



Experts at Land and Sea



ADVENTURE
CANADA

 SMALL-SHIP EXPEDITION

Scotland Slowly

JUNE 14-24, 2023

Ten Things Worth Writing Home About from Scotland Slowly

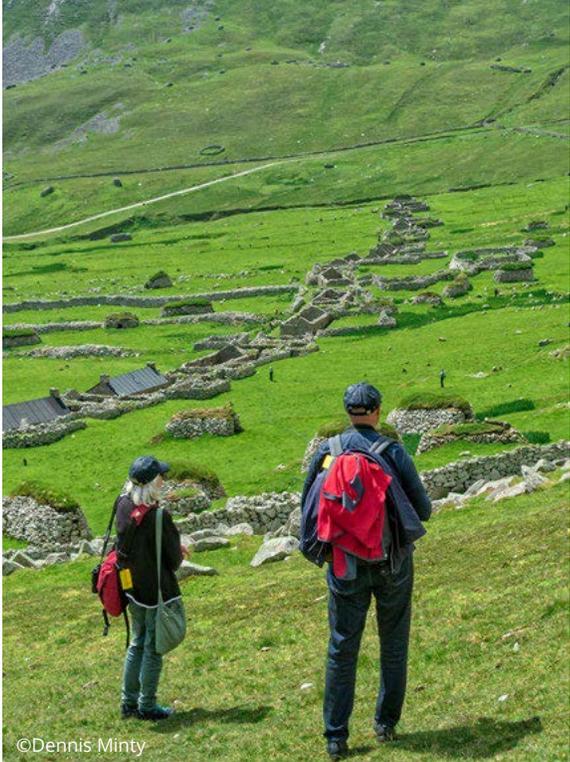
Captivating history, vibrant culture, rich wildlife, and enchanting isles—especially those unreachable except by small ship—are what knock our socks off in Scotland. Read more about our ten picks for the top experiences of this trip of a lifetime.



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1 Travel back through the centuries to the ancient, unspoiled Orkneys

Though just offshore of the Scottish mainland, the Orkneys are a world apart. This gaggle of green isles, sandstone cliffs, stormy beaches, and ancient villages is an outpost of Viking heritage. Its main town, Kirkwall, is dominated by the monumental St. Magnus Cathedral, dating from 1137. Be sure to check out the Hall of Clestrain, childhood home of Arctic explorer John Rae. The Heart of Neolithic Orkney, a UNESCO World Heritage Site, is home to the eerie Stonehenge-like standing stones of the 4,000-year-old Ring of Brodgar.



2

Fly free at haunting, historic St. Kilda—not just for the birds

St. Kilda, the westernmost Scottish archipelago, was inhabited for millennia until being depopulated in 1930. Today, it is a UNESCO World Heritage Site, protecting fascinating ruins as well as natural history features. Seabirds thrive on its biggest island, Hirta, where colonies throng with hundreds of thousands of gannets, puffins, and fulmars. (Also note the feral sheep left by the departing islanders!) Zodiac cruises of the jutting sea stacks and towering oceanfront cliffs—the highest in the UK—offer dramatic views and are a trip highlight.



3

Drop anchor at faraway Fair Isle, a haven for history buffs and birders

The most remote inhabited island in the United Kingdom, mystic Fair Isle lies amid rich fishing grounds halfway from the Orkneys to the Shetlands. This former Viking hub belonged to Norway until the fifteenth century. Now it's an idyllic colony of roughly sixty-five shepherds and craftspeople, the latter of whom are famous for their knitted wool sweaters. Visit the local museum, dedicated to preserving island heritage. Fair Isle is also celebrated for its birds: some 350 species flocks here, including fulmars, kittiwakes, skuas (locally called "bonxies"), and the sweetest wee puffins you'll ever see.



4

Make a pilgrimage to Iona

The breathtaking isle of Iona, where St. Columba established his monastery, is the burial place of kings. The restored abbey preserves a splendid collection of sculptures and two outstanding crosses dating as far back as the eighth century, while the graveyard invites quiet contemplation. The stunning turquoise beach, more reminiscent of the Caribbean than of Scotland's reputation for drizzle, has to be seen to be believed.



