its British rivals. After settling into the hotel's salon or conservatory, you'll be treated to a tantalizing array of delicate sandwiches and savories, tempting cakes, pastries and scones, all accompanied by a variety of teas and coffees. As a relaxing finish to your tour, you'll return to the ship through some of Cape Town's most picturesque neighborhoods while skirting the Atlantic coastline of this dazzling city.

- Experience the 5-star elegance of the Belmond Mount Nelson Hotel, which is surrounded by lush gardens.
- Hear of the hotel's late-19th-century origins, when Sir Donald Currie dreamed of lodgings to match London's best.
- Revel in the immaculately decorated salon or conservatory, where you'll take high tea.
- Partake in dainty sandwiches, savories, cakes, pastries and scones along with your choice of teas and coffees.
- Wind through Cape Town's appealing seaside neighborhoods on your return by coach.
- Wear smart casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

Tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the transportation and have an able-bodied companion to assist them. This tour must be pre-requested at least one week prior to the sailing date. Once requested, this tour is non-refundable.

## CPT-016 WEST COAST OSTRICH & DURBANVILLE HILLS

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: May 05, 2023 12:30 PM

Delight in avian wildlife at the Cape Town Ostrich Ranch and sample the excellent wines of the Durbanville wine region on this engaging tour. Settle in for a scenic drive north along the coast toward Bloubergstrand, where you'll stop for photos of the breathtaking views across Table Bay to Cape Town and Table Mountain. Continue to the Cape Town Ostrich Ranch and embark on a guided tour that introduces you to the habits, breeding and characteristics of this unique bird. You'll see West Coast white ostriches, dwarf ostriches, black-neck ostriches, emus, rheas, peacocks, ostrich chicks, the incubator, a cactus garden and the leather factory, all amid spectacular vistas of Table Mountain and the surrounding countryside. As a charming highlight, applaud an opportunity to be photographed alongside the ostriches with Table Mountain in the background. Proceed to the slopes of the Tygerberg hills in the Durbanville wine region, which benefits from cool ocean breezes and misty nights, and find one of the region's renowned wine estates. Join a guided tour of the cellar, after which you'll be invited to participate in a tasting of varietals produced and bottled on the estate, a satisfying cap to your winning excursion.

- Capture terrific photos of Cape Town and magnificent Table Mountain from the suburb of Bloubergstrand.
- Get up close to the intriguing winged denizens of the Cape Town Ostrich Ranch during a guided tour.
- Behold a variety of members of the ostrich family, ranging from dwarf ostriches to rheas and emus.
- Request to be photographed among the docile ostriches with Table Mountain as a backdrop, if you wish.
- Travel to the Durbanville wine region, where mist and ocean breezes contribute to its first-rate vineyards.
- Taste a selection of regional wines and tour the cellars at a Durbanville wine estate.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves significant walking over paved, uneven and sandy surfaces, with steps to negotiate. Tour is not available for wheel chair guests and not recommended for those with mobility concerns.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



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## CPT-GL2 CAPE TOWN THROUGH THE EYES OF A LOCAL WINE FARM

Duration: 5.00 Hrs Tour Price: \$0.00



GL



Date: May 05, 2023 12:30 PM

Take an enlightening behind-the-scenes tour of an esteemed winery and then hike the surrounding property, which has been left undeveloped to maintain the natural flora and fauna. A local from Waterford Estate will show how the winery produces its extraordinary products in South Africa's famed Stellenbosch wine region. To enhance the experience, you will enjoy a glass of sparkling wine known as MCC. A leisurely walk of approximately one mile on the estate's Porcupine Trail follows, during which you will explore the terroir, gain a more in-depth understanding of the winery operation and look for indigenous wildlife. Otters, foxes and porcupines are but a few of the animals that live in the native fynbos scrubland. In time, you will return to the estate for a wine tasting paired with select local chocolates. Few wine tours are quite so educational, invigorating and satisfying to the palate.

- Take an insider's tour of Waterford Estate winery in the famed Stellenbosch wine region.
- Enjoy a glass of MCC sparkling wine as a local elaborates on the wine-making process.
- Hike a one-mile trail through the vineyards and native scrubland, looking for wildlife.
- Savor a sampling of wines from the estate thoughtfully paired with local chocolates.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 3 hours of walking/standing. Guests will need to manage even, tarred, uneven and gravel surfaces along with 10 steps throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.