5 Embrace your inner adventurer among the wild Outer Hebrides

The Outer Hebrides are a fantastic collection of over one hundred islands scattered off Scotland's west coast. Here you can find the oldest evidence of human habitation in the country, showing both Pictish and Norse influences. Among today's hearty inhabitants, Gaelic is the predominant language. Make the most of the conditions with a Zodiac cruise or a hike to explore one of the more than fifty uninhabited islands in the region, searching out the rich cultural history as well as the outstanding flora and fauna.

6 Go down in history on the Isle of Lewis

Lewis is the largest of the Hebridean islands and a Gaelic cultural stronghold. Climb to Stornoway's Victorian-era castle to find the Lewis chessmen: intricate walrus ivory chess pieces dating from the twelfth century. Stop in at the thatch roofed Blackhouse Village for its quaint museum. Marvel at one of Britain's key Stone Age sites, the Callanish standing stones, said to be giants punished by St. Kieran for refusing to convert to Christianity. And for the shoppers, be sure to pick up some of the island's famous Harris Tweed.



7 Climb high in the Skye

The largest and most mountainous of the Inner Hebrides, Skye is stunning fun for hikers, photographers, and birders alike. Cruise its ragged shores to visit Loch Coruisk, home to some of the finest peaks in Britain, the Cuillin Mountains. Whether you're aiming for altitude, birdwatching, or being regaled by enchanting Scottish tales, be sure to monitor the misty heather hills for red deer and scan the coast to spot frolicking seals, dolphins, and minke whales.



8 Raise a toast to Islay, Queen of the Hebrides

Idyllic Islay is the southernmost of the Inner Hebrides islands. It's renowned for mist-capped hills, smoky malt whisky, and diverse birds (at least 100 species, from Slavonian grebes to corncrakes to curlew sandpipers). Traipse the flower-fringed paths of Loch Gruinart Nature Reserve, a habitat for barnacle goose, hen harriers, and otter. Tour the sites of Loch Finlaggan, the historic seat of Scottish nobility. If you're a Scotch lover (and who isn't?), a distillery tour here is a must.



9 Hear your heart sing out at Staffa's harmonious hollows

The Isle of Staffa is famed for swooping puffins, towering basaltic columns, and sea caves—the best-known being Fingal's Cave. Geologically and mythologically connected to the Giant's Causeway in Ireland, it's known as the "melodious cave" in Gaelic. Indeed, this special place inspired a generation of artists, including Felix Mendelssohn who composed his overture *The Hebrides* based on the sounds created by the waves of this powerful seascape. On a Zodiac cruise, it will likely inspire any and all musicians onboard to test out its sonorous qualities, too.

10 Set sail for the Shetlands

Welcome to the wild, subarctic Shetland archipelago! At Papa Stour, cruise the rugged coastline by Zodiac, exploring cliffs, caves, sea stacks, and blowholes where marine life flourish. On Foula, Shetland ponies outnumber the few dozen residents. Receive a hearty greeting from them, learn about their traditional life ways, and have a chance to buy local arts and crafts. Meanwhile, keep your eyes open for birds, including Arctic terns and red-throated divers.



Your Adventure Canada Experience

Immerse yourself in the wonders of nature and culture. Travel alongside scientists, historians, naturalists, cultural educators, and artists, who share their passion and experience with you.

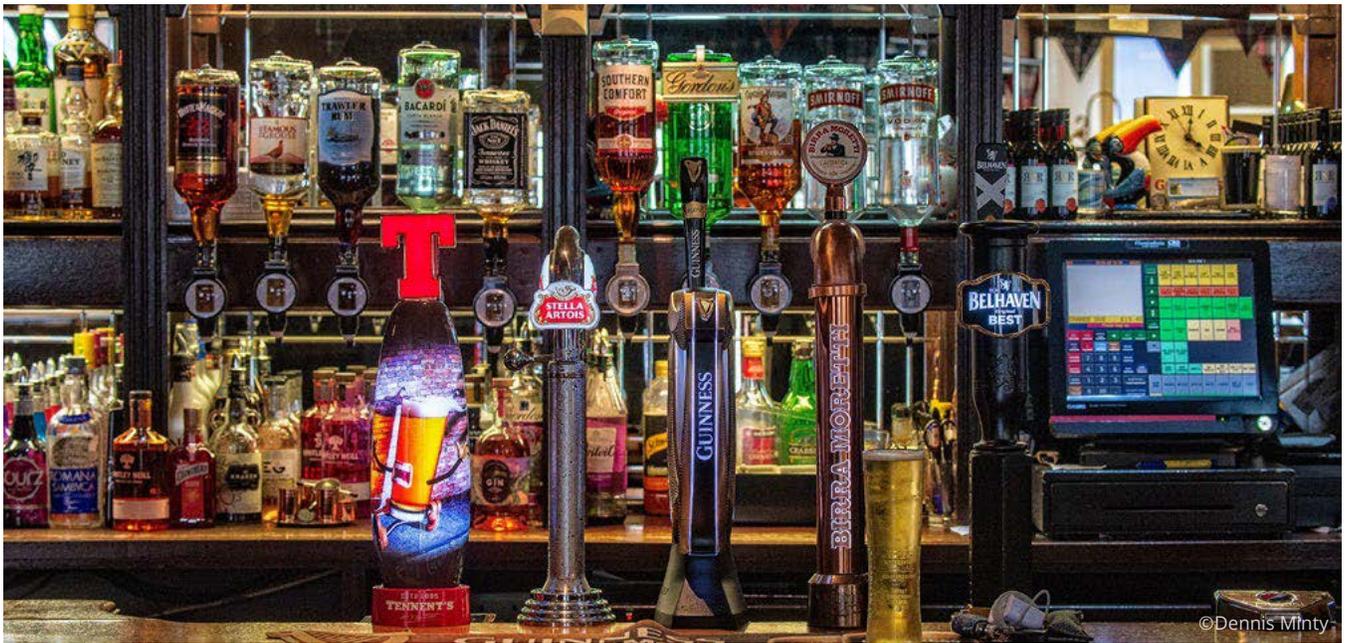
Adventure Canada's expeditions are more than phenomenal expeditions of a lifetime; they are lifelong learning journeys for the heart and mind. Your expedition is an immersive cultural experience both on and off the ship.

Our shipboard program is educational and fun. You can join daily presentations, debates, and workshops that provide perspective and understanding. Our expedition team—experts

OUR EXPEDITION TEAM—EXPERTS IN THEIR FIELDS—ARE APPROACHABLE, AVAILABLE ON DECK AND AT MEALS, AND ALWAYS ON SHORE DURING EXCURSIONS

in their fields—are approachable, available on deck and at meals, and always on shore during excursions. Our unique mix of entertainment and camaraderie is integral to our evening concerts, daily gatherings, and learning opportunities.

Each day, your onboard and onshore programming is thoughtfully planned to make the most of the local environment. Hiking, wildlife viewing, historic sites, community visits, and Zodiac cruising are regular activities. You can spot wildlife from the deck, take a polar plunge, relax in the hot tub, take care of yourself at a stretch class, or unwind with a great book from our onboard library. You choose the activities that are best suited to your abilities and interests.



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Learn from the locals

Adventure Canada has a myriad of connections in the regions we visit; nothing beats being welcomed as an honoured guest. Esteemed local guides connect you to destinations, people, and culture—personally!

Safety first. Experience, foremost

You're in good hands: our expedition team members are experienced, knowledgeable, and attentive. They'll ensure your comfort and safety—then enlighten, inspire, and entertain you!

Our expedition team is at the heart of our programming—and there's something for everyone! Join us at presentations, workshops, discussion panels, Q & A sessions, and more.



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©A. Gallant



©K. Bogner



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Enriching Expeditions in Spectacular Locations



Your personal voyage of discovery

Explore and learn about new lands and peoples as you experience the rich cultures and fascinating landscapes we sail to. Take the road less travelled and enrich your perspective during visits to communities, natural habitats, and historic sites that can be otherwise difficult to reach.

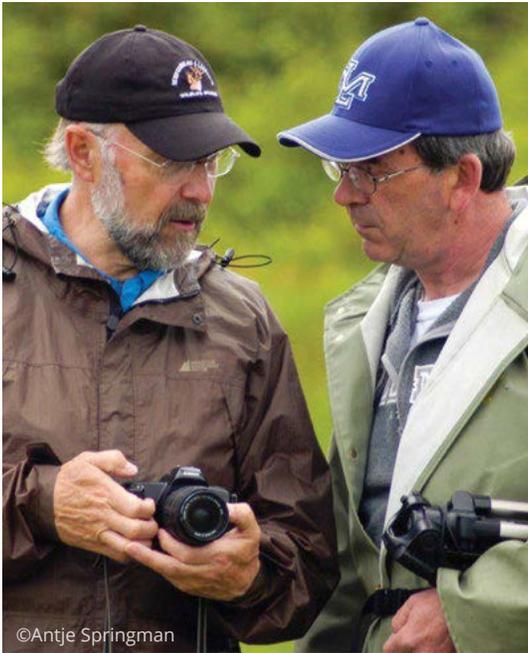
Our expeditions are designed to be flexible and allow us to make the best of Mother Nature's conditions. We often make landfall at new places and are able to share new discoveries and local knowledge with you. Your voyage will be marked with thoughtful discussions, expert interpretation, and the spirit of discovery.