## CPT-014 CAPE TOWN AND TABLE MOUNTAIN

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$175.00



Date: May 05, 2023 12:45 PM

Embrace the beauty of Cape Town during this scenic trip up Table Mountain, the city's most celebrated landmark. Drive up Kloof Nek Road to the Lower Cableway Station, where you'll board a Swiss-engineered cable car and ascend from the 1,190-foot Valley Station to the 3,477-foot Mountain Station. During the approximately four-minute journey, rejoice in sweeping views as the floor of the car rotates 360 degrees. You'll learn that Table Mountain, named after its flat-topped central massif, is flanked by Devil's Peak and Lion's Head with Signal Hill in the foreground. Notice these outcroppings form a sort of amphitheater that encloses the city center and then joins a chain of mountains that runs like a spine through the Cape Peninsula from Table Mountain to Cape Point, from which Cape Town derives its name. You'll discover the protected landscape extending to Cape Point is a UNESCO World Heritage site and home to one of the highest concentrations of endemic flora and fauna in any area of its size, with an impressive 2,285 plant varieties, more than those of the entire United Kingdom combined. Upon your descent, conclude your invigorating visit with a panoramic orientation tour of utterly captivating Cape Town.

- Travel to the top of Table Mountain, Cape Town's immensely photogenic mesa.
- Marvel at the Swiss-engineered cable cars that provide access to the mountain's summit.
- Absorb awe-inspiring vistas that stretch from the waterfront neighborhoods of Cape Town to the tip of Cape Point.
- Delight in views of a UNESCO World Heritage natural site that boasts nearly 2,300 plant species.
- Survey highlights of Cape Town from the comfort of your coach during an orientation tour.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves a substantial amount of walking/standing. Although Table Mountain is wheelchair friendly, the touring vehicle is not. Tour is not available for wheelchair guests and not recommended for those with mobility concerns, or with a fear of heights. Due to the popularity of the site, there may be some congestion. The visit to Table Mountain is weather permitting; should the cableway be closed, Signal Hill or the South African Museum will be visited as an alternative.

## CPT-GL1 CAPE TOWN LANGA TOWNSHIP

Duration: 4.50 Hrs Tour Price: \$0.00



GL



Date: May 05, 2023 12:45 PM

Walk through the streets of Langa Township with a local guide that will introduce you to residents going about their daily business. Established in 1923, Langa is among the oldest suburbs of Cape Town and was originally designated for black Africans before apartheid. As you meander along, the guide will point out significant places in the community and describe how they have changed since the end of apartheid. For instance, while passing a school, you might discuss how education has improved. You will notice that the affluent and poor live in harmony side by side. Once you stop in a home or two and meet the residents, you will gain an even deeper understanding of the lifestyle. To see how business has progressed in the last few decades, you will explore Langa's thriving commercial area and watch traditional gumboot dancing at Happy Feet, an organization that positively influences children's lives.

- Walk through the thriving town of Langa and see how it changed once apartheid ended.
- Discuss daily life with residents in their homes.
- Meet members of Happy Feet and hear how they positively influence Langa's children.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 2 hours and 45 minutes of walking/standing. Guests will need to manage even and tarred surfaces along with 20 steps throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## CPT-015 STELLENBOSCH AND WINE TASTING

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: May 05, 2023 01:00 PM

Uncover the enthralling history, architecture and flavors of the town of Stellenbosch and its surrounding valley during an introductory tour with free time to explore followed by a wine tasting. Relax during a leisurely drive to the Stellenbosch Valley, a broad, fertile dale on the Eerste River named after its founder, Governor Simon van der Stel, who discovered it in 1680. You'll learn that today Stellenbosch is a major university town characterized by typical Afrikaner Cape Dutch architecture and streets lined with ancient oak trees, some of which have been declared National Monuments. Enjoy an orientation drive through Stellenbosch followed by approximately one hour at your leisure to explore the town independently and browse a wide selection of curio shops. You might visit the Stellenbosch Museum, which is comprised of four restored houses depicting different eras, the 1709 Schreuder House, the 1788 Bletterman House, the early-19th-century Grosvenor House and the 1850 O.M. Bergh House. Continue to one of the area's acclaimed wine estates, where you'll learn about the well-honed skills employed in the cellar and be invited to participate in a tasting. Raise your glass to the superb Stellenbosch Valley, a bountiful paradise steeped in South Africa's Dutch history.