Get off the ship, get into a Zodiac!

Search for marine mammals, visit an outpost community, wander remote coastlines. Simply enjoy the freedom of being out on the water daily! Our goal is to get you off the ship as often as possible.

Zodiacs free us from the dependency on ports, piers, and other built infrastructure. These safe, stable, versatile boats take you where the action is.



Learn from passionate experts

Why would an esteemed Canada Research Chair, for example, travel with us on a working vacation? It's simple: they can't resist the opportunity to engage, excite, educate, and enlighten you! Make the most of every learning opportunity, aboard and ashore, in geology, botany, marine biology, archaeology, photography, cultural history, and more!

Our hand-picked experts are as excited as you are to be on board. Join them on deck searching for wildlife, share daily meals for personal in-depth conversations, participate in workshops, attend presentations, and learn on the land. The Adventure Canada team has a deep love for discovery, learning, exploration, and growth, and is at your service.



Experience local culture and traditions

From Arctic communities to wild, uninhabited European coastlines, to the outports of Newfoundland and Labrador, we embrace local music, dance, food, language, and traditions, everywhere we go!

Expedition travel isn't just about what you see, or where you go. It's who you meet and get to know.



Wildlife encounters

Daily excursions with expert guides put you where you are most likely to see wildlife such as whales and seabirds. Whether viewing on deck, in the Zodiac, or learning during our presentation series, you'll come away with an appreciation for the fine creatures that inhabit our world. Our best practices ensure the safety and integrity of the wildlife we have the privilege to view.

Scotland Slowly

June 4–14, 2023

Starts: Aberdeen, Scotland

From **\$6,395** to **\$15,995** USD

Ends: Glasgow, Scotland

per person (*details p.20*)

Aboard the *Ocean Endeavour*

Solo cabins based on availability



Itinerary Map

Day 1: Aberdeen, Scotland

Day 2: Fair Isle

Day 3: Papa Stour and Foula

Day 4: Kirkwall, Orkney

Day 5: Stornoway, Lewis

Day 6: St. Kilda

Day 7: Outer Hebrides

Day 8: Skye

Day 9: Iona and Staffa

Day 10: Islay

Day 11: Greenock/Glasgow, Scotland

Highlights

- Appreciate Scotland's picturesque shorelines and fascinating maritime heritage
- Wander among monuments at the heart of the Neolithic Orkney UNESCO World Heritage Site
- Marvel at the largest collection of prehistoric megaliths in western Europe
- Experience island life on Foula in the Shetlands
- View the largest seabird colony in the United Kingdom at the cliffs of St. Kilda
- Purchase world-famous Harris Tweed, hand woven from pure virgin wool dyed and spun in the Outer Hebrides



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Itinerary

DAY 1: ABERDEEN, SCOTLAND

Many of Aberdeen's historic stone buildings are made of locally quarried granite; high in mica, they can sparkle like silver. The city is famed for its forty-five parks, gardens, and floral displays.

In recent years, Aberdeen has become the gateway to the North Sea oil industry, but the city retains its old world charm and is a wonderful place for a walkabout. Here we board the *Ocean Endeavour*.

DAY 2: FAIR ISLE

Once a Viking hub, Fair Isle is now an idyllic island colony of artists and shepherds. The island boasts 350 bird species, including puffins and great skuas in substantial numbers. The local museum is dedicated to preserving island heritage.

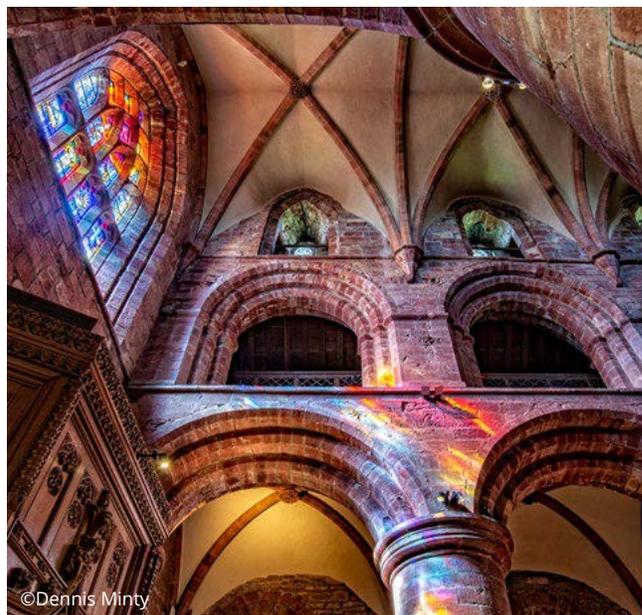
DAY 3: PAPA STOUR AND FOULA

Marine and bird life flourish at Papa Stour among cliffs, caves, sea stacks, and blowholes. We will have a morning Zodiac cruise exploring the coastline's rugged beauty!

Twenty-three kilometres west of the Shetland Islands, Foula is the home of just a few dozen folks, many of whom preserve traditional methods of agriculture and subsistence. Arctic terns, red-throated divers, and great skuas may be found here.

DAY 4: KIRKWALL, ORKNEY

Kirkwall is dominated by the massive St. Magnus Cathedral, dating from 1137. We'll visit the Heart of Neolithic Orkney, a UNESCO World Heritage Site, where we'll find the 4,000-year-old Ring of Brodgar. We'll also tour the Hall of Clestrain, childhood home of Arctic explorer John Rae.



©Dennis Minty

DAY 5: STORNOWAY, LEWIS

Lewis is the largest of the Hebridean Islands and a Gaelic stronghold. We'll visit the island's capital, Stornoway, where one can purchase the island's famous tweed. One of Britain's most important Stone Age sites, Callanish's standing stones are said to be giants who were punished by St. Kieran for refusing to convert to Christianity.

DAY 6: ST. KILDA

The archipelago known as St. Kilda was inhabited until 1930. Today, St. Kilda is a UNESCO World Heritage Site, protecting fascinating ruins as well as natural heritage features.

Seabirds thrive on the island of Hirta, which is also home to feral sheep left by the departing islanders. Enormous cliffs offer dramatic ocean views for our hikers!



DAY 7: OUTER HERBRIDES

The Outer Hebrides are a fantastic collection of over 100 islands seventy kilometers off Scotland's west coast. Here we find the oldest evidence of human habitation in Scotland with Pictish, Norse, and Scottish influence. We'll search out the rich marine and bird life of the islands as conditions permit.

DAY 8: SKYE

This is a fabulous day for birders, photographers, and hikers. We will cruise

the southwestern shore of Skye to visit Loch Coruisk, a freshwater loch accessed through Loch Scavaig. Here we find one of the finest mountainscapes in Britain, backed by the Cuillin hills.

DAY 9: IONA AND STAFFA

The Isle of Staffa is famed for basaltic formations and numerous caves, the best known being Fingal's Cave. Originally known in Gaelic as "the melodious cave," it provided the inspiration for Mendelssohn's overture, *The Hebrides*.

We then visit nearby Iona, where St. Columba established his monastery—the burial place of kings. The restored Iona Abbey complex preserves two outstanding crosses dating as far back as the eighth century.

DAY 10: ISLAY

The Queen of the Hebrides, Islay is the southernmost of the Inner Hebrides, known for its fine whisky and as a haven for seabirds.

We will visit Loch Finlaggan historic site, home of the Lords of the Isles and Clan Donald, and visit to the Gruinart Nature Reserve, a habitat for barnacle goose, hen harriers, and corncrakes.

DAY 11: GREENOCK/GLASGOW, SCOTLAND

Greenock has a rich maritime history and was a major shipbuilding and import centre. Here, we'll disembark the *Ocean Endeavour* and depart via coach to Glasgow.