- Travel to the verdant Stellenbosch Valley, a bucolic land of traditional Cape Dutch architecture and expansive vineyards.
- Soak up the charm of the town of Stellenbosch during an orientation drive through the historic center.
- Wonder at the town's centuries-old oak trees, some protected as National Monuments.
- Revel in time on your own to shop or tour the restored 18th- and 19th-century homes of the Stellenbosch Museum.
- Sample the region's vintages at one of the valley's esteemed wineries.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of walking/standing, some on uneven gravel surfaces, and steps to negotiate. Amount of walking and level of exertion during free time is at guests' discretion. Tour is not available for wheel chair guests and not recommended for those with mobility concerns.

## CPT-008 SUNDOWNERS ON SIGNAL HILL

Duration: 2.00 Hrs Tour Price: \$0.00

Retail Price: \$179.00



Date: May 05, 2023 06:00 PM

Experience breathtaking vistas and photo opportunities over Cape Town during this brief yet memorable sunset visit to Signal Hill. Begin with a drive along historic Kloof Neck Road toward Signal Hill, a flat-topped promontory that rises from the heart of Cape Town near imposing Table Mountain and the distinctive Lion's Head rock outcropping. You'll learn the picturesque hill is renowned for its noon gun and offers a spectacular perspective of Cape Town and the surrounding area, especially at first light and as the sun dips into the Atlantic Ocean. Upon arriving at a perfectly placed vantage point on the summit, take in magnificent sunset views over Table Bay and Cape Town, and relish a selection of canapés and a glass of sparkling wine, an ideal complement to the marvelous setting. Back on your coach, you'll drive past the appealing shoreside neighborhoods of Camps Bay, Clifton, Bantry Bay, Sea Point and Green Point, a lovely glimpse into the way of life in fascinating Cape Town.

- Ascend Signal Hill for an enchanting panorama of Cape Town as the sun sets.
- Gaze in awe at the city's dramatic rock formations, including Lion's Head and emblematic Table Mountain.
- Sip a glass of sparkling wine and try a variety of canapés just as the city's lights start to come on.
- Wind through Cape Town's attractive coastal communities while returning to the ship by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Wear a windbreaker.

Although Signal Hill is wheelchair friendly, the touring vehicle is not. Tour is not available for wheel chair guests and not recommended for those with mobility concerns. Tour is dependent upon weather conditions.

## CPT-029 PANORAMIC CAPE TOWN BY NIGHT

Duration: 1.50 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: May 05, 2023 07:00 PM

Celebrate the nighttime allure of vibrant and cosmopolitan Cape Town on this panoramic tour with a scenic stop. You'll step aboard your coach and drive by the Cape Town FIFA World Cup Stadium as you travel toward Sea Point, whose lively seafront promenade, popular with joggers and strollers alike, stretches to Mouille Point. Continue to Clifton, a chic area that is a haven for international jet-setters, who are lured by the white-sand beaches and glistening ocean. You'll learn Clifton's beaches have achieved the coveted blue flag status for meeting the highest standards of cleanliness along with being deemed environmentally sound and adhering to international safety and tourist standards. Appreciate a photo stop at picturesque Maiden's Cove, which offers views of the sparkling Atlantic, the Lion's Head promontory, Table Mountain and its cable car station. Rejoin your coach and wind along a hillside road to historic Kloof Nek Road, which will lead you to the bustling center of Cape Town, a magnetic city that will be forever etched in your memory.

- Gain a new perspective on geographically blessed Cape Town during this nighttime coach tour.
- View a beloved seaside promenade that rims the Sea Point neighborhood.
- Look for fashionable jet-setters meandering beside the white sands of Clifton's beaches.
- Pause for dramatic night photos at Maiden's Cove, which is surrounded by the city's soaring mountains.
- Absorb the after-hours atmosphere of Cape Town's lively city center.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a light jacket or sweater.

Walking on this tour is mainly at the guest's discretion during the stop at Maiden's Cove. Tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the transportation and have an able-bodied companion to assist them.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included

GL Go Local Tour



Accessible Tour

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## **General Information**

### **What is Included?**

#### **Transportation:**

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

#### **Meals and Refreshments:**

Included when indicated in the tour description.

#### **Guides:**

Licensed, English-speaking, local guides accompany all tours, where available.

#### **Entrance Fees:**

Tours include all required admission fees, where applicable.

### **What Should I Wear?**

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

### **Cancellations and refunds**

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

### **Prices, Itineraries and General Information**

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

### **Please Note**

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

**IMPORTANT INFORMATION**

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

**NOTICE:**

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