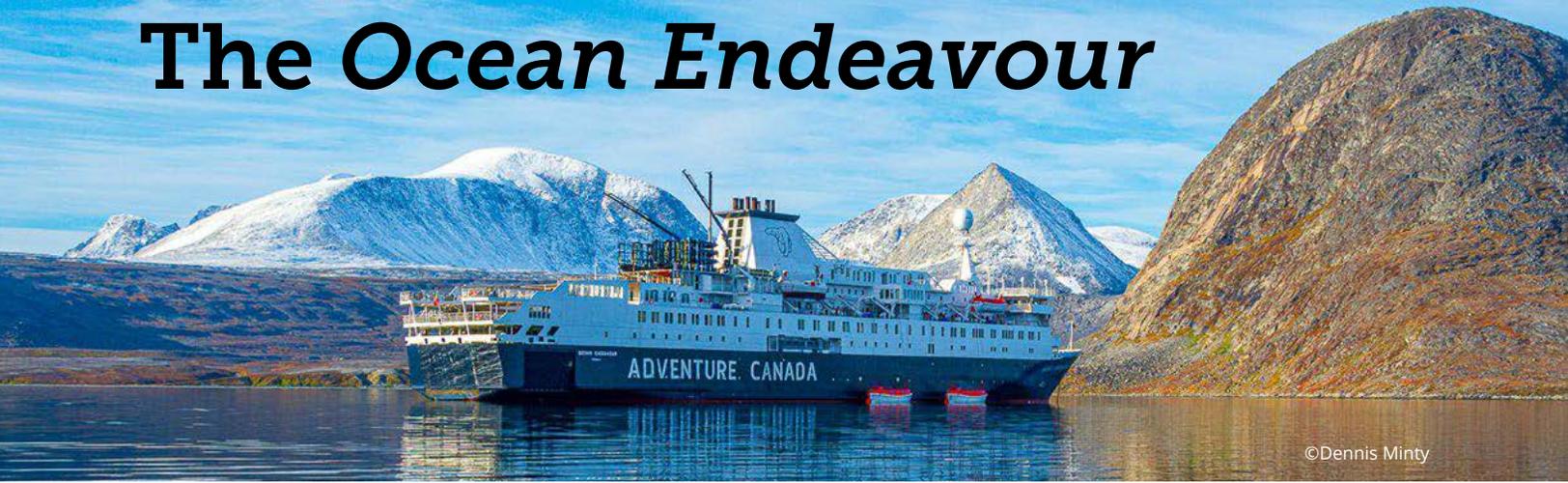


Multi-Trip Promotion

Receive 10% off the berth cost when you book more than one 2023 Ocean Endeavour expedition (excluding Antarctica). Can be combined with the Early Booking Bonus, Free Single Supplement, and League of Adventurers Loyalty Rewards Program. **Call for details.**

SHIP

The *Ocean Endeavour*



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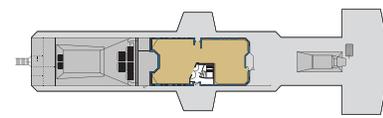
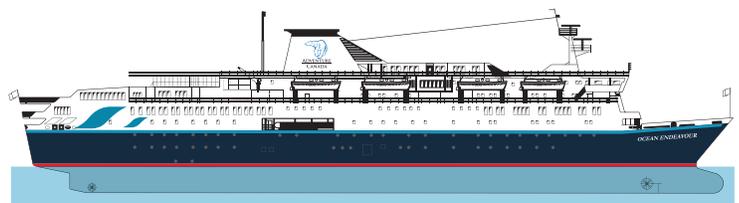
Capacity: 198 passengers

Length: 137 metres (450 ft.)

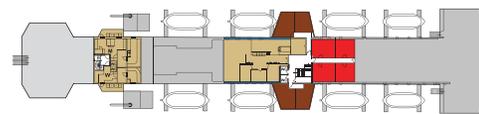
Registry: Bahamas

The *Ocean Endeavour* is the perfect vessel for expedition cruising. Outfitted with twenty Zodiacs, advanced navigation equipment, multiple lounges, and a top deck observation room, she is purpose-built for passenger experiences in remote environments. The *Ocean Endeavour* boasts a 1B ice class, enabling her to explore throughout the polar summers. Launched in 1982, she has had numerous upgrades, most recently in 2016.

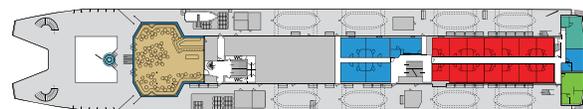
At 137 metres in length, the *Ocean Endeavour* has plenty of interior and exterior space. Ample deck space offers comfortable lounge chairs, a swimming pool, two saunas, and a hot tub. The spacious interior allows for varied workshops and presentations to occur simultaneously. The three lounges aboard the *Ocean Endeavour* are optimal locations for seminars, events, parties, and conversation.



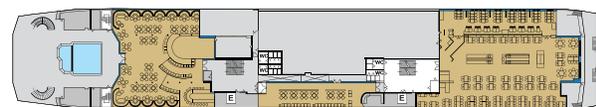
DECK 9



DECK 8



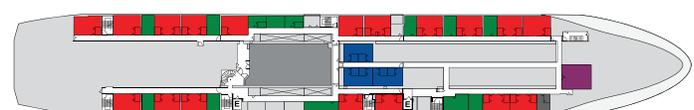
DECK 7



DECK 6



DECK 5



DECK 4



● **CATEGORY 10** SUITE

Deck seven: forward-facing picture windows, unobstructed view; matrimonial bed, private bath with full tub, refrigerator — approx. 310 sq. ft.

● **CATEGORY 9** JUNIOR SUITE

Deck five: picture windows, unobstructed view; matrimonial bed, sitting area — approx. 270 sq. ft. **Deck seven forward:** forward-facing picture windows, unobstructed view; matrimonial bed, sitting area, private bath with full tub, refrigerator — approx. 290 sq. ft.

● **CATEGORY 8** SUPERIOR TWIN

Deck five: two picture windows, unobstructed view; two lower berths, sitting area — approx. 210 sq. ft. **Deck seven forward:** forward-facing picture windows, unobstructed view; matrimonial bed, private bath with full tub — approx. 180 sq. ft. **Deck seven midship:** picture windows, partial obstruction; matrimonial bed, private bath, refrigerator — approx. 190 sq. ft.



● **CATEGORY 7** SELECT TWIN

Deck five: picture windows, unobstructed view; two lower berths, approx. 190 sq. ft. **Deck eight:** oversize windows, partial obstruction; matrimonial bed, private bath, refrigerator — approx. 145 sq. ft.

● **CATEGORY 6** COMFORT TWIN

Deck four: two porthole windows, unobstructed view; two lower berths — approx. 175 sq. ft. **Deck seven:** picture window, partial obstruction; two lower berths — approx. 135 sq. ft. **Deck eight:** picture windows, obstructed view; matrimonial bed, private bath, refrigerator — approx. 160 sq. ft.



● **CATEGORY 5** MAIN TWIN

Deck five: picture window, unobstructed view; two lower berths, private bath — approx. 115 sq. ft.

● **CATEGORY 4** EXTERIOR TWIN

Deck four: porthole window, unobstructed view; two lower berths, private bath — approx. 100 sq. ft. (twin) / 90 sq. ft. (single).

● **CATEGORY 3** INTERIOR TWIN

Deck five: interior cabin, two lower berths, private bath — approx. 125 sq. ft. (twin) / 110 sq. ft. (single).

● **CATEGORY 2** TRIPLE

Deck four: interior cabin, three lower berths, two private baths — approx. 200 sq. ft.

● **CATEGORY 1** QUAD

Deck four: interior cabin, four lower berths, private bath — approx. 240 sq. ft.



Expedition and Charter Flight Prices

ALL PRICES ARE PER PERSON, IN US DOLLARS

EXPEDITIONS	DAYS	CABIN CLASS CATEGORIES										CHARTER FLIGHT
		10	9	8	7	6	5	4	3	2	1	
SCOTLAND SLOWLY J JUNE 14-24, 2023	11	\$15,995	\$14,995	\$13,995	\$12,995	\$11,995	\$10,995	\$9,995	\$8,695	\$7,395	\$6,395	
		No charter flights available.										—

EXPEDITION COSTS INCLUDE:

*Passage aboard the *Ocean Endeavour* *Applicable taxes and credit card fees *Complimentary expedition jacket *Contribution to Adventure Canada's Discovery Fund *Special access permits, entry, and park fees *Expert expedition team *Guided activities *Sightseeing and community visits *All Zodiac excursions *Port fees *Pre-departure materials *Educational program *Nikon Camera Trial Program *Interactive workshops *Evening entertainment *All shipboard meals

EXPEDITION COSTS DO NOT INCLUDE:

*Commercial and charter flights *Program enhancements/optional excursions *Gratuities *Personal expenses *Mandatory medical evacuation insurance *Additional expenses in the event of delays or itinerary changes *Possible fuel surcharges and administrative fees *Pre- and post-trip hotel accommodation



PAYMENTS AND TERMS & CONDITIONS:

DEPOSIT: \$2,000USD pp

FINAL PAYMENT: 120 days prior to departure

CANCELATION FEES SCHEDULE:

- Over 121 days prior to departure: \$500USD pp
- 120 to 91days before departure: 65% of tour cost
- 90 to 00 days before departure: 100% of tour cost

TICO Reg# 4001400/5002 1860

As a registered Ontario company, we are licensed to sell travel packages through the Travel Industry Council of Ontario (TICO). Adventure Canada is required to keep all customer deposits in Client Trust Accounts and may only use the funds once the trip has begun, or to make a deposit to an operator on behalf of the client. Our Client Trust Accounts are subject to audit by a Chartered Professional Accountant (CPA) on an annual basis and are regularly inspected by TICO auditors.



League of Adventurers

LOYALTY REWARDS PROGRAM



Exploring with Adventure Canada just got better with our exclusive loyalty program: The League of Adventurers.

The number of people who keep travelling with us continues to grow and, in response, we want to thank our returning clients by offering special rewards and benefits. As a past traveller you are automatically a valued member of the League and eligible for special rewards.

SAVE 5%

When booking your second to fifth shipboard expedition operated by Adventure Canada

SAVE 10%

When booking your sixth or more shipboard expedition operated by Adventure Canada

PLUS

- League of Adventurers welcome package
- Early notifications of upcoming promotions and events
- Exclusive gifts
- Onboard gift shop discounts

Terms and conditions apply.

Specials and Incentives

Available exclusively aboard *Ocean Endeavour* expeditions, excluding Antarctica



Free Single Supplement

For those who prefer not to share, we have a limited quantity of cabins in category 3 through to category 7 with no single supplement! Once these cabins are sold, the single supplement fee is 1.5 times the berth cost. Single occupancy in categories 8–10 is available at full double-occupancy rates. Can be combined with the Multi-Trip Promotion, League of Adventurers Loyalty Rewards Program, and 2023 Early Booking Bonus. Subject to cabin availability.



Multi-Trip Promotion

Receive 10% off the berth cost when you book more than one 2023 *Ocean Endeavour* expedition (excluding Antarctica). Can be combined with the Early Booking Bonus, Free Single Supplement, and League of Adventurers Loyalty Rewards Program.



Family Friendly

Children four years old and younger pay only for charter airfare—and children two years and younger travel free! Children must be accompanied by a full-fare adult. Can be combined with the League of Adventurers Loyalty Rewards Program.



Save 30% under 30

Save 30% on the berth cost for travellers under thirty years of age. Can be combined with the Free Single Supplement and League of Adventurers Loyalty Rewards Program.



Price Guarantee

If Adventure Canada reduces the price of the berth portion of the fare of any expedition more than 120 days prior to departure, previously booked clients may claim the lower rate. For more information, please visit adventurecanada.com/price-guarantee.

Program Enhancements Aboard the *Ocean Endeavour*

We're pleased to provide the following optional program enhancements to help you make the very most of every day—in your own way!

Expedition Jackets

COMPLIMENTARY



You will receive a complimentary expedition jacket to keep you protected from the elements. Designed specifically for expedition travel, your jacket is waterproof and windproof. This jacket is yours to keep as a coveted and useful memento of your adventure.

Qajaq/Kayak

PAID



Explore at sea level in small groups with our experienced kayak guides. We offer excursions on double kayaks, as well as the essential gear for safety and comfort.

Nikon Camera Trial Program

COMPLIMENTARY



Travellers aboard *Ocean Endeavour* expeditions will be able to use precision, professional-quality photography equipment courtesy of the onboard Nikon Camera Trial Program. Together, we empower our guests to create truly dynamic images and tell vibrant stories.

Biking

PAID

Experience communities and landscapes at your own pace! For fitness enthusiasts and independent explorers, we carry a fleet of Kona mountain bikes. These multi-gear, all-purpose bikes are available during select community excursions.



